

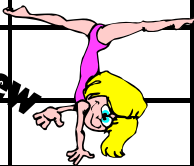








Family Open Gym!
10:00 - 11:30
Tuesdays & Fridays



Winter/Spring Schedule 2019

Parents' Night Out
6:00 - 10:00
Every Other Saturday

Pre-School Boys & Girls	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Just You & me - 18 months - 30 months				6:00 - 7:00			
Caterpillar Age 2 1/2 - 3	6:00 - 7:00		6:00 - 7:00	5:00 - 6:00			
Dragonfly Age 3 - 4	5:00 - 6:00	6:00 - 7:00		5:00 - 6:00		9:00 - 10:00 11:00 - 12:00 Special needs	
Cricket Age 5 - 6		5:00 - 6:00	5:00 - 6:00	6:00 - 7:00			
All Star Gymnastics	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beginner Girls Grade 1 & Up	4:00-5:00 6:15-7:15	7:00 - 8:00	6:15 - 7:15	5:00 - 6:00 7:00 - 8:00		11:00 - 12:00	
Intermediate Grade 1 & Up	5:00 - 6:15		5:00 - 6:15	6:00 - 7:15		11:00 - 12:15	
Advanced	7:00 - 8:30				New		
Cheer Class	5:00 - 6:00	New		Cheer Stunt Class 5:00-6:00			
Boys & POWERFIT	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
All Boys Ages 5 & up		6:15-7:15		5:00 - 6:00		10:00 - 11:00	
POWERFIT WARRIORS			7:00 - 8:00			9:00 - 10:00	
Tumbling	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Tumbling 1	6:30 - 7:30		7:00-8:00			10:00 - 11:00	
Tumbling 2		5:00 - 6:15		6:00 - 7:15			
Tumbling 3/4				7:15 - 8:30			Tum 2/3/4 4:30 - 5:45
Tramp & Tumbling							
Silks Class		8:15 - 9:15					2:00-3:00
Adult Gymnastics		7:15 - 8:15					

Call 823-7734
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