

Gymnastics Divine 2020 Saturday Mini Camp Schedule updated 12/1

Parent- Tot Mini Camp Info

Gym 2

8:00-8:45 AM

9:00-9:45 AM

Cost \$30

(Ages 1- 3-1/2yrs)

This mini-camp is designed for FUN and socialization! The class will begin with group activities on the floor ex-mat then transition to an open exploration of stations with big partners. Class will conclude with a group activity cool down.



- Listening skill
- Socialization skills
- Follow directions skills
- Large motor muscle
- Strength development

Ninja Fit Mini Camp

Gym 2

10:00-10:45AM

Cost \$30

(Ages 4-10yrs)

Class will include:
 -Ninja Obstacle Course
 -Fitness Circuit Training
 -Lots of tumbl trak jumping
 -Run - Jump - Flip
 -Fitness Challenges and
 Lots Fun ☺



Tumbling with Tempo



Gym 1

9:15-10:45

Cost \$45

Ages 10 & up

Be the Star you Are!

A Dancers Dream!

Learn:

- Proper & safe technique
- front walkovers
- one arm front walkovers
- back & front limbers
- back walkovers
- aerial cartwheels
- combinations of above

Cartwheel Camp

Gym 2

11:45-1:15

Cost \$45 - Age 4-8yrs

This mini-camp is designed for the beginners and those looking to perfect basics. Skills covered will be cartwheels, one arm cartwheels, rolls, bridges & handstand rolls (if ready) Teaching will be done through lots of fun drills and progressions.



Tramp Camp



Gym 1

10:45-12:45

Cost \$60

(Ages 8 & up)

Team Only
3:00-5:00

Designed with SAFTEY in mind and to help the athlete progress no matter what their level.

- Trampoline
- Double Mini Tramp
- Single Mini Tramp
- Mini Tamp

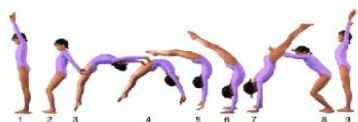
Cheer Tumbling (also former intermediate & up)

Gym1

1:30-3:00

Cost \$45

This mini-camp is designed to help cheer leaders or other higher level tumblers improve their tumbling skills, jumps, and SAFETY! Fun and education for all camp goers using tumble traks, trampoline drills and skill break down will be used to improve skill development. Some time will also be dedicated to falling safely.



“Super Kid “ Special Needs Kids & Parent

Gym 2

3:30-5:00 Cost \$45

This mini-camp is designed for FUN and lots of activity! The class will begin with group activities on the floor ex-mat then transition to an open exploration of stations with big partners. Class will conclude with a group activity cool down.

- Large motor muscle challenge
- Strength development



Saturday Morning Camp Dates & Times

Camp 1-Jan 25 &Feb 1

Parent Tot -\$30

8:00-8:45 AM

Parent Tot -\$30

9:00-9:45 AM

Ninja -\$30

10-10:45AM

Tumbling W/Tempo -\$45

9:15 AM

Cartwheel Camp-\$45

11:45-1:15

Tramp Camp-\$60

10:45-12:45

3:00-5:00 (team only)

Cheer Tumble -\$45

1:30- 3:00

Super Kids Class-\$45

3:30-5:00

Camp 2- Feb 22 & 29

Parent Tot -\$30

8:00-8:45 AM

Parent Tot -\$30

9:00-9:45 AM

Ninja -\$30

10-10:45AM

Tumbling W/Tempo -\$45

9:15 AM

Cartwheel Camp-\$45

11:45-1:15

Tramp Camp-\$60

10:45-12:45

3:00-5:00 (team only)

Cheer Tumble -\$45

1:30- 3:00

Super Kids Class-\$45

3:30-5:00

Camp 3 - Mar 7 & 14

Parent Tot -\$30

8:00-8:45 AM

Parent Tot -\$30

9:00-9:45 AM

Ninja -\$30

10-10:45AM

Tumbling W/Tempo -\$45

9:15 AM

Cartwheel Camp-\$45

11:45-1:15

Tramp Camp-\$60

10:45-12:45

3:00-5:00 (team only)

Cheer Tumble -\$45

1:30- 3:00

Super Kids Class-\$45

3:30-5:00