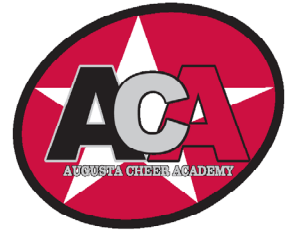


# Augusta Cheer Academy "National Stars" 2017-2018 Half Year Packet



Parents and Athletes,

I would like to take this opportunity to welcome you to the Augusta Cheer Academy family. This will be our first year doing a half-year team and we are honored that you have chosen us as your home. Our primary focus at ACA, is to prepare our teams to successfully compete in competitions and exhibitions. Our coaches have dedicated themselves to the sport of competitive cheerleading. They are energetic, creative, knowledgeable, and use positive and respected coaching techniques to help each athlete and team in reaching their goals. Our number one priority every day lies in teaching our athletes the value of commitment, sportsmanship, hard work, teamwork, leadership, self confidence, positivity, and a love for their sport. Each and every family is important to us and our program.

Throughout the season, your athlete's squad will concentrate on all components of cheerleading including tumbling, jumping, stunting, dance, showmanship, and performance. The routines are judged by their level of difficulty, technique, creativity and overall performance. As you read through this packet please remember that this is a binding 8 month contract that begins the day of tryouts. Allstar Cheerleading is an extremely team based sport where 100% commitment is expected from each athlete. We once again thank you for considering the National Stars Program, and ask that you please take the time to read through this packet in its entirety.

Sincerely,

*Rachel Utley Jambo*  
Owner of Augusta Cheer Academy



**"Success is not the key to happiness. Happiness is the key to success. If you love what you are doing, you will be successful."**

**-Herman Cain**

**"Alone we can do so little, together we can do so much." -Helen Keller**

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**FOR OFFICE USE ONLY:**

\_\_\_\_\_ Tryout Fee Paid \_\_\_\_\_ Form of Payment

\_\_\_\_\_ All Forms Signed \_\_\_\_\_ Credit Card Confirmed \_\_\_\_\_ Copy of Birth Certificate

**Tryout Number:**

**National Stars  
Half Year  
Tryout Form**

**Please fill out with your athlete.**

**Attach Your  
Picture Here**

**FOR OFFICE USE ONLY: All forms above must be completed and turned in to tryout (double check all forms).**

\_\_\_\_\_ Payment Options & Commitment

\_\_\_\_\_ Credit Card Authorization

\_\_\_\_\_ Code of conduct/ Policies, Expectations, and Commitment

\_\_\_\_\_ Registration & Release Form

Name: \_\_\_\_\_ Age as of August 31, 2017: \_\_\_\_\_

Birthday: \_\_\_\_\_ Height: \_\_\_\_\_ Grade: \_\_\_\_\_

School: \_\_\_\_\_

**Coaches Notes:**

**National Stars: Tryouts**

**The first step is tryouts:**

- To tryout for the National Stars, body type and ability do not matter. We look at dependability and a positive, cooperative, hard working attitude.
- Both males and females are welcome to try out for our teams.
- Tryouts will be conducted at Augusta Cheer Academy where all of the coaches will focus on every athlete's attitude, ability to work with others, coordination, jumps, tumbling, and overall attention to detail.
- During tryouts, we reserve the right to take any previous experience (positive or negative) with a cheerleader or parent, from past participation, into consideration when placing an athlete on a team.

**Competitive levels:**

- The National Stars adhere to the guidelines set forth by the United States All Star Federation (USASF). USASF develops competition rules and all star training guidelines consistent with the latest safety, educational and ethical practices.
- For more information on the rules, guidelines and division breakdowns please visit [www.usasf.net](http://www.usasf.net).
- Our half year team will be treated as a Level 1 or 2 allstar Prep team.

**Things you need on the day of tryouts:**

- Pages 2-7 of this packet filled out and signed by one parent/guardian and the athlete.
- A picture of your athlete that you do not need back, attached to page 3 of this packet.
- A COPY of your athlete's birth certificate. This is required per USASF (U.S. Allstar Federation).
- The credit card that you have filled in the information for on page 6. If this card is not provided for us to verify all information is correct, we will run the card for \$10 to confirm it is a valid credit card.

# Code of Conduct

## Athlete's Code of Conduct

It is expected that all athletes follow rules and instructions from all ACA staff. I understand the **team** is first and I am second. I agree to maintain a positive and competitive attitude, to stay focused and to work toward the development of the team. I will demonstrate high standards of conduct as a representative of the Augusta Cheer Academy, National Stars. I will refrain from negative acts, comments or gossip about or toward fellow teammates as well as other squads, both on and off the cheer floor. **I understand that the coaches can move me down in levels if I lose skills or no longer keep up with what is required of me. Coaches may dismiss me at any time for disrespect, lack of effort and anything that hampers my teams development.** I am to arrive on time to all practices and competitions. I understand I will have to come early or stay late at competitions to fully support other teams within the National Stars Program. I understand and agree by initialing below, that acting outside of this code will result in disciplinary action at the coach's discretion, and it could result in my dismissal from the team.

\_\_\_\_\_ **Athletes Initials**

## Parent's Code of Conduct:

As a parent, I understand that the **team** must always be **regarded first** before any individual. I understand that coaches reserve the right to place athletes on a team that gives them the best chance of success. I agree to show sportsmanlike conduct at all times during competitions for our teams as well as our competitors. I agree to respect and show compassion towards all adults and children involved with the program. I agree to discuss any and all problems or concerns related to the program, coaches, cheerleaders or other parent directly with the coach first, Director of Communications second and Owner last. I agree to not publicly air any grievances or gossip, should they arise. Disruptive behavior could result in my dismissal from the practice facility or my child from the team. I understand that under no circumstance will I confront any administrative personnel of cheer companies (judges, staff, directors, etc.) at any time. I will remain OFF the gym floor while coaches are practicing with teams or classes. I understand that by threatening to quit, pull my child from the program, or use the cheerleading program as a form of punishment we may be dismissed immediately. Our teams support one another. I understand I will have to come early or stay late at competitions to fully support other teams within the National Stars Program. I will guarantee the on-time arrive of my athlete to all practices and competitions. **I understand the coaches reserve the right to move my child up or down in levels on teams. If my child loses skills or no longer keeps up with the skill level for the team they are on, they can and will be moved down a level. Coaches may dismiss my cheerleader at any time for disrespect, lack of effort and/or anything that hampers team development. I understand that all coach's decisions are final!** Most importantly I understand that my position in the gym is to provide a positive outlook for all children.

