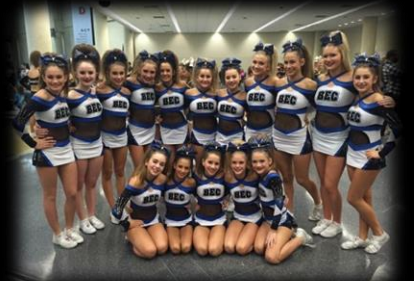
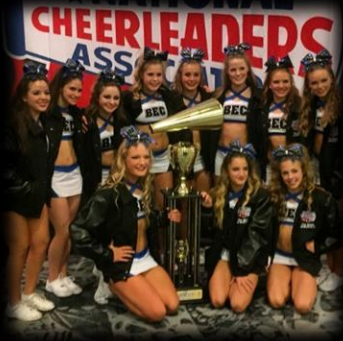


Competitive Information Packet

BIRON ELITE CHEER

2017 - 2018



281-497-6666

www.bironelite.com

cheer@birons.net



12163 Katy Freeway Houston, TX 77079



Dear Parents and Athletes,

We can't believe the 2016-2017 season is coming to an end, and it's time to start preparations for 2017-2018. Thanks to you, Biron Elite Cheer has grown and developed into a large gym, competitive with reputable gyms in our region. The allstar cheer industry has evolved drastically over the past two years and is making major strides to focus on the overall safety of the sport and execution of individual skills. To continue our growth and success in this competitive sport, we must shift our focus to align with industry requirements.

In the past, we have picked teams based on the concept of "she has some of the required tumbling with average technique, so let's move her up to the next level" or "he has the required tumbling but has never performed higher level stunts, so let's move him up and he will catch on." However, with the focus on difficulty of routines and execution of skills, athletes must have skills mastered with excellent technique before moving up to the next level.

The BEC staff wants every athlete to reach his/her goals and feel successful as an individual and with his/her team. We are committed to selecting teams that will be successful in their division. This year we will be drilling technique and demanding a higher level of execution for an athlete to make a particular level or team. Better tumbling and stunting quality will result in higher execution scores at competitions. More importantly, our athletes will be much safer at practices and at competitions because they will be executing skills they can consistently complete with strong technique.

For the 2017-2018 season, athletes must have strong to excellent technique on the entire skill set for that level to make that level. This means they need to be able to compete a specialty running pass, an elite standing pass, and do all other standing tumbling requirements at that level with strong to excellent technique in order to make that level. And it's not all about tumbling. Stunting capability and technique will have a major impact into our team selection for this season. Level requirements are outlined on the following page. Please review carefully and please do not assume because you competed at a specific level you will be placed at that level again or be moved up to the next level.

Please know we always make the best decisions for each athlete and team. We genuinely care about the athletes at BEC and want to provide each person with the best chance for success and for a fun year. Let's make 2017-2018 our best season yet!

Feel free to contact one of your current team coaches if you have any questions. If you need further assistance after speaking with a team coach, please contact our gym director.

Good luck at tryouts!

BEC Staff

BIRON ELITE CHEER TRYOUTS

May 16th-18th, 22nd-23rd
Open practice weeks

May 24th Tryouts

5-10yrs 4 : 30pm- 6 : 30pm

11-18yrs 7pm-9pm

***Placements announced May 30th**



All forms must be completed and turned in prior to the day of tryouts

Check List for Tryouts

- | | |
|---|---|
| ☐ Copy of Birth Certificate | ☐ Registration Form |
| ☐ Application Form | ☐ Phone Directory Form |
| ☐ Credit/Debit Authorization | ☐ Code of Conduct Signed |
| ☐ Tryout Fee \$50.00 | ☐ Packet Compliance Form |

All forms must be completed and returned along with copy of birth certificate. All athletes will be evaluated on individual skills as well as some base and flying evaluations. Our tryouts are not stressful! We evaluate in groups and encourage participants to re-do their skills if they are not 100% satisfied with their tryouts. Every Athlete will make a team. Once we have evaluated all of the athletes, we begin to assemble training groups. The selection of these groups is a very tedious and often complicated process. Many important elements are considered in our decisions. We must choose a well-rounded variety of individuals for each team. Tryouts will be closed. Athletes and parents will be notified of group placements as soon as coaches finish the placement process.

