



Parent & Student Code of Conduct

Clauses and Covenants

A. Cheerleader/Dancer Code of Conduct

1. I will come to practice with a positive attitude and I will give my best effort towards the agenda set by the coaching staff.
2. I will not use inappropriate language or participate in inappropriate behavior. I understand that my actions 24 hours a day are a representation of my team and Planet Cheer. This includes any negative representation on ANY social media!
3. I will not disrespect any team member, coach, or competitor for any reason at any time.
4. I understand that this is a FULL SEASON commitment and that a team is depending on me to fulfill my responsibilities as a team member.
5. I will learn and obey all rules and regulations of the gym and the cheer program.
6. I will wear the scheduled PCA practice wear to each practice. If I lose any of my practice wear I understand I must replace it immediately.
7. I will arrive at all competitions with my uniform, hair, and makeup ready for competition according to Planet Cheer specifications.
8. I understand that by breaking any of the codes or conduct above, I may be suspended or dismissed from the Planet Cheer All-Star program.
9. I will attend every competition and follow any and all instructions as an elite Athlete of the Planet Cheer Family
10. You will get 1 warnings. On the 2nd, you will be removed from team.

B. Team Member Guidelines

1. Jewelry of any kind is not allowed at practices, performances, or PCA events.
2. PCA cheerleaders and dancers represent our community and must conduct themselves with "class" and "good sportsmanship". Foul language and inappropriate behavior will not be tolerated. This includes any negative representation on ANY social media!
3. PCA prides itself of team and unity. Cheerleaders and dancers on each team must stay together at competitions and support other PCA teams during performances. We often require our members to arrive early at events and stay after awards to support the program. Sometimes this is inconvenient for the parents, but we feel it is important to the overall development of our athletes.
4. PCA cheerleaders & dancers must treat their teammates, coaches, and team moms with respect at all times.
5. We do not allow Planet Cheer performance day uniforms to be worn outside of Planet Cheer approved events.
6. PCA cheerleaders & dancers must maintain good sportsmanship with other cheerleading programs in the area and around the country. We expect our members to be humble about their abilities and respect other talent in the industry.
7. Friends and family are invited to watch our cheerleaders & dancers perform, however we expect each athlete to remain with the team away from spectators.
8. PCA athletes are not allowed to place blame of a bad performance on any one cheerleader. It is a team as a whole that succeeds together and fails together.
9. Any members breaking the above rules may be asked to leave the facility, asked to leave the event, or asked to leave the program without receiving refunds on ANY FEES collected by Planet Cheer including fundraiser/ sponsorship profit and any credit incurred.



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C. Parent Code of Conduct -

1. If my child is involved in any matter of disrespect towards any members of Planet Cheer, staff or student, I will resolve this problem with my child immediately.
2. I understand that my child must wear the proper practice attire that is scheduled for any specific day and will support this requirement with my child. If my child loses any part of the practice outfit I understand I must purchase a replacement immediately.
3. I fully understand that coaches reserve the right to suspend my child's participation indefinitely in practice or competitions (which may include losing position) as a disciplinary action if any of the rules, policies, or codes of conduct are not adhered to. You will still be required to complete your financial investment – even in the case of a dismissal!
4. I understand that time is essential to both the program and parents. I will do all that is necessary to get my child to practice on time and assure my child does not need to leave practice early.
5. I am aware that this is a Full Season commitment of 13 months and will commit my child's participation in all practices and competitions throughout the season. I am also aware that if I fail to honor my Full Season commitment, **no refunds, uniforms, spirit gifts, merchandise** for any reason will be given to me.
6. I will attend parent meetings and understand it is my responsibility to retrieve information in which Planet Cheer staff has prepared for educating me on upcoming schedules, etc.
7. I have read over the cheerleader/dancer code of conduct with my child and understand what is expected of my child and will help to ensure my child's obligation to these matters.