\_\_\_\_\_ **Parents Initials**

## Policies, Expectations and Commitment

### Policies and Expectations:

By my signature, I have read and fully understand all codes, rules and expectations in this 2017-2018 tryout packet. I understand that I am entering into this Allstar Program of my own free will. I understand what is expected of me as a parent and as an allstar cheerleader. I will conduct myself in a sportsmanlike manner and uphold the standards that are expected of me as a National Stars Allstar. I understand that the National Stars Program half-year team is a 8 month commitment. I have read and understand the financial obligation for the 2017-2018 season. I will honor my commitment. I understand that if my family must move for any reason, I will not be charged a termination fee, however, I will not receive any refunds for any services rendered or items purchased. I understand that if I am dismissed or withdraw from the program, for any reason, I will not receive a refund on any fees paid (including optional fees and uniform) and will be charged a \$300 termination fee or 30% of my remaining fees, whichever amount is greater I understand that it will become my responsibility to fulfill any fundraiser orders with my purchasers. I understand I will not receive any items that have been purchased, but not yet received.

\_\_\_\_\_ **Parent**

\_\_\_\_\_ **Athlete**

# Augusta Cheer Academy

## All-star Tryouts Registration/Release Form

(Please read and complete)

Athletes Name: \_\_\_\_\_ Age as of August 31, 2017: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Grade (2017-2018): \_\_\_\_\_ School: \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Father's Name: \_\_\_\_\_

Athletes Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Athlete's Home Phone: \_\_\_\_\_ Athletes Cell Phone: \_\_\_\_\_

Mothers Work Phone: \_\_\_\_\_ Mothers Cell Phone: \_\_\_\_\_

Fathers Work Phone: \_\_\_\_\_ Fathers Cell Phone: \_\_\_\_\_

Athlete Lives With (please circle):      Mother      Father      Both

Parent's e-mail: \_\_\_\_\_

Athlete's e-mail: \_\_\_\_\_

Please list the e-mail address that you check every day.

### Emergency Contact Information:

Name/Relationship: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

**List any special medical conditions that we should be aware of. If your athlete will need to take medication during gym hours, please list what they take and their proper dosage:**

I fully understand that ACA staff are not physicians or medical practitioners of any kind. With that in mind, I hereby authorize ACA coaches/staff to render first aid to my child in the event of any injury or illness, and if deemed necessary to call an ambulance which I agree to pay for. As the parent or legal guardian, I agree to provide health insurance for the child or guarantee payment of any medical expenses which might be incurred from training, competition, or participation in the ACA National Stars Allstar Cheerleading program. I give my permission to Augusta Cheer Academy National Stars Allstars to photograph, videotape, and/or audiotape my cheerleader during any activity which may be considered for use in print or broadcast media as deemed appropriate for the promotion of Augusta Cheer Academy National Stars Allstars.

In consideration for (athlete's name) \_\_\_\_\_'s participation in the activities provided by ACA, including but not limited to all aspects of cheerleading, tumbling, air track, and dance training and/or competition, I am fully aware that any activity involving motion, height, or athletic activity creates the possibility of serious injury. I hereby release ACA, including its officers, shareholders, agents, and employees, from any liability to the above named athlete, of the person claiming through him/her, arising from injury to the person or property of the above named athlete occurring on the premises of ACA, including any event sponsored or sanctioned by ACA, and or travel to and from such activities. This release includes but is not limited to any claims of negligence, dangerous condition, latent defect, premises liability, code violation, negligent security, failure to warn, vicarious liability, negligent hiring, negligent supervision, negligent maintenance, or improper/dangerous equipment; it is intended to be as broad as permissible under Georgia Law. I am fully aware of the nature of the activities provided and the possibility of injuries arising from such activities. I further agree to hold harmless, indemnify and defend ACA, including its officers, shareholders, agents, and employees from any loss, liability, damage, or cost incurred by them due to the above named athlete on the premises or during any event sponsored or sanctioned by ACA This release is intended to be binding upon the athlete his/her heirs, assignees, and successor in interest, and anyone claiming by or through him/her. In addition, I have read and understood the registration form and agree to all terms as stated above. I also attest that all information given is factual. I certify that the athlete is in good health and may participate in activities at ACA In case of an emergency requiring medical treatment, the undersigned hereby authorizes ACA, to take the above named athlete to a qualified medical or hospital facility for care and treatment. By signing below, I verify that I have read, understand and comply to agree with all policies of Augusta Cheer Academy.

**Signature of Parent/Legal Guardian:** \_\_\_\_\_ **Date:** \_\_\_\_\_

# Payment Option

**PLEASE REFER TO PAGES 8-17 FOR EXAMPLES OF EACH PAYMENT OPTION**

## A. Payment Options:

Please initial beside the option of our choice and sign at the bottom of the page.

\_\_\_\_\_ **Payment Option #1 (Cash and Check Only)**

This option allows you to pay your Monthly Tuition and Escrow together each month on the 25th before the month it is due. Initial here to opt into paying all mandatory fees for the coming month on the 25th as well.

\_\_\_\_\_ **Payment Option #2 (Cash and Check Only)**

This option allows you to pay the Monthly Tuition on the 25th before the month it is due and the Escrow payment on the 15th of the month it is due.

\_\_\_\_\_ **Payment Option #3 (Auto Draft: Mandatory Option for CC payments)**

Your payment will be automatically drafted on a monthly basis from the credit card that is put on file on the A: \_\_\_\_\_ (15th and 25th) B: \_\_\_\_\_ (25th)

## Payment Agreement

- I (We) understand the commitment that we are making as a family to the National Star's coaches and other allstar members. We intend to participate for the entire eight months, from September 15, 2017 until April 22, 2018. I understand that I am responsible for all payments from September 15, 2017 until April 22, 2018.
- For payment option #1 I (We) understand that each athlete parent is required to provide a credit/debit card number and a void check from my bank account to remain on file.
- I (We) understand that payments are due by the 25th before the month it is due. If another form of payment is not made, by the 25th my credit/debit card will be charged for my monthly amount on the 26th, with a late fee of \$25. **The voided check from your bank account will only be debited if no other form of payment has been made by the 5th.**
- For payment option #2: I (We) understand that my escrow payment is due by the 15th of each month it is due. If another form of payment is not made, by the 15th my credit/debit card will be charged for my escrow amount on the 16th, with a late fee of \$25. The voided check from your bank account will only be debited if no other form of payment has been made by the 25th.
- I (We) understand that if I am dismissed or withdraw from the program, for any reason, I will not receive a refund on ANY fees paid (including optional fees and uniform), I will not receive any items that have been ordered for my athlete and will be charged the termination fee listed on page 4. I will be responsible for fulfilling all fundraising items with my purchasers.
- I (We) understand that all payments are due in a timely manner. A late fee of \$25 will be charged/owed if any fees are late. If my late payment is not turned in within one week of the original due date, I understand that my athlete will then have to sit out from practice. If a payment is not made within two weeks of the original due date, my athlete will be replaced by an alternate/double teamer and my contract will be terminated. I understand all past due amounts, late fees, and termination fee will still be owned.
- I (We) understand if I am paying by card it is mandatory that I pick option #2 so that my payment may come out through automatic draft.
- I (We) understand that there is a termination fee in place in the event that we do not complete the season for any reason including voluntary withdrawal and dismissal for behavior or attendance. The termination fee owed is \$300 The credit card(s) on file will be charged first and if your credit card declines or is invalid we will then debit the bank account on file.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**B. Credit Card and ACH Payment Authorization Form**

Augusta Cheer Academy REQUIRES a credit card number and a voided check from your bank account to remain on file for each athlete in the allstar program. Please list your credit card information below:

<b>Credit Card Information</b>	
Name (As it appears on your card): _____	
Credit Card Number: _____ / _____ / _____ / _____	
Billing Address: _____	Zip Code: _____
Type of Card: _____	Security Code (3 digit number): _____
Expiration Date: _____ / _____ / _____	

**Note:** We must see the card to verify all information is correct. If you do not bring your card, we will run a nonrefundable fee of \$10 to make sure the card is valid.