CODE OF CONDUCT

An athlete must at all times be a strong representative of Biron Elite Cheer and a positive reflection of his/her teammates. Rude or Abusive behavior, lying, and or any other form of negative behavior are grounds for removal from this team. We will not tolerate comments about other teams and their programs. Let's respect their teams, as we will get respect in return. Many of our athletes communicate through social media...For example, Facebook, Instagram, Snapchat, Twitter and message boards. Please remember that anything you ever say or post is a direct reflection on this organization. *NOTE: If you are caught sending rude or inappropriate messages you will be subject to immediate removal! All pictures posted while in any BEC clothing or uniform must be tasteful and represent the program in a positive and respectful nature.*

Teammates are expected to treat one another with mutual respect. They should treat and talk to one another in a manner in which they want to be spoken to. We do not tolerate pettiness, gossiping or cliques; which attempt to exclude or alienate certain members. Back talk, rolling of eyes and any other disrespect for instructors or teammates is unacceptable. If this type of behavior occurs you may be asked to sit out of practice. A problem between a student and staff member will first be addressed between the All-star Director and Facility Manager. If not solved, a parent will be notified of the problem or infraction of the rules and will be expected to assist the instructor in solving the problem. A parent should never reprimand or discipline someone else's child. We will handle any disciplinary problems privately and professionally. Parents should never approach a coach at any time and express their opinion or concern in front of athletes or other parents. Coaches and management will happily arrange for a private meeting to handle any concern you may have. Parents should limit text messaging to coaches and staff private lesson scheduling and communication at competitions regarding late arrivals or location of meeting areas.





PROGRAM COSTS

Biron Elite Cheer is a 12-month program. We will begin meeting and practicing in JUNE 2017 and continue through the end of May 2018.

TUITION FEES-MONTHLY

\$45 2017-2018 Registration Fee

\$180 Junior and Senior Teams*

\$180 Youth Teams*

\$170 Tiny/Mini Teams*

* Tumbling class may be added at an additional discounted rate

ADDITIONAL FEES

Practice Clothing -**\$150 est.**

Bows- **\$25**

Shoes- **\$100**

Choreography - **\$300** (Camp Dates are July 25th-July 30th)

Coaches Fees- **\$150 est.** (cost based on competition schedule)

USASF Membership-**\$30**

Uniforms-**\$425 est**

Makeup- **\$40.00**

Warm-ups-**\$125**

Bag/Backpack **\$75 Gk \$100 Nfinity**

Competition Fees- **\$TBA**

Nationals T-Shirt – **\$25.00 est.**

UNIFORMS

Mandatory fitting for all new uniforms with a Rebel Representative date will be announced. Uniform must be paid for at time of fitting and parent must be present. Uniforms are non refundable.

TEAMWORK: SIMPLY STATED, IT IS LESS ME AND MORE WE!!



COMMITMENT

Biron Elite Cheer is an competitive TEAM program. Athletes are expected to attend all competitions as a team. We realize many children and young adults are involved in a variety of activities; however, we cannot make exceptions for schedule conflicts. We practice 2 to 4 hours a week. We expect top priority and 100% commitment and attendance.

In years past we have allowed students to miss practices without accountability or regard for the ones that do show up. In order to keep extra practices to a minimal and make our practices productive we need COMMITMENT from every athlete.

The following dates are available for holidays and vacations throughout the 2017-2018 year.

May 26TH -29TH (Memorial Day Weekend)

July 1st -9TH (Fourth of July)

August 21st - 25TH (Back to School)

September 2nd – 4th (Labor Day)

November 18th -26th (Thanksgiving)

December 16th -January 2nd (Christmas, Hanukah and New Year)

March 10th- 18th (Spring Break)

Blackout Choreography camps are mandatory NO TRAVELING OR YOUTH CAMPS between July 25th and July 30th.

