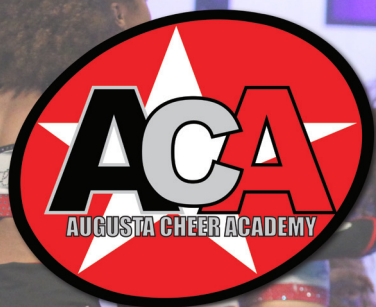




2021-2022 NATIONAL STARS ALLSTAR PACKET AND CONTRACT

OUR EVALUATION PROCESS:

Once you have read through the entire Allstar Packet and Contract, please make sure you have filled out all of the correct pages for turn-in. This will be pages 4-10. All pages can be turned into the front desk during regular business hours starting Thursday, April 15th to Thursday, April 22nd from 5:00-9:00 p.m. or they may be sent in electronically to, allstars@augustacheeracademy.com.

Once your paperwork has been turned in and confirmed by our front desk staff, you will receive a confirmation email with the evaluation date and time you have requested. If your athlete will be doing a video tryout versus in-person evaluations, we will email these instructions to you as well. All team placements will be emailed out by 9:00 p.m. Sunday, April 25th. Team announcements are anonymous and released based off of your athlete's evaluation number that is assigned at registration.

If you have any questions about the packet and contract, feel free to reach out to the allstar email account listed above. We will also be posting a parent meeting on our Facebook page on Monday, April 19th to cover any questions that everyone may have and to go over general information laid out within the packet.

Parents and Athletes,

I want to take this opportunity to welcome you to the Augusta Cheer Academy family. The national stars All-Star program is now entering its 13th season, and we are honored that you have chosen us as your home. Our primary focus each season is to prepare our teams to successfully compete in the competitions they attend throughout the year. We strive to provide each athlete a positive environment to work in throughout their time in our gym. Our coaches have dedicated themselves to the sport of competitive cheerleading. Each staff member is energetic, creative, knowledgeable, and focuses on using positive and respected coaching techniques to help each athlete and team reach their goals. Our number one priority every day lies in teaching our athletes the value of commitment, sportsmanship, hard work, teamwork, leadership, self-confidence, positivity, and love for their support. Every athlete and family member is essential to our program.

Each squad will concentrate on all-Star cheerleading components throughout the year, including tumbling, jumping, stunting, dance, showmanship performance, and sportsmanship. For those of you who may be new to the All-Star cheerleading world, the length of a routine varies with each team. Per USASF guidelines, all teams are divided by age and skill level. Routines are judged based on their difficulty level, technique, creativity, and overall performance. As you read through this packet, please keep in mind that this is a binding 12-month contract that begins the day of tryouts. All-Star cheerleading is a highly team-based sport we are 100% commitment is expected from each athlete. Throughout this packet, you'll find every piece of information you'll need to know as you head into the season, including important dates, pricing information, and program policies. We ask that you truly take the time to read through everything and ensure you have full knowledge of what our support entails. We once again thank you for considering the National Stars program and hope to see all of you for evaluations soon.

Sincerely,
Rachel Utley Tambon
Owner of Augusta Cheer Academy

**"You Don't Have
To Be Great To
Start, But You
Have To Start To
Be Great."**

– Zig Ziglar



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2021-2022
Allstar Packet and Contract



National Stars Evaluations

EVALUATIONS ARE THE FIRST STEP:

When joining the National Stars Program, lack of cheerleading experience, body type, and looks will not impact an athlete's placement. We look for dependability and a positive, cooperative, hard-working attitude from our athletes. We welcome both males and female athletes, ages 3 (June 1, 2018 birthday) to 18 (June 1, 2002 birthday), to join our teams.

TEAM SELECTION & PLACEMENT:

We ask that you trust the coaching staff to know what combination of athletes and abilities will help build a successful team. As with all competitive sports, our staff will make the final decision on each athlete's placement. Please note, this contract will stand if you commit to our program today and later pull your athlete due to team placement.

It is important to note that athletes are not placed on specific teams based on tumbling alone. While squad majority is enforced throughout the season, we also look at potential stunt groups for each team and an athlete's overall attitude and work ethic. All of these factors are taken into consideration to form the most successful and well-rounded teams.

We reserve the right to take any previous experience (positive or negative) with both an athlete or parent, from past participation, into consideration when placing an athlete on a team.

ALLSTAR LEVELS:

Our Program follows the guidelines set forth by the United States All-Star Federation. USASF develops competition rules and all star training guidelines consistent with the latest safety, educational, and ethical practices. For more information on the rules, policies, and division breakdowns, please visit www.usasf.net.

- The difference between Tiny, Mini, Youth, Junior, and Senior teams is age-based only.
- The difference between each level (1-7) is based on each athlete's ability to execute the level of difficulty in tumbling and stunting successfully.
- It is commonly misunderstood that a child being placed on a "Senior" team means they are on a higher level than someone on a "Junior" team. However, this is not true; for example; a Junior Level 3 team is higher than a Senior Level 2 team.

THINGS YOU MUST TURN IN/BRING IN:

Both new and returning athletes will have to complete the entire evaluation process.

- Pages 4-10 of this packet filled out and signed by one parent/guardian and the athlete.
- Please have the card you are putting on file with you when you turn your paperwork in. This is how we will verify it is a working card. Otherwise, we will run the card on file for \$5 to ensure it is valid, or for your evaluation fee.

Once you have turned in all paperwork, we will send you an additional email with video submission information if this will be how your athlete is completing their evaluation.

Please sign below to acknowledge that you have read our introductory letter and this page in full. Please remember this is a binding contract and allstar cheerleading is a very time-consuming sport. This is not said to scare you but to impress upon you how important this commitment is. By signing, you acknowledge an understanding of the commitment to the National Stars Allstar Program. Please keep this in mind as you continue through the rest of the allstar packet and contract.

Signature: _____ **Date:** _____

NATIONAL STARS 21-22 EVALUATION FORM

PLEASE FILL THIS ENTIRE FORM OUT WITH YOUR ATHLETE!

Name: _____ **Age:** _____

Birthday (Month/Day/Year): _____ **Height:** _____ **Grade:** _____

Fall 2021 School: _____

1) Which stunt position do you have most experience with?

☐ FLYER ☐ BASE ☐ BACKSPOT ☐ NONE

2) Check your stunting level for the skill circled above:

- ☐ Level 1 (No experience or level 1 stunts: preps or single leg waist level)
- ☐ Level 2 (Preps, extensions, straight cradles and baskets, single leg prep)
- ☐ Level 3 (Extended one leg, two leg full down cradles, single skill baskets)
- ☐ Level 4 (Advanced single leg extended stunts and full downs, kick fulls, etc.)
- ☐ Level 5 (Elite single leg stunts, three skill baskets, double down, etc.)
- ☐ Level 6 (High to High ties, single leg double down, kick doubles, etc.)

Staff Only: Team Options for Age

3) Are you willing to cheer for any National Stars team regardless of level?

- ☐ Yes
☐ No

If no, circle level(s) you are willing to cheer on: ONE • TWO • THREE • FOUR • FIVE

If no, explain why: _____

3) Please check each option you are willing to cheer on.

☐ TINY ☐ NOVICE ☐ PREP AND ELITE LEVELS ☐ WORLDS

4) What are your strengths as a person and athlete: _____

Check ALL tumbling skills you throw on the floor WITHOUT a spot!

Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
None	Back Handspring	Standing Multiples	Standing Tuck	Jumps to Tuck	Standing Full
Forward Roll	RO BHS	BWO BHS Multiples	BWO or Cart. Tuck	Multiple BHS Layout	Jump to Full
Backward Roll	BWO BHS	RO BHS Tuck	RO BHS Layout	Single BHS Layout	Standing BHS Full
Cartwheel	BHS Stepout RO BHS	Power hurdle RO	Jumps to BHS Tuck	RO BHS Full	Jumps, BHS Full
Round-off	FWO RO BHS	BHS Tuck	RO BHS Whip BHS	Jump BHS Whip to Layout	FWO through to Full
Back Walkover	RO BHS Multiples	FWO RO BHS Tuck	Punch Front Through	RO Whip BHS Full	RO BHS Whip Full
Front Walkover	Jumps Pause BHS	3 Jumps to BHS	to Layout	Punch Front Through	FWO through Double
Cartwheel BWO	Back Ext Roll BHS	Aerial	Elite Through to	to Full	PF Stepout Double
FWO Cart. BWO	Cartwheel BWO BHS	Punch Front	Layout Step-out	Elite Through to Full	RO BHS Whip Dub
Elite Level 1 Pass	Elite Level 2 Pass	Elite Level 3 Pass			

Staff Notes:



Code of Conduct

ATHLETE'S CODE OF CONDUCT:

I understand the **team** is first, and I am second. I agree to maintain a positive and competitive attitude, stay focused, and work toward the team's development. I will demonstrate high standards of conduct as a representative of the Augusta Cheer Academy, National Stars. I will refrain from negative acts, comments, or gossip about or toward fellow teammates and other squads, both on and off the cheer floor. I understand that the coaches can move me down in levels or deem me an alternate on a team if I lose skills or can no longer keep up with what is required of me. **Coaches may dismiss me at any time for disrespect, lack of effort, and anything that hampers my team's development.** I am to arrive on time for all practices and competitions. I understand I may have to come early or stay late at competitions to support other teams within the National Stars Program fully. I understand and agree to follow all written and verbal instructions given to me throughout the season. I understand and agree by initialing below that acting outside of this code will result in disciplinary action at the coach's discretion, and it could result in my dismissal from the team.

_____ **Athletes Initials**

PARENT'S CODE OF CONDUCT:

As a parent, I understand that the **team** must always be **regarded first** before any individual. I know that coaches reserve the right to place athletes on a team that gives them the best chance of success. I agree to show sportsmanlike conduct at all times during competitions for our teams as well as our competitors. I agree to respect and show compassion towards all adults and children involved with the Program. I agree to discuss all problems or concerns related to the Program, coaches, cheerleaders, or other parents directly with the coach. I agree not to air any grievances or gossip publicly should they arise. Disruptive behavior in person or on social media could result in my dismissal from the practice facility and/or my child from the team. I understand that under no circumstance will I confront any administrative personnel at competitions (judges, staff, directors, etc.) at any time. I know that by threatening to quit, pull my child from the Program, or use the National Stars Program as a form of punishment, we may be dismissed immediately. I understand I may have to come early or stay late at competitions to support other teams within the National Stars Program fully.

I will guarantee the on-time arrival of my athlete to all practices and competitions. I understand the coaches reserve the right to move my child up or down in levels on teams. Suppose my child loses skills or no longer keeps up with the skill level for the team they are on. In that case, they can and will be moved down a level or become an alternate on their current team, whichever is best for the gym as a whole. Coaches may dismiss my cheerleader at any time for disrespect, lack of effort and/or anything that hampers team development. I understand that all coach's decisions are final! Most importantly, I know that my position as an allstar parent is to provide a positive outlook for all children.