I understand and authorize Augusta Cheer Academy to charge my credit card as listed in the “Payment Agreement” only or unless I specify otherwise. This means that I can request Augusta Cheer Academy use my credit card for charges other than my monthly tuition and escrow if I notify them below. I also understand that my card will be charged a termination fee for reasons listed on page four. I can expect Augusta Cheer Academy to maintain my credit card information in confidentiality. I understand that it will remain in a locked file cabinet in the owner’s office.

**Cardholders Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

\_\_\_\_\_ **Please initial here if you would like your card automatically charged for all of your tuition and/or expenses. These payments will be charged at the time the payments would be due.**

<input type="checkbox"/> Checking <input type="checkbox"/> Savings Name on Account: _____ Bank Account: _____ Account Number: _____ Bank Routing #: _____ Bank City/State: _____	Billing Address: _____ City: _____ State: _____ Zip Code: _____ Phone Number: _____ E-mail: _____
---	---

**Please attach a voided check to the top of this page**

I understand and authorize Augusta Cheer Academy to debit my bank account as listed in the “Payment Agreement” only. Your bank account will be the **LAST** option for us to collect money owed. I can expect Augusta Cheer Academy to maintain my bank account information in confidentiality. I understand that it will remain in a locked file cabinet in the owner’s office.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**(BOTH SIGNATURES ARE REQUIRED)**



## Section One: Payment Information and Purchases

### A. National Stars Allstar Budget

An allstar program yearly registration fee of \$50 is added into your tuition payment for September. Please make sure all tuition checks are written to ACA and all Escrow checks are written to ACA Escrow. Please note the payment option you pick will determine how you make your monthly payments, please refer to page 6 for more details. These monthly totals do not include any of the additional items available for purchase. Please refer to the chart on page 19 for all of the additional items available and information on how to purchase them.

Below is a breakdown of your total Escrow and Tuition payments for the year. Your Escrow payment consists of competition bow, choreography, music, competition fees (the allotted fee for each athlete to compete), coaches fees (coaches pay during competitions, hotels, gas, etc.), and your athletes end of the year certificate. Your tuition payment covers your athlete's two total hours of practice once a week which includes tumbling. You will find a payment table listed for our Prep teams in accordance to each payment option listed on page 4 of this packet.

Escrow Breakdown	
Competition Bow	\$20
Choreography & Music	\$235
Competition & Coaches Fee	\$265
End of the Year Certificate	\$5

Tuition Breakdown	
Practice and Tumbling combined for two hours once a week	\$90 per month

Male Athletes: Escrow payment will be \$55 for April to subtract fee for bow

**1. Payment Option Number One:** This option allows you to pay your Monthly Tuition and Escrow together each month on the 25th before the month it is due.

Month	Tuition	Escrow	Total	Mandatory Items	Price	Monthly Total
September 27th (Wed)	\$90	\$75	<b>\$165</b>	*Registration Fee USASF Fee	\$25 \$30	<b>\$190 or \$220</b>
October 25th (Wednesday)	\$90	\$75	<b>\$165</b>	Uniform Fee: First Half	\$50	<b>\$215</b>
November 25th (Saturday)	\$90	\$75	<b>\$165</b>	Uniform Fee: Second Half	\$50	<b>\$215</b>
December 25th (Monday)	\$90	\$75	<b>\$165</b>	NONE	---	<b>\$165</b>
January 25th (Thursday)	\$90	\$75	<b>\$165</b>	NONE	---	<b>\$165</b>
February 25th (Sunday)	\$90	\$75	<b>\$165</b>	NONE	---	<b>\$165</b>
March 25th (Sunday)	\$90	\$75	<b>\$165</b>	NONE	---	<b>\$165</b>

\*If you just paid the \$50 registration fee on August 1, 2017, you will not be required to make this payment again.

**2. Payment Option Number Two:** This option allows you to pay the Monthly Tuition on the 25th before the month it is due and the Escrow payment on the 15th of the month it is due.

Month/Date	Tuition	Month/Date	Escrow	Mandatory Items	Price	Total
September 27th (Wed.)	\$90	October 15th (Sunday)	\$75	*Registration Fee USASF Fee	\$25 \$30	<b>\$190 \$220</b>
October 25th (Wednesday)	\$90	November 15th (Wednesday)	\$75	Uniform Fee: First Half	\$50	<b>\$215</b>
November 16th (Thursday)	\$90	December 15th (Friday)	\$75	Uniform Fee: Second Half	\$50	<b>\$215</b>
December 25th (Monday)	\$90	January 15th (Monday)	\$75	NONE	---	<b>\$165</b>
January 25th (Thursday)	\$90	February 15th (Thursday)	\$75	NONE	---	<b>\$165</b>
February 25th (Sunday)	\$90	March 15th (Thursday)	\$75	NONE	---	<b>\$165</b>
March 25th (Sunday)	\$90	April 15th (Sunday)	\$75	NONE	---	<b>\$165</b>

\*If you just paid the \$50 registration fee on August 1, 2017, you will not be required to make this payment again.

## B. Mandatory Additional Items/ Fees

Any items listed in this table are considered mandatory items or fees that you must purchase or pay for throughout the season.

Item	Where to Pay	Prep	Due Date
Registration Fee	Front Desk	\$25	September 27
USASF Fee	Front Desk	\$30	September 27
Uniform	Front Desk	\$100	Oct. and Nov. 25

## C. Registration Fee

Your yearly registration fee is something that we collect not only from our allstars, but from our regular recreational classes as well. This fee helps the gym to provide our clients with the use of the most up to date cheerleading equipment in the industry.

## D. Uniform

All athlete's will make a uniform payment in two lump sums. We will provide fundraising opportunities to cover the cost of your athletes uniform. Athletes will be sized for their uniform at the gym on Wednesday, October 5th after their practice.

