

CHEER ATHLETE EVALUATION FORM

Please circle the evaluation date you will attend:

May 12 13 14 15

Athlete Name

Age

Date of Birth

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Athlete Phone #

Gym/Program in '23 – '24

Team & Level in '23 – '24

Years in All Star

1. 2. 3.

Division & Level Goal for the 2024-2025 Season

Other Requests (long distance ride shares, conflict with practice nights, etc.)

**** These requests will be considered but no guarantees are made. We will do our best to accommodate specific requests for ride sharing/siblings/practice times etc. that are realistic and significant. Requesting to fly, to be on an older team, or to be on a team with higher-level skills than the ones you currently have are unlikely to make an impact on the final roster selection.**

If you have been on a team before, what role(s) did you play in stunt groups? (Check all that apply)

MAIN

SIDE

BACK

FLYER

FRONT

What is the HIGHEST level of stunts you have competed? (mark one) 1 2 3 4 5 6/7

Are you interested in being a double-teamer for an additional fee?

LEVEL 1 NOVICE	STANDING TUMBLING		RUNNING TUMBLING	
	Standard	Specialty	Standard	Specialty
	Forward Roll	Bridge Kickover Backbend	CW	FWR x 2 Handstand
LEVEL 1 PREP	STANDING TUMBLING		RUNNING TUMBLING	
	Standard	Specialty	Standard	Specialty
	BWO	2 BWO BWO Switch Leg Valdez	3 x CW	CW BWO FWO Round Off
LEVEL 1 ELITE	STANDING TUMBLING		RUNNING TUMBLING	
	Standard	Specialty	Standard	Specialty
	3 x BWO	Valdez BWO BWO Switch Leg Back Extension Roll	CWO BWO BWO	FWO CW BWO FWO FWO
LEVEL 2 ELITE	STANDING TUMBLING		RUNNING TUMBLING	
	Standard	Specialty	Standard	Specialty
	BHS s/o BWO BHS	BWO switch leg BHS Valdez BHS Back extension roll BHS	2 step RO 2 BHS	FWO RO BHS Boulder RO BHS 1/2 turn RO BHS
LEVEL 3 ELITE	STANDING TUMBLING		RUNNING TUMBLING	
	Standard	Specialty	Standard	Specialty
	3 BHS	Valdez 2 BHS BHS step out BHS BHS Jump BHS	2 step RO BHS Tuck	FWO RO BHS Tuck Punch Front-> RO BHS Tuck FWO Aerial
LEVEL 4 ELITE	STANDING TUMBLING		RUNNING TUMBLING	
	Standard	Specialty	Standard	Specialty
	BHS Tuck	BWO Tuck Jump BHS Tuck Valdez Tuck	2 step RO BHS Layout	RO Whip Tuck PF step out-> Layout Whip -> Layout
LEVEL 5 ELITE	STANDING TUMBLING		RUNNING TUMBLING	
	Standard	Specialty	Standard	Specialty
	Toe Touch 2 BHS Layout	Jump Tuck BHS Layout BHS Whip Tuck/Layout	2 step RO BHS Full	PF step out-> Full FWO-> Full Whip-> Full