

XTREME ACRO AND CHEER COVID-19 PROTOCOLS

1. **FEELING SICK? STAY AT HOME** Please use good common sense. If you are running a fever, have any symptoms or have been exposed to someone with Covid-19, DO NOT come to Xtreme Acro & Cheer.
2. **CLEAN HANDS** We are asking everyone to wash their hands or use hand sanitizer upon entering and leaving the gym as well as before and after eating.
3. **WATER BOTTLE** In an effort to avoid the spread of germs, all athletes, families and friends must bring their own water bottles. These water bottles must be taken home or thrown away at the end of the day.
4. **MASKS** Masks are optional for all athletes, families, friends, and staff at Xtreme Acro & Cheer.
5. **GYM SANITATION** We will continue to use the services of Enviro-Master and Clean Net. As always, the entire gym will be cleaned 3x/week. The bathrooms will be professionally cleaned 3x/week and fumigated once a week. This fumigation treatment lasts for up to 10 days.
6. **COVID-19 EXPOSURE** If you or your child has a Covid-19 exposure (<6 feet away from an infected person for a cumulative total of 15 minutes or more), do not enter Xtreme Acro & Cheer until 5 days after the exposure. After at least 5 days from exposure, you or your child may return provided the individual has had a negative Covid-19 test, has not had a fever without the use of fever reducing symptoms within 24 hours, and are NOT exhibiting any symptoms.
7. **POSITIVE COVID-19 TEST** If you or your child contracts Covid-19, you may NOT return to the gym until 5 days after the onset of their symptoms. You or your child may return to the gym after 5 days providing the individual has not had a fever without the use of fever reducing medication within 24 hours and are NOT exhibiting any symptoms. Additionally, if you or your child contracts Covid-19, you MUST notify Xtreme Acro & Cheer.

Xtreme Acro & Cheer has put into place preventative measures as recommended by federal, state, and local governments and state and local health agencies in order to reduce the spread of Covid-19; however, Xtreme Acro & Cheer cannot guarantee that you or your child will not become infected with Covid-19. By signing this agreement, I acknowledge the contagious nature of Covid-19 and voluntarily assume the risk that my child and I may be exposed to or infected by Covid-19 by attending Xtreme Acro & Cheer and I hereby release, covenant not to sue, and hold harmless Xtreme Acro & Cheer, its owner, and its employees based on their actions.