_____ **Parents Initials**

Policies, Expectations and Commitment

POLICIES AND EXPECTATIONS:

By signing below, I acknowledge that I have read and fully understand all codes, rules, and expectations in the 2021-2022 allstar packet and contract. I know that I am entering into this Program of my own free will. I understand what is expected of me as a parent or an allstar cheerleader. I will conduct myself in a sportsmanlike manner and uphold the standards that are expected of me as a National Star. I understand this is a 12-month commitment, and I have read and understood the 2021-2022 season's financial obligation. I will honor my commitment.

I understand that if my family must move for any reason, I will not be charged a termination fee. However, I will not receive any refunds for any services rendered or items purchased. **I understand that if I am dismissed or withdraw from the Program for any reason, I will not receive a refund on any fees paid (including optional fees and uniform). I also acknowledge that I will be charged a \$700 termination fee for Prep and Elite Teams, a \$400 termination fee for Novice teams, a \$250 termination fee for Tiny's, or 30% of my remaining fee's, whichever amount is greater.** I understand that it will become my responsibility to fulfill any fundraiser orders with my purchasers. I know I will not receive any items that have been purchased but have not yet received.

I acknowledge Augusta Cheer Academy shall not be responsible for any failure or delay in the performance of its obligations in the 2021-2022 Allstar Packet and Contract, which may include suspending performance or even terminating the contract, arising out of or caused, directly or indirectly, by circumstances beyond its reasonable control, including but not limited to, acts of God; earthquakes, fires, floods, wars, civil or military disturbances, epidemics, pandemics, riots, interruptions, loss or malfunctions of utilities, accidents, labor disputes or governmental actions. I understand I will only receive refunds and/or credits for competition fees and items not received.

_____ **Parent**

_____ **Athlete**



Augusta Cheer Academy
Allstar Evaluation Registration/Release Form

Athletes Name: _____ Age: _____

Date of Birth (including year): _____ Grade (2021-2022): _____

Mother's Name: _____ Father's Name: _____

Athletes Home Address: _____

City: _____ State: _____ Zip: _____

Athletes Cell Phone: _____

Mothers Work Phone: _____ Mothers Cell Phone: _____

Fathers Work Phone: _____ Fathers Cell Phone: _____

Athlete Lives With (please circle): Mother Father Both Other: _____

If someone else, please provide their information: _____

Parent's e-mail (the one that will be checked every day, you may list both parents if you would like): _____

Athlete's e-mail: _____

Emergency Contact Information:

Name/Relationship: _____ Phone: _____

List any special medical conditions that we should be aware of. If your athlete will need to take medication during gym hours, please list what they take and their proper dosage:

I fully understand that ACA staff are not physicians or medical practitioners of any kind. With that in mind, I hereby authorize ACA coaches/staff to render first aid to my child in the event of any injury or illness, and if deemed necessary, to call an ambulance which I agree to pay for. As the parent or legal guardian, I agree to provide health insurance for the child or guarantee payment of any medical expenses incurred from training, competition, or participation in the ACA National Stars Allstar Cheerleading program.

I give my permission to Augusta Cheer Academy National Stars Allstars to photograph, videotape, and/or audiotape my cheerleader during any activity which may be considered for use in print or broadcast media, as deemed appropriate for the promotion of Augusta Cheer Academy, National Stars.

In consideration for (athlete's name) _____'s participation in the activities provided by ACA, including but not limited to all aspects of cheerleading, tumbling, stunting and/or competition. I am fully aware that any activity involving motion, height, or athletic activity creates the possibility of serious injury. I release ACA, its officers, shareholders, agents, and employees, from any liability to the above named athlete, of the person claiming through him/her, arising from injury to the person or property of the above named athlete occurring on the premises of ACA; including any event sponsored or sanctioned by ACA, and or travel to and from such activities. This release includes but is not limited to any claims of negligence, dangerous condition, latent defect, premises liability, code violation, negligent security, failure to warm, vicarious liability, negligent hiring, negligent supervision, negligent maintenance, or improper/dangerous equipment; it is intended to be as broad as permissible under Georgia Law.

I am fully aware of the nature of the activities provided and the possibility of injuries arising from such activities. I further agree to hold harmless, indemnify and defend ACA, including its officers, shareholders, agents, and employees, from any loss, liability, damage, or cost incurred by them due to the above-named athlete on the premises or during any event sponsored or sanctioned by ACA. This release is intended to be binding upon the athlete his/her heirs, assignees, successor in interest, and anyone claiming by or through him/her. Also, I have read and understood the registration form and agree to all terms as stated above. I also attest that all information given is factual. I certify that the athlete is in good health and may participate in activities at ACA. In case of an emergency requiring medical treatment, the undersigned hereby authorizes ACA, to take the above-named athlete to a qualified medical or hospital facility for care and treatment. By signing below, I verify that I have read, understand, and comply with all Augusta Cheer Academy policies.

Signature of Parent/Legal Guardian: _____ **Date:** _____



Payment Option

PLEASE REFER TO PAGES 13-15 FOR EXAMPLES OF EACH PAYMENT OPTION

PAYMENT OPTIONS: Both option #1 and #2 are considered auto-draft payments. You may turn in a cash or check payment prior to the due date, however, if no alternate payment is made, your card will be run on the auto-draft date.

Please initial beside the payment option you would like to choose for the year, and sign at the bottom of the page.

Payment Option #1

_____ This option allows you to pay your Monthly Tuition and Escrow together each month on the 25th before the month it is due. **This payment will be auto-drafted from your card on file however, you may pay by cash or check prior to the 25th.** EXAMPLE: On September 25th you are paying for October's tuition and escrow payment.

_____ Initial here to opt into paying all mandatory fees for the coming month on the 25th as well. This is not required, you may just have your card run on their specific due dates.

Payment Option #2

_____ This option allows you to pay the Monthly Tuition on the 25th before the month it is due and the Escrow payment on the 15th of the month it is due. **This payment will be auto-drafted from your card on file, however, you may pay by cash or check prior to the 15th and 25th.** EXAMPLE: On September 25th you are paying for October's tuition and on October 15th you're paying for October's escrow.

Payment Option #3 (Any Form of Payment)

_____ The 2021-2022 total for the year will be paid in one lump sum due one on April 28, 2021.

PAYMENT AGREEMENT

- I (We) understand the commitment that we are making as a family to the National Star's Program. We intend to participate for the entire year from April 26, 2021 to April 29, 2022. I understand that I am responsible for all payments from April 26, 2021 until April 25, 2022.
- For payment option #1 I (We) understand that each athletes parent is required to provide two credit/debit cards to remain on file. I may turn in a cash or check payment, but my card on file will be run on the 25th if no payment is made. I also understand if my credit card payment does not go through on the 25th, I will be charged a late fee of \$25. *The second card placed on file will only be debited if no other form of payment has been made by the 5th of the following month.
- For payment option #2: I (We) understand that each athletes parent is required to provide two credit/debit cards. I may turn in a cash or check payment, but my card on file will be run on the 15th (escrow) and 25th (tuition) if no payment is made. I also understand if my credit card payment does not go through on the 15th or 25th, I will be charged a late fee of \$25. *The second card placed on file will only be debited if no other form of payment has been made by the 5th of the following month.
- I (We) understand that if I am dismissed or withdraw from the program, for any reason, I will not receive a refund on ANY fees paid (including payments made in full through payment option #3, optional fees and uniform). I will not receive any items that have been ordered for my athlete and I will be charged the termination fee listed on page 6. I will also be responsible for fulfilling all fundraising items with my purchasers.
- I (We) understand that all payments are due in a timely manner. A late fee of \$25 will be charged/owed if any fees are late. If my late payment is not turned in within one week of the original due date, I understand that my athlete will then have to sit out from practice. If a payment is not made within two weeks of the original due date, my athlete will be replaced by an alternate/double teamer and my contract will be terminated. I understand all past due amounts, late fees, and termination fee will still be owned.
- I (We) understand that there is a termination fee in place in the event that we do not complete the season for any reason including voluntary withdrawal and dismissal for behavior or attendance. The termination fee owed is \$700 for allstar Prep and Elite, \$400 for Novices and \$250 for Tiny's. The credit card(s) on file will be charged first and if your credit card declines or is invalid we will then run the second card on file.

Cardholders Signature: _____ **Date:** _____



CREDIT CARD AND PAYMENT AUTHORIZATION FORM

Augusta Cheer Academy REQUIRES two credit card numbers remain on file for each athlete in the allstar program. Please list your credit card information below:

Credit/Debit Card Information

Name (As it appears on your card): _____

Credit Card Number: _____/_____/_____

Billing Address: _____ Zip Code: _____

Type of Card: _____ Security Code (3 digit number): _____

Expiration Date: _____/_____/_____

Note: We must see the card to verify all information is correct.

If you do not bring your card or if evaluations are held virtually, we will run the above card for \$5 to ensure the card is valid, if this is not your form of payment for your evaluation fee.

I understand and authorize Augusta Cheer Academy to charge my provided card as listed in the “Payment Agreement” only or unless I specify otherwise. This means that I can request Augusta Cheer Academy use my credit card for charges other than my monthly tuition and escrow if I notify them below. I also understand that my card will be charged a termination fee for reasons listed on page four. I can expect Augusta Cheer Academy to maintain my credit card information in confidentiality. I understand that it will remain in a locked file cabinet in the owner’s office.

Cardholders Signature: _____ **Date:** _____

_____ Please initial here that you understand all mandatory fees will be charged to your card on file. You may drop a cash or check payment off prior to the due date as well. If no payment is made by the due date, we will auto-draft it from your card on file.

Second Credit/Debit Card Information

Name (as it appears on your card): _____

Credit Card Number: _____/_____/_____

Billing Address: _____ Zip Code: _____

Type of Card: _____ Security Code (3 digit number): _____

Expiration Date: _____/_____/_____

I understand and authorize Augusta Cheer Academy to charge my second provided card as listed in the “Payment Agreement” section. This card will be the **LAST** option for ACA to collect money owed. I can expect Augusta Cheer Academy to maintain my bank account information in confidentiality.

Account Holders Signature: _____ **Date:** _____

★ ABSENCE INFORMATION & MANDATORY DATES

PROPER DOCUMENTATION MUST BE TURNED INTO THE FRONT DESK NO LATER THAN ONE WEEK PRIOR TO THE MISSED PRACTICE. THE ABSENCES WILL BE MARKED AS EXCUSED OR UNEXCUSED BY THE FRONT DESK STAFF AND PLACED IN YOUR ATHLETE'S FILE.

EXCUSED ABSENCE EXAMPLES:

- 1) DEATH IN THE FAMILY.
- 2) SERIOUS ILLNESS OR INJURY.
A DOCTORS NOTE MUST BE PROVIDED WITH SPECIFIC INFORMATION AS TO WHAT IS WRONG WHAT THE ATHLETE MAY OR MAY NOT DO AND WHEN THEY CAN RETURN TO PRACTICES.
- 3) GRADED SCHOOL ACTIVITIES THAT MAY NOT BE MADE UP AT ANY OTHER TIME.
A LETTER FROM THE TEACHER/SCHOOL, A PROGRAM, ETC. MUST BE PROVIDED.

