



# SEASON XXI TRYOUTS

## STUNT & TUMBLE TRYOUT DATES

**SUNDAY - MAY 16TH**  
AGES 13 AND UP  
**5:30 PM - 8:30 PM**

**TUESDAY - MAY 18TH**  
8 - 12 YEARS  
**6:00 PM - 8:30 PM**

**WEDNESDAY - MAY 19TH**  
3-7 YEARS  
**5:30 PM - 7:00 PM**

## PRIVATE EVALUATIONS

**THURSDAY, MAY 20TH**  
5:30 PM-8:00 PM  
**SATURDAY, MAY 22ND**  
10:00 AM-1:00 PM



**FOR MORE INFORMATION EMAIL: [RACHAEL@LACHEERFORCE.COM](mailto:RACHAEL@LACHEERFORCE.COM)**

# TRYOUT INFORMATION

Tryout fee due the day of tryouts-

COMPETITIVE RETURNING ATHLETES \$20    NEW Members \$30    PRIVATE EVALUATIONS \$40

## Try-Outs:

Try-Outs for Louisiana Cheer Force will be held at the Baton Rouge facility located at 14050 Tiger Bend Road, Baton Rouge, LA 70817. Try-outs for the Baton Rouge location will be held May 16th, 18th and 19th as noted below. Each athlete should attend the try-out session according to their age.

Each athlete should attend try-outs with their hair pulled back in a pony tail, and wear shorts, bikers, “no show” socks and tennis shoes. They may either wear a fitted t-shirt, sports bra or tank. LCF staff will evaluate the athlete’s standing tumbling skills, running tumbling skills, jumps, mental mind-set, and floor presence. The staff may also ask athletes to stunt and/or show flexibility.\*\*\*Non- Competitive (Show team) interested athletes DO NOT have to Try-Out (see non-competitive financial obligation form)

## TRY-OUT DATES

**SUNDAY, MAY 16TH, 2021**

Ages 13 and UP: 5:30 PM-8:30 PM

**TUESDAY, MAY 18TH, 2021**

Ages 8-12 YEARS: 6:00 PM-8:30 PM

**WEDNESDAY, MAY 19TH, 2021**

Ages 3-7 YEARS: 5:30 PM-7:00 PM

If you are unable to try outs we will have private evaluations Thursday, May 20th 5:30 PM-8:00 PM and Saturday, May 21st 10:00 AM - 1:00 PM. You may use the sign up genius to schedule a time for private evaluation. Please only utilize an individual try-out in the case of a schedule conflict on tryout days.

**Try-Out Atmosphere:** LCF maintains a relaxed environment at try-outs. The parent viewing area will be closed. Remember, **LCF will have a team for all ages and most ability levels.**

## **Items Required at Mandatory Parents Meeting (first parent meeting after tryouts--you will attend your new team specific meeting):**

- Turn in the Annual Registration Form along with \$60.00 Registration Fee
- Turn in the Bank Auto Draft
- Turn in the Code of Conduct Acknowledgement
- Turn in the signed 2nd page of Financial Obligation Form
- 1st monthly competition team fee due \$220.00

**Try-Out Results:** LCF will post the try-out results on our website by Wednesday, May 26th 8:00pm. Summer practices will begin the first week in June.





# ALL-STAR CHEERLEADING OVERVIEW

All-Star cheerleading has evolved into one of the most exciting, fast-paces and strenuous activities scored by a panel of judges in the world. Competitive cheerleading is broken down into teams by age and ability. The United States All-Star Federation (USASF) is currently the main governing presence in our industry, and Louisiana Cheer Force (LCF) forms our teams based upon the age and ability levels specified by them. LCF has teams in several LEVELS in each of these AGE groups. Currently, these age groups are as follows:

