# **ICC Nationals**

## Motopoint Arena Nottingham NG1 1LA



Hi All.

I hope everyone is super excited for the weekend.

We have some super talented competition this weekend, and I truly believe the divisions will be tight between most teams. Everyone has been working super hard in training since Bath, and I'm eager to see that hard work on the floor.

Meet location for team meet times will be at the bridge on the 4th floor. Take the stairs or the lift from reception. This is also the entrance to the vip boxes for those with tickets for those.

For those in VIP please ensure you are not changing in the visually open part of the booth. You may feel enclosed in a room, but your very visual from the main arena and in line with safeguarding and child protection should be avoided.

We have been advised to leave vip booths clean and tidy. Please make sure you clean up your booth and put all rubbish in bins. If extra cleaning fees are charged by the arena we have been informed they will be passed on to teams.



Make Up

Make up is not compulsory for younger team, youth and above is Smokey eye and Berry lip.

#### Hair

Dance - Centre parting and low bun

Tiny Cheer - High bunches

Cheer - half up, hair down as per pics on last page







Team	Team meet time	Perform	Awards
Pixels	6.50am	7.59am	9.20 at Crown plaza
Starlets	8.00am	9.12am	10.35am at crown plaza
Superstars	8.00am	9.15am	10.35am at crown plaza
A listers	9.45am	10.54am	12.30pm at crown plaza
Editors	10.55am	12.03pm	13.19pm atcrown plaza
Legends	12.40pm	13.52pm	16.10pm at crown plaza
Celebrities pom	16.10am	17.13pm	20.30pm at bolero suite
Stardom pom	16.15pm	17.23pm	20.30pm at bolero suite
Stardom lyrical	Change and straight to warm up	18.18pm	20.51pm at bolero suite
Little ladies Pom	18.00pm	19.01pm	21.17pm at bolero suite
Celebrities Jazz	18.00pm	19.07pm	21.17pm at bolero suite
Leading ladies jazz	18.10pm	19.14pm	Main arena 22.07pm
Little ladies lyrical	Change and straight to warm up	19.36pm	21.36pm at bolero suite
Leading ladies pom	Change in warm up	19.53pm	Main arena 22.07pm
Silver bullets pom	19.30pm	20.35pm	Main arena 22.07pm
Obsession Jazz	19.50pm	20.51pm	Main arena 22.07pm
Obsession pom	Change in warm up	21.14pm	Main arena 22.07pm
Silver Bullets Jazz	Change in warm up	21.20pm	Main arena 22.07pm
Crossfade	20.45pm	21.46pm <b>2</b>	Main arena 22.07pm



Team	Team meet time	Perform	Awards
Envy	6.50am	8.02am	9.48am at crown plaza
NoToriou5	9.10am	10.19m	11.25am at Crown plaza
Directors	9.10am	10.25am	11.25am at crown plaza

#### **Tickets**

**Athlete** is vip band and also a ticket if upstairs In vip. We have been told the ticket will only be required for going into the booth area and athletes will not need to show ticket downstairs, just the band.

### **Spectators**

Weekend vip - One ticket and vip band. Session 1 -Ticket only no band

Session 2 -Ticket and blue band Session 3 - Ticket and aqua band

We have been advised ICC have no replacements tickets. Where available, replacements will need to be purchased.

Session 1 and 3 will be cleared at the end of each session. .

No food or drink will be allowed except athlete water etc, and food specific to special dietary requirements.

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Bag check will be in operation. Please allow adequate time for this when

#### **Awards**

We have been advised that awards will run differently this year. Please see below information we have been provided with.

Awards will take place in one of three locations

1- Crown plaza hotel, Royal suite. Wollaton st, Nottingham NG1 5RH

A free double decker shuttle bus will run all day to get people back and forth. Alternately this is a 10 minute walk from arena

- 2- Bolero suite at the motopoint arena. This is located on level 3
- 3- the main arena

Please check the list for your awards time and location.

Please note we have been advised of the following. At the crown plaza and bolero suite awards entry will be admitted to the following, coaches, team receiving award, 1parent per athlete.

Due to crossover times with other team performances it is possible that coaches may not be at some awards. Please ensure your child is directly supervised.

#### Here's a polite reminder of a few important points for competition

Let's be supportive to all team. Let's celebrate everyone's achievements and create a party atmosphere.

At awards be gracious in all placements. Allow others to celebrate and have their moment. Celebrate the successes of others as well as our own. It is very important to us the RSD shows great sportsmanship.

Judges should not be approached by any athlete or supporter in any circumstances

All RSD members, spectators and coaches should be polite and respectful to all staff.

Remember it's a 5 point deduction across all teams for inappropriate behaviour displayed by any RSD associates.

Any issues or complaints should be taken to either Pam or Emma to deal with. Parents should not address issues directly with the staff or competition organiser either on the day or afterwards.