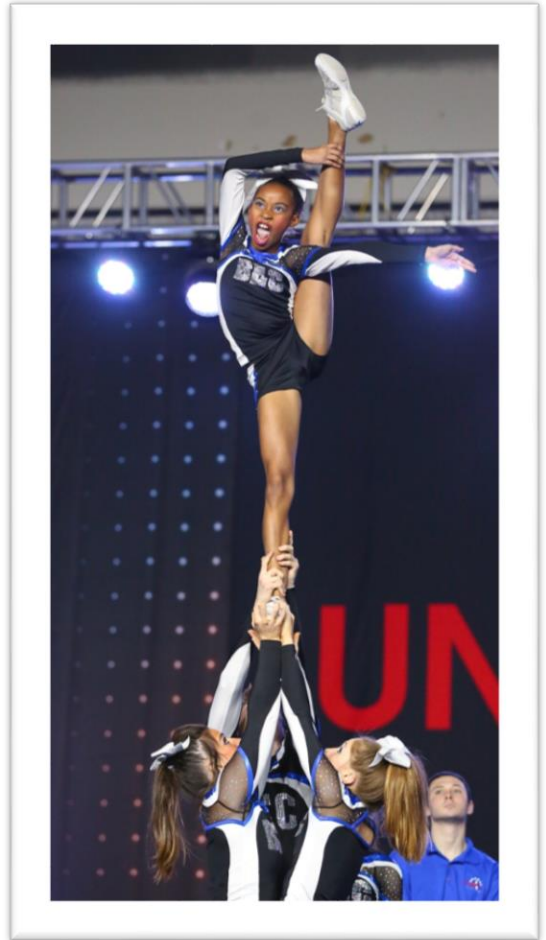
ABSENCE POLICY

The only excused absence is a school function that results in a grade. All other absences are unexcused. Part-time jobs, dances, concerts, banquets, long distance driving, family reunions, weddings, recitals, school/church socials, and any other nonrelated school activities are unexcused.

Absences are NOT allowed the weekend and week prior to a National competition.

An unexcused absence may result in the athlete being moved to an alternate position or pulled from an upcoming performance at the discretion of the staff. It is the responsibility of the athlete to learn any changes prior to practices. We will verify school administration and the teaching staff if we think someone is being dishonest. Be Prepared to show documentation from a teacher or instructor.

If a student must miss practice for a function resulting in a grade, it is the athlete's responsibility to fill out an Absence Permission Form two weeks in advance. Forms are to be handed directly to Coach Rob. Forms or phone calls given to the reception desk are not valid. This includes school cheerleading, gymnastics, choir, band and all other school sports. Absences must be approved. Your school activities are planned well in advance.



SICK POLICY

You must attend practice when you are sick. We will not make exceptions. You will not be required to participate; however, you must be present. An athlete will jeopardize their position if this rule is not followed. In addition, you must provide a doctor's note with detailed information regarding the illness, treatment and length of recovery. This includes dental, medical and any other health related issue that would prohibit a student from participating. Extended sickness such as Mono or Strep throat will jeopardize an athlete's position on the team.

INJURIES

In the event that a student is injured at home or during other extracurricular activities, we ask that you please notify us as soon as possible. Please do not leave messages of this nature on our voicemail or email inbox. You should call the gym and the team coach to get the necessary information to the coaches. We will make changes with choreography prior to practicing. We will re-choreograph routines based on the person's injury and length of recovery. Once the individual has fully recovered, he or she may or may NOT be choreographed back into the routine. The coaches have complete discretion in replacing such individuals for the rest of the season.



TEAM PRACTICE GUIDELINES

All athletes must report to practice ON TIME and in assigned practice wear. Anyone late or dressed incorrectly will jump after practice. Lost, misplaced or damaged clothing will be replaced at your expense. We also reserve the right to close all practices to parents! Practices will always be CLOSED in January and February. There is to be NO JEWELRY worn at practices, which includes all earrings and necklaces. This is not simply for appearance sake, but for the safety to the one wearing the jewelry and for those either flying or basing who might be injured as a result. All CELL PHONES should be turned OFF during practice times. Also, please do not bring your family PETS to practices at the gym! There is to be NO GUM whatsoever at practices or competitions. There is to be NO videotaping of practices. Once again, our program is about building champions and teaching responsibility to our athletes.

TEAM COMMUNICATION

Most communication within our gym will be sent out by front desk emails, coach emails, and/or by BEC social media, such as Facebook or Twitter. At times, there will be last minute changes or specific details sent out before a competition date or a practice. It's very important you stay up to date with checking for emails and also keeping the front desk updated with current contact information. Each team will have a coach designated as their contact person, meaning all info about missed practices, report times, etc. will be directed to that coach only. Additional information will always be posted on our website at www.bironelite.com.



COMPETITIONS

This year we will be attending 5-6 competitions in Houston and surrounding areas. This includes 2-3 regional competitions and 3 nationals. Competitions are **mandatory** for all team members. Competition dates and locations will be announced closer to the end of summer. The competition season lasts from October through March/April. We had a great winning season last year and hope to carry that on to this upcoming season!