## USASF All Star Cheer ELITE TIER CLUB Divisions 2021-2022

Target Ages	Birth Year	Level	Division	Female/Male	Number on Team
5-6 years old	2014-2016	1	Tiny	Female/Male	5-30 Members
5-8 years old	2012-2016	1	Mini	Female/Male	5-30 Members
5-11 years old	2009-2016	1	Youth	Female/Male	5-30 Members
6-15 years old	2005-2015	1	Junior	Female/Male	5-30 Members
12-18 years old	6/1/02-2009	1	Senior	Female/Male	5-30 Members
5-8 years old	2012-2016	2	Mini	Female/Male	5-30 Members
5-11 years old	2009-2016	2	Youth	Female/Male	5-30 Members
6-15 years old	2005-2015	2	Junior	Female/Male	5-30 Members
12-18 years old	6/1/02-2009	2	Senior	Female/Male	5-30 Members
5-11 years old	2009-2016	3	Youth	Female/Male	5-30 Members
6-15 years old	2005-2015	3	Junior	Female/Male	5-30 Members
12-18 years old	6/1/02-2009	3	Senior	No Males	5-30 Members
12-18 years old	6/1/02-2009	3	Senior Co-Ed	1 or more Males	5-30 Members
8-11 years old	2009-2013	4	Youth	Female/Male	5-30 Members
8-15 years old	2005-2013	4	Junior	Female/Male	5-30 Members
12-18 years old	6/1/02-2009	4	Senior	No Males	5-30 Members
12-18 years old	6/1/02-2009	4	Senior Co-Ed	1 or more Males	5-30 Members
13 years +	2008 or before	4	Senior Open	Female/Male	5-24 Members
12-18 years old	6/1/02-2009	4.2	Senior	No Males	5-30 Members
12-18 years old	6/1/02-2009	4.2	Senior Co-Ed	1 or more Males	5-30 Members
9-11 years old	2009-2012	5	Youth	Female/Male	5-38 Members
9-15 years old	2005-2012	5	Junior	Female/Male	5-38 Members
12-18 years old	6/1/02-2009	5	Senior	No Males	5-38 Members
12-18 years old	6/1/02-2009	5	Senior Co-Ed	1 or more Males	5-38 Members
13 years +	2008 or before	5	Senior Open	No Males	5-24 Members
13 years +	2008 or before	5	Senior Open Co-Ed	1 or more Males	5-24 Members
9-15 years old	2005-2012	6	Junior	No Males	5-38 Members
9-15 years old	2005-2012	6	Junior Co-Ed	1 or more Males	5-38 Members
13-18 years old	6/1/02-2008	6	Senior XSmall *	No Males	5-16 Members
13-18 years old	6/1/02-2008	6	Senior Small *	No Males	17-22 Members
13-18 years old	6/1/02-2008	6	Senior Medium *	No Males	23-30 Members
13-18 years old	6/1/02-2008	6	Senior Large *	No Males	31-38 Members
13-18 years old	6/1/02-2008	6	Senior XSmall Co-Ed *	1-2 Males	5-16 Members
13-18 years old	6/1/02-2008	6	Senior Small Co-Ed *	1-5 Males	5-22 Members
13-18 years old	6/1/02-2008	6	Senior Medium Co-Ed *	1-8 Males	5-30 Members
13-18 years old	6/1/02-2008	6	Senior Large Co-Ed *	1-19 Males	5-38 Members
13 years +	2008 or before	6	Senior Open *	No Males	5-24 Members
13 years +	2008 or before	6	Senior Open Small Co-Ed *	1-4 Males	5-24 Members
13 years +	2008 or before	6	Senior Open Large Co-Ed *	5-12 Males	5-24 Members
			* Indicates Worlds Eligible Division		