## E. USASF Athlete Membership Fee

All cheer athletes will be required to be members of the U.S. All Star Federation. It's \$30 and creates USASF Official Event Rosters for teams that include a listing of team members, their Athlete ID numbers, birth-dates and confirmed ages. Programs submit USASF Official Event Rosters to event producers at event check-in, instantly confirming athletes' ages. It saves time at event check-in by eliminating the need for coaches to carry birth certificates to events. It is consistent with standard practices of youth sports organizations and is secure. You will fill out this membership form in the fall.

## F. Additional Allstar Items for Purchase (Extras)

These items are not calculated into the monthly fees (pages 8). These are extra items you can purchase for your athlete in addition to the items they already receive as part of their monthly escrow breakdown. Items listed on this chart reflect the price if bought individually, additional tax or shipping costs have already been included.

Item	How to Order	Prep	Due Date
Shoes	Front Desk	\$30	October 2
Practice Bow	Online	\$10	
Comp Bow	Front Desk	\$20	
Duffle Bag	Front Desk	\$110	November 6
NEW Varsity Book Bag	Varsity Shop	\$100	
Full Warm-up (G)	Varsity Shop	\$180	December 19
Full Warm-up (B)	Varsity Shop	\$145	
Warm-up Pants	Varsity Shop	\$70	
Competition Makeup	Online	pg. 19	---

## G. Shoes

You athlete will be able to wear any white cheerleading shoe that they would like. If you are interested in purchasing a shoe through the front desk you may do so. You can find cheer shoes at Dick's Sporting Goods and other athletic stores.

## H. Practice Bows

You will purchase your athletes practice bow in black from the following link <https://www.omnicheer.com/Hair-Bows-Ribbons/Performance-Bows/Chasse-Super-Star-Hair-Bow.axd>. Please keep in mind it is better to order these in bulk because of the shipping cost, so once the team has formed you may want to order your athletes bow with other parents. Athletes will wear a regular black bow to practice until their practice bow has come in.

## I. Competition Makeup

Competition makeup will no longer be something you are required to order. Our competition makeup consists of a smokey eye and red lip. We will send instructions on how to apply your athlete's makeup, later in the season.

If you would like to order the makeup pallet we have offered in previous seasons, you may do so at any time. We ask that you order the makeup kit by August 15, to ensure it arrives in time for the first competition. You can purchase your makeup here:

Prep: <http://www.bastar.com/National-Stars-Prep-Cheer-Makeup-Kit-p/znsp15.htm>

## J. Additional Items for Athletes or Parents

Looking for something to wear to the competitions, or do you need a National Stars themed gift for your athlete's Christmas? If so we have you covered in this section. Items listed in this chart reflect the price if bought individually, any additional tax or shipping costs have been included. Please refer to the table on the next page.

American Doll Uniform and Shoes	Varsity Portal	\$85	\$85	\$85	\$85	September 15-30
Doll Book bag	Varsity Portal	\$25	\$25	\$25	\$25	
Doll Bow	Varsity Portal	\$8	\$8	\$8	\$8	
Adult Spirit Tee	Varsity Portal	\$65	\$65	\$65	\$65	
Youth Spirit Tee	Varsity Portal	\$65	\$65	\$65	\$65	
ACA Vest	Front Desk	\$80	\$80	\$80	\$80	October 10-20
Men's Pullover	Varsity Portal	\$115	\$115	\$115	\$115	
Men's Zip-up	Varsity Portal	\$100	\$100	\$100	\$100	
Unisex Comp Tee	Front Desk	\$25	\$25	\$25	\$25	October 20-November 3
Unisex Long Sleeve Tee (Plain)	Front Desk	\$30	\$30	\$30	\$30	
Unisex Long Sleeve Tee (Arm Lettering)	Front Desk	\$35	\$35	\$35	\$35	
Unisex Hoodie (Plain)	Front Desk	\$40	\$40	\$40	\$40	
Unisex Hoodie (Arm Lettering)	Front Desk	\$45	\$45	\$45	\$45	
For additional items, please visit the Varsity Portal at <a href="http://proshop.varsityallstar.com/nationalstars/home">http://proshop.varsityallstar.com/nationalstars/home</a> . You may purchase certain Varsity Portal items after the dates listed, however, they are set to ensure you receive the item before Christmas.						

## K. Additional Budget Information:

### 1. Sibling Discount

For Prep Athletes, the first sibling will pay the full amount at \$100, the next sibling(s) will pay 50% of their levels tuition (the lesser or equal amount is discounted).

### 3. Additional Classes

Any additional classes; stunt, stretch, tumbling, jumps, etc. will cost an additional \$25 a month. These classes will come out through automatic draft and payments will be run on the 25th of each month.

## Section Two: Program Commitment

### A. Make the National Stars A Priority

Any practice that is missed hinders the progress of the entire team. We expect all athletes attend all practices. We need each and every team member present in order to effectively practice. The tardiness/absence of even one team member disrupts an entire practice for your athletes team. Please keep in mind this team practices only once a week, making their practice time extremely valuable.

- **Tardiness:** Arriving 15 minutes late to practice or competition.
- **Absences:** Missing a practice completely or leaving early from practice or competition.
- If you are going to be five minutes late you are required to call the front desk or contact your coach directly.
- If you need to leave early from a practice please let your coach know at least three days in advance.

### B. Absence Policy

**EXCUSED OR UNEXCUSED ABSENCES:** Proper documentation must be turned in to the front desk no later than 7 days before the missed practice. It will be placed in their folder for documentation.  
**FOR ALL PLANNED ABSENCES:** Please fill out the “Absence Form” that can be found on our website or picked up from the front desk at any time throughout the year.

<b>Examples of Excused Absences</b>	<ol style="list-style-type: none"> <li>1) Death in the family</li> <li>2) Serious, contagious illness or injury; a doctors note must be provided with specific ailment listed.</li> <li>3) Graded school activity that can not be made up at any other time. A letter from the teacher must be provided.</li> </ol>
<b>Examples of Unexcused Absences</b>	<ol style="list-style-type: none"> <li>1) Being tardy to practice three times</li> <li>2) Missing two tumbling classes in a month without doing a make-up class</li> <li>3) Participation in a school sporting event *</li> <li>4) Non-contagious illness</li> <li>5) Homework or non-graded school activities</li> <li>6) Minor injuries **</li> </ol>
<p>Absences <b>must not</b> exceed the number provided for each monthly breakdown. Roll will be taken on a daily basis and practices missed over the allotted number will result in the card on file being charged quarterly. Any practices above the numbers listed below will cost an additional \$10 per practice missed.</p> <ul style="list-style-type: none"> <li>• <b>October-January:</b> 2 unexcused absences</li> <li>• <b>February-April:</b> 1 unexcused absence</li> </ul> <p>Excused absences will <b>not</b> be excused without the “National Stars absence form” turned in.</p>	

- 1) Due to the overwhelming number of absences used for school sporting events, we have decided to consider school games an unexcused absence. You are more than welcome to miss for games, you will just have to use your unexcused absences to do it. We have increased this number from the two it was in previous years, to three.
- 2) If an athlete does not have a doctors note, or has one for an injury that allows them to practice in some capacity. Athletes are expected to attend practice to sit (with note) or participate.