UNEXCUSED ABSENCE EXAMPLES:

- 1) BEING TARDY TO THREE PRACTICES.
- 2) MISSING TWO TUMBLING CLASSES IN A MONTH WITH NO MAKEUP CLASS.
- 3) PARTICIPATION IN A SCHOOL SPORTING EVENT.
- 4) NON-CONTAGIOUS ILLNESS OR MINOR INJURIES.
ATHLETES ARE STILL EXPECTED TO SIT AT PRACTICES EVEN IF THEY CAN NOT PARTICIPATE.
- 5) HOMEWORK OR NON-GRADED SCHOOL ACTIVITIES.
- 6) FAMILY VACATIONS

May-August: 3 UNEXCUSED ABSENCES

Sept-Dec: 3 UNEXCUSED ABSENCES

January-April: 2 UNEXCUSED ABSENCES

Absences may not exceed the number provided for each monthly breakdown. Roll will be taken at the every practice and any excessive number of missed practices may result in an athlete's dismissal

We take absences seriously ! Even one athlete missing from a practice severely limits the progress of the team as a whole. Excused absences will not be excused without turning in the National Stars Absence Form.



- ALL ATHLETES WHO PARTICIPATE IN OTHER SPORTS MUST TURN IN THEIR SCHEDULES TO BOTH THEIR COACHES AND THE FRONT DESK STAFF AS SOON AS THEY RECEIVE THEM OR WE WILL NOT WORK WITH THEIR SCHEDULE.
- DURING THE COMPETITION SEASON (NOVEMBER - APRIL), ALLSTARS ARE NOT ALLOWED TO MISS PRACTICE FOR ANY REASON ONE WEEK PRIOR TO A COMPETITION OR ONE WEEK AFTER.
- PRACTICES THE WEEK OF A COMPETITION ARE MANDATORY AND AN ATHLETE MAY BE DISMISSED OR REPLACED FOR THAT COMPETITION, WITH NO REFUNDS ON FEES IF ABSENT THE WEEK OF A COMPETITION.

MANDATORY DATES

MANDATORY PRACTICES	JUNE 7-15	NCA - CLASSIC	JANUARY 29
STUNT CHOREOGRAPHY (PREP, ELITE, WORLDS)	JUNE 16-20	CHEERSPORT PRACTICE	FEBRUARY 6
WEEK PRIOR TO CHOREOGRAPHY	WEEK OF JULY 12	WEEK OF CHEERSPORT	WEEK OF FEB 14
CHOREOGRAPHY (PREP, ELITE, WORLDS)	JULY 17-24	CHEERSPORT NATIONALS	FEBRUARY 18-20
CHOREOGRAPHY (TINY & NOVICE)	SEPTEMBER 11-12	WEEK OF NCA	WEEK OF FEB 21
ADDITIONAL CHOREO (TINY & NOVICE)	OCTOBER 16-17	NCA NATIONALS	FEBRUARY 25-27
FALL SHOWCASE	OCTOBER 23-24	WEEK OF AMERICAN ROYALE	WEEK OF MARCH 7
TEAM PICTURES	NOVEMBER 7	AMERICAN ROYALE	MARCH 12-13
MANDATORY PRACTICES	NOVEMBER 15-18	WEEK OF SPIRIT SPORTS	WEEK OF MARCH 21
DRESS REHEARSALS	DECEMBER 6-9	SPIRIT SPORTS	MARCH 26-27
ACP - GATLINBURG	DECEMBER 11-12	SPRING SHOWCASE	APRIL 16
CHEERSPORT CHARLESTON	TBD	WEEK OF REGIONAL SUMMIT	WEEK OF APRIL 18
SOH PRACTICE	JANUARY 9	REGIONAL SUMMIT	APRIL 23-24
WEEK OF SPIRIT OF HOPE	WEEK OF JAN 10	U.S. FINALS	TBD
SPIRIT OF HOPE	JANUARY 15-16	WORLDS	TBD
MID-SEASON CHOREOGRAPHY	TBD	SUMMIT/D2 SUMMIT	TBD
WEEK OF NCA - CLASSIC	JANUARY 24	Refer to the competition schedule on page 26 for more details.	

SIGNATURE:

(ALL SIGNATURE AREAS MUST BE SIGNED)

PAYMENT INFORMATION

TINY TEAM: AGES 3-6 ONLY

This is our least commitment full-year, performance only team options for younger Tiny and possibly Mini aged athletes. We may have one or both of these teams depending on the number of athlete's and their overall abilities at tryout. Below is a breakdown of your total Escrow and Tuition payments for the year.

Your Escrow payment consists of a competition bow, choreography, competition fees (the fee for each athlete to compete), coaches fees (coaches pay during competitions, hotels, gas, etc.), and your athletes end of the year award. Your tuition payment covers your athlete's one hour practice, once a week. You will find a payment table listed for our Tiny teams in accordance to each payment option listed on pages 13-15.

ESCROW BREAKDOWN	
Competition Bow	\$20
Choreography & Music	\$165
Competition & Coaches Fee	\$355
End of the Year Award	\$10
TOTAL	\$550

TUITION BREAKDOWN	
Practice: One Hour	\$80/month

Tumbling is not included for Tiny athletes, however you can sign your athlete up for a tumbling class for only \$25 per month.

NOVICE:

These team option are more competitive team options for athlete's who are a little more experienced and are looking for a competitive option with an easier schedule than our regular allstar teams. Below is a breakdown of your total Escrow and Tuition payments for the year.

Your Escrow payment consists of a, competition bow, choreography, music, competition fees (the fee for each athlete to compete), coaches fees (coaches pay during competitions, hotels, gas, etc.), and your athletes end of the year award. Your tuition payment covers your athlete's three total hours of practice as well as one hour of tumbling. You will find a payment table listed for our Advance Novice teams in accordance to each payment option listed on pages 13-15.

ESCROW BREAKDOWN	
Competition Bow	\$20
Choreography & Music	\$400
Competition & Coaches Fee	\$815
End of the Year Award	\$10
TOTAL	\$1245

TUITION BREAKDOWN	
Practice: Three Hours Tumbling: One Hour	\$135 per month
Split between two practice days.	

PREP AND ELITE (LEVELS 1-4.2):

These team options are our full competition allstar teams who will attend six competitions this season. Below is a breakdown of your total Escrow and Tuition payments for the year.

Your Escrow payment consists of a competition bow, stunt choreography, routine choreography, music, competition fees (the fee for each athlete to compete), coaches fees (coaches pay during competitions, hotels, gas, etc.), as well as your athletes end of the year award. Your tuition payment covers your athlete's four total hours of practice, twice a week as well as one hour of tumbling. You will find payment tables for our Prep and Level 1-4.2 teams in accordance to each payment option listed on pages 13-15 of this packet.

ESCROW BREAKDOWN	
Competition Bow	\$30
Choreography & Music	\$615
Competition & Coaches Fee	\$1,275
TOTAL	\$1920

TUITION BREAKDOWN	
Practice: Four Hours Tumbling: One Hour	\$155 per month
Split between two practice days.	

SENIOR ELITE LEVELS 4-5:

Our Senior age Elite level 4 and 5 teams will have a slightly different competition schedule compared to our other Elite Level 1-4.2 teams. Your Escrow payment consists of practice wear, competition bow, stunt choreography, routine choreography, music, competition fees (the fee for each athlete to compete), coaches fees (coaches pay during competitions, hotels, gas, etc.).

ESCROW BREAKDOWN

Competition Bow	\$30
Choreography & Music	\$650
Competition & Coaches Fee	\$1,375
TOTAL	\$2055

TUITION BREAKDOWN

Practice: Four Hours Tumbling: One Hour	\$155 per month
Split between two practice days.	

WORLDS LEVEL 6:

Our Worlds bound Team will be Level 6 and attend three competitions throughout the season with the goal of earning a bid to Worlds in May of 2022.

Your Escrow payment consists of practice wear, competition bow, stunt choreography, routine choreography, music, competition fees (the fee for each athlete to compete), coaches fees (coaches pay during competitions, hotels, gas, etc.).

ESCROW BREAKDOWN

Competition Bow	\$20
Choreography & Music	\$305
Competition & Coaches Fee	\$730
TOTAL	\$1055

MONTHLY PAYMENT

Your full monthly payment will include your tuition and escrow combined.	\$150 per month
You will practice twice a week for 1.5 hours each practice.	

ADDITIONAL BUDGET INFORMATION:

1. SIBLING DISCOUNT

A) For Elite & Prep athletes, the first sibling will pay the full tuition amount at \$155, the next sibling(s) will pay 50% of their levels tuition (the lesser or equal amount is discounted). Both athletes will pay their full escrow payments.

B) For Novice, the first sibling will pay the full amount at \$135, the next sibling(s) will pay 50% of their levels tuition (the lesser or equal amount is discounted). Both athletes will pay their full escrow payments.

C) For Tiny Athletes, the first sibling will pay the full amount at \$80, the next sibling(s) will pay 50% of their levels tuition (the lesser or equal amount is discounted). Both athletes will pay their full escrow payments.

2. CROSSOVER/DOUBLE TEAMER: Crossover athletes will pay their first teams tuition in full and pay 50% of their second teams tuition. They will also pay the competition, coaches, music, and choreography fees associated with their second team.

3. ADDITIONAL CLASSES: Any additional classes; stretch, tumbling, jumps, etc. will cost an additional \$25 a month and stunt class will cost an additional \$40 a month. These classes will come out through automatic draft and payments will be run on the 25th of each month.