# USASF All Star Cheer ELITE TIER INTERNATIONAL Divisions

## 2021-2022

Target Ages	Birth Year	Level	Division	Female/Male	Number on Team
9-16 years old	2004-2012	1	U17	Female/Male	10-24 members
13-18 years old	2002-2008	1	U19	Female/Male	10-24 members
9-16 years old	2004-2012	2	U17	Female/Male	10-24 members
13-18 years old	2002-2008	2	U19	Female/Male	10-24 members
9-16 years old	2004-2012	3	U17	Female/Male	10-24 members
13-18 years old	2002-2008	3	U19	No males	10-24 members
13-18 years old	2002-2008	3	U19 Co-ed	Female/Male	10-24 members
9-16 years old	2004-2012	4	U17	No Males	10-24 members
9-16 years old	2004-2012	4	U17 Co-ed	Female/Male	10-24 members
13-18 years old	2002-2008	4	U19	No Males	10-24 members
13-18 years old	2002-2008	4	U19 Co-ed	Female/Male	10-24 members
13 years +	2008 or before	4	International Open	No Males	10-24 members
13 years +	2008 or before	4	International Open Co-Ed	Female/Male	10-24 members
13 years +	2008 or before	6	International Open	No Males	10-24 members
13 years +	2008 or before	6	International Open Small Co-Ed	1-4 Males	10-24 members
13 years +	2008 or before	6	International Open Large Co-Ed	5-16 Males	10-24 members
13 years +	2008 or before	6	International Open NT	No Males	10-30 members
13 years +	2008 or before	6	International Open Co-Ed NT	1-20 Males	10-30 members
13 years +	2008 or before	6	International Global	No Males	10-24 members
13 years +	2008 or before	6	International Global Co-Ed	1-16 Males	10-24 members
16 years +	2005 or before	7	International Open	No Males	10-24 members
16 years +	2005 or before	7	International Open Small Co-Ed	1-4 Males	10-24 members
16 years +	2005 or before	7	International Open Large Co-Ed	5-16 Males	10-24 members

USASF sanctioned events may **ONLY** offer these International divisions. All divisions offered by the IASF **are not** all offered at USASF sanctioned events. Please see the International division list on this page to ensure division offerings at USASF sanctioned events. Competitions that follow IASF Guidelines may have additional rules/ restrictions for the International Divisions. Please check with the Event Producer directly for further information.

Please note the following:

- Minimum number of athletes for all divisions is 10. A penalty may be assessed for taking the floor with fewer than 10 athletes.
- The maximum numbers of males on a Co-Ed Division team may not exceed 2/3 of the total athletes on the team.
- Routine time limit for International Divisions is a maximum of 2:30.
  - Exception: Routine time limit for NON - TUMBLING Divisions is a maximum of 2:00.
  - Exception: Global Divisions - Time Limit: 3:30. Cheer = 30 seconds(minimum) 40 second (maximum), 20 seconds to move from cheer to and set for music portion, 2:30 maximum for music portion.

"U Format": Please note there is still a bottom age for these divisions. Use the Birth Year Column to verify athlete eligibility for all divisions.



# USASF All Star Cheer PREP TIER Divisions 2021-2022

Target Ages	Birth Year	Level	Division	Female/Male	Number on Team
5-6 years old	2014-2016	1.1	Tiny	Female/Male	5-30 Members
5-8 years old	2012-2016	1.1	Mini	Female/Male	5-30 Members
5-11 years old	2009-2016	1.1	Youth	Female/Male	5-30 Members
6-15 years old	2005-2015	1.1	Junior	Female/Male	5-30 Members
10-18 years old	6/1/02-2011	1.1	Senior	Female/Male	5-30 Members
5-8 years old	2012-2016	2.1	Mini	Female/Male	5-30 Members
5-11 years old	2009-2016	2.1	Youth	Female/Male	5-30 Members
6-15 years old	2005-2015	2.1	Junior	Female/Male	5-30 Members
10-18 years old	6/1/02-2011	2.1	Senior	Female/Male	5-30 Members
5-8 years old	2012-2016	2.2	Mini	Female/Male	5-30 Members
5-11 years old	2009-2016	2.2	Youth	Female/Male	5-30 Members
6-15 years old	2005-2015	2.2	Junior	Female/Male	5-30 Members
10-18 years old	6/1/02-2011	2.2	Senior	Female/Male	5-30 Members
5-11 years old	2009-2016	3.1	Youth	Female/Male	5-30 Members
6-15 years old	2005-2015	3.1	Junior	Female/Male	5-30 Members
10-18 years old	6/1/02-2011	3.1	Senior	Female/Male	5-30 Members
5-11 years old	2009-2016	3.2	Youth	Female/Male	5-30 Members
6-15 years old	2005-2015	3.2	Junior	Female/Male	5-30 Members
10-18 years old	6/1/02-2011	3.2	Senior	Female/Male	5-30 Members

Please refer to the USASF 2021-2022 Cheer Rules for routine rules and guidelines. The specific page number is referenced in the Table of Contents of the USASF 2021-2022 Cheer Safety Rules.

