

Scoring System Per Level (TUMBLING)

LEVEL 4

Potential tumbling for this level;

Standing Tumbling; Standing Back Tuck, Back Handspring Back Tuck, Jump connection to BHS Back Tuck, Consecutive BHS's to Back Tuck

Running tumbling; Round- off 1 BHS Back Layout, Round-off Layout

Combination passes; Any lower level skill entry finishing through to a layout

Specialty passes; Front Punch Step out through to layout, Whip to BHS to Layout, Whip to Punch to Layout, Front Handspring to Front Punch, Layout to punch back, combination of these specialty elements.

(NOTE: Fluidity of pass is important to receive full credit.)

“Athlete consistently performs...”

DIFFICULTY

Points

1. Standing Back Tuck & R.-off BHS to Layout
2. Standing Back Tuck, St. BHS Back Tuck, R.-off BHS to Layout
3. All of the above + Jump connected to BHS Back Tuck & Combination Pass
4. All of the above + a Specialty pass ending in a layout
5. Athlete Performs all skills listed in this level.

_____ Total Difficulty Points

TECHNIQUE

Points

- +1... proper hand & arm placement throughout skill/s (setting of arms in back flips)
- +1... proper head control and placement throughout skill/s
- +1... proper legs & feet throughout skill/s
- +1... proper timing of skill with counts by coach/es
- +1... proper spacing of skill (tumbles straight & length of skills are good)

_____ Total Technique/Execution of skills Points

_____ **Total Tumbling Score** from Difficulty and Technique

Coachability, Stunting technique and other aspects (jumps & motions) of evaluations will be evaluated also. The other factors do weigh heavily in the tryout evaluation and in our consideration of placement for each athlete.