



ROCKSTAR CHEER & DANCE CLEVELAND

2021-2022 ALL STAR HALF YEAR CHEER TEAM INFORMATION

29001 Solon Road Unit M
Solon, OH 44139

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info@rockstarcleveland.com

(440) 914 - 1070

ABOUT ALL STAR CHEERLEADING

Get ready for excitement - we are here to put on a show of athleticism! All Star Prep Competitive Cheerleading squads put together a one and a half to two minute action packed routine set to upbeat music. The routine consists of tumbling, stunts, motions, jumps, dance, and cheers. They perform for a panel of judges, competing against other squads of similar age and ability levels. These cheerleaders have their own fans!

JAM SESSIONS

TUESDAY SEPTEMBER 28

AGES 3-6 5:15-6:00PM
(BIRTH YEARS 2015-2018)

AGES 7-18 7:00-8:00PM
(BIRTH YEARS 2003-2014)

For your convenience we have set aside some times dedicated to signing up for team! Rockstar Cheer is committed to making this a fun and exciting day for you and your athlete. We will have everything you need to register and take measurements for uniforms and shoes. Coaches and staff will be on hand to answer any questions or concerns you may have. We will conduct low stress evaluations for those not sure what team to sign up for. Athletes will participate in an engaging class to get to know their coaches and check out our program. Parents and athletes interested in our Half Year Team Program are encouraged to attend one of our JAM sessions. If you are unable to attend, that's ok - just review the information in this packet and let someone at our front desk know if you have any questions or concerns and they will be happy to help.



ROCKSTAR CHEER TEAM PHILOSOPHY

At Rockstar Cheer, we build more than just athletes - we build characteristics in our children that will help them succeed in all aspects of their lives. We always put safety first, and take pride in teaching correct technique in everything we do. We believe that in order to succeed and perform skills safely, we need to be mentally and physically strong. We dedicate time every practice to condition our bodies and our minds. We do team building activities and provide guidance on setting and achieving goals, both individually and as a team. Positive reinforcement is key to our coaching staff, and will be consistently applied throughout the competitive season. It is our philosophy that it does not matter if we come in first or last - as long as we are dedicated and working hard to the best of our ability, we have already won without stepping a foot onto the mat. That being said, we are definitely a very competitive program. However, instead of focusing on 1st place, we focus on building the qualities that make a 1st place squad.



LENGTH OF ALL STAR HALF YEAR TEAM SEASON

The Rockstar Half Year competitive season is a 7 month commitment. Our team practices start the week of October 5, 2021. We work on building skills during October. In November we begin putting the pieces of our routines together, completing choreography in December. We will begin our competitions in February and our season ends with a Rockstar Showcase in April and a competition at Cedar Point early May.

EXPECTATIONS

We only get what we give! Sportsmanship and respect are a top priority for our team members, towards other athletes, Rockstar staff, and Rockstar family and fans. All athletes and Rockstar Staff will give 110% at every practice and performance. Athletes, family, and fans will be expected to support all coaching staff decisions. Athletes are expected to put their individual needs aside to do what is best for the team and program as a whole. We condition to make sure our athletes are strong enough to safely perform their skills - we fully expect our athletes to give everything they have!



PLEASE CONTACT US FOR MORE INFORMATION, QUESTIONS, COMMENTS OR CONCERNS

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ATTENDANCE

Every athlete is an important part of our routine, therefore attendance is absolutely mandatory at practices, choreography sessions, and competitions. If you are going to miss a practice, the coaching staff must be notified as soon as possible through the **'Availabilities' section of our Team App** so we can plan around your absence. Once registered, you will receive information on how to sign up and log into Team App so you can be included in important team information and updates as well as record your absences. We understand that you will miss practices from time to time, however if it begins to affect the team we will need to discuss a resolution which may include dismissal from the squad without refund. By joining an All Star Team, an athlete is making a big commitment not only to themselves, but to several other athletes and families as well. Please be sure your family is ready to make that commitment before joining our program.



COMMUNICATION

There are several ways that Rockstar Staff will communicate with athletes, family, and fans. Printed material is sent home, emails are sent out, text message reminders are used, and we have a team app to share information as well. Our coaching staff is available before and after practice for anything you need to chat about. We are always happy to address any questions, concerns, or comments you may have!

WHAT TO WEAR

Athletes should wear form fitting shorts, tanks, and tees to practice with hair pulled back from face in a ponytail. Shoes worn for practice must be clean and carried into the gym (must not be worn outside).

TEAM PLACEMENTS

All Half Year Team athletes will be placed by birth year. The birth year is used to determine the division each athlete is eligible to compete in. Tumbling and building ability will be taken into consideration and athletes may be asked to move up to the next age group based on skill level, however please note that we rarely move athletes up out of their age group. Rockstar Cheer Cleveland believes that athletes enjoy the sport and are most successful when on a team and competing against athletes their own age. We appreciate your support and confidence that we have our athletes best interests in mind when putting our teams together.

CHEER TEAM PRACTICE SCHEDULE

Each team will have practice once day per week from Tuesday October 5, 2021 thru Saturday May 7, 2022.

BIRTH YEAR

2017-2018

2015-2016

2012-2014

2003-2011

TEAM

IMAGINE DRAGONS - TINY EXHIBITION CHEER LEVEL 1

CHUMBAWAMBA - TINY NOVICE CHEER LEVEL 1

ELECTRIC MAYHEM - COMPETITIVE MINI PREP LEVEL 1.1

OASIS - COMPETITIVE SENIOR PREP CHEER LEVEL 2.1/2.2

WEEKLY PRACTICE TIME

THURSDAY 5:15-6:00PM

THURSDAY 5:15-6:10PM

TUESDAY 6:15-7:45PM

TUESDAY 6:15-7:45PM

CHOREOGRAPHY SCHEDULE - NOVEMBER 20-23 & DECEMBER 11-14

Athletes will be choreographed in house by our staff. It is mandatory for athletes to attend ALL choreography sessions. If there is any conflict please notify the front desk immediately so we can schedule a substitute for your athlete.