Competition Attendance:

As a team member you are obligated to attend competitions both in Houston and out of town. **There are no exceptions since attendance is mandatory.** While at competitions, parents are responsible for their child, not the staff of Biron Elite Cheer. If a parent cannot make it to a competition, it is their responsibility to make plans for their athlete to go with another teammate's family. Coaches cannot be responsible for all cheerleaders at the competition. We will also have Team Moms to help out with certain things at competitions.

Competition Fees/Coaches Fees:

The first installments of competition fees are due by October 1st. Competition costs are mandatory for all team members. If you miss a competition, you can be removed from the team at the coach's discretion and forfeit all of your costs. Anyone who quits will forfeit all of his or her competition fees.

Athlete Competition Attire:

All athletes must arrive at competition in full uniform, with hair and make up already completed. We are representing Biron Elite Cheer when arriving at competitions and ask that no attire not associated with Biron Elite to be worn. This includes pajama pants, flip flops, hats, etc. The athletes are representing their gym at the competitions and we want to make sure we maintain a positive look.

Competition Schedule:

The competition schedule for the season will be set at the end of summer when teams are placed. As soon as Biron Elite Cheer has this schedule, it will be sent home with the athlete and announced on our website. **SAVE THE DATES!!!!**

ADDITIONAL INFORMATION

All routines/choreography including dances, stunts, transitions, and tumbling should be highly protected and shall not be shown or discussed with others. Biron Elite choreography should never be copied or taught to anyone . *NO VIDEOS of routines or choreography should be uploaded to any online site such as YOUTUBE! Biron Elite must approve all designs bearing the Biron Elite or BEC name and logo. Anything created without our approval will not be acceptable and cannot be worn or sold independently. Any money awarded to teams at competitions will go toward the entire organization of Biron Elite Cheer.*

Private lessons must be paid to Biron Elite at the time of private lesson. You must schedule those directly with an instructor. Anyone with mental tumbling blocks will be removed from tumbling sections within the routine or even replaced all together. Tuition does not pay for the right to perform. Individuals must meet the level skill requirements.

We believe in perfection before progression. We will not allow students to learn advanced tumbling skills before perfecting their basics. This also includes what they work on in private lessons. Private lessons at other gyms need to be approved by Biron Elite before any lessons are scheduled with a coach out side of the BEC family. *Proper Technique is everything! Only perfected skills will be choreographed into a routine! Parents are not allowed to spot their children on Biron Elite property. Absolutely NO unsupervised tumbling! An instructor must be present at all times.*

BEC reserves the right to change a teams division and level at any time throughout the year. Mandatory tumbling will be assigned as needed. Students can be moved to and from teams if they do not maintain the skill requirements

LEVEL REQUIREMENTS

	JUMPS	TUMBLING	STUNTS	MOTIONS
Level 1	*Basic understanding of jumps (toe touch, pike, front hurdler) *Jump connected to backward roll, forward roll or cartwheel	*Cartwheel *Round off *Bridge kick over *Back walkover/front walkover *All should have straight legs and pointed toes with a strong land/stand. *bonus skill for Level 1 could be a standing back handspring with average to low technique.	*Flyer 3 body positions (scorpion, bow and arrow, scale, stretch, arabesque) with strong to excellent technique)	*Basic understanding of motion technique (arm placement)
Level 2	*Technical mastery of jumps (pointed toes, landing with feet together) including a triple (whip) jump combination.	*Standing back handspring *back walkover back handspring *round off series of back handsprings (3 or more) *front walkover or back handspring step out specialty pass to series of back handsprings. *All should have legs squeezed together, straight legs, and pointed toes with a strong land/stand. *bonus skill for Level 2 would be a strong standing two back handsprings with average to low technique.	*Single leg stunts at prep level *Flyer 3 body positions (scorpion, bow and arrow, scale, stretch, arabesque) with strong to excellent technique) *Two legged extended level stunts	*Average understanding of motion technique (sharpness/arm placement).
Level 3	*Must demonstrate technical mastery of jumps including a triple (whip) jump combination with at least a level toe touch. *Multiple jump combo to jump series of standing back handsprings,	*Standing series of back handsprings (3 or more) *round off back handspring back tuck *punch front *specialty running pass of front walkover, back handspring step-out, or punch front pause to round off series of back handsprings to back tuck. *All should have straight legs, pointed toes, and legs together on back handsprings. The back tucks should have tall sets and then tight tucks with a strong land/stand. *bonus skills for Level 3 would be standing back tuck, standing series of back handsprings to back tuck, or round off back handspring layout with average to low technique.	*Single leg extended stunts *Flyer 4-5 body positions (scorpion, bow and arrow, scale, stretch, arabesque) with excellent technique) *Full twisting transitions *Full twist baskets/dismounts	*Above average understanding of motion technique and counts.