### C. Vacation

We follow the Columbia County School System schedule for the majority of our gym-wide closing dates. Please do not assume we are closed however, you can refer to the calendar on page 33 for all dates.

## **D. Do not use cheerleading as a Reward or Punishment**

We understand you know what is best for your child and we value your authority. However, once you are a part of the National Stars program, you are committed for an entire season. When athletes are pulled from practices or competitions as punishment for something done outside of the gym, a severe disservice is done to the other members of their team. It is unfair to the team, the coaches, and the other parents who also pay for their child to be a part of this program. The absence of even one athlete can have a negative effect on an entire practice.

We understand school is extremely important. However, pulling your child from any required activity within the gym as punishment for bad grades, will not be tolerated. Please understand when signing up for our program school is to be managed along with practices. **If you give any threat to pull your child from the program, we will dismiss your athlete from our program immediately.** Please refer to page 6 for full details on our termination policy.

## **Section Three: National Stars Practices**

### **A. Practices:**

Our Half Year program team/teams will practice every Wednesday night. The first practice will start Wednesday, October 4th, with the season running until the end of April. Your team will practice once a week for two hours.

**1) Extra Practices:** Extra practices can be called at any time. The majority of extra practices will take place during competition season (February-April). An extra practice can be scheduled due to illnesses of an athlete, injuries, a teammate that has quit or been replaced, or simply at the coaches discretion. We try not to have many extra practices BUT situations arise where we have no choice but to schedule them. Please note some extra practices are already listed in the calendar provided in this packet, for these dates refer to page 33.

**\* If we schedule an extra practice for any major incident, the Friday before the competition, you are still REQUIRED to attend.** We understand some of you may plan to travel the night before, but if we have no other choice, you will have to wait to leave until after the scheduled practice. Once again, it is vital to have every member of a team at these practices, to ensure an efficient and effective practice.

**2) Scheduled Extended Practices:** Please note that a coach may choose to extend the time of a teams practice. This can be done for one practice to allow them to get certain things accomplished for a deadline such as choreography or a competition. This may also be done for several practices in a row if necessary. When choosing to extend a practice on a more permanent basis, the coach will make an effort to ensure this time fits with every athletes schedule outside of the gym. However, please keep in mind this is only done if a team absolutely needs the extra time within the gym and we ask that you respect that and work with us.

**3) Practices Running Past Dismissal Time:** Please note that a coach may unintentionally run a practice past its regularly scheduled time. If this happens, it will not run any longer then 15 minutes past the scheduled time.

### **B. Guidelines for Practice**

**Athletes will follow the following guidelines at practices:**

- 1) Be **on time** to all practices.
- 2) All athletes' must follow the dress code outlined in Section 3.D
- 3) All athletes must have their cheer shoes on before practice begins, and they must be worn throughout the entire practice.
- 4) All cell phones must be placed in a bucket at the front of the floor. Cell phones must be **turned off** before practice begins. If a cell phone is on during practice it will be taken and can be picked up from the desk following practice. If this happens 3 times, his/her cell phone will no longer be allowed.

- 5) No eating or drinking on the gym floor. Small snacks are allowed during water breaks away from the floor.
- 6) Do not bring valuables into the gym. We are **not** responsible for any items left unattended.

### **C. Dress Code for Practices**

- 1) The practice uniform will consist of wearing any red top, black shorts, and black practice bow.
- 2) Please understand we athletes to wear matching colors so that the team is easier to watch as a whole during practice. If we see any athlete **repeatedly** not wearing the correct practice wear we will contact you, the parent about the issue.
- 3) Maintain a well-groomed appearance and good hygiene at all times.
- 4) Athlete's hair must be kept out of the face. Hair should be up high in a ponytail with the matching practice bow (see page 8 section H).
- 6) Nails must be kept at fingertips to avoid scratching other athletes while stunting.
- 7) No jewelry is allowed with the exception of small stud earrings.

### **D. Viewing Practices**

National Stars practices are closed to the parents, however, we do allow our parents to view the **last 15** minutes of any practice. It is extremely important that each athlete remain focused on the coach and training during each practice and not be distracted by the attendance of a family member. Coaches must be the sole authority during team practices because they are responsible for a teams safety. Safety is our primary concern and if even one team member becomes distracted, it could affect the team in a harmful manner. If a coach feels their squad is not paying attention, the coach may request any visitors leave the viewing area. During the competitive season (February-April) the coaches will allow and encourage the parents to come into the gym to view the last few minutes of practice and watch a teams performance. You will be asked to come in by your athlete or coach when it is allowed.

### **E. Injured Athletes and Practices/Competitions**

It is unfortunate, but we do have athletes that sustain injuries during the season. Most injuries are minor and if they are injured, no matter the severity, they are still required to attend all practices. Why? Any injured athlete can observe the routines, see any changes made, listen to coaching instructions, help teach their parts, and cheer on your teammates. Their attendance and support is always needed even if they cannot physically participate. You will also be expected to continue to pay your athletes monthly tuition and escrow fees during the time of their injury as a new athlete steps in to take their place on the team.

**NOTE:** If an athlete is injured and cannot compete at a scheduled competition a refund will not be given because a replacement will have to be filled in to the injured athletes spot. Please understand the team was built around having everyone on the team. The team cannot do without. A replacement will go in for as long as the athlete is injured. If a jacket is won by the injured athletes team, the injured athlete may pay to receive a jacket as well. The replacement athlete will have priority to the jacket because they competed with the squad during the competition in which it was earned

An injured athlete will not simply go back in the routine after they are released from the doctor, this decision will be dependent on several factors including but not limited to:

- 1) The length of time until the next competition
- 2) If they can not physically participate during any practice the week of a competition
- 3) The athletes ability to go back into a routine at the level they left it

Please keep in mind that changes may have to be made to fix any position of an injured athlete meaning, it may take more than a week's time to put the athlete back into the routine. An athlete will not be put back in a routine the week of a competition. **Rachel and the coach will make this final decision.**

## **F. Holiday Practices**

Please refer to the allstar calendar within the packet to see the full list of holiday closings for the gym. Practice attendance will be mandatory, unless an absence form has been filled out, or unless otherwise stated.