TEAM

IMAGINE DRAGONS

CHUMBAWAMBA

ELECTRIC MAYHEM

OASIS

SAT NOVEMBER 20
DECEMBER 11

9:30-10:30 AM

1:30-2:30 PM

12:00-2:00 PM

9:30-11:30 AM

SUN NOVEMBER 21
DECEMBER 12

9:30-10:30 AM

1:30-2:30 PM

12:00-2:00 PM

9:30-11:30 AM

TUES NOVEMBER 23
DECEMBER 14

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6:15-8:00 PM

6:15-8:00 PM

DATE

FRIDAY, FEBRUARY 12, 2022

SATURDAY, FEBRUARY 5, 2022

SATURDAY, MARCH 19, 2022

SUNDAY, APRIL 24, 2022

SATURDAY, MAY 7, 2022

COMPETITION SCHEDULE

ROCKSTAR CLEVELAND GYM, SOLON OHIO
JOHN S KNIGHT CENTER, AKRON OHIO
KALAHARI INDOOR WATERPARK, SANDUSKY OHIO
ROCKSTAR CLEVELAND GYM, SOLON OHIO
CEDAR POINT SPORTS CENTER, SANDUSKY, OHIO

COMPETITION

SEASON KICK OFF SHOWCASE
GREAT LAKES CHEER & DANCE CHAMPIONSHIPS
MIDWEST CHEER & DANCE NATIONALS
ROCK THE HOUSE SHOWCASE
ROCKIN' ROLLER COASTER CHAMPIONSHIPS

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ANNUAL GYM REGISTRATION FEES DUE UPON ENROLLMENT

Annual gym registration is required of all of our team members, is due annually, and is prorated by calendar year covering insurance & documentation fees. During the fall, the gym registration fee is prorated to \$30/family.

Annual Gym Registration will be due again in January for 2021 (\$40/family)

SHOES, BOW, UNIFORM RENTAL & DEPOSIT DUE UPON ENROLLMENT

Our Half Year Team athletes wear full length uniform tops, shorts, matching bows and white cheer shoes. We have a uniform rental system to make our program less expensive and easier for all of our customers.

The rental fee for the year is \$50. In addition, you will pay a \$50 deposit.

The \$50 deposit will be returned to you when you return your uniform at the end of the season party.

We are requiring all new athletes to purchase new shoes and a bow this season.

Uniform Rental Fee - \$50 Uniform Deposit - \$50 Bow - \$20

Dragons & Chumba Shoes - \$30, Mayhem & Oasis Shoes \$40, Mayhem & Oasis Makeup \$25

Returning athletes may NOT use their shoes and bow from last season. We are getting new bows and shoes for everyone!

Makeup is required for Mayhem & Oasis. It is optional for Dragons & Chumba and available to purchase for \$25.

Other optional Rockstar gear will be available to order throughout the season (duffle bags, warm-ups, fan tees, etc).

TUITION DUE FIRST OF EACH MONTH OCTOBER 2021-APRIL 2022

Monthly team fees are due the 1st of each month

For 7 months, October through April.

The monthly team fees for the upcoming season are:

Imagine Dragons - \$105

Chumbawamba \$120

The Electric Mayhem & Oasis - \$140

You can save 5% by paying in full by October 15.

(\$700 Dragons, \$800 Chumbawamba,

\$930 Electric Mayhem & Oasis).

In addition, we offer sibling discounts of 25% off second sibling and 50% 3rd, 4th, etc siblings.

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Each athlete is required to have a credit or debit card on file. This card will be charged on the 1st of each month if tuition has not been received by an alternate method of payment. A late fee of 10% will be charged if tuition is not paid by the 7th of the month and at that time, the athlete will sit out from practice. On the 15th of the month, if fees have not been paid the athlete will no longer be permitted to participate in our program.

WHAT ELSE DOES ROCKSTAR OFFER?



We offer tumbling and cheer classes for athletes who want to improve their skills without joining a team. We also have a full year competitive cheer program for athletes who are ready to take their cheer career to the next level.

Please visit our front desk or website for details.

WHAT DOES TUITION COVER?

- **Team Practices:** Weekly team practice/gym fees to cover use of gym, coaches, supplies, etc.
- **Extra Practices:** The week of competition we will schedule an extra practice to help athletes feel prepared.
- **Choreography:** All choreography and music will be done in house by our fabulous staff.
- **Competitions:** We will have 5 performances throughout the season. Your fees paid will cover your athlete's entry fee as well as the coaches fees for the events.
- **Season End Awards:** At the end of the season we will have an awards ceremony and celebration of our athletes accomplishments during our fun and successful year!
- **Additional Items:** Throughout the year we have team parties, rewards, and other fun things for our Rockstars

WHAT DOESN'T TUITION COVER?

- **Competitions:** Your tuition DOES NOT COVER family/fan spectator admission to the events (Usually between \$5-\$25 per person), transportation to/from the event, meals or snacks, etc.
- **Additional Items:** Warmups, Rockstar apparel, accessories, etc. are not included. These optional items are available for purchase if you would like them.

ARE YOU READY TO ROCK?

Registering for our Half Year Program is easy!

**Rock out at our JAM Sessions on
Tuesday September 28**

Complete your registration, get fitted for your uniform and shoes, and of course have fun!

Can't Make It? No Worries!

You can register at our front desk during our business hours or visit our website at any time! Feel free to email or call as well - our staff can help you register or answer any questions you may have.

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