



# PREMIER CHEERLEADING

127b East Carmans Rd

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Premierallstarcheer.com

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## FALL TUMBLING Sept 10<sup>th</sup> – December 21st

*Ask about team member discounts	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>TUMBLE LEVEL 1</b> – Working on all basic tumbling skills leading up to a Back Handspring. <b>\$280 Fall Session</b>		6-7pm				
<b>TUMBLE LEVEL 2</b> – Working on a Back Handspring. <b>\$280 Fall Session</b>			5-6pm		5-6pm	
<b>TUMBLE LEVEL 3</b> – Working on a Back tuck. <b>\$280 Fall Session</b>	8-9pm		5-6pm		5-6pm	
<b>TUMBLE LEVEL 4</b> Working on layout & full. <b>\$280 Fall Session</b>	8-9pm		5-6pm			
<b>TUMBLE LEVEL 5</b> Must have a full and be working on advanced passes ending in a full. <b>\$ 280 Fall Session</b>			5-6pm			
<b>TINY TOT TUMBLE</b> <i>Ages 2-4</i> Boys & girls <b>\$165 for the fall session</b>			9:45-10:30am			
<b>MINI CHEER STARS</b> <i>Ages 4 &amp; 5</i> <b>\$195 Fall Session</b> Intro to cheer skills. JUMPS, TUMBLING, MOTIONS & STUNTS			5-6pm			
<b>Total Cheer Skills Class</b> TUMBLE, JUMP, CONDITION <b>Level 2 &amp; 3</b> <i>Ages 7 &amp; up</i> <b>\$325 Fall Session</b> Work Jumps, Tumbling, Conditioning & Flexibility	8-9:15pm					
<b>MINI Total Cheer Skills Class</b> <b>Level 1&amp; 2</b> <b>\$315 Fall Session</b> Work Jumps, Tumbling, Strength & flexibility		6-7:15pm				
<b>TOTAL WORK OUT- CONDITIONING &amp; JUMPS</b> Work proper technique & drills to strengthen jumps, conditioning to strengthen athletes & work stamina <b>\$5 Per Class</b>				5-5:45pm		
<b>*** FLYER TRAINING PRIVATE CLASS</b> <b>\$25 per athlete per week</b> Private class for flyers to ACTUALLY FLY!!! Must register in advance! Class must have 4 to run.						
<b>OPEN TUMBLE- \$10 Per Class</b> Instructed Open Tumbling			6:30-7:30pm			
<b>Flyer Flexibility- \$5 per Class</b>		5:15-6pm				

### GYM POLICIES No Class 10/8 10/31 11/22 11/23

-All Cheerleaders must pay a yearly Registration Fee of \$50

-Please make all checks payable to Premier Cheerleading.

-Premier Cheerleading only refunds in the case of an injury. Parents must contact Premier and present a note from a doctor

-If the gym closes due to weather conditions a message will be left on the gym answering machine and on our Website.

-There will be a \$20 bank fee charged for all bounced checks.

-Make ups must be made in the session the class was missed.

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