# **Section Four: Communication**

## **A. Chain of Communication**

Questions, concerns, or problems regarding your athlete's practice schedule, changes in scheduling, competition questions, etc. should be taken to the Team Mom first. Many of these concerns can be addressed and solved by the Team Mom so that the coaching staff is able to focus on any bigger issues that may need to be addressed. If the Team Mom cannot be of assistance then the Head Coach is second person in your line of communication. We will be providing a chance at weekly meetings with your coach, please refer to letter E of this section for further details. If you feel that talking with your Head Coach will not resolve the situation, the Director of Communications will be third person you meet with. If a problem can't be solved using the chain of communication, please do not hesitate to call the front desk and set up a meeting with the DOC. If they feel the situation needs to be addressed further, a meeting with Rachel will be set up. But please, if you have a problem, use this chain of communication above all.

## **B. Team Mom**

The Team Mom will be the first person you go to with any simple questions you may have about your athletes team, practice schedule, competition schedule, etc. If the Team Mom feels that she can not correctly answer your question or should not be in charge of handling the situation at hand, she will direct you to your teams Head Coach. The Team Mom will be responsible for ensuring that you receive any necessary updates from the coaches throughout the season. We will not be using any form of messenger to communicate this year, we will have a Facebook group for each team that both the team mom and coaches will update you on. This forum will not be used for personal questions to the Team Mom or coaches, but questions that other parents may find informative as well. On the day of competition the Team Mom will use Remind 101 to communicate important information in a timely manner. We will send out the individual team Remind 101 information closer to the competition season.

## **C. Director of Communication**

Meredith Dailey who has served as both an allstar coach and Assistant Program Director within the gym for seven years began her new role as our Director of Allstar Communication last year. Meredith will be doing all of the behind the scenes work with any gym emails, newsletters, social media posts, etc. The emails you receive throughout the season will be coming from our email account [allstars@augustacheeracademy.com](mailto:allstars@augustacheeracademy.com). Meredith will also be the person you can meet with if an issue can not be resolved by speaking to your athlete's coach. Meredith will also set up any meeting you may need to have with Rachel. She will also remain in charge of managing the website, creating the travel packets, along with other projects within the gym.

## **D. Allstar Accounts Manager**

Heather Bolen will be serving as the Allstar Accounts Manager. Heather has been with the National Stars program for one year, as part of our front desk staff. She has been an office manager for over 10 years and is well qualified to keep accounts and all business matters organized and up to date. Heather will also be serving at the head of fundraising and will be available to answer any fundraising questions you have throughout the season.

## **E. Allstar Coordinator**

Laura Ashley Ross will be serving as our Allstar Coordinator this season. Last year LA began helping behind the scenes and behind the front desk, to keep everything organized throughout the competition season. LA is in charge keeping the allstars organized; ordering practice wear/uniforms, collecting and entering information into the USASF system, registering teams for competitions and other organizational details. LA will be available to answer any of your questions about these topics throughout the season.

## **F. E-mail Communication is Number One**

Organization is a very important aspect of our program. The main source of communication between our program and our parents is your e-mail. When signing up, you will turn in a section of this packet that asks for your e-mail. Please make sure you provide us with the e-mail you check on a daily basis. We encourage our athletes to put an e-mail address on file as well, allowing them to also stay up-to-date. Timely and accurate communication between coaches and parents/cheerleaders is **very important** to us.

## **G. Monthly Meetings**

This year we will be implementing a new open door system at the end of practices to allow parents to come in and meet with your athlete's coaches. A schedule will be set up at the beginning of the year based off of the teams alphabetical order. Starting in June, parents will be able to come in and meet with your athlete's coaches during your scheduled monthly time. This will be an optional time for you to come into the gym and hear what your athlete is doing well, as well as what they need to be working on throughout the season. These will be quick five minute meetings, however, if you have anything further to discuss with your coach, this will be your chance to schedule an additional meeting with them as well.

## **H. Team Facebook Pages**

When the season begins, we will be setting up a closed, private Facebook group for each team. The information for each group will be emailed out once they have been set up. This group will be utilized by the coaches and team moms to keep you updated on practice times as well as what is happening in practices as each team progresses. The Facebook group will also be a forum for you as parents to post and ask questions, or post your own pictures and videos of the team for other parents to see. Please note that if you have a specific issue with your coaches, this will not be the forum to contact them. You will have each coaches individual information and can contact them directly.

## **I. Remind 101**

When your child has been placed on a team, we will send out a code for you to join our 17-18 Remind 101 group. We know most of you are familiar with Remind 101 through the school system and we will use this for small and timely reminders or announcements. On the day of competition the Team Mom will use Remind 101 to communicate important information about meeting times and places, or any changes in the schedule that may occur. We will send out the individual team Reminder 101 information closer to the competition season.

## **J. National Stars Private Facebook Page**

Once your athlete has been placed on an allstar team, we ask that you please become a member of our private page. This is the page where we post pertinent information throughout the season, to keep you as up to date as possible. Augusta Cheer Academy "National Stars" (OFFICIAL PAGE). If you have asked to be added onto the facebook page and have not been added, please e-mail [allstars@augustacheeracademy.com](mailto:allstars@augustacheeracademy.com) so that you can be added onto the page.

## **K. Weekly Newsletter**

Every Sunday we will send out a weekly newsletter that has all of the information you'll need for the week ahead, whether its a friendly reminder about an upcoming payment, the schedule for uniform and practice wear sizing, or simply a birthday shout out to the athletes celebrating that week, it will have all of the information you need to get your week started right!



## Section Five: Program Rules/Guidelines

### A. Dismissal From the Team, Practice or Competition

A coach may dismiss an athlete from the team, a practice or a competition if an athlete or parent is obstructing a team's progress in any way. Threats implied to leave, quit, not attend a competition, or anything that might hurt the team will be cause for **immediate** dismissal with no refund given. **Practices are mandatory the week of a competition.** If an athlete misses a practice the week of a competition that athlete can be replaced for that competition with no refund given. Team commitment is critical and a missing athlete is disruptive to the team and will not be tolerated. Please refer to Page 4 for full details on our termination fee and policy.

### B. General Rules for Parents and Athletes

Good sportsmanship, polite manners, and a kind disposition are mandatory at all practices and competitions. Our program prides itself on setting a high standard of conduct. Help us maintain this standard through your actions throughout the season.