## **ALL STAR CHEER PREP GUIDELINES**

- All teams are combined female/male - prep teams will not be classified as co-ed, regardless of the number of males on a team.

# USASF All Star Cheer NOVICE TIER Divisions

## 2021-2022

Target Ages	Birth Year	Level	Division	Female/Male	Number on Team
3-6 years old	2014-6/1/18	1 w/Restrictions	Tiny	Female/Male	3 + Members
5-8 years old	2012-2016	1 w/Restrictions	Mini	Female/Male	5 + Members
5-11 years old	2009-2016	1 w/Restrictions	Youth	Female/Male	5 + Members
6-15 years old	2005-2015	1 w/Restrictions	Junior	Female/Male	5 + Members
10-18 years old	6/1/02-2011	1 w/Restrictions	Senior	Female/Male	5 + Members
5-8 years old	2012-2016	2 w/Restrictions	Mini	Female/Male	5 + Members
5-11 years old	2009-2016	2 w/Restrictions	Youth	Female/Male	5 + Members
6-15 years old	2005-2015	2 w/Restrictions	Junior	Female/Male	5 + Members
10-18 years old	6/1/02-2011	2 w/Restrictions	Senior	Female/Male	5 + Members
5-11 years old	2009-2016	3 w/Restrictions	Youth	Female/Male	5 + Members
6-15 years old	2005-2015	3 w/Restrictions	Junior	Female/Male	5 + Members
10-18 years old	6/1/02-2011	3 w/Restrictions	Senior	Female/Male	5 + Members

Please refer to the USASF 2021-2022 Cheer Rules for routine rules and guidelines. The specific page number is referenced in the Table of Contents of the USASF 2021-2022 Cheer Safety Rules.

### ALL STAR NOVICE GUIDELINES

- **Tiny Novice Athletes** must be at least 3 years old on 6/1/21 which is the start of the USASF Member Term.
- All teams are combined female/male - novice teams will not be classified as co-ed, regardless of the number of males on a team.
- An Event Producer may offer a team of less than 5 participants, as long as they meet the age restrictions of the Age Grid. Prior approval from the Event Producer is required.

### ALL STAR NOVICE SELECT

- The USASF will be offering a Novice Select option that will be available to all USASF Member Programs. This resource will provide music, a framework of a Novice routine and a skill list to choose from. This was created to help newer coaches/programs learn how to put together routines while reducing the cost of music and choreography fees.
- The Novice Select routines will perform in the Novice Divisions.