PAYMENT OPTION #1

		APR 28	MAY 25	JUNE 25	JULY 25	AUG 25	SEPT 25	OCT 25	NOV 25	DEC 25	JAN 25	FEB 25	MAR 25
TINY	Tuition	\$80	\$80	\$80	\$80	\$80	\$80	\$80	\$80	\$80	\$80	\$80	\$80
	Escrow	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$40	\$40	\$40	\$40	\$40
	Fees	A: \$50 B: \$55	C & D	E	F: \$40	---	---	---	---	---	---	---	---
	TOTAL	\$235	\$130 + D	\$130 + E	\$170	\$130	\$130	\$130	\$120	\$120	\$120	\$120	\$120
		APR 28	MAY 25	JUNE 25	JULY 25	AUG 25	SEPT 25	OCT 25	NOV 25	DEC 25	JAN 25	FEB 25	MAR 25
NOVICE	Tuition	\$135	\$135	\$135	\$135	\$135	\$135	\$135	\$135	\$135	\$135	\$135	\$135
	Escrow	\$145	\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100
	Fees	A: \$50 B: \$55	C & D	E	F: \$40	---	---	---	---	---	---	---	---
	TOTAL	\$385	\$235 + D	\$235 + E	\$275	\$235	\$235	\$235	\$235	\$235	\$235	\$235	\$235
		APR 28	MAY 25	JUNE 25	JULY 25	AUG 25	SEPT 25	OCT 25	NOV 25	DEC 25	JAN 25	FEB 25	MAR 25
PREP & ELITE	Tuition	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155
	Escrow	\$190	\$190	\$190	\$210	\$210	\$210	\$210	\$210	\$75	\$75	\$75	\$75
	Fees	A: \$50 B: \$55	C & D	E	F: \$40	---	---	---	---	G: \$50	---	---	---
	TOTAL	\$450	\$345 + D	\$345 + E	\$405	\$365	\$365	\$365	\$365	\$230 + G	\$230	\$230	\$230
		APR 28	MAY 25	JUNE 25	JULY 25	AUG 25	SEPT 25	OCT 25	NOV 25	DEC 25	JAN 25	FEB 25	MAR 25
SENIOR 4-5	Tuition	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155
	Escrow	\$210	\$210	\$210	\$225	\$225	\$225	\$225	\$225	\$75	\$75	\$75	\$75
	Fees	A: \$50 B: \$55	C & D	E	F: \$40	---	---	---	---	G: \$50	---	---	---
	TOTAL	\$470	\$365 + D	\$365 + E	\$420	\$380	\$380	\$380	\$380	\$230 + G	\$230	\$230	\$230

MANDATORY FEES

	A: REG FEE	B. PRACTICE BRA	C. USASF FEE	D: UNIFORM 1	E: UNIFORM 2	F: FUNDRAISER	G: CHOREO.
DUE DATE	April 28	May 27	June 1	June 10	July 15	August 9	January 20
WHICH ATHLETES	All Athletes	All Athletes	All Athletes	All New and Elite Athletes	All New and Elite Athletes	All Athletes	Prep & Elite
PRICE	\$50	\$55	\$30	See Page 16	See Page 16	\$40	\$50

Payment Option Number One: This option allows you to pay your Monthly Tuition and Escrow together for the upcoming month on the 25th. Please note that all extra mandatory fees are include in the chart above by letters Prep, Elite and Worlds athletes will be purchasing a new uniform this year. Novice and Expo athletes will not. You can find the corresponding letters for items in the chart to the left. As a reminder, all payments are made through auto-draft unless a payment is dropped off to the front desk in advance.

PAYMENT OPTION #2

		APR 28	MAY	JUNE	JULY	AUGUST	SEPT.	OCT.	NOV.	DEC.	JAN.	FEB.	MARCH	APRIL
TINY	15TH: E	---	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$40	\$40	\$40	\$40	\$40
	25TH: T	\$80	\$80	\$80	\$80	\$80	\$80	\$80	\$80	\$80	\$80	\$80	\$80	---
	Fees	A: \$50	B: \$55	C & D	E	F: \$40	---	---	---	---	---	---	---	---
	TOTAL	\$130	\$185	\$130 + C/D	\$130+E	\$170	\$130	\$130	\$130	\$120	\$120	\$120	\$120	\$40
		APR 28	MAY	JUNE	JULY	AUGUST	SEPT.	OCT.	NOV.	DEC.	JAN.	FEB.	MARCH	APRIL
NOVICE	15TH: E	---	\$145	\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100
	25TH: T	\$135	\$135	\$135	\$135	\$135	\$135	\$135	\$135	\$135	\$135	\$135	\$135	---
	Fees	A: \$50	B: \$55	C & D	E	F: \$40	---	---	---	---	---	---	---	---
	TOTAL	\$185	\$335	\$235 + C/D	\$235+E	\$275	\$235	\$235	\$235	\$235	\$235	\$235	\$235	\$235
		APR 28	MAY	JUNE	JULY	AUGUST	SEPT.	OCT.	NOV.	DEC.	JAN.	FEB.	MARCH	APRIL
PREP & ELITE	15TH: E	---	\$190	\$190	\$190	\$210	\$210	\$210	\$210	\$210	\$75	\$75	\$75	\$75
	25TH: T	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	---
	Fees	A: \$50	B: \$55	C & D	E	F: \$40	---	---	---	---	G: \$50	---	---	---
	TOTAL	\$205	\$400	\$345 + C/D	\$345 + E	\$405	\$365	\$365	\$365	\$365	\$230 + G	\$230	\$230	\$75
		APR 28	MAY	JUNE	JULY	AUGUST	SEPT.	OCT.	NOV.	DEC.	JAN.	FEB.	MARCH	APRIL
SR 4-5	15TH: E	---	\$210	\$210	\$210	\$225	\$225	\$225	\$225	\$225	\$75	\$75	\$75	\$75
	25TH: T	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	---
	Fees	A: \$50	B: \$55	C & D	E	F: \$40	---	---	---	---	G: \$50	---	---	---
	TOTAL	\$205	\$420	\$365 + C/D	\$365+E	\$420	\$380	\$380	\$380	\$380	\$230 + G	\$230	\$230	\$75

MANDATORY FEES

	A: REG FEE	B. PRACTICE BRA	C. USASF FEE	D: UNIFORM 1	E: UNIFORM 2	F: FUNDRAISER	G: CHOREO.
DUE DATE	April 28	May 27	June 1	June 10	July 15	August 9	January 20
WHICH ATHLETES	All Athletes	All Athletes	All Athletes	All New and Elite Athletes	All New and Elite Athletes	All Athletes	Prep & Elite
PRICE	\$50	\$55	\$30	See Page 16	See Page 16	\$40	\$50

PAYMENT OPTION TWO: This option allows you to pay your Monthly Tuition on the 25th of the month prior and your escrow on the 15th of the month. Please note that all extra mandatory fees are include in the chart above by letters Prep, Elite and Worlds athletes will be purchasing a new uniform this year. Novice and Expo athletes will not. You can find the corresponding letters for items in the chart to the left. As a reminder, all payments are made through auto-draft unless a payment is dropped off to the front desk in advance.

PAYMENT OPTION #3

		MAY	JUNE	JULY	AUGUST	SEPT.	OCT.	NOV.	DEC.	JAN.	FEB.	MARCH	APRIL	
TINY	Tuition	\$80	\$80	\$80	\$80	\$80	\$80	\$80	\$80	\$80	\$80	\$80	\$80	YEARLY TOTAL:
	Escrow Fees	\$50 A: \$50 B: \$55	\$50 C & D	\$50 E	\$50 F: \$40	\$50 ---	\$50 ---	\$50 ---	\$40 ---	\$40 ---	\$40 ---	\$40 ---	\$40 ---	
	TOTAL	\$235	\$130 + C/D	\$130 + E	\$170	\$130	\$130	\$130	\$120	\$120	\$120	\$120	\$120	
		MAY	JUNE	JULY	AUGUST	SEPT.	OCT.	NOV.	DEC.	JAN.	FEB.	MARCH	APRIL	
NOVICE	Tuition	\$135	\$135	\$135	\$135	\$135	\$135	\$135	\$135	\$135	\$135	\$135	\$135	YEARLY TOTAL
	Escrow Fees	\$145 A: \$50 B: \$55	\$100 C & D	\$100 E	\$100 F: \$40	\$100 ---	\$100 ---	\$100 ---	\$100 ---	\$100 ---	\$100 ---	\$100 ---	\$100 ---	
	TOTAL	\$385	\$235 + CD	\$235 + E	\$275	\$235	\$235	\$235	\$235	\$235	\$235	\$235	\$235	
		MAY	JUNE	JULY	AUGUST	SEPT.	OCT.	NOV.	DEC.	JAN.	FEB.	MARCH	APRIL	
PREP & ELITE	Tuition	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	YEARLY TOTAL
	Escrow Fees	\$190 A: \$50 B: \$55	\$190 C & D	\$190 E	\$210 F: \$40	\$210 ---	\$210 ---	\$210 ---	\$210 ---	\$75 G	\$75 ---	\$75 ---	\$75 ---	
	TOTAL	\$450	\$345 + C/D	\$345 + E	\$405	\$365	\$365	\$365	\$365	\$230	\$230	\$230	\$230	
		MAY	JUNE	JULY	AUGUST	SEPT.	OCT.	NOV.	DEC.	JAN.	FEB.	MARCH	APRIL	
SR 4-5	Tuition	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	\$155	YEARLY TOTAL
	Escrow Fees	\$210 A: \$50 B: \$55	\$210 C & D	\$210 E	\$225 F: \$40	\$225 ---	\$225 ---	\$225 ---	\$225 ---	\$75 G	\$75 ---	\$75 ---	\$75 ---	
	TOTAL	\$470	\$365 + C/D	\$365 + E	\$420	\$380	\$380	\$380	\$380	\$230	\$230	\$230	\$230	

MANDATORY FEES

	A: REG FEE	B. PRACTICE BRA	C. USASF FEE	D: UNIFORM 1	E: UNIFORM 2	F: FUNDRAISER	G: CHOREO.
DUE DATE	April 28	May 27	June 1	June 10	July 15	August 9	January 20
WHICH ATHLETES	All Athletes	All Athletes	All Athletes	All New and Elite Athletes	All New and Elite Athletes	All Athletes	Prep & Elite
PRICE	\$50	\$55	\$30	See Page 16	See Page 16	\$40	\$50

PAYMENT OPTION THREE: With this option you pay for the entire 2021-2022 season in one lump sum. This payment is due on May 4th. Please note the total listed under “yearly total” does not include the price of the uniform or USASF Fee. It does include all of the other fees that are due throughout the season. Refer to the chart on page 16 for all uniform pricing information.

MANDATORY ITEMS/FEEES

	MANDATORY ITEMS/FEEES							
	REGISTRATION FEE	PRACTICE WEAR TOP	USASF FEE: PAID TO USASF	CROP TOP UNIFORM	FULL TOP UNIFORM	MALE UNIFORM	GYM FUNDRAISER	MID-SEASON CHOREO.
TINY	\$50	\$55	\$30	---	\$125	\$100	\$40	---
NOVICE	\$50	\$55	\$30	---	\$125	\$100	\$40	---
PREP, ELITE & WORLDS	\$50	\$55	\$30	\$445	\$455	\$335	\$40	\$50
	APRIL 28	MAY 27	JUNE 1	JUNE 10 JULY 15	JUNE 10 JULY 15	JUNE 10 JULY 15	AUG 9	JAN. 20
ANY ITEMS LISTED IN THIS TABLE ARE CONSIDERED MANDATORY ITEMS OR FEES THAT YOU MUST PURCHASE OR PAY FOR THROUGHOUT THE SEASON. UNIFORM PAYMENTS ARE ONLY CONSIDERED MANDATORY FOR NEW ATHLETE'S AND YOU CAN FIND INDIVIDUAL UNIFORM PIECE PRICES IN THE TABLE BELOW.								

REGISTRATION FEE:

Your yearly registration fee is something that we collect not only from our allstars, but from our regular recreational classes as well. This fee helps the gym keep our records and systems updated as well as to provide our clients with the use of the most up to date cheerleading equipment in the industry.