D. Parent Guidelines

1. All coaching decisions are made by the PCA staff. Parents are not allowed to **“coach from the stands”**. Decisions are made to benefit the **entire team** as well as each individual athlete.
2. Parents are **not allowed in the coaching area (gym or practice floors)** during team practice or discussion. **This includes pre-warm-up, warm-up, & team discussions during competitions.**
3. The parent area is available for parents to stay and watch our practices. We ask that parents only speak positively about the program and/or coaches. In addition, we ask that no comments or opinions be given in reference to our cheerleaders, practice progress, or the routines. Talking about other athletes than your own is not permitted.
4. **Practices will be open until school starts. Practices may be closed to all parents and spectators through all national competitions as decided by your Coach.**
5. We ask that parents respect our facility as an athletic training center. **Younger brothers and sisters must be constantly supervised BY YOU and are NEVER ALLOWED ON THE GYM FLOOR!** Only staff members are allowed in the office. Only registered students and coaches are allowed in the gym training area due to risk of injury. **Parents not supervising their children may be asked to leave the facility and may not be allowed to bring their children back.**
6. Parents that are concerned about the coaching of their child's team should direct their questions to the head COACH away from the practice site. Directing these questions to the team mom or other parents is unacceptable. **Going straight to the Owners without trying to resolve the issue with the Coach will not be entertained.**
7. Parents should not approach competition judges or officials at any event. Judging is subjective in any sport. The opinion of the staff, parents, and cheerleaders may differ from opinions of the judges. It is not our place as coaches or parents to express our difference of opinion with the company providing the event.
8. Cheerleading and dance events are not the time and place to discuss issues with the Planet Cheer staff. During a competition the coaches are very focused on preparing the teams. This is not an easy task and minor problems or concerns should be dealt with at a more



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- appropriate time. DO NOT CALL, GROUPME or TEXT YOUR COACH OR OWNER WHILE AT COMPETITION! They do not have time.
9. It is important for parents to stay positive even when we lose.
 10. Please display the same good sportsmanship and positive behavior that you expect from your children. This includes positive encouragement to all our members. Children imitate adults and the first goal is to provide good leadership and role models. We expect the same from the parents.
 11. Parents must not place blame on weak performances on any specific child. Our teams succeed together and fail together. Be careful when blaming other cheerleaders for missed tumbling or dropped stunts - it could be your child at the next performance! You will not like how it feels.
 12. Parents are not to bring alcoholic / adult beverages into any competitive events or into the gym for any reason. This is a child safe environment and you will be asked to leave if suspected of drinking.
 13. Parents will NOT be disrespectful to ANY Planet Cheer Owner, Employee, Coach, Staff Member or Volunteer for ANY REASON! You and your Athlete will be removed from the program – NO EXCEPTIONS!
 14. Any parent or guardian breaking any of the above guidelines may not be able to attend practices, events, or competitions.
 15. 1st offence is a warning, 2nd offence you will not be allowed to attend practice and you will lose your social media and group messaging privileges.

E. Program Guidelines Rules and Regulations

1. You are expected to attend all practices, exhibitions, and competitions as a team.
2. **There are no excused absences for competitions.** You will be dismissed from the program if you miss a competition.
3. Planet Cheer All-Star Athletes are allowed 5 excused absences per year. **Anything over that will be assessed a fine of \$50 per occurrence – NO EXCEPTIONS Don't ask!** Examples of excused absences are as follows:
 - a. Excused absences **except for ANY MANDATORY practice/event** for the following:
 - Death in the family or family wedding
 - Contagious illness
 - School functions with 1 week notice of absence
 - Pre-approved absence request forms – at the Coaches discretion and submitted two weeks in advance.
 - b. Examples of unexcused absences are as follows:
 - Non-contagious illness
 - Mandatory practices – are well... MANDATORY
 - Injury – please attend and watch your team at the very least
 - Birthday parties or other Social Events
 - Transportation issues
 - Homework or tests (please plan schedules efficiently)
4. We require an absence request form to be filled out in advance of summer vacation. All summer absence request forms are automatically approved up until School starts based on the Forney ISD Calendar.
5. Proper attire will be required at all practices, exhibitions, or competitions. Punishments will be given typically in the form of extra conditioning or working on specific tasks at the gym.
6. Scheduled attire for each practice must be worn including shoes. Hair must be out of face, no jewelry of any kind is allowed.
7. **During National season (December-April) you have to attend all practices even if you are sick (non contagious) – you may miss ONLY FOR A DEATH IN THE FAMILY OR A SCHOOL FUNCTION RESULTING IN A GRADE.**



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Parent & Student Code of Conduct Acknowledgement:

I have read, understand and agree to abide by the Planet Cheer Code of Conduct for Athletes and Parents dated March 26, 2018:

Parent Signature

Date

Parent Name (printed): _____

Athlete Signature

Date

Athlete Name (printed): _____