Level 4	*Must demonstrate technical mastery of jumps including a triple (whip) jump combination with an above level toe touch. * multiple whip jumps to back handspring back tuck	*Multiple standing back tucks *standing one back handspring to layout and/or back handspring tuck/whip to two back handsprings to layout *round off back handspring layout *level appropriate specialty pass of punch front, whip or bounding whips to round off back handspring layout. *All should have straight legs, pointed toes, and legs together. The layouts should have tall sets, pull into a straight body – hollow position hold for the entire flip – and then a strong land/stand. *bonus skills for Level 4 would be multiple jump combination to back tuck and round off back handspring full with average to low technique.	*Flyer 4-5 body positions (scorpion, bow and arrow, scale, stretch, arabesque) with excellent technique) *I - 1 ½ twisting transitions *double twisting baskets/dismounts	*Excellent understanding of motion technique and counts.
Level 5 Restricted	*Must demonstrate technical mastery of jumps including a multiple whip (4+) combo jump combination with a back tuck, variety and an above level toe touch.	*standing two back handsprings to full, round off back handspring full, *level appropriate specialty pass to round off back handspring full. *All should have straight legs, pointed toes and legs together. The full should have a tall set, strong hollow body position, tight twist and a strong land/stand. *bonus skills for Level 5 Restricted would be having some of the true Level 5 skills listed below but not having all of them.	*Flyer 5 body positions (scorpion, bow and arrow, scale, stretch, arabesque) with excellent technique) *double twisting transitions, baskets/dismounts	*Superb understanding of motion technique and counts.
Level 5	*Must demonstrate technical mastery of jumps including a multiple whip (4+) combo jump combination with a back tuck, variety and an above level toe touch.	*standing one back handspring to full *round off back handspring double full *level appropriate specialty pass to full/double. *All should have straight legs, pointed toes, and legs together. The full/double should have a tall set, strong hollow body position, tight twist, and a strong land/stand.	*Flyer 5 body positions (scorpion, bow and arrow, scale, stretch, arabesque) with excellent technique) *double twisting transitions, baskets/dismounts	*Superb understanding of motion technique and counts.

Here are some specific examples of how an athlete can or can't make a certain Level:

Example A – Suzy has strong technique on standing 3 back handsprings, she has an excellent round-off back handspring back tuck, and a strong specialty pass with front walkover to series of back handsprings to back tuck. She is a flyer with excellent technique in her stunting and body positions. **Suzy is an excellent candidate for a very strong Level 3 team this year.**

Example B – Sally was on level 3 last year with the hopes of going to level 4. She was a very strong level 3 athlete this year and has all the necessary requirements to make level 3 again. She also has a round-off back handspring layout with average technique, a solid standing back tuck, a jump combination to back handspring back tuck with weak technique, and no specialty pass to layout, and no standing 2 to layout. **Sally would not be a good candidate for Level 4 at tryouts this season because she doesn't have the entire skill set for Level 4 and she doesn't have strong to excellent technique on the Level 4 skills she does have.**





ALLSTAR APPLICATION

NAME: _____

DOB _____ Grade Entering 2017-2018 _____

ADDRESS _____

CITY _____ ZIP CODE _____

PHONE CONTACT _____

EMAIL _____

LIST ANY PRE-EXISTING INJURIES OR MEDICAL PROBLEMS:

PREVIOUS CHEER EXPERIENCE _____

T-SHIRT SIZE YXS YS YM YL AS AM AL AXL

BIRON ELITE CHEER 2017-2018 REGISTRATION FORM

Personal Information

Student Name _____ Home Phone _____
Parent Names _____ Work Phone _____
Cell Phone _____ Email _____
Address _____ City _____ St _____ Zip _____
Birth Date _____ Age (as of August 31, 2017) _____
School _____ Grade 2017-2018 _____

Medical History

Physicians Name _____ Phone _____
Insurance Carrier _____ Phone _____
Policy/Group # _____ Address _____
Emergency Contact _____ Phone _____

Please check the following conditions that apply to you:

☐ Allergies	☐ High Blood Pressure
☐ Convulsions/Epilepsy	☐ Psychological condition
☐ Asthma	☐ Bone/joint weakness
☐ Diabetic	☐ Kidney Disease
☐ Heart Trouble	☐ Other _____
☐ Contact Lenses	

Comments: _____
Medical Condition currently being treated: _____
Medications currently being taken: _____

*Please inform Biron Elite Cheer if any of this information changes within the year.