UNIFORM:

As we head into the new season we are excited to announce that we have designed a brand new uniform for our Elite teams! The prices for a full new uniform can be found in the table below. Our Novice and Tiny teams will be keeping the same uniform for one more season. Prices for our Novice and Tiny team pieces can also be found in the table below. All athlete's will make a uniform payment on June 10 and July 15.

	UNIFORM PIECES & PRICES							
	FULL TOP UNIFORM	CROP TOP UNIFORM	MALE UNIFORM	CROP TOP ONLY	FULL TOP ONLY	MALE TOP ONLY	SHORTS OR SKIRT	MALE PANTS
TINY	\$125	---	\$100	---	\$80	\$60	\$50	\$40
NOVICE	\$125	---	\$100	---	\$80	\$60	\$50	\$40
PREP & ELITE	\$455	\$445	\$335	---	---	---	---	---
SOLSTICE DAY 2	---	\$260	\$195	---	---	---	---	---
WORLDS	---	\$275	\$210	---	---	---	---	---

FUNDRAISING FEE & INFORMATION:

The National Stars program offers several fundraising opportunities throughout the year. You can find all of these dates on our calendar, shown on the last page. We will do one mandatory fundraiser that will benefit both the gym and your allstar account. The first \$40 of your fundraising will go towards ACA itself to help with the cost of new equipment throughout the season. If you do not wish to participate, you may simply pay the \$40 fee.

NOTE: If the money for your required fundraiser is not turned in on time, the card that you have on file will be charged for the amount owed plus a \$5 card fee.

USASF ATHLETE MEMBERSHIP FEE:

All allstar cheerleaders are required to be members of the U.S. All Star Federation. This \$30 fee will be paid directly to USASF and creates Official Event Rosters for teams that include a listing of team members, their Athlete ID numbers, birth-dates and confirmed ages. Programs submit USASF Official Event Rosters to event producers at event check-in, instantly confirming athletes ages. It is consistent with standard practices of youth sports organizations and is secure.

MID-SEASON CHOREOGRAPHY FEE: ELITE TEAMS

In past seasons we have had our choreographer come back in January to take a look at our routines and help touch up and edit anything that needed a little work before we headed into the second half of the season. While it is possible that we may not do this, we do want to go ahead and have the date and fee listed. If Tom does not come during the dates listed, we will most likely move this later into the season to prepare for Summit.

ADDITIONAL OR EXTRA ALLSTAR ITEMS

PRACTICE WEAR:

This season you will purchase a practice top for your athlete, with the option to add shorts or a flutter skirt to your order. You can find more details on your athletes full practice wear each week in Section Three on page 21.

Your \$55 practice wear fee will be due to the front desk on Thursday, May 27th.

SHOES:

Tiny and Novice athletes will be able to purchase any white cheer shoe of their choosing. New this season, Prep, Elite and Worlds athletes will be purchasing any **black shoe** of their choosing. All athletes can be sized for shoes during their virtual practice wear sizing, and can order the Varsity competition “Ascend” shoe that we will be offering, through the front desk.

If you would like to order the Varsity Ascend, \$100 will be due to the front desk on May 27th.

COMPETITION BOW:

Our allstars will wear a competition bow in their hair at each competition. These bows are not to be worn during regular practices. They are meant for competitions and performances only.

If you would like to order an extra competition bow for your athlete, you may do so through the front desk on May 27th: Tiny (\$20), Novice (\$20), Worlds (\$20), Prep and Elite (\$30).

WARM-UP JACKET AND/OR JERSEY:

In the past this has been a required item for purchase. This year we are making this an optional item. You will however be required to have some form of an item to wear to and from competitions. This is part of Varsity’s policy at each competition in order to ensure athlete’s keep an appropriate and modest appearance to and from arenas.

Please note that the jacket must stay as is, no monogramming can be done to any part of the jacket, including but not limited to the collar, sleeve, breast area, etc. Your athletes name may be written on the inside tag for identification purposes.

NATIONAL STARS OPTIONAL GEAR:

NATIONAL STARS GEAR									
	YOUTH BACKPACK	SLING BACKPACK	RED OR BLACK BACKPACK	EXTRA PRACTICE WEAR	SHOES	WARM-UP JACKET	NATIONAL STARS JERSEY	NATIONAL STARS GEAR: T-SHIRTS, HOODIES, SWEATSHIRTS, ETC.	
	ALL STARS	\$95	\$95	\$115	Various	\$100	\$110/ \$125	\$90	\$25-\$60
	MAY 12	MAY 12	MAY 12	MAY 27	MAY 27	AUGUST 12	AUGUST 12	OCTOBER 11-25	
LOOKING FOR SOMETHING TO WEAR TO COMPETITIONS OR NATIONAL STARS THEMED GIFTS FOR YOUR ATHLETE? IF SO, WE HAVE YOU COVERED. ITEMS LISTED INCLUDE TAX AND SHIPPING PRICES. THIS IS NOT A FULLY COMPREHENSIVE LIST OF ITEMS THAT MAY BE LISTED THROUGHOUT THE SEASON.									

SPONSORSHIP:

Competitive cheerleading can be costly and sponsorships are a great way to ease these costs. This is a great opportunity for grandparents, family friends, business owners, etc. to help support your athlete. Sponsors can donate as much or as little as they want and any sponsorship you receive will go straight to your athlete's account. We have forms that you can pick up from the front desk or print off of the website.

PROGRAM COMMITMENT

MAKE THE NATIONAL STARS A PRIORITY:

When joining the National Stars Program, we would like everyone to remember that you agree to make us a priority within your athlete's life and schedule. We know that our athletes take part in many other activities both within school and outside of it. We do our best to work with everyone's schedules, but we expect you to work with ours as well.

Any practice that is missed hinders the progress of the entire team. We need every team member present to practice effectively. We expect all athletes to attend all scheduled practices and have provided you with extra practice days for the season as well. You will find more information on practices within the next section of the packet.

- **Tardiness:** Arriving 15 minutes late to practice or competition.
- **Absences:** Missing a practice completely or leaving early from practice or competition.
- If you are going to be five minutes late, you must call the front desk or contact your coach directly.
- If you need to leave early from practice, please let your coach know at least three days in advance.

VACATION & HOLIDAY CLOSINGS:

Throughout the year, we follow the Columbia Country School schedule pretty closely, with the exception of a few days. Please do not ever assume we are closed; instead, you can refer to the calendar on the last page for all of our important dates throughout the season.

Because we have so many vacation absences throughout the summertime, we will be closed for an entire week for the 4th of July. This gives you time to take any major vacation to avoid running over your absences for the summer. Please take advantage of these days off, July 3-10. If you have any summer vacations already scheduled, please go ahead and fill out an absence form to turn into the front desk. These may also be emailed in.

DO NOT USE CHEER AS A REWARD/PUNISHMENT:

We understand you know what is best for your child, and we value your authority. However, once you are a part of the National Stars program, you are committed for the entire season. When athletes are pulled from practices or competitions as punishment for something done outside of the gym, a severe disservice is done to the other members of their team. It is unfair to the team, the coaches, and the other parents who also pay for their child to be a part of this Program. The absence of even one athlete can hurt an entire practice.

We understand school is vital. However, pulling your child from any required activity within the gym as punishment for bad grades will not be tolerated. Please understand when signing up for our program, school is to be managed along with practices. As a reminder, if you make any threat to pull your child from the Program, we reserve the right to dismiss your athlete from our Program immediately. Please refer to page 6 for full details on our rules, codes of conduct, and termination policy.

NATIONAL STARS PRACTICES

PRACTICES AND TUMBLING CLASSES:

After tryouts we will have two weeks of level appropriate training sessions, with the first full team practices starting Monday, May 24th. Elite Teams will practice twice a week for two hours each practice. Our Novice and Worlds teams will practice twice a week for an hour and a half each practice. Tiny/Mini Novice teams will practice once a week for one hour. The practice days and times will be sent by email once the squads have been formed.

1) EXTRA PRACTICES: Extra practices can be called at any time. The majority of extra practices will take place during competition season (November-April). Extra practice can be scheduled due to an athlete's illnesses, injuries, a teammate that has been replaced, or simply at the coach's discretion. We try not to limit the number of extra practices within a season, BUT situations do arise where we have no choice but to schedule them. Please note some additional practices are listed in the calendar provided in this packet; for these dates, refer to page 28.

*** If we schedule an extra practice for any significant incident, the Friday before the competition, you are still REQUIRED to attend.** We understand some of you may plan to travel the night before, but you will have to wait to leave until after the scheduled practice if we have no other choice. Once again, it is vital to have every team member at these practices, to ensure an efficient and effective practice.

2) SCHEDULED EXTENDED PRACTICES: Please note that a coach may choose to extend the time of a team's practice. This can be done for one practice to allow them to get certain things accomplished for a deadline, such as choreography or a competition. This may also be done for several practices in a row if necessary. Please keep in mind this is only done if a team needs the extra time within the gym, and we ask that you respect that and work with us.

3) PRACTICES BEFORE & AFTER COMPETITIONS: All practices that are both the week of competition and the week after are mandatory, whether it is a planned or unplanned practice. If your athlete misses any mandatory practice before a competition for any reason, they may be replaced for that competition. Suppose they miss the week after a competition when changes are made based on the score sheets. In that case, our coaches reserve the right to replace your athlete if necessary.

4) PRACTICES RUNNING PAST DISMISSAL TIME: Please note that a coach may unintentionally run a practice past its regularly scheduled time. If this happens, it will not run any longer than 15 minutes past the scheduled time. This is not a regular occurrence throughout the season but may happen around competition time.

5) TUMBLING CLASSES: In addition to team practices, each allstar athlete (excluding Tiny, Mini Novice athletes) is required to attend one tumbling class per week to improve their tumbling skills, which are necessary for each routine. Tumbling classes are mandatory. Missing tumbling classes ultimately hurts not

only the athlete but their team as well. If more than two tumbling classes are missed per month without attending a make-up class, it will be counted as an unexcused absence. If you have used all of your unexcused absences, you may be dismissed from the squad.

After evaluations, we will send out a schedule of practices and tumbling classes for the season. Like last season, we will be sticking with open tumbling classes Monday-Thursday and on Sunday. However, we will be splitting these classes into different levels each day and offering two classes to athletes each week. You will only be required to attend only one.

If your athlete would like to take any additional tumbling class, the second class will cost an additional \$25, which will come out through automatic draft on the 25th of each month.

GUIDELINES FOR PRACTICES:

- 1) Athletes must be on time and ready to go (shoes on, hair up, etc.) before the start of practice.
- 2) Athletes are expected to follow the dress code outlined on the next page.
- 3) Athletes are expected to wear their shoes and practice wear throughout the entire practice.
- 4) Athletes must place all cell phones in a bucket at the front of the floor. They must turn cell phones off before practice begins. If a cell phone is on during practice, it will be taken and picked up from the desk following practice. If this happens three times, his/her cell phone will no longer be allowed.
- 5) No eating or drinking on the gym floor. Small snacks are allowed during water breaks in the cubby area. Please refrain from bringing fast food and entire meals into the gym.
- 6) Do not bring valuables into the gym. We are not responsible for any items left unattended.

