

National Stars Absence Form

EXCUSED OR UNEXCUSED ABSENCES: Proper documentation must be turned in to the front desk to be put in your file no later than 7 days before the missed practice.

FOR ALL ABSENCES: Please fill out the "Absence Form" that can be found on our website or picked up from the front desk. Please note absence is not considered excused simply because a note is turned in.

Examples of Excused Absences

- 1) Death in the family
- 2) Serious, contagious illness or injury; a doctors note must be provided with specific ailment listed.
- 3) Graded school activity that can not be made up at any other time. A letter from the teacher must be provided.

Examples of Unexcused Absences

- 1) Being tardy to practice three times
- 2) Missing two tumbling classes in a month without doing a make-up class
- 3) Participation in a school sporting event *
- 4) Non-contagious illness
- 5) Homework or non-graded school activities
- 6) Minor injuries **

Absences **must not** exceed the number provided for each monthly breakdown. Roll will be taken on a daily basis and practices missed over the allotted number will result in the card on file being charged quarterly. Any practices above the numbers listed below will cost an additional \$10 per practice missed.

- **May-August:** 3 unexcused absences
- **September-December:** 3 unexcused absences
- **January-April:** 2 unexcused absences

Excused absences will **not** be excused without the "National Stars absence form" turned in.

- **During the competition season (November-April), allstars are NOT allowed to miss a practice for any reason, one week prior to a competition as well as one week after.** Practices are mandatory the week of a competition. If an athlete misses practice during the week of a competition, that athlete can be replaced for that competition with no refunds.
- **If you miss more than the unexcused absences that are allowed, you will be charged \$10 quarterly for each additional practice missed.** We take this very seriously because one athlete missing from a practice, severely limits the progress of the team as a whole. If you know you will use one of your unexcused absences, you will need to fill out this form, and **turn it in to the front desk at least one week prior to the missed practice.**

Athlete's Name: _____ Squad: _____

Date(s) you will be absent: _____

Please explain your absence: _____

Signature of Parent/Legal Guardian: _____ Date: _____

For Office Use Only:

Excused: _____ Unexcused: _____