- 1) **No gossip** about
  - A) Any other allstar program or school teams.
  - B) Any child or parent on your team or another team.
  - C) Any coaches and staff. Address any problems to the chain of command.
- 2) No profanity or abusive language.
- 3) You must arrive at all practices, competitions or any scheduled event on time. Punctuality is a must.
- 4) During practice your opinion does not count. All decisions are left to the discretion of the coaches.
- 5) Never post any negative comments on Facebook, Twitter, websites, blogs, or group chats. As a representative of the gym, any post made that includes the ACA name, National Stars name, logo, or any imagery of the uniform and practice wear in any light positive or negative, is forbidden without express permission. EXAMPLE: A blog post about your athletes day at practice and the lesson they learned from their coach that day, with a picture of your athlete or their team in their practice wear or uniform.
- 6) No one is allowed to post National Stars allstar music, choreography, routines, stunts etc. on any website until the competition season has come to an end.
- 7) Practices may be changed or added at any time, in which case you must adjust your schedule accordingly.
- 8) Anyone threatening to quit or to pull their child from a squad will be dismissed from the program immediately.
- 9) Every year we go through additions, losses and dismissal of team members. This decision is solely up to the coaches and will be based off of what is best for the squad. Please be understanding of this.
- 10) All cheerleaders and family members should show good sportsmanship at all times.
- 11) Every team will be required to watch other National Stars teams at competitions. We would love to have everyone there for all teams, but at the very least, you are required to watch your assigned teams.
- 12) Parents, relatives, friends and cheerleaders are NEVER allowed to speak with competition officials for any reason.
- 13) There will be no arguing or questioning of the coaching staff's decision, please let us do our job.
- 14) If a problem arises between you and another parent or your athlete and another athlete, the problem will be addressed with all parties involved during a meeting with your coach, the DOC and/or Rachel.
- 15) Remember that the team is first and the individual is second.

### C. Parent Rules

As parents, you all want the very best for your children and we understand that. As parents of our athletes, we ask for 100% support from you at **all times**. Please remember that children like to sometimes amplify situations, therefore, if any questions arise please feel free to contact us with an open mind. Please keep in mind that the parents and the coaches are the adults if any concerns or questions come up. Our main goal is to encourage our athletes to have fun while working hard. We will reinforce the support and encouragement that we ask you to provide to your child as he/she works toward achieving their individual and team goals. We respectfully ask your support in the following areas:

- 1) If you ever have a problem, with anything, please do not hesitate to contact the gym. We are here for **you**.
- 2) If you have any questions or concerns that need immediate attention please use the following chain of command:
  - A) Team Mom
  - B) Head Coach
  - C) Director of Communications
  - D) Rachel
- 3) Only cheerleaders and coaches are allowed in the gym during practice times.
- 4) The coaches reserve the right to close practices at **any** time for **any** reason.
- 5) It is the parent's responsibility to know what is going on with your child's squad at all times. It is **mandatory** to check the private facebook page and/or your email every day. There is no excuse for being uninformed when the information has been provided.
- 6) Please keep in mind the gym is not a babysitting service. We want our allstars to use the gym as much as possible, but no child should be dropped off at the gym unsupervised.
- 7) Withholding a child from practice or a competition should **never** be used as a form of punishment. Cheerleading is a team sport so doing this would affect the entire squad. Every athlete has to be responsible in getting their school work done when they are not at the gym. This is a must when you are involved in any team sport.
- 8) No one is allowed to yell onto the floor or try and make eye contact through the parent viewing or outside the glass windows during practices or tumbling classes. **This is very distracting and will not be allowed.**
- 9) Parents are not allowed to represent the National Stars anytime concerning accommodations, competitions or any other situation.

#### **D. Athlete Rules**

As a National Stars athlete we expect you to uphold each of these rules because you are the face of the National Stars Program. We want you to be proud to be a part of the most successful gym in our area. You are the reason we are as successful as we are. Your time within our National Stars family will be the most rewarding with your hard work and teamwork. Please follow these rules with respect to ensure your success this season.

- 1) It is **mandatory** to wear the appropriate practice wear to every practice. Black tank/shirt, red shorts and black bow.
- 2) Please do not leave **any** personal items at ACA. We are not responsible for any items lost or stolen.
- 3) No profanity, disrespect or back talking will be tolerated. You will respect your coaches and your teammates. Everyone gets aggravated so before any of the three happen ask to take a break.
- 4) Stay on top of any information emailed out. You may set up an e-mail to be active to stay informed.
- 5) Cell phones and iPods are to be turned off at the beginning of practices and tumbling classes. If this becomes a problem we will take these items and have your parents pick them up.
- 6) Balancing schoolwork and allstar practice is necessary. Homework is not an excuse for missing practice.
- 7) Tumbling classes are **mandatory**.
- 8) We want you to enjoy your time as a National Star and any other activity you may take part in. Please remember you have made a commitment for the entire year. We will work with you as best as we can on your other activities outside of the National Stars. However, please communicate with us at least a month in advance for any major events.
- 9) Your body needs to be in top physical shape. Take care of your body outside of the gym by eating healthy and continuing to exercise on your time off.
- 10) We will continue to be the most positive and supportive gym within the CSRA. Good sportsmanship is a must inside and outside of our program. Nothing else will be tolerated. Be respectful and supportive to all other gyms, at competitions and to any official.
- 11) You will not recruit athletes from other gyms/teams. We build our own athletes.
- 12) We are coaches for a reason. Remember team first, individual second. Put trust in your coaches because we know what is best for the "team."

## Section Six: Competition

### A. Tentative Schedule

This schedule is not the final schedule, only a tentative one. We will send out the final schedule to you in the fall once all of the competition dates and locations have been finalized by the competition companies. Please look carefully at the dates, locations, and teams attending.

Competition	Teams	Location	Date
Cheersport Regionals	Prep and Expo	Atlanta, GA	January 20, 2018
One Up National Championship	Prep Only	Atlanta, GA	April 14, 2018
End of the Year BBQ Bash	All Teams	Evans, GA	April 15, 2018

Please note the end of the year BBQ is considered a mandatory event for all athletes within our program. It will be a fun bonding event for all of our teams and their family, as well as a chance to showcase each teams success throughout the season.

### B. Choreography

Your team will have choreography Saturday, December 9th. Times will be e-mailed out closer to that day. Please keep in mind choreography is **mandatory!**

### C. Travel

When arriving to competitions you will meet your Team Mom first in the location stated in your travel packet.

- 1) You will not be required to book a hotel, however, depending on your teams competition time you may want to. These exact times will not be known until the week of the competition.
- 2) Your method of traveling to each competition is up to each family. Most drive separate vehicles but some families like to ride together.
- 5) Each cheerleader must have a chaperon at every competition. It is not your coach, Team Mom or the National Stars staff's responsibility to be your child's chaperon.
- 6) Every athlete is required to attend their team's award ceremony.

### D. Competition Schedules/ Travel Packets

Competition schedules are usually released by the competition company a few days before the event. The first one released is never the one used, as teams send in requests for time changes. Once we have been notified that the final schedule is released (usually that Tuesday or Wednesday), a travel packet will be emailed when completed. The travel packet will contain all of the vital information necessary to each competition. You are responsible for reading through the packet and having it on you the day of a competition. If the schedule changes after we have sent out the travel packet, we will resend it with the corrected times. If we are already out of town and we see any major changes to the time your Team Mom will contact you. Please remember that we have **no control** over when the schedule is posted. When the company posts the schedule we get the travel packet to you as quickly as possible.