PRACTICE BREAKDOWN: PHASES OF THE SEASON

1) 1) The first phase (May – July): We will thoroughly evaluate all athletes to ensure they have been placed on the appropriate team for their skill level. Once our teams are formed, we will begin preparing for choreography.* Phase 1 forms the groundwork upon which the rest of the season will be built.

The team will learn about one another, gain confidence in their abilities and adjust to working collectively. Every team member will experiment with different positions within several stunt groups as we work to figure out what will work best for every athlete and the betterment of the team. The best athlete is one that can perform any position that we ask of them. No one is guaranteed to fly, base or backspot.

We will push every athlete on their tumbling and work to learn new skills and perfect technique on skills they have already mastered. Conditioning is emphasized during this phase to avoid injuries and prepare the team for the “full-out” routines they will begin to run in phase two. The coaches will use this time to determine the team’s strengths and weaknesses and start planning not only for choreography but also for the competition season.

*** Once we have selected our teams, coaches will evaluate each athlete’s level during the months leading up to choreography. We will not make a final decision on each team’s levels or your athlete’s placement until this time.**

2) The second phase (August – November): During this second phase, we work with the teams as they continue to improve, finalize and perfect the routines they learned throughout choreography. Team bonding is very important during this time, the Team Mom will plan events outside of the gym so they can continue to grow as a team. Tumbling and conditioning are still a significant part of every practice as we begin running the routine by sections, working our way to full-out routines. Our goal is to keep everything the choreographer has given us; however, small revisions will be made throughout this phase of the season.

3) The third phase (December – April): This is where every athlete’s hard work will pay off. We begin with our first competition. After each competition, some revisions may be required to fulfill specific rules required by the organizers of a competition or because of a judge’s recommendation given to us from the score sheets.

All changes to the routines will be made carefully and practiced repetitively. Teams will continue running routines full-out to stay conditioned throughout the competition season.

DRESS CODES FOR PRACTICES:

- 1) The practice uniform will consist of wearing any National Stars gear or black on black to practices. Once received, you will wear your Varsity practice outfit to the first practice of the week and your National Stars gear or black on black to the week's second practice (excluding Tiny and Mini Novices who practice once a week).
- 2) The Varsity practice wear will consist of a sports bra purchased through Varsity and bottoms of your choice. Black capris may be worn in the wintertime, and we will send an email out when we are transitioning to capris from shorts.
- 3) Please understand we request that athletes follow these guidelines so that the team is easier to watch as a whole during practice. Suppose we see any athlete repeatedly not wearing the correct practice wear. In that case, we will contact you, the parent, about the issue.
- 4) Maintain a well-groomed appearance and good hygiene at all times.
- 5) All athletes hair must be kept out of their face. Hair should be up high in a ponytail. Athletes are not required to but may wear any red, black, or white bow of their choosing.
- 6) Nails must be kept at their fingertips to avoid scratching other athletes while stunting.
- 7) No jewelry is allowed except for small stud earrings.

VIEWING PRACTICES:

National Stars practices are closed to the parents; however, coaches will do their best to post videos regularly for parents to see each team's progress. It is imperative that each athlete remain focused on the coach and training during each practice and not be distracted by a family member's attendance. Coaches must be the sole authority during team practices because they are responsible for each team's safety. Safety is our primary concern, and even one athlete becoming distracted could affect the team in a harmful manner. If a coach feels their squad is not paying attention, the coach may request any visitors leave the viewing area.

During the competitive season (November-April), the coaches may encourage the parents to come into the gym to view the last few minutes of practice and watch a team's performance. You will be asked to go in by your athlete or coach when it is allowed. When parents do not view practices throughout the year and wait until November-April, we find that our athletes shine because they want to impress you! It is exciting for them to show you how hard they have been working, which has less of an impact if you are frequently viewing a practice.

INJURED ATHLETES:

It is unfortunate, but we do have athletes that sustain injuries throughout the season. Most injuries are minor, and if they are injured, no matter the severity, they are still required to attend all practices. Why? Injured athletes can observe the routines, see any changes made, listen to the coach's instructions, help teach their replacement and cheer on their teammates. Their attendance and support is always needed even if they cannot physically participate. You will continue to pay your athletes monthly tuition and escrow fees during the time of their injury as a new athlete steps in to take their place on the team.

Suppose an athlete is injured and cannot compete at a scheduled competition. In that case, a refund will not be given because a replacement will have to be filled into the injured athletes spot. Please understand the team was built around everyone on the team. The team cannot do without any members. A replacement will go in for as long as the athlete is injured. If the injured athletes team wins a jacket, the injured athlete may pay to receive a jacket. The replacement athlete will have priority to the jacket because they competed with the squad during the competition in which it was earned.

An injured athlete will not simply go back in the routine after they are released from the doctor; this decision will be dependent on several factors, including but not limited to:

- 1) The length of time until the next competition.
- 2) If they can physically participate to the best of their abilities during any practice the week of a competition.
- 3) The athletes ability to go back into a routine at the level they left it.

Please keep in mind that changes may have to be made to fix any injured athlete's position, so it may take more than a week to put the athlete back into the routine. An athlete will not be put back in a routine the week of competition. Rachel and the coach will make all final decisions regarding an athlete's placement back into a routine after an injury.

WEEKEND AND HOLIDAY PRACTICES:

Some practices that take place on Sundays or Mondays may fall on a holiday. If this is the case with your athletes practice, do not assume that they will not have practice. Please refer to the allstar calendar within the packet to see the full list of holiday closings for the gym. Practice attendance the week before any major holiday will be considered mandatory. For example all practices June 28-July 2 will be mandatory as this is the week before we are closed for The Fourth of July. Please refer to the calendar on page 29 for our full listing of Holiday closings.

COMMUNICATION

CHAIN OF COMMUNICATION:

Parents should take any questions, concerns, or problems regarding your athletes' team, practice schedule, competition schedule, etc., to the Team Mom's first. Many of these concerns can be addressed and solved by the Team Mom so that the coaching staff can focus on any more significant issues that may need to be addressed. If the Team Mom cannot be of assistance, then the Head Coach is the second person in your communication line. We also provide parents a chance to meet with coaches monthly; please refer to the "Monthly Meetings" section for further details. If you feel that talking with your Head Coach will not resolve the situation, please do not hesitate to call the front desk and set up a meeting with Rachel.

TEAM MOM:

The Team Mom will be the first person you go to with any simple questions you may have about your athletes team, practice schedule, competition schedule, etc. If the Team Mom feels that she can not correctly answer your question or should not be in charge of handling the situation, she will direct you to your teams Head Coach.

The Team Mom will also be responsible for ensuring that you receive any necessary updates from the coaches throughout the season. We will have a Facebook group for each team that both the team mom and coaches will update you on. This forum will not be used for personal questions to the Team Mom or coaches but questions that other parents may find informative. On the day of competition, the Team Mom will use the Band App to communicate important information promptly. We will send out the individual team Band information closer to the competition season.

DIRECTOR OF COMMUNICATION:

Meredith Dailey, who has served as both an allstar coach and Assistant Program Director within the gym, will once again serve as our Director of Communications, a position she has held for five seasons. Meredith sends out all of the gym's important information through emails, newsletters, social media posts, etc. She is also in charge of managing the website, creating travel packets, and various projects within the gym. Meredith does not live in the Augusta area. Still, you will see her in and out of the gym throughout the season and competitions.

ALLSTAR ACCOUNTS MANAGER:

Heather Bolen will once again be serving as the Allstar Accounts Manager. Heather has been with the National Stars program for six years as part of our front desk staff. She has been an office manager for over ten years. She is well qualified to keep accounts and all business matters organized and up to date. Heather will also be serving at the head of fundraising and will be available to answer any fundraising questions you have throughout the season.

ALLSTAR COORDINATOR:

Laura Ashley Ross will once again be serving as our Allstar Coordinator this season. Along with coaching, LA also works behind the scenes to keep details organized throughout the competition season. LA is in charge of

ordering practice wear/uniforms, helping out with USASF, registering teams for competitions, setting up “Stay Smart” hotel information and other organizational details. LA also manages the recreational tumbling schedules throughout the season.

EMAIL COMMUNICATION:

Organization is an essential aspect of our Program. The primary source of communication will be through your e-mail. Please make sure you provide us with the e-mail you check daily. We encourage our athletes to put an e-mail address on file and allow them to stay up-to-date. Timely and accurate communication between coaches and parents/cheerleaders is crucial to us. The e-mails you receive throughout the season will be coming from our e-mail account allstars@augustacheeracademy.com as well as through MailChimp. Please make sure you add this address to your contacts and do not choose to unsubscribe at any time.

PARENT/COACH MEETINGS:

Throughout the season, we offer an open door system at the end of practices to allow parents to come in and meet with their athlete’s coaches. You will be able to set up an end-of-practice appointment for the first week of every month. Starting in June, I will send out information on setting up a meeting with your athlete’s coach. This will be an optional time for you to come into the gym and hear what your athlete is doing well on and what they need to be working on throughout the season. Depending on teams extended and extra practices during the competition season, meeting schedules may vary, but our coaches will always be available to talk with you.

THE BAND APP:

When your child has been placed on a team, we will send out information to join your team’s Band groups. We know most of you are familiar with this app as many of the competition companies now use it to communicate throughout their events. We will use this for small and timely reminders or announcements. On the day of the competition, the Team Mom will use your group to communicate important information about meeting times and places or any changes in the schedule.

TEAM FACEBOOK PAGES:

Once teams have been formed, we will be setting up a closed, private Facebook group for each team. The information for each group will be emailed out once they have been set up. This group will be utilized by the coaches and team moms to keep you updated on practice times and what is happening in practices as each team progresses. The Facebook group will also be a forum for you as parents to post and ask questions or post your pictures and videos of the team for other parents to see. Please note that if you have a specific issue with your coaches, this will not be the forum to contact them. You will have each coach’s individual information and can contact them directly.

NATIONAL STARS PRIVATE FACEBOOK PAGE:

Once your athlete has been placed on an allstar team, we ask that you please become a member of our private page. This is the page where we post pertinent information throughout the season to keep you as updated as possible—Augusta Cheer Academy “National Stars” (OFFICIAL PAGE). If you have asked to be accepted to the Facebook page and have not yet been approved, email allstars@augustacheeracademy.com so we can add you.

WEEKLY NEWSLETTER:

Every Sunday (excluding Holiday weekends and competition weekends), Meredith will send out a weekly newsletter that has all of the information you’ll need for the week ahead. Whether it’s a friendly reminder about an upcoming payment, important dates in the coming weeks, or simply a shout out to teams on a job well done, it will have all of the information you need to get your week started off right! The newsletter will be sent in the form of an email from allstars@augustacheeracademy.com.

