

**October
2018**



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6 Gym Closed Thanksgiving
7 Gym Closed Thanksgiving	8 Gym Closed Thanksgiving	9	10	11	12 <i>105/10C5 Practice North</i>	13 Open Gym 3:00-5:00 South
14	15	16	17	18	19 <i>J3/S3 Practice South J4/S3/S4 Practice North</i>	20 Open Gym 3:00-5:00 North
21	22	23	24	25	26	27 Open Gym 3:00-5:00 South
28	29	30	31 Halloween No practices or classes except S4 Imperial			

**November
2018**



Crunch Time Critique – All “All-Star” Teams

Limelight – ALL ACE Teams – Prep & All-Star

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3 Crunch Time Critique
4 Crunch Time Critique	5	6	7	8	9 <i>IO5/IOC5 Practice North</i>	10 Open Gym 3:00-5:00 North
11	12 Day Camp	13 Day Camp	14 Day Camp	15	16 <i>J3/S3 Practice South J4/S3/S4 Practice North</i>	17 Open Gym 3:00-5:00 South
18	19	20	21	22	23	24 Open Gym 3:00-5:00 North
25 **LIMELIGHT**	26	27	28	29	30 <i>IO5/IOC5 Practice South J4/S3/S4 Practice North</i>	

December 2018



Cheer for the Cure, Oshawa – IOC5
 Battle at the Border, Lloydminster – All “All-Star” Teams
 American Grand, Las Vegas – J4&S4

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Open Gym 3:00-5:00 South
2	3	4	5	6	7	8 Cheer for the Cure Battle at the Border No Open Gym
9	10	11	12	13	14 <i>J3/S3 Practice South</i>	15 No Open Gym American Grand Las Vegas J4/S4
16 American Grand Las Vegas J4/S4	17	18	19	20	21	22 Winter Break Begins
23 Winter Break	24 Winter Break	25 Winter Break	26 Winter Break	27 Winter Break	28 Winter Break	29 Winter Break
30 Winter Break	31 Winter Break					

**January
2019**



Winter Tumbling and Recreational Classes run Jan 7- Apr 18

Cold Snap Championships – All Prep and All-Star Teams

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Winter Break	2 Winter Break Open Gym South 6:30-8:30	3 Winter Break Open Gym North 6:30-8:30	4 Winter Break	5 Practices Resume Open Gym 3:00-5:00 North
6	7	8	9	10	11 <i>J3/S3 Practice South J4/S3/S4 Practice North</i>	12 Open Gym 3:00-5:00 South <i>IO5/IOC5 Practice North</i>
13	14	15	16	17	18 Cold Snap Championships	19 No Open Gym Cold Snap Championships
20 Cold Snap Championships	21	22	23	24	25 <i>IO5/IOC5 Practice North</i>	26 Open Gym 3:00-5:00 North
27	28	29	30	31		

February 2019



ATC Calgary – Select Teams, see handbook

JAMZ Las Vegas – Select Teams, see handbook

Red Deer Cheer Challenge – All Prep, Select All-Star Teams, see handbook

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 ATC Calgary No Open Gym
3 ATC Calgary	4	5	6	7	8 <i>J3/S3 Practice South</i> <i>J4/S3/S4 Practice North</i>	9 Open Gym 3:00-5:00 North <i>IOC5 Practice North</i>
10	11	12	13	14	15 <i>J4 Practice North</i> <i>IO5 Practice North</i>	16 No Open Gym
17 JAMZ Las Vegas	18 JAMZ Las Vegas	19	20	21	22	23 Red Deer Cheer Challenge No Open Gym
24	25	26	27	28		

**March
2019**



True North – All Prep Teams, Select All-Star teams, see handbook
 NCA, Dallas – IO5 Synergy
 Warman, Sask – Select teams, see handbook
 UCA, Florida – Int J3, S3, J4?, S4?

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 True North NCA, Dallas <i>S3S Practice South</i> <i>S3N/S4 Practice North</i>	2 No Open Gym True North NCA, Dallas
3 True North NCA, Dallas	4	5	6	7	8 <i>J3 Practice South</i>	9 No Open Gym Warman, Sask UCA, Florida
10 Warman, Sask UCA, Florida	11	12	13	14	15 <i>IO5/IOC5</i> <i>Practice North</i>	16 Open Gym 3:00-5:00 North
17	18	19	20	21	22	23 No Open Gym Spring Break
24 Spring Break	25 Spring Break	26 Spring Break	27 Spring Break	28 Spring Break	29 Spring Break	30 Practices Resume
31						

World's Teams will still practice during Spring Break |

**April
2019**



All-Star Cheer Extravaganza – All Prep and All-Star Teams

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5 <i>J3/S3 Practice South J4/S3/S4 Practice North</i>	6 Open Gym 3:00-5:00 South <i>IO5/IOC5 Practice North</i>
7	8	9	10	11	12 All-Star Cheer Extravaganza	13 All-Star Cheer Extravaganza No Open Gym
14 No Practices	15 Last week of practices <i>Bring a friend week -- Bring a friend week -- Bring a friend week</i>	16	17	18	19 Good Friday	20 No Open Gym
21 Easter Sunday Worlds teams Practice	22 Worlds teams Practice	23 Leave to Worlds	24	25	26	27 Canadian Trials - Worlds
28 Prelims - Worlds	29 Finals - Worlds	30				

**May
2019**



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 SUMMIT	4 SUMMIT
5 SUMMIT	6 Spring Classes & Test It Out Begins	7	8	9	10	11 Year End Celebration Party
12 Mother's Day	13	14	15	16	17	18
19	20 Victoria Day	21	22	23	24	25
26	27	28	29	30	31	

**June
2019**



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Tryouts Day 1 South
2 Tryouts Day 1 North	3 Tryouts Day 2	4 Tryouts Day 2	5 Tryouts Day 2	6 Tryouts Day 2	7	8 Team Reveal Parties
9	10 Practices Begin	11	12	13	14	15
16 Father's Day	17	18	19	20	21	22
23	24	25	26	27	28	29