TIER	DIVISIONS	TARGET AGES	USASF ATHLETE BIRTH YEAR (*"x" indicates eligible for that division)																						
			2001 or before	1/1/2002- 5/31/2002	06/01/02 - 12/31/02	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	1/1/2018- 6/1/2018				
ELITE CLUB	Senior Open(L4/L5/L6)	13+	x	x	x	x	x	x	x	x	x														
	Senior (L6)	13-18			x	x	x	x	x	x	x														
	Senior (L1-5)	12-18			x	x	x	x	x	x	x	x													
	Junior (L5-6)	9-15						x	x	x	x	x	x	x											
	Junior (L4)	8-15						x	x	x	x	x	x	x	x										
	Junior (L1-3)	6-15						x	x	x	x	x	x	x	x	x	x								
	Youth (L5)	9-11										x	x	x	x										
	Youth (L4)	8-11											x	x	x	x	x								
	Youth (L1-3)	5-11											x	x	x	x	x	x	x	x					
		Mini (L1-2)	5-8													x	x	x	x	x					
	Tiny (L1)	5-6															x	x	x						
PREP	Senior Prep (L1.1, 2.1, 2.2, 3.1, 3.2)	10-18			x	x	x	x	x	x	x	x	x	x	x										
	Junior Prep (L1.1, 2.1, 2.2, 3.1, 3.2)	6-15						x	x	x	x	x	x	x	x	x	x								
	Youth Prep (L1.1, 2.1, 2.2, 3.1, 3.2)	5-11											x	x	x	x	x	x	x	x					
	Mini Prep (L1.1, 2.1, 2.2)	5-8														x	x	x	x	x					
	Tiny Prep (L1.1)	5-6																x	x	x					
NOVICE	Senior Novice(L1-3 w/restrictions)	10-18			x	x	x	x	x	x	x	x	x	x											
	Junior Novice (L1-3 w/restrictions)	6-15						x	x	x	x	x	x	x	x	x	x	x							
	Youth Novice(L1-3 w/restrictions)	5-11											x	x	x	x	x	x	x	x					
	Mini Novice (L1-2 w/restrictions)	5-8														x	x	x	x	x					
	Tiny Novice(L1 w/restrictions)	3-6																x	x	x	x		x		
CheerAbilities	CheerAbilities Elite (L2 w/restrictions)	5+	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x							
	CheerAbilities Novice (L1 w/restrictions)	5+	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x							
	CheerAbilities Exhibition (L2 w/restrictions)	5+	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x							
ELITE INTERNATIONAL																									
	International Open (L7)	16+	x	x	x	x	x	x																	
	International Open/NT/Global (L6)	13+	x	x	x	x	x	x	x	x	x														
	International Open (L4)	13+	x	x	x	x	x	x	x	x	x														
	International U19 (L1-4)	13-18		x	x	x	x	x	x	x	x	x													
	International U17 (L1-4)	9-16					x	x	x	x	x	x	x	x	x										

Use the Birth Year column to verify athlete eligibility for all divisions. The Target Ages are reflective of the typical age range athletes are at some point during the 2021 calendar year based on their birth year.

All-Star cheerleading is scored based upon the **execution and difficulty** of tumbling, jumping, dancing, motion technique, tosses, stunting, performance and choreography. All are important in putting together a successful team. Athletes will be placed on teams based upon their abilities in the above-mentioned categories as well as their **mental mindset**. Although tumbling skills are not the **final** determination regarding team placement, LCF has listed tumbling skills preferred at each skill LEVEL for your benefit.

***PLEASE NOTE THAT STANDING TUMBLING SKILLS ARE VERY IMPORTANT***

	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4	LEVEL 5	LEVEL 6
	<b>LEVEL APPROPRIATE TUMBLING</b>					
<b>STANDING</b>	*Forward Roll *Backward Roll *Cartwheel	*BHS	*3 BHS *Jump connected to 1 BHS	*Standing back tuck *Standing BHS to tuck *Jumps connected to BHS Tuck	*Standing BHS to layout *Jump Tuck combination	*Jump Tuck combination *Jumps to BHS Full *Standing BHS to whip punch full
<b>RUNNING</b>	*Roundoff	*Roundoff BHS	*Round off back tuck *Roundoff BHSTuck	*Roundoff layout *Roundoff BHS Layout	*Round off BHS Full *Front walkover Roundoff BHS Full	*Punch front Roundoff BHS Full *Roundoff BHS Whip to Full *Roundoff BHS Whip
	<b>ADVANCED TUMBLING</b>					
<b>STANDING</b>	*Handstand Forward Roll *Back walkover * Front walkover * Multiple Back Walkovers	*Back walkover BHS	*Standing BHS Step out Roundoff BHS Tuck *Jumps to multiple BHS	*Standing BHS(S) to tuck *Jumps to BHS(S) to tuck	*Jump BHS(S) to layout *Standing BHS(S) to whip to layout	*Standing BHS(S) to double Full *Jump BHS(S) to double Full *Standing Full *Jump to Standing Full *Standing BHS(S) to Whip Punch double Full
<b>RUNNING</b>	*Cartwheel Back Walkover *Front walkover to Cartwheel *Cartwheel Half Turn to Front Walkover	*Front Walkover to Roundoff BHS(s)	*Front Walkover to Roundoff BHS Tuck *Ariel *Punch Front	*Punch Front Connected to Roundoff BHS Layout *Whip to Layout *Roundoff BHS Whip Punch Layout *Front Handspring Punch Front to Roundoff BHS	*Front Walkover Roundoff BHS Full *Punch Front Roundoff BHS Full *Whip to Full *Roundoff Arabian Pause Roundoff BHS Full	*Roundoff BHS Double Full *Punch Front Roundoff BHS to Double Full *Whip to Double Full *Arabian to Double Full *Whip Punch



# TEAM EXPECTATIONS

**Practice Wear:** Practice wear will be available for purchase in mid-June. Each team member is required to purchase practice outfits and wear the correct practice outfit to each practice. Each practice outfit consists of one pair of shorts/bottoms and one shirt/top. If you are dressed incorrectly, you will condition/jump after practice.

- Shoes must be worn.
- Hair must be out of face and in a high ponytail with practice bow.
- No jewelry of any kind
- Shorts and bikers must be appropriate length
- Bikers are required to be worn under shorts.

## **Injury/Illness Policy:**

If you have a doctor's note for an injury or illness that will require you to miss any practices, performances, and/or competitions, you will be required to have a fill in (an athlete that can fulfill your spots on the team in stunting and tumbling). Your spot on the team may or may not be available when you are cleared to return. When/if the coaches feel you are able to safely perform all the tumbling and stunting skills you previously did before your injury/illness in a routine with consistency, then you will be able to return. Until then, your fill in will be practicing, performing, and/or competing for you. If this time frame falls the week before a competition and/or back to back competitions, your fill in most likely will compete for you.

**Competition Wear:** All members will be required to be fitted for competition uniforms which will be around mid-August and a parent or guardian must be present at the uniform fitting to sign off on the order (unless you already have a uniform that still fits, exchanges are possible if sizes allow).

**Competitions:** We expect to attend 5-7 competitions (which may include two out of state) throughout the season. Competitions will most likely begin in November and go through April. We will finalize our 2021-2022 competition schedule before July 31st. We will attend some competitions that may require a two night stay in a hotel. All athletes are required to arrive at National competitions the afternoon/night before they compete (as we will have a practice the night before the actual competition). All athletes will be expected to arrive on time and leave when released by the competition schedule set for each team by LCF. Please understand that competitions may take the whole day so do not plan other activities on a competition day.

**Hotel Accommodations:** We ask but will not require our athletes to stay in the "Team Hotel" for out of town competitions. We will select "Team Hotels" when we release our competition schedule so those that wish to stay in the "Team Hotel" can make their reservations. This is a wonderful time for athletes and parents to get to know each other. Room Blocks may or may not be made by LCF however either way; each family will be responsible for securing their own lodging at out of town competitions. Teams may be required to meet at the "Team Hotel" any time though out the weekend of a National Competition at the coach's request. **\*\*Exception--**some competition REQUIRE you to stay at a hotel offered through the competition company in order to compete at their event (all of this information will be sent out to you)--the competition companies that participate in this are usually NCA, Cheersport, and American Coastal and it's referred to as their "stay to play" policy.

**Team Skills camps and Choreography camps:** Skills camps are generally held the last two weeks in JUNE and Choreography camps are held the last two weeks in AUGUST. These camps are mandatory for each team member. All teams will have their choreography between August 10th-August 23rd.. Choreography will be held at the Louisiana Cheer Force facility. Choreography is mandatory for ALL athletes, and usually takes place over a 3-4 day period. We will release the choreography camp and skills camp dates for all teams ASAP.

**Summer Practices:** Summer practice attendance is required; however we do allow for summer vacations. We ask that absence requests for vacations must be turned in one week in advance or at registration; if you already know which dates you will be gone for vacations. Please email ALL requests to [rachael@lacheerforce.com](mailto:rachael@lacheerforce.com). We do request that you attend practice if you are in town. It is highly beneficial to attend ALL Summer practices to secure your positions on the teams. The Summer practices is when we will be deciding which stunt positions everyone will be in in addition to working on tumbling and jumps and perfecting all skills.

# TEAM PLACEMENTS

**Team Placements:** All teams at LCF are built based upon placing each team in a position to score as high as possible in competition. Each team must be able to stunt, jump, tumble, dance, etc. at a level that will enable them to maximize the score sheet in difficulty AND execution. This means all athletes on a team may not have the same tumbling ability. Please trust the LCF staff to build teams that will be successful in the competition arena. After tryouts, kids are placed on teams and/or workout groups in order to finalize teams by choreography. Though we try to move athletes as little as possible, there **WILL BE** movement within our program of athletes from one team to another potentially all the way until choreography arrives. In certain cases, moves may still be made after choreography. Our focus is to build the strongest teams possible and to make sure each athlete is placed on a team where they can excel and have a positive experience. The position an athlete can fill on a team (flyer, base, backspot) is highly evaluated when picking teams. As you know, we have to have the appropriate number of each athlete in order to stunt and maximize the score sheet. There will be times when a member is normally a flyer and may have to base as well; depending on the team. Also, typically an athlete is placed within their appropriate age team. The only time athletes are moved up out of their age category is if a particular team does not have enough flyers, bases, etc, and a move up would benefit the team, otherwise, athletes will be placed with their appropriate age group.

# PROGRAM RULES AND REGULATIONS

**Monthly Payments:** All athlete's monthly competition team fee will be ACH drafted by LCF on the 15th of each month. As a courtesy, Louisiana Cheer Force sends billing statements (only if your account has something that is PAST DUE) via email to our customers. It is the customer's responsibility to make their payments on time whether they receive a statement or not. Accounts that remain unpaid after the 20th will incur a \$20.00 late fee and may result in your athlete being held out of activities at Louisiana Cheer Force until the account is brought current. Also, private lessons will not be allowed to participate in if you have an outstanding balance. We accept ACH drafts, cash and checks as forms of payment. Credit cards are accepted with a 3% fee added to your payment.

**Refunds:** If you quit or are removed from the program by Louisiana Cheer Force you will not receive a refund of any kind. This includes any prepaid amounts and you are responsible for paying monthly fees from **May 2021-April 2022** as this is the entire season.

**Material Agreement:** As a member of Louisiana Cheer Force, any material (cheers, chants, pyramids, partner stunts, transitions, dances, music, routines, etc.) or taught for any purpose, to anyone outside the Louisiana Cheer Force All-star Cheerleading Program. All material is owned by Louisiana Cheer Force and may not be reproduced or taught in any manner without prior written consent from Louisiana Cheer Force.

**Uniform Agreement:** Any and all parts of the Louisiana Cheer Force Program uniform may only be worn during specific and official Louisiana Cheer Force program activities. The uniform may not be worn for any other activity without prior written consent from Louisiana Cheer Force. No part of the uniform may be loaned to any person that is not a current member of the program.

**Property Rights Agreement:** No Louisiana Cheer Force, Inc. related items may be sold without prior written consent from Louisiana Cheer Force. The company name, team names, and its entity are solely owned by Louisiana Cheer Force. This includes no reproduction of our name, Louisiana Cheer Force, Cheer Force, CF, and/or our logo. All items containing this must be produced by Louisiana Cheer Force only. **(no printing of our name in any way on items for personal use and/or for sell to others unless it's done by Louisiana Cheer Force).**

**Valuables in Gym:** It is not possible to monitor valuables brought into the Louisiana Cheer Force facility and/or parking lot. Please leave valuables at home. LCF will not be responsible for any lost or stolen items and/or money.