



All Stars

\$15 PER CLASS

TUMBLING CLASSES

At Top Gun, safety is **ALWAYS** our top priority. Our certified instructors are prepared to take athletes all ages and skill levels through the proper progression necessary for developing both the physical and mental technique and strength needed to perform skills with confidence, consistency and great execution! Athletes **MUST** be able to demonstrate a mastery of all prior skills before moving onto the next. Please see the charts below for more detail

LEVEL 1 FUNDAMENTALS

Requirement

Ages 5-9
Beginner

Curriculum

Handstands
Cartwheels
Fwd/Bwd Rolls
Bridges

Schedule

Tuesdays 5:15-6:15

LEVEL 1 PREP

Requirement

Ages 6+
Back bend & CW

Curriculum

Kickovers
BWO
Front Limbers
Roundoffs

Schedule

Mondays 5:15-6:15
Tuesdays 7:15-8:15

LEVEL 1 ELITE

Requirement

Elite Level 1 TG Team
Coach Approval

Curriculum

BWO Switch Leg
Valdez
Connecting Skills
BHS Fundamentals

Schedule

Tuesdays 6:15-7:15
Wednesdays 5:15-6:15

LEVEL 2

Requirement

Level 2 TG Team
Coach Approval

Curriculum

BHS Step Out
Boulder
Connecting Skills
Tuck Fundamentals

Schedule

Mondays 7:30-8:30
Thursdays 7:30-8:30

LEVEL 3

Requirement

Level 3 TG Team
Coach Approval

Curriculum

Standing Multiple BHS
Open Tucks
Punch Fronts
Aerials
Layout Fundamentals

Schedule

Mondays 6:15-7:15
Thursdays 6:15-7:15

LEVEL 4

Requirement

Level 4 TG Team
Coach Approval

Curriculum

BHS/BWO Tuck
PF Step Out
Whip Connections
Full Fundamentals

Schedule

Wednesdays 7:30-8:30
Thursdays 6:15-7:15

LEVEL 5

Requirement

Level 5 TG Team
Coach Approval

Curriculum

BHS Series Layout
Arabians
Whip Connections
Doubles

Schedule

Wednesdays 6:15-7:15
Thursdays 6:15-7:15

TO REGISTER: CLICK HERE

Reminder that athletes should only participate in **one level** of tumbling classes.
Example: an athlete should **NOT** be in Level 2 & level 4.



***WE ENFORCE A STRICT 8 HOUR CANCELLATION POLICY. TO CANCEL, EMAIL BUCKLEY@TOPGUNSWFL.COM OR YOU WILL STILL BE CHARGED.**