



2017-2018 Mini Monkeys Packet

Cheer Intensity All-Stars, LLC
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Mission Statement:

At Cheer Intensity we want to share our knowledge and passion for the sport of All-Star Cheer with those who join our family. We aim to use cheerleading as a tool in which to train the bodies of our athletes, but also to train them to be positive and constructive members of society. We hope that through the dedication of our staff, the attention to teamwork, and the discipline that comes along with being a part of our gym, each and every member will leave our program with new knowledge and a heightened confidence. We want to work in conjunction with parents and teachers to instill responsibility, motivation, and respect. The memories that are created and the lessons that are learned while being a member of a Cheer Intensity team are something that will stay with the athlete for years to come.

Sign up Information:

Registration/Insurance fee- \$50 (if not paid after June 1, 2017)

Optional T-shirt- \$15

Monday, November 20 at 7pm (if you can't make it, please turn in paperwork beforehand).


Practices (TENTATIVE)- Fridays 5-6:30pm and Saturdays 9-10am. Missing Fridays/Saturdays due to gym closing will be rescheduled.

Types of Teams and Commitment- Half Year teams are WHITE TEAMS. Please use the information below to understand commitment level.

White Teams- Prep Teams. Attends regional competitions. Only competes one day at all competitions (Usually a level 1 or 2 team) We are more lenient with white team members as far as absences. 2 weeks notice is still necessary on all absences but they may miss for other sports/activities as long as it is not excessive and is discussed with the coaches/gym owners. Birthday parties, etc are still unexcused. Team members are required to be at the last practice prior to a competition. The only exception is if they are contagious or have something for school that is for a grade. In that case, please give coaches notice as soon as the calendar is sent out so that we may rework practice times to accommodate full team. They can only miss a competition if cleared by the gym owner at the START of the season.

Cheer Intensity 2017-2018 Fees

Monthly tuition/fees are due at the 1st of every month (Dec-April) and are late after the 10th. **A \$10 late fee will be applied if your tuition is not paid by the 10th and an additional \$10 if it is still not paid by the 21st.** Sibling discount- 35% off tuition only for second child, 50% off tuition only for 3rd child. **Á**

	Monkeys
Monthly Tuition (multiplied by 5 months Dec-April)	\$95 per month
Music & Choreography	\$65
Competition Fee (Estimated)**	\$115
Bow	\$20
Uniform	\$75
Total of all Season Fees	\$750
Total÷5months= monthly fee for Dec-April	\$150

Additional costs:

USASF Athlete Membership Fee- \$30- Must register and pay online for 2017-2018 season. Adam will provide you with instructions on doing so.

Tumbling- Optional. Cost is:

8 week session-**\$64** Sign up for a session online!

Drop in Classes- will be offered at **\$10** a class (must still sign up online)

Shoes- We will be ordering Varsity Shoes for **\$95-\$125** for those who wish to purchase them through us. You do not have to purchase any particular type of shoe. As long as it is white, you can wear it.

Extra T-shirts, Tank Tops, and Practicewear- Extra tanks, t-shirts, etc are all optional.

Competition Schedule

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Additional Program Info:

Practice and Competitions

If a child needs to be excused from practice, it is his/her responsibility to inform the coaches at least **2 weeks prior** in order to give the coaches enough time to re-adjust the practice schedule if necessary. (Keep in mind that not all absences will be excused. It is solely up to the coaches to determine the necessity of the absence.) **ALL TEAM MEMBERS ARE REQUIRED TO ATTEND ALL COMPETITIONS.**

Absences

Two unexcused absences (3 hours) will place you on probation, while a 3rd (4.5 hours) is grounds for dismissal. If you miss the practice right before a competition you will not be participating in that particular competition, unless you receive prior approval for your absence. Repercussion for missing a competition is at best 3 hours unexcused absence, and at worst dismissal from the program. This will be on a case by case basis. For all absences, you must have a valid excuse submitted to the coach in writing or email two weeks prior to your absence. If you are to miss a practice due to **serious** illness, you are required to **call** your coach to notify him/her that you will not be able to attend. Not calling will constitute an unexcused absence. If you are capable of coming to practice, and are not contagious, it is expected that you attend and watch the practice.

