



Absence Request Form

I am requesting to be absent from practice. I understand that missing practice places complications and difficulties on the entire team. I also understand that unexcused absences or continual excused absences will result in being placed on **PROBATION** and possibly being moved to a different team. Absences are **ONLY** excused when pre-approved 14 days in advance with this Absence Request Form and signed by a coach assigned to your team. All absences (**even for school functions or vacations**) not pre-approved with this form are considered unexcused. Approval will be given or denied by **Program Director, Coach Mariah**. Forms must be handed to staff or emailed to starlitzxpress@yahoo.com. Forms left in office or gym will be denied.

Athlete Name: _____ Team: _____

Email: _____ Phone: _____

Absences Dates:

Reason:

Gym Staff will respond to your request by email within 1 week. If the request is denied the athlete must attend practice. Failure to do so may result in removal from Competition.

Athlete Signature: _____ Date: _____

Parent Signature: _____ Date: _____



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Approved

Denied

Coach Signature: _____

Director Signature:
