



www.metrogymokc.com

7420 Broadway, Suite A  
Oklahoma City, OK 73116

E-mail: metrogymokc@sbcglobal.net



Nothing gives a child a greater sense of self-esteem than a well-performed physical skill. At Metro Gymnastics, your child's physical and emotional development is our primary concern.

We are celebrating our **37th** year of fun and learning at **Metro Gymnastics**. Metro opened its doors in 1979 as a small neighborhood club. The Blackledge family bought the gym in 1981 and expanded the facility to almost three times its original size. In June of 2016 we expanded our recreational program to the front of our existing building in Suite A. This newly remodeled and air conditioned facility has been a wonderful addition to our class program. The Team Training Center, Suite F, continues to host tumbling classes, bigshot classes, select girls recreational classes as well as our competitive team members. The Metro Staff puts all its energy into developing a caring and sound gymnastics learning curriculum.

Sarah C. Blackledge  
Sarah Blackledge Brawley  
Carol Blackledge Lee  
**Owners/Program Directors**

**Now Enrolling**  
**848-5308**

Becky Shelton  
**Team Director**  
Debbie Towns  
**Administrative Director**

## 2018-2019 SCHEDULE

### August 20th — May 17th Open Enrollment

**MINI-MIGHTS: PARENT/TOT - BOYS AND GIRLS** (Walking—3 Years Old) One or Two Days/Week  
 \$50.00/Month (One Day) \$90.00/Month (Two Days)  
 Monday 9:30 — 10:10 • 10:30 — 11:10 • 6:10 — 6:50 Thursday 6:10 — 6:50  
 Tuesday 9:30 — 10:10 • 10:30 — 11:10 Friday 9:30 — 10:10 • 10:30 — 11:10  
 Wednesday 9:30 — 10:10 • 10:30 — 11:10 • 4:00 — 4:40

**MIGHTY MIGHTS - BOYS AND GIRLS** (3, 4 & 5 Years Old) One or Two Days/Week  
 \$55.00/Month (One Day) \$100.00/Month (Two Days)  
 Monday 9:30 — 10:15 • 10:30 — 11:15 • 1:00 — 1:45 • 4:00 — 4:45 • 5:05 — 5:50 • 6:10 — 6:55  
 Tuesday • 10:30 — 11:15 • 1:00 — 1:45 • 4:00 — 4:45 • 5:05 — 5:50 • 6:10 — 6:55  
 Wednesday 9:30 — 10:15 • 10:30 — 11:15 • 1:00 — 1:45 • 4:00 — 4:45  
 Thursday 4:00 — 4:45 • 5:05 — 5:50 • 6:10 — 6:55  
 Friday 9:30 — 10:15 • 10:30 — 11:15

**GIRLS BEGINNING/INTERMEDIATE GYMNASTICS CLASS** (6 Years and Up) One or Two Days/Week  
 \$60.00/Month (One Day) \$105.00/Month (Two Days)  
 Monday 4:00 — 4:55 • 5:05 — 6:00 • 6:10 — 7:05 (6:10 2nd grade up classes meet in Suite F)  
 Tuesday 4:00 — 4:55 • 5:05 — 6:00 • 6:10 — 7:05 (6:10 4th grade up classes meet in Suite F)  
 Wednesday 4:00 — 4:55  
 Thursday 4:00 — 4:55 • 5:05 — 6:00 • 6:10 — 7:05 (6:10 2nd grade up classes meet in Suite F)

**TUMBLING - BOYS AND GIRLS** (6 Years and Up) One or Two Days/Week — Suite F  
 \$60.00/Month (One Day) \$105.00/Month (Two Days)  
 Monday 6:10 — 7:05 Wednesday 4:00 — 4:55  
 Tuesday 4:00 — 4:55 Thursday 6:10 — 7:05

**HOT SHOTS - INVITATION ONLY** One or Two Days/Week  
 \$60.00/Month (One Day) \$105.00/Month (Two Days)  
 Monday 4:00 — 4:55 • 6:10 — 7:05  
 Tuesday 5:05 — 6:00 • 6:10 — 7:05  
 Thursday 4:00 — 4:55 • 5:05 — 6:00 • 6:10 — 7:05

**BIG SHOTS - INVITATION ONLY** One or Two Days/Week — Suite F  
 \$90.00/Month (One Day) \$130.00/Month (Two Days)  
 Monday 4:30 — 6:00 Tuesday 5:00 — 6:30 Wednesday 1:00 — 2:30 • 5:00 — 6:30 Thursday 4:30 — 6:00

**HOMESCHOOL BOYS/GIRLS BEGINNER/INTERMEDIATE GYMNASTICS CLASS**  
 (6 years and up) One or Two Days/Week  
 \$55.00/Month (One Day) \$100.00/Month (Two Days)  
 Monday 9:30 — 10:15  
 Tuesday 1:00 — 1:45  
 Wednesday 1:00 — 1:45

## Aerial Silks Classes (Suite F)

(8 years and up) One or Two Day/Week

**Beginner Youth:** One day/week \$60/month • Two days/week \$105/month

Monday 1:00 — 2:00 4:00 — 5:00

Thursday 4:30 — 5:30

**Intermediate Youth:** One day/week \$60/month • Two days/week \$130/month

Thursday 5:35 — 6:35

**Adult Classes:** One day/week \$60/month

Monday 6:00 p.m. — 7:00 p.m.

**Clip and mail with \$25.00 Individual Gymnast / \$40.00 Family non-refundable registration fee  
(No class space will be reserved without the fee • Register online or call the office)**

*Please enroll:*

Student: Last	First	Age	Grade	Birthday (mo/day/yr)
Home Address		City	Zip	
School	E-Mail		Home Phone	
Father's Name	Cell	Work Phone		
Mother's Name	Cell	Work Phone		

**Any Medical Conditions**

**RELEASE:** I hereby consent to have my child/ward participate in programs offered by Metro Gymnastics, LLC. It is hereby agreed that I, my child(ren) adopted or otherwise, my executors, waive and release all rights and claims for damages that I may have at any time against Metro Gymnastics, LLC, its representatives whether paid or volunteer for any injury or damages in connection with the gymnastics program or other activities related to the METRO GYMNASTICS PROGRAM. The serious risks involved in respect to such a program are fully understood. **PERMISSION FOR MEDICAL TREATMENT:** I confirm that the above named person is in good health. I hereby authorize simple first aid and consent to any x-ray exam, and medical or surgical diagnosis which is deemed necessary.

DOCTOR'S NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

Parent or Guardian

**Metro Gymnastics, LLC 2018—2019**

**Class (Day and Time)**

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