Sportsmanship:

Sportsmanship and team unity are extremely important parts of our organization. We ask that our members be courteous and friendly to all teams and athletes. Do not speak negatively about any team, program, score, decision, or placement. This includes both verbally and on the internet; both inside and outside of cheerleading. We wish to promote a healthy learning environment and would like for our program to display the values we hold high. We strive to teach our athletes sportsmanship and respect. Anyone who behaves or speaks in an inappropriate manner in regards to these rules, immediately subjects him/herself to the possibility of dismissal from the program.

Fundraising/Parent Participation:

We understand that All-Star Cheerleading can be fairly expensive. Thus, we do not want to exclude anyone who might be interested in being a part of our program because of any financial shortcomings. The Booster Club was designed to receive parental input and to support our athletes in every way possible. One of the main foci of the Booster Club is fundraising to cover some of the costs of All-Star Cheerleading. The Booster Club plans to offer an abundance of fundraising opportunities year-round so that all children interested in our program are given the chance to participate. This year there was at least two fundraisers every month.



Participant Registration Form

Participant: _____
Last Name First Name

Mailing Address: _____

City State Zip

Home Phone: _____ Date of Birth: _____
Parent/Guardian Name(s): _____
Occupation: Mother: _____ Father: _____
Business Phone: Mother: _____ Father: _____
Cell Phone: Mother: _____ Father: _____
Emergency Contact Name: _____ Phone: _____

A Yearly Registration/Insurance Fee of \$50.00 (non-refundable) is due upon registration.
I Acknowledge that _____ (participant's name)'s monthly dues are due at the 1st of every month. I understand that a \$10.00 **LATE FEE** will apply if payment is not received within 10 days. I also understand that I will be charged a \$15.00 NSF fee for any returned check.

Signature of Parent/ Legal Guardian or Participant Date

Participant's Medical Information:

1. Do you have any existing medical problems: _____ Yes _____ No
If Yes, please explain:

2. Do you have to use medication on a regular basis? _____ Yes _____ No
If Yes, please explain:

3. Do you have any known allergies? _____ Yes _____ No
If Yes, please explain:

Physician's Name: _____ Phone#: _____
Insurance Comp: _____ ID #: _____
Insurance Phone: _____ Hospital: _____

Emergency Medical Care Authorization:
In the event the Participant should become injured or ill while involved in an activity associated with Cheer Intensity All-Stars, LLC, we hereby authorize Cheer Intensity All-Stars, LLC, and its agents to arrange for whatever emergency care is deemed necessary and reasonable at the time, including transportation to a local Emergency Department. We also agree to be solely responsible for all expenses and costs related to such emergency treatment and agree to indemnify Cheer Intensity All-Stars, LLC, for any expenses or costs it may incur in such treatment.

Signature of Parent or Legal Guardian Date

Cheer Intensity All-Stars, LLC

Liability Release and Acknowledgement of Risk

In consideration of the services of Cheer Intensity All-Stars, LLC, their agents, owners, officers, employees, and all other persons or entities acting in any capacity on their behalf, I hereby agree to release and discharge Cheer Intensity All-Stars, LLC, on behalf of myself, my children, my parents, my heirs, assigns, personal representative and estate as follows:

1. I understand and acknowledge that the activity that I or my child are about to engage in poses known risks and unanticipated risks which could result in injury, paralysis, death, emotional distress, or damage to myself or my child, to property, or third parties. The following describe some, but not all of those risks:

Cheerleading, gymnastics, and stunting entail certain risk, which simply can not be eliminated without jeopardizing the essential qualities of the activity. Without a certain degree of risk, cheerleading/gymnastics students would not improve their skills, and the enjoyment of the sport would be diminished. Cheerleading/gymnastics expose its participants to usual risk of cuts, bruises, and other more serious injury risks. If your child is injured, you may require medical assistance at your own expense.

2. I expressly agree and promise to accept and assume all of the risks in this activity. My participation in this activity is purely voluntary, no one is forcing me or my child to participate, and we elect to participate in spite of the risks.

3. I hereby voluntarily release, forever discharge and agree to hold harmless and indemnify Cheer Intensity All-Stars, LLC, from any and all liability, claims, demands, actions or right of action, which are related to, arise out of, or are in any way connected with me or my child's participation in this activity, including those allegedly attributable to the negligent acts or omission of Cheer Intensity All-Stars, LLC.

4. I certify that I or my child has health, accident and liability insurance to cover any bodily injury or property damage that may be caused or suffered while participating in this event, or else I agree to bear the costs of such injury or damage to myself or my child. I further certify that I or my child have no medical condition which could interfere with me or my child's safety in this activity, or else I am willing to assume and bear the cost of all risks that may be created, directly or indirectly, by any such condition.

5. In the event of an emergency necessitating medical attention, I hereby consent and give permission to Cheer Intensity All-Stars, LLC, its instructors and its agents to make such decisions and to perform such medical treatment upon said minor injuries which may in their sole discretion be necessary and proper under the circumstances.

6. In the event that any pictures or video are taken, I give Cheer Intensity All-Stars, LLC, the right and permission to use any form for advertisements or promotional purposes.

By signing this document, I acknowledge that if anyone is hurt or property is damaged during my participation in this activity, I may be found by a court of law to have waived my right to maintain a lawsuit against Cheer Intensity All-Stars, LLC, its owners and instructors on the basis of my claim from which I have released them herein. I have had sufficient opportunity to read this entire document. I have read completely and understand it, and agree to be bound by its terms.

Signature of Participant (If 18 or older) or Parent: _____

Printed Name of Participant _____

Address: _____

Phone: _____ **Date:** _____

E-mail Address: _____



Cheer Intensity All-Stars, LLC
Member Information

Name _____

Age (as of 8/31/17) _____ Grade (2017-2018) _____ Date of Birth _____

Gender _____ T-shirt size _____

Address _____

City	State	Zip
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Parent/
Guardians _____

Parent E-mail _____ Parent Cell _____

Cheerleading
Background _____

Skills/Experience _____

Are there any days or times you are not available? Please write any and all conflicts! Possible practice times to consider-MON-FRI 4:30-9pm, Sat 9am-5pm, Sunday 10am-9pm

Will you be involved in Pop Warner or Rec cheerleading this year? _____

How did you find out about our program? _____

Are there any vacations you are already planning that you know the dates of? If so please write them here and fill out an absentee form! Please hand in absence form at registration!

Do you suffer from any medical, psychological, or developmental condition that we should know about in order to coach you best? (Ex. Diabetes, Arthritis, ADD, Depression, Dyslexia, Learning Disability, etc.)



CHEER INTENSITY ALL-STARS, LLC

2017-2018 Automatic Credit Card Billing Authorization Form

(Required- Card will be charged on the 1st of each month. If you prefer to pay cash or check, please pay prior to the 1st)

Please complete the Credit Card Information section below and sign the form. All requested information is required. Your credit card will automatically be billed for the amount indicated on the date indicated. Your charges will appear on your monthly credit card statement. Any athlete/parent who wishes to change must notify Cheer Intensity, LLC IN WRITING NO LESS THAN 10 DAYS PRIOR TO THE 1ST OF THE MONTH. It is the responsibility of the parent/account holder to provide current card/account information. If the card is declined, please remit payment to Cheer Intensity in another form before the 10th of the month. If payment is received after the 10th, you will be charged a \$10 late fee.

CUSTOMER INFORMATION

Athlete Name: _____

Parent (Account Holder) Name: _____

Parent (Account Holder) Billing Address: _____

City: _____ State: _____ Zip Code: _____

Parent (Account Holder) Email Address: _____

PAYMENT INFORMATION

I authorize Cheer Intensity, LLC to automatically bill the card listed on the 1st of every month for Monthly Tuition and fees if not prepaid.

I am a duly authorized credit card user on the account identified below, and authorize all of the above with my signature below.

CREDIT CARD INFORMATION

Cheer Intensity, LLC accepts Visa, MasterCard, and Discover.

Card Type: _____ Account Number: _____

Expiration Date: _____ 3-digit code _____

Signature: _____ Date: _____

2017-2018 Cheer Intensity Rules and Regulations Contract

I hereby understand that every time "Cheer Intensity" is mentioned throughout this contract it is meant to encompass all of Cheer Intensity, LLC, its officers, its facility, and its employees.

General

1. Athletes who participate in any physical activity within the facility must sign a liability release form.
2. In order to participate a second time, the athlete must register and pay the registration fee (\$50 for team members and non-team members).
3. Siblings, family members, and friends are not allowed in the practice area unless they are prospective team members or otherwise authorized to enter the practice area.
4. Any person that disrupts a practice will be asked to leave the gym immediately.
5. No food, drinks, or gum are permitted in the practice area.
6. All trash must be disposed in the appropriate trash receptacles.
7. Cell phones must be programmed to silent mode and left in the locker room.
8. Cheer Intensity is not responsible for any items lost or stolen.
9. The Cheer Intensity website, Social Media Platforms and all personal E-mail should be checked daily for any and all updates. There is no excuse for being uninformed about any posted information.
10. All choreography should be highly protected and should not be shown to or discussed with others. NO VIDEOS of routines or choreography should be uploaded to sites such as YOUTUBE or Facebook until given permission.
11. All athletes are allowed to practice on equipment only while a coach is present.

Teams

Cheer Intensity retains the right to:

1. Place its athletes on the team(s) it feels will best suit them and the program.
2. Team shift, replace, add, suspend, or even dismiss an athlete either temporarily or indefinitely from a team or from the entire program based on this criteria:
 - a. Attendance
 - b. Conduct
 - c. Skills
 - d. Finances
 - e. Parent conflicts
3. Decide if an athlete may crossover to another team
4. Decide the roles or positions an athlete will play on his or her team (base, flyer, back spot, tumbler, dancer, etc.)
5. Request that an athlete or team practice longer or more frequently than regularly scheduled if deemed necessary.
6. Request that an athlete signs up for a tumbling class until a certain skill set is acquired. If the athlete or parent neglects to comply with this request, the athlete may be team-shifted.

Attendance/Injuries

All athletes must:

1. Fill out an absentee form 2 weeks prior to any expected tardiness or absence.
2. Fill out a athlete substitution form prior to absence and gain approval from the coach that the fill-in is acceptable. (Black and Gold team requirement only)
3. Notify Cheer Intensity by phone immediately upon knowledge of unexpected tardiness or absence.
4. Notify Cheer Intensity immediately when an injury occurs so that changes to the routine can be made prior to the team's practice.
5. Unexcused absences are determined by the coach or gym owner. The athlete is placed on probation after incurring 2 unexcused absences and may be dismissed after incurring 3.
6. Athletes on Gold teams must be in attendance at the 2 practices immediately preceding all competitions. For Black Teams they must be in attendance 1 practice prior for 1-day competitions and 2 practices prior for 2 day competitions. For white teams, they must be in attendance for the practice prior to any competitions. The only exception is if they are contagious or have something for school that is for a grade. In that case, please give coaches notice as soon as the calendar is sent out so that we may rework practice times to accommodate full team. They can only miss a competition if cleared by the gym owner at the START of the season.

Dress Code

All athletes must:

1. Maintain a well-groomed appearance and good personal hygiene at all times.
2. Hair must be kept out of the face.
3. Nails must be kept shorter than fingertips if participating in any physical activity at Cheer Intensity. Acrylics are not allowed. ANC is allowed as long as the length is not longer than fingertip. During competitions, nails may only be natural, clear, or french manicure.

4. No jewelry (except for approved medical ID tags) is allowed to be worn during practice time.
5. Arrive at competition in uniform or warm-up (no skirts over warm-up pants and mid sections must be covered).
6. No jewelry should be worn while in uniform.
7. No chewing gum while in uniform.
8. No undressing into or out of your uniform in public. Please use a restroom.
9. After competing you may wear a Cheer Intensity t-shirt or the warm-up but must put your uniform back on prior to the awards ceremony.
10. At no time while wearing your uniform may your skirt or top be unbuttoned or unzipped.

Sportsmanship/Conduct

All Athletes and parents must always:

1. Set a positive example for others to follow.
2. Be respectful and courteous to everyone.
3. Schedule an appointment with a coach or owner in order to discuss any problems that may arise. Please wait 24 hours from an incident to address the owner or coach about an issue that occurred at competition or practice.
4. Refrain from gossiping about other team members, other programs, or Cheer Intensity staff.
5. Refrain from celebrating the misfortune of another person, team, or program.
6. Public displays of affection in the gym, in any Cheer Intensity clothing, or at any Cheer Intensity event or competition are absolutely prohibited and will be a cause for dismissal from the team.
7. Refrain from posting any inappropriate language or pictures on social media. If asked to take something down, you must do so or risk removal from the program.
8. Parents are representing the program at all Cheer Intensity events. Excessive use of alcohol is prohibited. Please also refrain from posting pictures on Facebook of drinking/partying at a Cheer Intensity event.

Health

All Athletes must:

1. Provide Cheer Intensity with current health insurance and emergency contact information
2. Inform Cheer Intensity of all existing medical conditions that may limit or prevent their ability to participate in any Cheer Intensity activities.
3. Notify Cheer Intensity of any injuries sustained as a result of participation in any sanctioned Cheer Intensity activities.
4. Provide valid written documentation from a doctor explaining the reason and the duration for which they may be limited or unable to participate in any Cheer Intensity activities.
5. If a doctor's note is remitted to Cheer Intensity, we will not allow the participant to participate in any capacity until a clearance is given by the doctor or written consent is obtained from the parent.
6. Provide Cheer Intensity with a list of any medications that they are currently taking.
7. Refrain from the illegal use of drugs, alcohol, tobacco or any other substances.

Travel/Competitions

All athletes and their families must:

1. Arrive to competition by the designated check-in time and will check-in with the coaches/staff/gym owners accordingly.
2. Follow the designated schedule of meeting times for competition.
3. For Worlds, athletes will be required to stay where the gym owners decide. This could potentially be as a team.
4. If there is an opportunity to add a competition to the schedule after the schedule has been finalized, it will go to a team vote. 75% positive responses will be required in order to go ahead with the additional competition. If there is a 75% approval rate, all participants will be required to attend and pay the additional fees.

Financial Obligations

All athletes and parents understand that:

1. They assume full responsibility for all costs incurred as a member of Cheer Intensity including but not limited to: gym registration, monthly tuition, uniforms, and competition and travel expenses even following dismissal or voluntary departure from the program.
2. Monthly payments are due no later than the 10th of every month from June 2017 to April 2018. Any payment given after the 10th will incur a \$10 late fee.
3. Tuition pays for training. It does not pay for the right to perform.
4. Any payment attempts resulting in a NSF, declined credit card, expired credit card, returned check and electronic debits etc. may incur a \$15 service charge. It is your responsibility to inform Cheer Intensity if your information changes.
5. An athlete must be in good financial standing in regards to his or her account in order to participate in practices, competitions, and special events.

