



## **2018-2019 Pre-Season Info**

Recently there have been a lot of USASF and Varsity changes. In addition, we have decided to revamp the evaluation process. This information sheet should cover most of the changes for the 2018-2019 season, especially as it relates to the start of the season and sign-ups.

### **Registration**

Registration begins May 7! If you register your athlete before Sunday, May 27, you will receive a discounted rate. Registration is the \$50 registration/insurance fee plus June tuition for training. All athletes have to pay the full registration fee regardless of how many leveled practices they can attend. This also includes a T-shirt!

Please have forms filled out, payment made, and a credit card number put on file in order to finalize registration.

Early registration (by May 27)- \$170

On time registration (by June 10)- \$200

Late registration (after June 10)- \$225

### **Leveled Practices**

Our gym philosophy is that we focus on the team prior to the individual. In this respect, we felt that our previous team placement process didn't line up with these values. Instead of forming teams based on individual skills, we need to keep like-skilled kids together and see what we can do with the personnel to make them the strongest team possible for the gym. There is so much that goes into an All-Star performance, that the dynamic of a team in respect to stunting, tumbling, dance, jumps, and attitude needs to be just right. We even need to consider the size of the athletes in comparison with each other. We feel that by spending the month of June practicing like-skilled athletes together, we will be able to configure the strongest teams possible to represent our gym. Athletes will attend their first leveled practice the week of May 28th. They will come to the level of their 2017-2018 team (unless told otherwise by a staff member. This would only apply if their skills declined during the season). If there are athletes whose skill set could potentially benefit a different group of athletes, that athlete will receive an email during the month of June to either switch to a different leveled practice day or add a leveled practice day. Leveled practices will allow us to do a number of things:

1. Evaluate how the athletes work together, especially in regard to stunting, over a longer period of time.
2. Teach the gym techniques prior to forming teams, like we did at Intense Weekend the past few years.
3. Evaluate consistency, ability to take critique, and stamina over a longer period of time.
4. Take the pressure off of the kids to "level up." It is unrealistic for every athlete to level up each year. Every athlete is different, but generally an athlete spends 2-4 years at a particular level.
5. Allow the athletes to form bonds with like-skilled kids before teams even begin.
6. Only HAVE to be at gym one day a week in June.

### **Class Packages**

Class packages are good for May 7-June 30! These are optional for anyone interested in working on skills during these months. Packages are as follows:

White package- \$105 for 10 classes

Black Package- \$140 for 15 classes

Gold Package- \$170 for 20 classes

Platinum Package- \$195 for 25 classes

Single class- \$12

Packages must be pre-purchased. Please sign up at the front desk if you would like to purchase one!

### **Private Pricing 18/19:**

1/2 Hour: \$27 for 1 cheerleader

1/2 Hour: \$18 each for 2 cheerleaders

1 Hour: \$42 for 1 cheerleader

1 Hour: \$32 each for 2 cheerleaders

1 Hour: \$25 each for 3 cheerleaders

Cancellations must be done 24 hours in advance to avoid being charged for the lesson. You WILL be charged for any lessons cancelled within the 24 hour period.

\*\*Jess, Adam, and Gregg do Semi-Privates ONLY due to high demand and limited availability. Semi-Privates are for 2-3 athletes and are coordinated with like-skilled athletes. If there is a case where any of us have a single private, the athlete would be charged the full \$64 for the lesson (unless we just can't find someone to fill the slot).

### **USASF changes**

Age Grid change for All Star Elite(traditional All star)- Senior teams are now 11-18, Senior level 5 is now age 13-18, Junior teams are now ages 8-14, Youth teams are now ages 5-11.

Level 4 standing tumbling is now limited to ending in a tuck (not a layout) and the pass must end after the tuck.

Restricted 5 standing tumbling is now limited to ending in a layout but may include whips in the pass.

Prep Divisions - These have changed to differentiate from Traditional All-star Elite teams. Please see the grid attached for more info. All Prep information could be subject to change.

Addition of 2 new programs- Novice & FUNdamentals (we may be offering one or both):

Novice- Teams that perform a routine but are not judged against other teams. Instead they are judged against a scoresheet and ranked based on their score. (Ex. Blue ribbon, red ribbon, white ribbon). The actual logistics of scoring these teams has not been released yet.

Fundamentals- A program created by the USASF for beginner cheerleaders. The idea is to run a program for a set time (maybe 6-12 weeks) to allow kids to try All-Star. Compulsory routines are made by the USASF and can be used as a final performance in the gym at the end of a FUNdamentals session!