

# 2021-2022 Louisiana Rebels Prep Team Info Sheet

Athlete Full name: \_\_\_\_\_

Athlete Age & Birthday: \_\_\_\_\_

Age

MM/DD/Year

## What is a Louisiana Rebels Prep Team

Prep teams are competitive teams that practice 2 hours per week for ages 5 to 15. These teams are great for transitioning from Novice Teams to Full Competitive Teams or introducing an athlete to competitive cheer. These teams compete at local competitions and one out of town competition.

## Important Dates

- April 2<sup>nd</sup> - Open Registration Begins
- May 5<sup>th</sup>- **LAST DAY TO REGISTER**
- May 10<sup>th</sup>- **5 and 6 year old** Evaluations (4:30pm-6pm)
- May 10<sup>th</sup>- **7 and 8 year old** Evaluations (6pm-8pm)
- May 11<sup>th</sup>- **9 to 11 year old** Evaluations (4:30pm- 8:30pm)
- May 13<sup>th</sup>- **12 to 15 year old** Evaluations (4:30pm- 8:30pm)
- May 14<sup>th</sup>- **7 to 8 year old** STUNT Evaluations (4pm-6pm)
- May 14<sup>th</sup>- **9 to 11 year old** STUNT Evaluations (6pm-8:30pm)
- May 15<sup>th</sup>- **12 to 15 year old** STUNT Evaluations (9am-12pm)
- Week of May 17<sup>th</sup>- Practices Begin and Parent meetings TBA

\* 7 to 15 year olds are Evaluated on 2 days. Must attend BOTH days.

## Prep Teams and Practice Times

These teams are determined by age and skill level evaluated on the dates listed above. The team ages, skill level and practice times are subject to change if needed.

- **Team Legends** ages 5 to 8- Fridays 4:30- 6:30
- **Team Spirit** ages 8 to 11- Fridays 4:30- 6:30
- **Team Strength** ages 10 to 15- Tuesdays 5:30-7:30

## Attendance Requirements

**Practice attendance** – Practices are MANDATORY. Up to 5 practice absences are allowed from May 17 thru September 6. **September 7th “No Miss” Policy goes into affect.**

**Performance attendance** - Attendance is REQUIRED at all team performances. A calendar of team competition performances will be available by September 1<sup>st</sup>.

## Season Holidays (No Practice)

May 31- Memorial Day

June 28- July 5<sup>th</sup> Gym Closed

Sept. 6 -Labor Day

Nov. 22-26- Thanksgiving Break

Dec. 20- Jan. 2- Christmas Break (All Practices will resume on **Monday, Jan 3rd**).

\*\*\* **We WILL hold mandatory Practices during Fall Breaks.**

I have read and understand the Prep team information sheet:

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

## Registration-

Register Online or thru the LCN Parent Portal and pay the \$150 Non refundable/Non Transferable Registration Fee

**And** Turn into the LCN office:

1. This Signed Info Sheet
2. Signed Rebel Handbook
3. Copy of Birth Certificate

## Tuition Cost to LCN

Tuition paid to Louisiana CheerNastics is **\$90 per month** to be paid by auto draft on the 1st of each month or can be paid in full by cash or check to LCN for \$855 (9 ½ months) before May 20th.

## Uniform Cost

**Performance Uniform (NEW this year) \$250** Payable to La Rebels (cash ONLY) at Uniform Fitting **July 23-24 or July 30-31**. This price **does not** include cheer shoes.

## Participation Fee Cost (estimated)

\$480 NON REFUNDABLE (includes athlete competition entry fees, music fees, and Performance bow) may be paid in full to Rebels (cash or check only) before June 11<sup>th</sup> or by auto draft on the following dates.

- \$250 (\$240 + \$10 installment fee will auto draft on June 15).
- \$250 (\$240 + \$10 installment fee will auto draft on July 13).

## USASF Membership

All Louisiana Rebel All Stars are required to be USASF athlete members. Info will be given out on how to Register and pay your \$30 USASF fee at the parent meeting. This must be completed by July 1<sup>st</sup>.

Athlete T Shirt size: \_\_\_\_\_

(YXS-YXL or AS- A2XL)

Athlete Tank Size: \_\_\_\_\_

(YXS- YL or AXS-A2XL)

Athlete Varsity Short Size: \_\_\_\_\_

(YXS- YL or AXS- A2XL)