



# Absence/Substitute Request Form

\*Fill out and have signed by your Coach at least 2 weeks prior to the absence\*

Today's Date \_\_\_\_\_

Athlete Name: \_\_\_\_\_ Date(s) Absent: \_\_\_\_\_

Athlete Team(s): \_\_\_\_\_

Date Range Away: \_\_\_\_\_

Athlete Position: Main Side Back Flyer \_\_\_\_\_

Reason(s) for Absence \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

### SUBSTITUTE ATHLETE

Athlete Team: \_\_\_\_\_

Practice Date: \_\_\_\_\_

Practice Time: \_\_\_\_\_

Position Needed: Main Side Back Flyer

Sub Name: \_\_\_\_\_

Sub Phone #: \_\_\_\_\_

Coach Initials: \_\_\_\_\_

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Practice Date: \_\_\_\_\_

Practice Time: \_\_\_\_\_

Position Needed: Main Side Back Flyer

Sub Name: \_\_\_\_\_

Sub Phone #: \_\_\_\_\_

Coach Initials: \_\_\_\_\_



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