Parental Consent

- I do hereby grant permission to Biron Elite Cheer to care for _____
- In case of emergency, I give permission to the emergency and hospital staff to administer immediate treatment to my child should he/she be injured or sick.
- I fully understand that any and all expenses resulting from treatment are my responsibility.
- The risk of injury to my child from the activities involved in these programs is significant, including the potential for permanent disability and death, and while particular rules, equipment and personal discipline may reduce the risk, the risk of serious injury does exist.
- I knowingly and freely assume all such risks, both known and unknown and assume full responsibility for my child's participation.
- I willingly agree to comply with the program's stated and customary terms and conditions for participation and financial responsibilities.
- I agree to hold harmless Biron Elite Cheer its staff, and any event facility, for any injury as a result of my child's participation in this program.

Parent/Guardian Signature

Print Name

Date

CONTACT INFORMATION



Name of Athlete _____

DOB _____ Grade 2017-2018 _____

Address _____

City & Zip Code _____

Mother's Name _____

Father's Name _____

Home _____ Athlete's Cell _____

Mom's Cell _____ Work _____

Dad's Cell _____ Work _____

Emergency Contact Name _____

Phone _____ Relation _____

Mom's Email _____

Dad's Email _____

CODE OF CONDUCT



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Teammates are expected to treat one another with mutual respect. They should treat and talk to one another in a manner in which they want to be spoken to. We do not tolerate pettiness, gossiping or cliques; which attempt to exclude or alienate certain members. Back talk, rolling of eyes and any other disrespect for instructors or teammates is unacceptable. If this type of behavior occurs you may be asked to sit out of practice. A problem between a student and staff member will first be addressed between the All-star Director and Facility Manager. If not solved, a parent will be notified of the problem or infraction of the rules and will be expected to assist the instructor in solving the problem. A parent should never reprimand or discipline someone else's child. We will handle any disciplinary problems privately and professionally. Parents should never approach a coach at any time and express their opinion or concern in front of athletes or other parents. Coaches and management will happily arrange for a private meeting to handle any concern you may have. Parents should limit text messaging to private lesson scheduling and communication at competitions regarding late arrivals or location of meeting areas.

Print Athletes Name _____

Parent Signature _____ Date _____

Athlete's Signature _____ Date _____

2017-2018 PACKET COMPLIANCE AND NO REFUND FORM

BIRON ELITE CHEER STATEMENT:

Please initial that you have read each of the following policies.

_____ I have received a copy of the **Biron Elite Cheer Information Packet**. I have read all of the information provided in this packet and agree to abide by all of the rules and regulations of **Biron Elite Cheer**. In addition, I will commit myself to the time involved in practices, extra practices, camp, and competitions.

_____ I am fully aware that competitive cheerleading is a large financial responsibility and I will commit to Biron Elite Cheer as per the financial requirements of a team member.

_____ I am fully aware that any items purchased and not received due to dismissal are non-refundable and become property of Biron Elite Cheer. This also includes any competition fees, camp fees, or choreography fees paid to Biron Elite Cheer.

_____ I acknowledge that I am aware that actions that do not align with the expectations of Biron Elite Cheer according to the rules and regulations will result in removal of the athlete at the coach's discretion. In order to be successful this 2017-2018 season, I will commit to Biron Elite Cheer with a **POSITIVE ATTITUDE**.

_____ I am aware that if I have an outstanding balance on my account my athlete may not participate in private lessons or additional classes until my account is current..

TUITION AND FEES PAYMENT STATEMENT:

Please initial that you have read each of the following policies

_____ I commit to pay tuition for June 2017 through and including May 2018.

_____ I understand that a 30 day written notice and a scheduled meeting with team coaches is required in order to stop tuition and/or fee charges. Any tuition and/or fees paid before this notification period will not be refunded under any circumstances.

Note: If an athlete resigns after January 1, 2018 tuition will continue through auto pay through the remainder of the season. At this point, it is difficult to replace the athlete and many; if not all of the non refundable competition fees will have already been paid.

I HAVE READ AND UNDERSTAND ALL ABOVE STATEMENTS.

Parent Signature

Date

Printed Name

