

Scoring for PARTNER STUNTS

Stunt Positions and definitions;

Base/Back Spot- The foundation. These athletes demonstrate great strength but often their strength is in their desire to make a stunt hit (their “want to”). They focus on the flyer by watching them throughout the stunt, giving the flyer good grips and a solid foundation. These are a must to assist the flyer in executing their responsibilities safely and accomplishing good overall execution of the stunt.

Flyer- These athletes demonstrate good body control and body awareness (Ex. Knowing how to “stay tight”, lifting tall and all joints locked out with good posture). Shoulders, Back & Hamstring Flexibility are of high importance in this position but while still demonstrating good body control through hips and core. This athlete must be aggressive and fearless.

Difficulty What position/s in stunts does the athlete bring to the team?

Scoring (Stunt Positions Def. - Back spot, Base and/or Flyer)

- 1 point Little knowledge in partner stunts but shows a willingness to learn
- 2 points Athlete shows some knowledge and a great willingness to learn. Athlete appears strong and/or has good flexibility
- 3 points Knowledge/ability to perform in one position
- 4 points Knowledge/ability to perform in one position at a high level
- 5 points Knowledge/ability to perform two positions & at least one at a high level

Execution How well does the athlete demonstrate their positions?

Starting score comes from above and each athlete can add to that score below.

Scoring

- +1 Athlete executes responsibilities with minimal perfection & consistency
- +2
- +3 Athlete executes responsibilities with average perfection & consistency
- +4
- +5 Athlete executes responsibilities with high level of perfection & consistency

If two or more positions are performed, we will average the scores from execution to include with the score from difficulty to finalize their “Partner Stunt” score.

_____ Total Stunt Score...Position/s demonstrated well BASE B. SPOT FLYER

IMPORTANT NOTE: “Coach-ability” of an athlete is of high importance! How does the athlete welcome correction? Do they see it as a compliment and an opportunity to get better? Do they give verbal and physical cues that they are listening and learning? “Partner Stunting” is also of great importance due to the amount of these skills that are now required in our sport. Athletes need to do their best to be involved in this area for their team.