PROGRAM RULES/GUIDELINES

ATHLETE DISMISSAL:

Athletes may be dismissed from the team, practice, or competition at any time if they or their parent(s) are obstructing a team's progress in any way. Threats implied to leave, quit, not attend a competition or anything that might hurt the team may cause immediate dismissal with no refund given. **Practices are mandatory the week of competition and the week after, whether these practices are planned or unplanned.** Suppose an athlete misses practice the week of competition. In that case, that athlete can be replaced for that competition with no refund given. Team commitment is critical, and a missing athlete is disruptive to the team and will not be tolerated.

GENERAL RULES FOR ALL:

Good sportsmanship, polite manners, and a kind disposition are expected at all practices and competitions. Our program prides itself on setting a high standard of conduct. Help us maintain this standard:

- 1) No gossip about
 - A) Any other allstar program or school teams.
 - B) Any child or parent on your team or another team.
 - C) Any coaches and staff.
- 2) No profanity or abusive language.
- 3) You must arrive at all practices, competitions or any scheduled event on time.
- 4) During practices, all decisions are left to the discretion of the coaches and the chain of communication should be followed if there are any questions or issues regarding decisions being made.
- 5) No negative comments should be on Facebook, Twitter, websites, blogs, or group chats. As a representative of the gym, any post made that includes the ACA name, National Stars name, logo, or any imagery of the uniform and practice wear in any light, positive or negative, is forbidden without express permission. **EXAMPLE: A TikTok video with inappropriate language or content in the music while your athlete is in their practice wear.**
- 6) No one is allowed to post National Stars music, choreography, routines, stunts etc., on any website until the competition season has come to an end and Meredith has given permission.
- 7) Practices are subject to change, and you are expected to adjust your schedule accordingly.
- 8) All cheerleaders and family members are expected to show good sportsmanship at all times.
- 9) Every team will be required to watch other National Stars teams at competitions. We would love to have everyone there for all teams, but at the very least, you are required to watch your assigned teams.
- 10) Parents, relatives, friends, and cheerleaders are never allowed to speak with competition officials for any reason.
- 11) If a problem arises between you and another parent or your athlete and another athlete, we expect everyone to act appropriately. No one should approach another parent or child directly, but instead follow the chain of command so it can be addressed with all parties involved during a meeting with your coach and/or Rachel.
- 12) Remember that the team is first and the individual is second.

PARENT RULES:

As parents, you all want the very best for your children, and we understand that. As parents of our athletes, we ask for 100% support from you at all times. Please remember that children can often misunderstand situations; therefore, please feel free to contact us for an open discussion if any questions arise. In competitive cheerleading, as in any other competitive sport, parents may gossip or inadvertently coach their athlete in a way that affects their athlete and team as a whole. Our main goal is to encourage our athletes to have fun while working hard. Our coaching staff will reinforce the support and encouragement that we ask you to provide to your child as he/she works toward achieving their individual and team goals. Please understand that to provide the safest and best training atmosphere for your child; we respectfully ask your support in the following areas:

- 1) If you ever have a problem with anything, please do not hesitate to contact the gym. We are here for you.
- 2) If you have any questions or concerns that need immediate attention, please use the following chain of command:

- A) Team Mom
- B) Head Coach
- C) Rachel

- 3) Only athletes and coaches are allowed in the gym during practice and tumbling times.
- 4) It is the parent's responsibility to know what is going on with your child's team. Please check the private Facebook page and/or your email every day. Meredith works hard to provide everything you need to know throughout the season, and no one should ever be uninformed.
- 5) While we want our allstars to use the gym as much as possible, no child should be dropped off at the gym to do any form of unsupervised work.
- 6) Withholding a child from practice or competition should never be used as a form of punishment.
- 7) Parents are not allowed to claim representation for the National Stars Program at any time concerning accommodations, competitions or any other situation.

ATHLETE RULES:

As a National Stars athlete, we expect you to uphold each of these rules because you are the face of the National Stars Program. We want you to be proud to be a part of the most successful gym in our area. You are the reason we are as successful as we are. Your time within our National Stars family will be rewarded with your hard work and teamwork. Please follow these rules to ensure your success this season.

- 1) It is mandatory to wear the appropriate practice wear to every practice.
- 2) No profanity, disrespect, or back talking will be tolerated. You will respect your coaches, the ACA Staff, and your teammates.
- 3) Stay on top of any information sent out. You may set up your e-mail to be active to stay informed.
- 4) Cell phones are to be turned off at the beginning of practices and tumbling classes. If this becomes a problem, we will take these items and have your parents pick them up.
- 5) Balancing schoolwork and allstar practice is your responsibility when joining this Program. Homework is not an excuse for missing practice.
- 6) Please remember you have committed for the entire year. We will work with you as best as possible on your other activities outside of the National Stars. However, please communicate with us at least a month in advance for any major events.
- 7) Your body needs to be in top physical shape. Please take care of your body outside of the gym by eating healthy, continuing to exercise, and managing other sports and activities responsibly on your time off.
- 8) We will continue to be the most positive and supportive gym within the CSRA. Good sportsmanship is a must inside and outside of our Program. Nothing else will be tolerated. Be respectful and supportive to all other gyms, at competitions, and to any official.
- 9) Remember it is team-first, individual second. Put trust in your coaches because we know what is best for the team.

COMPETITION DETAILS

FALL & SPRING SHOWCASE:

Like last season, we will be hosting a Fall and Spring Showcase to raise money for the gym and allow athletes to showcase their routines locally. Our Elite, Prep and Novice teams will perform at the fall showcase on October 23-24, 2021 and our Tiny/Mini Novice, and Half Year teams will perform at our Spring Showcase on April 16, 2022. Each athlete will receive a certain number of complimentary tickets. Additional pricing, details and schedules will be released closer to these events.

TENTATIVE SCHEDULE:

Please note that this schedule is not the final schedule, only a tentative one. These dates, locations, and competitions are subject to change throughout the season. We will send out the final schedule to you in the fall once all of the competition dates and locations have been finalized by the competition companies. Please look carefully at the dates, places, and teams attending.



2021-2022 COMPETITION SCHEDULE

COMPETITION/EVENT INFORMATION	TINYS	NOVICE	PREP & ELITE LEVEL 1-4.2	SENIOR LEVEL 4-5	WORLDS LEVEL 6
FALL SHOWCASE: Augusta, GA - October 23-24, 2021		★	★	★	★
AMERICAN CHEER POWER: Gatlinburg, TN - Dec. 11-12, 2021			★	★	
CHEERSPORT GRAND: Charleston, SC - Date, TBD		★			
SPIRIT OF HOPE: Charlotte, NC - January 15-16 2022			★	★	★
NCA - CLASSIC: Atlanta, GA - January 29, 2022	★	★			
CHEERSPORT NATIONALS: Atlanta, GA - Feb. 18-20, 2022		★	★	★	★
NCA NATIONALS: Dallas, TX - February 25-27, 2022				★	★
AMERICAN ROYALE: Cartersville, GA - March 12-13, 2022	★	★	★		
SPIRIT SPORTS: Myrtle Beach, SC - March 26-27, 2022		★	★	★	
SPRING SHOWCASE: Augusta, GA - April 16, 2022	★				
REGIONAL SUMMIT: Atlanta, GA - April 23-24, 2022			★	★	
U.S. FINALS: TBD Date and Location		★			
THE CHEERLEADING WORLDS: Orlando, FL - TBD					★
SUMMIT OR D2 SUMMIT: Orlando, FL - TBD			★	★	
2022-2023 EVALUATIONS - April 29-30	★	★	★	★	★
PLEASE NOTE OUR SHOWCASES AND BBQ ARE CONSIDERED MANDATORY EVENTS FOR ALL ATHLETE'S WITHIN OUR PROGRAM. THESE WILL BE FUN BONDING EVENTS FOR OUR TEAMS AND THEIR FAMILIES AS WELL AS A CHANCE TO SHOWCASE EACH TEAMS SUCCESSES THROUGHOUT THE SEASON.					

STUNT CHOREOGRAPHY: PREP & ELITE

Stunt choreography will take place June 16-20 for our Prep and Elite teams. The week of practices before stunt choreography and choreography itself are considered mandatory. Our routine choreographer, Tom Stec will once again be coming in to do both stunt and routine choreography for all Prep and Elite teams. You can find more information on Tom below.

ROUTINE CHOREOGRAPHY

1) Prep and Elite Teams: Routine choreography is considered mandatory and will be held July 17-24 with choreography Tom Stec. Mid-season we will once again set aside a weekend to edit and update our routines following Spirit of Hope and heading into Cheersport Nationals. Tom does not know his competition schedule for next season yet so this date is currently TBD.

With a career spanning over 20 years in the All Star Cheerleading industry, Tom is the owner and founder of StecEffect Choreography. His experience incorporates a background as an athlete and coach, and reflects an extensive knowledge and understanding of a constantly evolving industry. Not only is he a sought after choreographer, but he spends many weekends throughout the competition season judging for premier event producers. He also serves as the All Star Director and coach at one of Maryland Twisters satellite locations. Tom is best known for sharp technique and seamless transitions.

Note: Exact times for each team will be emailed out during the summer. Choreography will be closed to all parents, friends and family members. The week prior to choreography and the week following choreography will also be mandatory in order to ensure every athlete remembers and understands their routine.

2) Tiny and Novice Teams: These teams will learn their choreography a little later in the season because they are newer to competitive cheerleading and we want to give them a little more time to prepare. This gives the coaches the time to fully develop a teams skills before putting a routine into motion. These teams will have choreography September 11-12 and October 16-17.

Note: Exact times for each team will be emailed out closer to that time. Choreography will be closed to all parents, friends and family members. The week prior to choreography and the week following choreography will also be mandatory to ensure every athlete remembers and understands their routine.

TRAVEL & "STAY SMART" BOOKING:

- 1) All athletes must book their hotel accommodations through the "Stay Smart" system for Spirit of Hope, Cheersport Nationals, and American Royale. Please note this list may change once final season details are released. 20-21 season, hotels were about \$170 per night. You will make payments directly through the booking page provided by the competition companies. If Stay Smart booking is not required from a competition, you are free to stay at a hotel of your choosing. We do ask it be within a reasonable distance of the competition arena.
- 2) Your method of traveling to each competition is up to each family. Most drive different vehicles, but some families like to ride together. Please note we will have Friday practice at the Georgia World Congress Center for Cheersport Nationals. Traffic is always very congested on the way and in Atlanta, so we ask that you plan accordingly and suggest taking a half-day from work if possible.
- 3) There must be a parent in every athlete's room, no exceptions.
- 4) No swimming 12 hours before an athlete's performance.
- 5) Each cheerleader must have a chaperon at every competition. It is not your coach, Team Mom, or the National Stars staff's responsibility to be your child's chaperon.
- 6) If and when in-person awards are brought back, every athlete is required to attend their team's award ceremony, which can be very late in the evening.

TRAVEL PACKETS:

This season competition companies were very delayed in getting information out, due to the ever changing rules and regulations due to Covid. We always do our best to ensure you get your teams schedule and packet as soon as the times have been finalized and released. The travel packet will contain all of the vital information necessary for each competition. You are responsible for reading through the packet and having it on you the day of a competition. All packets are sent through a Dropbox link to allow for changes to be made easily if changes occur.

