



May 21st 2023

Ice Arena Wales

Olympian Drive, Cardiff, CF11 0JS

CheerSport Wales Cheer Divisions

All divisions listed on the SportCheer UK Divisions and age grid 2022-23 will be offered at this event. When only one team falls into a division, consideration will be given to combining divisions. Before this is done, all parties concerned will be contacted to seek their opinion. Routines will be performed on a 9 panel sprung floor. We will follow the IASF scoresheet at this event

CheerSport Wales Dance Divisions

All teams entering Dance divisions require a minimum of 4 members. Routines should be a minimum of 1.45 minutes and a maximum of 2.15 minutes. Dance Divisions are split by age, and by dance style. IASF score sheet will be used at this event.

Dance divisions will be available in the following styles.

Jazz

A jazz routine incorporates stylised dance movements and combinations, formation changes, group work, leaps and turns. Emphasis is placed on proper technical execution, extension, control, body placement and team uniformity.

Pom

Poms must be used in at least 80% of the routine. Important characteristics of a pom routine include synchronisation and visual effect, clean and precise motions and strong pom technique. Visual effects include level changes, group work, formation changes, the use of different colour poms etc. Emphasis is placed on proper technical execution, extension, control, body placement and team uniformity.

Hip hop

Routines emphasis the various styles of hip hop dance; this can include (but not limited to) R&B pop, popping, locking, breaking, etc. Movements should have an emphasis on execution, style, creativity, body isolations, rhythm, and musical interpretation. Teams may also put an additional focus on athletic incorporations such as jumps, jump variations, combo jumps and other tricks.

Contemporary / Lyrical

A contemporary or Lyrical routine uses organic, expressive, pedestrian and or traditional modern and/or baller vocabulary as it complements the lyric, mood and or rhythmic value of the music. Emphasis is placed on control, expressive movement, dynamics, alignment, use of breath, uniformity, communication and may incorporate purposeful elements and skills.

Kick

A kick routine emphasises control, height uniformity, extension, toe points, timing and creativity of a variety of kick series and patterns. A kick is defined as one foot remaining on the floor while the other footlights with force. Kicks should be performed throughout the routine. Inadequate utilisation of kicks may also affect the panel judges overall impression and /or score of the routine.

Group Stunt

Please indicate age and level, all girl and coed split being the same as for teams. Please note an individual can only compete as part of a group stunt if also registered for a team division. **Each club can enter one group stunt in each age group. Spaces for Group Stunt are limited and will be allocated based on entry date. Awards for Group Stunt will be first place banner and medals for all places.**

Solo's and Duos

Solo's and duos will be available in both Cheer & Dance divisions.

Each programme can enter 1.5 solos/duos for each team you enter. So 1 team = 1 solo, 2 team = 3 solos, 3 teams = 4 solos, 4 teams = 6 solos, and so on. An athlete would need to be entering a team division to enter a solo/duo. Awards for solos will be medals for all places.

All CheerSport Wales divisions will follow the rules set down by the IASF. Please check www.iasfworlds.com for details

How to Register

The registration form for this event can be downloaded from the CheerSport Wales web site (www.cheersport-wales.com)

The form will automatically calculate your fees due.

You should fill out the yellow areas with general information at the top, and then fill in a row for each team entered.

The number of spectator tickets required should be entered.

Once completed the form should be emailed to admin@cheersport-wales.com

The payment should be made via bank transfer at the time of registration. Please enter your team name as the reference. For bank details please email admin@cheersport-wales.com . If you would prefer to pay via cheque you can do so by making a cheque payable to CheerSport Wales.

Block Schedule

Morning

Solo/Duos Dance

Dance Teams

Afternoon/ Evening

Cheer Teams

Evening

Group Stunt

Cheer Solos

Awards will take place throughout the day

COMPETITION ENTRY FEES

Registration Fees

The first division an athlete competes in will be charged at £30. The second and all subsequent divisions will be charged at £18 each.

To compete as part of a Stunt Group is charged at £25 each person. Solo's and Duos are £25 per person

The registration form and FULL payment must be received in the CheerSport Wales office by March 31st 2023. Please note we may close early if all performance slots fill up.

Coaches Attend FREE

Two Coaches attend FREE for each programme registered with additional pass for every 20 athletes.

Spectator Tickets

Spectator tickets are available as follows,

£19 Adult Day Pass

£10 Child Day Pass

Under 5's Free

Spectator tickets can only be guaranteed when purchased at same time as competition entry submission.

Registration policy guidelines and terms Payment Terms:

- All registrations MUST BE RECEIVED with full payment on or prior to the registration deadlines in order to receive appropriate pricing. All teams will pay the price according to the time in which they register.
- Division changes will not be allowed after closing date
- NO 'per participant' payments will be accepted at any time. One cheque or bank transfer, only made payable to CheerSport Wales.
- Cheque's that are returned for any reason will be charged a £30 returned check fee in addition to the principle amount.

Refunds & Transfers:

- NO REFUNDS will be issued after the closing date
- NO REFUNDS OR TRANSFERS for individual members from teams. Different participants can replace the previous team member

General Rules

- 1 – No long lens or flash photography
- 2 – At no point should the judges be approached during the competition.
- 3 – Coaches should ensure all team members and supporters act in a sporting manner at the event.
- 4 – Jewellery should not be worn during any cheer division.
- 5- CheerSport Wales reserves the right to close, combine or open divisions at any time leading up to each event.
- 6- Coaches should ensure athletes do not stunt or tumble in unsafe areas around the arena.
- 7- Team scores and deductions are not released prior to final awards at this event.
- 8- Video playback is not used at this event, as such judge's interpretation, analysis and assessment of the routine at the time of the performance is final.

IS THIS STUNT LEGAL? If you have a legality query, please send a video to admin@cheersport-wales.com for an official legality ruling. All videos must be submitted by May 1st to guarantee review.

Coach's Checklist Championship:

The day of the championship

- Arrive at Warm up at the specified time
- Music on iPod or phone. Please make sure you bring the correct audio connectivity for your smart device, such as the headphone adaptor for iPhones.