



CHEER and DANCE COACHES CONFERENCE

Sunday, September 16, 2018

Time	Presentation	Speaker
2:00 - 3:00 p.m.	Coaches Registration (Vendor Area)	
3:00 - 3:30 p.m.	Sunday Opening Session: Music 101 (Proper Licensing, Music Providers, and More)	Brian Bridges
3:40 - 4:30 p.m.	Mascot 101: Forming A Mascot Program and Mascot Routines Do It Yourself Dance Team Choreography Developing Impactful Leaders: The Art of Coaching Game Day Competition: Routine Overview, Score Sheets, and More!	Taylor Farr Kristn Elrod T.J. Maple Brian Bridges
4:40 - 5:30 p.m.	Dance Competition: Score Sheet Review and More New Coaches 101: Everything You Need and Want to Know University of Arkansas Collegiate Spirit Program Overview (Cheer, Dance, Mascots) Cheer Practice 101: Plan and Execute Effective Practices	Tara Adams Susan Renfrow Taylor Farr Jamie Bunting
5:40 - 6:30 p.m.	Pyramids: Connecting, Releasing, Flipping, Twisting Shout It Out: Communication and Community Involvement Sports Medicine: Common Cheer/Dance Injuries, Prevention, & Wrap Demonstration Training Your Team for Each Genre: Pom, Hip Hop, Jazz, and High Kick	Robin Bolden Christy Law Ben Lewis Kristen Pittman
6:30 - 6:45 p.m.	Closing Session	Brian Bridges
7:00 - 7:45 p.m.	Dinner (Provided) & Coaches of the Year Presentation	
7:45 - 8:15 p.m.	Coaches Conference Bingo	

Monday, September 17, 2018

Time	Presentation	Speaker
8:00 - 9:00 a.m.	Coaches Registration (Vendor Area)	
9:00 - 9:30 a.m.	Monday Opening Session	Brian Bridges
9:40 - 10:30 a.m.	Beginner/Intermediate Stunt Demonstrations	Robin Bolden
	Preparing Your Competitive Cheer & Dance Athletes For Full Outs & Comp Season	T.J. Maple
	NFHS and AACCA Rule Updates	Brian Bridges
	How To Be A Motivational Coach	Kortlind Johnson
10:40 - 11:30 a.m.	Advanced/Elite Stunt Demonstrations	Robin Bolden
	Fundraising 101: Get BANG for Your Buck	Jeannie Wilson
	Coaches Class: Learn A Pom Routine for Your Team	B2 Dance Staff
	Beginner/Intermediate Dance Technique Drills & Demonstrations	Kristen Pittman
11:40 - 12:30 p.m.	Stunts 101: Load Ins, Dismounts, and Transitions	Robin Bolden
	Appropriate Dance Crowd Choreography: Keeping It Clean and Classy	Charlotte Tarver
	Teambuilding 101: Creating A Cohesive Team	Tracy Kaufman
	Fired Up: How to Keep The Crowd Engaged During Games & Pep Rallies	Brooke Williams
12:30 - 1:10 p.m.	Lunch (Provided)	
1:10 - 2:00 p.m.	Tumbling Demonstrations: Spotting, Drills, and Skills	Brooke Plack
	United In Spirit: Cheer and Dance Working Together	T.J. Maple
	Practice 101: Plan and Execute Effective Practices	Erin Coetzee
	Running a Well Rounded Program On the Sidelines and On the Competition Floor	Katrina Southwell
2:10 - 3:00 p.m.	Performance Competition: Score Sheets, B2 Scoring Guide, and More!	Brian Bridges
	Cheer Coaches Class: Learn a Cheer & Sideline Dance For Your Team	B2 Cheer Staff
	Advanced/Elite Dance Technique Drills & Demonstrations	Kristen Pittman
3:00 p.m.	Closing Session & Door Prizes	Brian Bridges

*This is a tentative conference agenda and may change. Final agenda will be sent two weeks prior to the conference.

Registration deadline is September 7, 2018

Visit **B2CHEERDANCE.COM** for registration forms and hotel information.
Conference will be held at The Hotel Hot Springs. Special room rates available for those mentioning you are with the coaches conference.