### E. Competition Dress Code

All hair and makeup must be complete before you meet with your team mom. You are not required to purchase makeup through the gym, but all athlete's must follow the makeup guide sent out by the gym. All jewelry and colored nail polish must be removed before you enter the arena. All non-uniform items such as sunglasses, cell phones, and headphones must be put away when you enter the arena.

## **Section Seven: Miscellaneous**

### **A. Fundraising**

The National Stars program offers several fundraising opportunities throughout the year. You can find all of the fundraising dates on our calendar, shown on the next page. For all fundraisers, an email will be sent out informing you of the amount raised once all money is calculated and divided among the athletes.

**NOTE:** If the money for your required fundraiser is not turned in on time, the card that you have on file will be charged for the amount owed plus a \$5 fee.

### **B. Sponsorship**

Competitive cheerleading is very costly and sponsorships are essential. It takes time and effort, but anyone can work on getting a sponsor. The sponsor can donate as much or as little as they want and any sponsorship you receive will go straight to your athletes account. We have forms that you can pick up from the front desk or print off of the website.

### **C. Holiday Closings**

Please make sure you follow our calendar for all holiday closings. Please keep in mind that we do not follow the school systems closings exactly. Practices will still be considered required, even if your athletes school is closed for a holiday.

### **D. Logo Usage**

The Augusta Cheer Academy and National Stars logos may not be reproduced. The Staff at ACA are the only ones permitted to design t-shirts, magnets, bags etc. Any item made using not only the ACA name and logo, the National Stars name and logo, the Team Names, music quotes, etc., will not be allowed. If you have any questions regarding this you may contact Meredith for further information.

### **E. Professional Pictures**

Branch Carter will be taking our team and individual pictures again this season. Please mark your calendars for Sunday, November 12th. All athletes will be required to attend and it will be your option to buy the packages that will be available. The photos will be back in time for Christmas, a great gift idea.

### **F. Picture Release**

By signing the allstar contract, you are giving your permission to the ACA staff to photograph your child and publish said photo on the following ACA publications:

- 1) Website
- 2) Public Facebook
- 3) Twitter
- 4) Instagram
- 5) Any other publication put together by the ACA staff

### **G. Social Media Accounts**

Be sure to follow us on our public facebook page [www.facebook.com/augcheeracademy](http://www.facebook.com/augcheeracademy). You can find us on Twitter and Instagram as well @nationalstars.

<b>Date</b>	<b>Event</b>
September 27 <sup>th</sup> (Wednesday)	Tryouts and first tuition payments due.
September 27 <sup>th</sup> (Wednesday)	Pick up Yankee Candle Fundraiser
October 4 <sup>th</sup> (Wednesday)	First Practice
October 9-10 (Monday and Tuesday)	Gym Still Open (Columbia County School System Holiday)
October 19 <sup>th</sup> (Thursday)	Yankee Candle Fundraiser Due
October 25 <sup>th</sup> (Wednesday)	First Half of Uniform Payment Due
November 5 <sup>th</sup> (Sunday)	Mandatory Practice Due to Thanksgiving Week
November 15 <sup>th</sup> (Wednesday)	Guitar Pull: Practices are Mandatory
November 16 <sup>th</sup> (Thursday)	December Tuition Payment Due Early Due to Thanksgiving
November 16 <sup>th</sup> (Thursday)	Second Half of Uniform Payment Due
November 20-25 (Monday-Saturday)	Gym Closed for Thanksgiving Break
November 26-30 (Sunday-Thursday)	Practices Resume
December 9 <sup>th</sup> (Saturday)	Mandatory Choreography (exact schedule will be emailed out)
December 19 <sup>th</sup> (Tuesday)	January Tuition Due Early Due to Christmas
December 20-January 1	Gym Closed for Christmas and New Years
January 2 <sup>nd</sup> (Tuesday)	Practices Resume
January 15 <sup>th</sup> (Monday)	Closed for MLK Jr. Holiday
January 22 <sup>nd</sup> (Monday)	Pick up Krispy Kreme Fundraiser
January 20 <sup>th</sup> (Saturday)	Cheersport Regionals (Atlanta, GA): Only Expo and Prep
February 8 <sup>th</sup> (Thursday)	Turn in Krispy Kreme Fundraiser
February 19 <sup>th</sup> (Monday)	Gym Closed for Presidents Day Holiday
February 21 <sup>st</sup> (Wednesday)	Pick up Coffee Fundraiser
March 15 <sup>th</sup> (Thursday)	Turn in Coffee Fundraiser
April 1-6 (Sunday-Sunday)	Gym Closed for Spring Break
April 14 <sup>th</sup> (Saturday)	One Up Nationals (Atlanta, GA): Only Prep
April 15 <sup>th</sup> (Sunday)	End of the Year BBQ Bash
April 27-29 (Friday-Sunday)	2018-2019 Tryouts

Mandatory Money Due   Fundraisers   Competitions

# National Stars Absence Form

**EXCUSED OR UNEXCUSED ABSENCES:** Proper documentation must be turned in to the front desk to be put in your file no later than 7 days before the missed practice.

**FOR ALL ABSENCES:** Please fill out the "Absence Form" that can be found on our website or picked up from the front desk.

## Examples of Excused Absences

- 1) Death in the family
- 2) Serious, contagious illness or injury; a doctors note must be provided with specific ailment listed.
- 3) Graded school activity that can not be made up at any other time. A letter from the teacher must be provided.

## Examples of Unexcused Absences

- 1) Being tardy to practice three times
- 2) Missing two tumbling classes in a month without doing a make-up class
- 3) Participation in a school sporting event \*
- 4) Non-contagious illness
- 5) Homework or non-graded school activities
- 6) Minor injuries \*\*

Absences **must not** exceed the number provided for each monthly breakdown. Roll will be taken on a daily basis and practices missed over the allotted number will result in the card on file being charged quarterly. Any practices above the numbers listed below will cost an additional \$10 per practice missed.

• **October-January:** 2 unexcused absences

• **February-April:** 1 unexcused absence

Excused absences will **not** be excused without the "National Stars absence form" turned in.

- **During the competition season (February-April), allstars are NOT allowed to miss a practice for any reason, one week prior to a competition.** Practices are mandatory the week of a competition. If an athlete misses practice during the week of a competition, that athlete can be replaced for that competition with no refunds.
- **If you miss more than the unexcused absences that are allowed, you will be charged \$10 quarterly for each additional practice missed.** We take this very seriously because one athlete missing from a practice, severely limits the progress of the team as a whole. If you know you will use one of your unexcused absences, you will need to fill out this form, and **turn it in to the front desk at least one week prior to the missed practice.**

Athlete's Name: \_\_\_\_\_ Squad: \_\_\_\_\_

Date(s) you will be absent: \_\_\_\_\_

Please explain your absence: \_\_\_\_\_

Signature of Parent/Legal Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

For Office Use Only:

Excused: \_\_\_\_\_ Unexcused: \_\_\_\_\_