SUPPORTING ONE ANOTHER:

Should competitions transition back to allowing spectators to move in out of arenas more easily, other teams will again be expected to cheer and support each other. Depending on the time a team is scheduled to meet, enter warm-ups, or compete, not all teams will be able to watch. Meredith will lay out specified teams in the travel packet e-mailed out the week of the competition. If a team cannot watch another team because of their schedule, the parents may be required to support in their absence. Our teams compete more successfully when each squad knows that they have a great support system in place and cheering just for them.

RECEIVING & ACCEPTING BIDS:

Throughout the season, we attend competitions that we feel our teams will have the most success earning a bid to The Summit/D2 Summit in Orlando, FL. Bids to The Summit, both Paid, and At-Large, shall be awarded at the sole discretion of each Varsity Brand Event Producer. The Summit is a live competition held in May 2022 where teams will face off at the Walt Disney World Resort in Orlando, FL. While set guidelines are considered when awarding bids, ultimately, Brands may award bids to whomever they choose.

Mini and Youth, Elite level teams, will have a chance at earning bids to The Regional Summit in April. Regional Summit is a great opportunity for age groups who are not allowed to attend The D2 Summit. Novice will also have the chance to receive bids to The U.S. Finals throughout the season, which offers various competition locations and dates.

It will be under Rachel's discretion if the team(s) that win a bid to any of the eligible competitions will participate. There are several factors we take into consideration when deciding to attend. We need you to understand that these all come with additional financial expenses and are highly competitive competitions. It is an outstanding opportunity and a privilege to win this bid in itself.

MISCELLANEOUS ITEMS

LOGO & TEAM NAME USAGE:

Parents and athletes may not reproduce any form of the Augusta Cheer Academy and National Stars logos, gym and Program names, team names, etc. in any form or fashion. The Staff at ACA are the only ones permitted to design and/or sell t-shirts, magnets, bags, etc. Any item made using the ACA name and logo, the National Stars name and logo, the Team Names, music quotes, etc., will not be allowed. If you have any questions regarding this, you may contact Meredith or Rachel for further information.

SOCIAL MEDIA POLICY:

Athletes are not allowed to create any social media accounts that use their team's name, the gym or Program name, etc., without express permission from Meredith. This includes but is not limited to; Instagram, TikTok, Snapchat, Facebook, Twitter, etc. Athlete's are expected to follow the gym rules and guidelines showing sports-manship, manners and respect in any posts that are made when tagging the gym's location, wearing any National Stars or ACA clothing items, or posting content that is clearly within the gym.

PROFESSIONAL PICTURES:

Branch Carter will be taking our team and individual pictures again this season. Please mark your calendars for Sunday, November 7th. All athletes will be required to attend. It will be your option to buy the packages that will be available, including buttons to wear to the competitions.

APRIL

APRIL 25	TEAM PLACEMENT EMAILS SENT
APRIL 28	FIRST PAYMENT DUE

MAY

MAY 3-12	PRACTICES BEGIN BY LEVELS
MAY 12	BOOK BAG ORDER DUE
MAY 13-15	D2 SUMMIT 2021
MAY 16-22	GYM CLOSED: ADMIN WORK WEEK
MAY 24	FIRST FULL TEAM PRACTICES BEGIN
MAY 24	FIRST FUNDRAISER BEGINS (TBD)
MAY 27	PRACTICE WEAR, SHOES AND EXTRAS DUE
MAY 29-31	CLOSED FOR MEMORIAL DAY

JUNE

JUNE 1	USASF REGISTRATION BEGINS
JUNE 7-15	MANDATORY PRACTICES
JUNE 10	FIRST UNIFORM PAYMENT DUE
JUNE 17	FUNDRAISER ONE DUE
JUNE 16-20	STUNT CHOREOGRAPHY (PREP, ELITE, WORLDS)

JULY

JULY 3-10	GYM CLOSED FOR 4TH OF JULY
JULY 11	GYM RE-OPENS
WEEK OF JULY 12	PRACTICES MANDATORY
JULY 15	UNIFORM FEE DUE
JULY 19	GYM FUNDRAISER BEGINS
JULY 17-24	ROUTINE CHOREOGRAPHY (PREP, ELITE, WORLDS)

AUGUST

AUGUST 9	GYM FUNDRAISER DUE (\$40)
AUGUST 12	JACKET OR JERSEY ORDER DUE

SEPTEMBER

SEPTEMBER 4-6	GYM CLOSED FOR LABOR DAY
SEPTEMBER 11-12	CHOREOGRAPHY FOR TINY & NOVICE
SEPTEMBER 12	USASF REGISTRATION HELP

OCTOBER

OCTOBER 11-12	GYM STILL OPEN DESPITE FALL BREAK
OCTOBER 11-25	ORDER NATIONAL STARS GEAR
OCTOBER 16-17	SECOND CHOREO FOR TINY & NOVICES
OCTOBER 19	FUNDRAISER THREE BEGINS
OCTOBER 23-24	FALL SHOWCASE FOR ELITE & ADV NOVICE

NOVEMBER

NOVEMBER TBD	GUITAR PULL: PRACTICES MANDATORY
NOVEMBER 7	TEAM PHOTOS
NOVEMBER 15-18	PRACTICES MANDATORY
NOVEMBER 20-27	GYM CLOSED FOR THANKSGIVING
NOVEMBER 29	PRACTICES RESUME

2021-2022 CALENDAR



- OPTIONAL ITEMS TO PURCHASE
- FUNDRAISER
- MANDATORY EVENTS
- MANDATORY MONEY DUE
- COMPETITIONS

DECEMBER

DECEMBER 6-9	DRESS REHEARSAL/MANDATORY
DECEMBER 11-12	ACP - GATLINBURG, TN (PREP & ELITE)
DECEMBER TBD	CHEERSPORT CHARLESTON (ADV. NOVICE)
DECEMBER 15	JANUARY TUITION DUE EARLY
DEC 20 - JAN 1	GYM CLOSED FOR THE HOLIDAYS

JANUARY

JANUARY 3	PRACTICES RESUME
JANUARY 10	FOURTH FUNDRAISER BEGINS
JANUARY 9	EXTRA PRACTICE FOR SOH TEAMS
JANUARY 15-16	SPIRIT OF HOPE (PREP, ELITE, WORLDS)
JANUARY 17	CLOSED FOR MLK JR. HOLIDAY
JANUARY 29	NCA - CLASSIC (TINY & NOVICES)

JANUARY 22-23 AND JANUARY 29-30 ARE BOTH POTENTIAL WEEKENDS FOR MID-SEASON CHOREOGRAPHY (\$50 DUE JAN 20)

FEBRUARY

FEBRUARY 3	TURN IN FOURTH FUNDRAISER
FEBRUARY 6	EXTRA PRACTICE FOR CHEERSPORT
FEBRUARY 18-20	CHEERSPORT (NOVICE, PREP, ELITE, WORLDS)
FEBRUARY 21	GYM CLOSED FOR HOLIDAY
FEBRUARY 25-27	NCA NATIONALS (SR 4-5, WORLDS)

MARCH

MARCH 12-13	AMERICAN ROYALE (NO SR 4-5, NO WORLDS)
MARCH 26-27	SPIRIT SPORTS (PREP, ELITE, NOVICE)

APRIL

APRIL 2-9	GYM CLOSED FOR MASTERS WEEK
APRIL 11	PRACTICES RESUME
APRIL 16	SPRING SHOWCASE (TINY & HY)
APRIL 23-24	REGIONAL SUMMIT (ELITE)
APRIL 29-MAY 1	2022-2023 TRYOUTS

MAY

TBD	US FINALS
TBD	WORLDS
TBD	SUMMIT/D2 SUMMIT

NATIONAL STARS ABSENCE REQUEST FORM

PROPER DOCUMENTATION MUST BE TURNED INTO THE FRONT DESK NO LATER THAN ONE WEEK PRIOR TO THE MISSED PRACTICE. THE ABSENCES WILL BE MARKED AS EXCUSED OR UNEXCUSED BY THE FRONT DESK STAFF AND PLACED IN YOUR ATHLETE'S FILE.

EXCUSED ABSENCE EXAMPLES:

- 1) DEATH IN THE FAMILY.
- 2) SERIOUS ILLNESS OR INJURY.
A DOCTORS NOTE MUST BE PROVIDED WITH SPECIFIC INFORMATION AS TO WHAT IS WRONG WHAT THE ATHLETE MAY OR MAY NOT DO AND WHEN THEY CAN RETURN TO PRACTICES.
- 3) GRADED SCHOOL ACTIVITIES THAT MAY NOT BE MADE UP AT ANY OTHER TIME.
A LETTER FROM THE TEACHER/SCHOOL, A PROGRAM, ETC. MUST BE PROVIDED.

UNEXCUSED ABSENCE EXAMPLES:

- 1) BEING TARDY TO THREE PRACTICES.
- 2) MISSING TWO TUMBLING CLASSES IN A MONTH WITH NO MAKEUP CLASS.
- 3) PARTICIPATION IN A SCHOOL SPORTING EVENT.
- 4) NON-CONTAGIOUS ILLNESS OR MINOR INJURIES.
ATHLETES ARE STILL EXPECTED TO SIT AT PRACTICES EVEN IF THEY CAN NOT PARTICIPATE.
- 5) HOMEWORK OR NON-GRADED SCHOOL ACTIVITIES.
- 6) FAMILY VACATIONS

May-August: 3 UNEXCUSED ABSENCES

Sept-Dec: 3 UNEXCUSED ABSENCES

January-April: 2 UNEXCUSED ABSENCES

Absences may not exceed the number provided for each monthly breakdown. Roll will be taken at the every practice and any excessive number of missed practices may result in an athlete's dismissal

We take absences seriously ! Even one athlete missing from a practice severely limits the progress of the team as a whole. Excused absences will not be excused without turning in the National Stars Absence Form.



- ALL ATHLETES WHO PARTICIPATE IN OTHER SPORTS MUST TURN IN THEIR SCHEDULES TO BOTH THEIR COACHES AND THE FRONT DESK STAFF AS SOON AS THEY RECEIVE THEM OR WE WILL NOT WORK WITH THEIR SCHEDULE.
- DURING THE COMPETITION SEASON (NOVEMBER - APRIL), ALLSTARS ARE NOT ALLOWED TO MISS PRACTICE FOR ANY REASON ONE WEEK PRIOR TO A COMPETITION OR ONE WEEK AFTER.
- PRACTICES THE WEEK OF A COMPETITION ARE MANDATORY AND AN ATHLETE MAY BE DISMISSED OR REPLACED FOR THAT COMPETITION, WITH NO REFUNDS ON FEES IF ABSENT THE WEEK OF A COMPETITION.

ATHLETE:

TEAM:

ABSENCE DATES:

REASON FOR ABSENCE:

PARENT/GUARDIAN SIGNATURE:

STAFF ONLY:

Date: _____

Excused:

Unexcused: