



2017-2018 Information Packet

Cheer Intensity All-Stars, LLC
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Mission Statement:

At Cheer Intensity we want to share our knowledge and passion for the sport of All-Star Cheer with those who join our family. We aim to use cheerleading as a tool in which to train the bodies of our athletes, but also to train them to be positive and constructive members of society. We hope that through the dedication of our staff, the attention to teamwork, and the discipline that comes along with being a part of our gym, each and every member will leave our program with new knowledge and a heightened confidence. We want to work in conjunction with parents and teachers to instill responsibility, motivation, and respect. The memories that are created and the lessons that are learned while being a member of a Cheer Intensity team are something that will stay with the athlete for years to come.

Open House:

Sunday, May 14- 12-2pm- Come visit our facility, talk to the coaches, meet the kids and parents, watch some of our team member's show off their skills, and even tumble around. This is also an open gym for any prospective or existing members to meet and stunt or tumble together. We will answer all of your questions and hopefully allow you to get a feel for the gym and its members! This is completely optional! **Any athletes wishing to tumble or stunt must fill out a Liability release form which is available at our gym or on our website listed above.**

Tryout Information:

Registration/Insurance fee- \$50

Tryout fee - \$25

Sat, June 3:	Sun, June 4:	Mon, June 5:	Tues, June 6:
10am- Tiny Sign Up (ages 4-5) 10am-12pm- Minis (ages 7-8) 12-2pm- Level 1 & 2 3-6pm- Level 3 & 4 6-9pm- Level 5	11am-1pm- Lvl 1 & 2 1-4pm- Level 3 & 4 5-7:30pm- Level 5	5:30-7:30pm- Level 1 & 2 7:15-9:15pm- Lvl 3 & 4	5-7pm- Level 5

**6 year olds should set up a private evaluation prior to team placements to decide whether or not they should attend Tiny Sign-Up or Mini Evaluations.

Tryout Information contd.:

Your child must attend **all days of the tryout** for his or her level. Each child will be evaluated on tumbling, jumps, dance, stunting, flexibility, attitude, and coachability. If you have a major conflict, please let us know ASAP. *We will make every effort to place every child on a team. If for some reason we do not have a team for a child's age and skill level, we will contact you and discuss options.*

Please use your best judgement when deciding which tryout to attend. Use your tumbling skills as the guideline and your stunting skills as supplementary. If you are unsure, please ask a staff member which tryout you should come to. After Day 1, the staff may request that you attend a different, or additional, time. Attending a certain level tryout does not ensure placement on that level. Placement is up to the CIA staff. These are the general requirements for each level:

Tumbling:

Level 1- From minimal experience, to backwalkovers (BW), frontwalkovers (FW), and round-offs (R/O)

Level 2- Backhandspring (BHS), R/O BHS, BW BHS, FW R/O BHS

Level 3- R/O BHS tuck, standing multiple BHS, Quad Jump BHS, punch front, side aerial preferred

Level 4- Standing tuck, Quad Jump BHS tuck, 2 BHS to tuck or layout, R/O BHS layout, specialty skills.

Level 5- R/O BHS full, Quad jump to tuck, standing 1 or 2 BHS to full, specialty pass to full or double.

Stunting:

Level 1- From minimal experience to preps, cradles, single-based stunts.

Level 2- Prep level single leg stunts, extension cradles, half ups, tick tocks, switch-ups, basket tosses, barrell rolls

Level 3- Extended single leg stunts, tick tocks, half up to single leg, full up to prep, 360 to sponge, inversions, single downs.

Level 4- Switch up, tick-down, full-up to extended, 1.5 up to prep, prep double down, stretch single down, kick single

Level 5- 1.5 ups, double ups, low to high, high to high, double from every body position, hitch kick double baskets, full up to one leg.

Open- At least stunt at a level 5 to be considered

Types of Teams and Commitment

White Teams- Prep Teams. Attends regional competitions. Only competes one day at all competitions (Usually a level 1 or 2 team) We are more lenient with white team members as far as absences. 2 weeks notice is still necessary on all absences but they may miss for other sports/activities as long as it is not excessive and is discussed with the coaches/gym owners. Birthday parties, etc are still unexcused. Each athlete has 4 hours of unexcused time before she is placed on probation and will be removed upon receiving 6 hours of unexcused time. Team members are required to be at the last practice prior to a competition. The only exception is if they are contagious or have something for school that is for a grade. In that case, please give coaches notice as soon as the calendar is sent out so that we may rework practice times to accommodate full team. They can only miss a competition if cleared by the gym owner at the START of the season. Getting a substitute is not mandatory for when white team members are absent from practices. Teams may be accepting US Finals Bids.

Black teams- Practices twice a week for 2 hours each. (one extra hour for 3 months in the fall) These are usually a level 2 or 3 team. Will attend 4-5 2-day nationals (only 1-2 are over 6 hours away). We are more strict about attendance than with white teams, but less than gold. You may miss minimal practices for other sports/activities and must give at least 2 weeks notice if you are going to do so. Work/Homework are never an excuse to miss practice. Each athlete has 4 hours of unexcused time before she is placed on probation and will be removed upon receiving 6 hours of unexcused time. Athletes on black teams must be at practice the practice before a one-day competition and at 2 practices directly preceding 2 day competitions. The only exception is if they are contagious or have something for school that is for a grade. In that case, please give coaches notice as soon as the calendar is sent out so that we may rework practice times to accommodate full team. They can only miss a competition if cleared by the gym owner at the START of the season. Black team members must get a substitute for any missed practices. Teams will be accepting Summit Bids.

Gold teams- Practices twice a week for 3 hours each (may be level 3, 4, or 5). An extra 2 hours will be added for 3 months in the fall. Will attend 4-5 2-day nationals (only 1-2 are over 6 hours away). See page 5 for Gold team commitment. Gold team members will incur unexcused time if they miss practice for other sports and activities. Athletes on Gold teams must be in attendance at the 2 practices immediately preceding all competitions. The only

exception is if they are contagious or have something for school that is for a grade. In that case, please give coaches notice as soon as the calendar is sent out so that we may rework practice times to accommodate full team. They can only miss a competition if cleared by the gym owner at the START of the season. Gold team members must get a substitute for any missed practices. Teams will be accepting Summit Bids. These teams will be comprised of cheerleaders who have chosen cheerleading as “their sport”. They are looking to invest their time and efforts into this one sport. To be considered for these teams, cheerleaders must be hardworking, dedicated, a self-motivator, and have a positive attitude about themselves and others. Gold team members cannot miss practices for high school cheer, other after school activities/sports, work, or homework. It is the responsibility of the cheerleader to organize his/her time properly. Any absences due to these will be unexcused. You are allowed to take 2 practices (6 hours) unexcused before possible removal from a team. Probation begins after 6 hours and removal occurs after 9 hours unexcused. We urge that you save this time for when it may really be needed and don’t use it all up in the summer.

Cheer Intensity 2017-2018 Fees

Monthly tuition/fees are due at the 1st of every month (June-April) and are late after the 10th. **A \$10 late fee will be applied for every 10 days that tuition is late.** Sibling discount- 35% off tuition-only for second child, 50% off tuition-only for 3rd child. Super Seniors are also 50% off of tuition-only.

	Tiny X	White Teams	Black Teams	Gold Teams	Gold Teams (Level 5)
June- December monthly fees (includes tuition)*	\$150* Aug-Dec	\$199	\$322	\$346	\$364
January-April (monthly tuition)	\$78	\$113	\$125	\$145	\$145

*To see a breakout of what these fees go towards, See chart below.

June-December Fee Explanation Chart

This chart is just explaining the monthly fees- it is not in addition to!

	Tiny X	White Teams	Black Teams	Gold Teams	Gold Teams (Level 5)
Monthly Tuition (multiplied by 7 months June-Dec)	\$78 (5mos)	\$113	\$125	\$145	\$145
Coaches Travel Fee	\$40	\$70	\$175	\$175	\$175
Fall Practice Fee ★	Ø	Ø	\$30	\$60	\$60
Music & Choreography	\$60	\$100	\$155	\$155	\$155
Competition Fee (Estimated)	\$200	\$372	\$924	\$922	\$1048
Make up & Bow	\$60	\$60	\$95	\$95	\$95
Total of one time fees	\$750	\$1393	\$2254	\$2422	\$2548
Total=7months= monthly fee for June-Dec(5mos Tyns)	\$150	\$199	\$322	\$346	\$364

**Competition fees are estimated. At the end of the season, we will send out a chart of actual fees per competition versus total paid. Money will then either be refunded or owed.

Additional costs:

USASF Athlete Membership Fee- \$30- Must register and pay online for 2017-2018 season. Adam will provide you with instructions on doing so.

Summer Clinic- \$75 See details under Summer Dates. This will be due at the start of the clinic.

Uniform- cost is dependent on team: Prep Teams (**no more than \$200**), Black and Gold Teams (**\$425**), Level 5 (**TBA, \$400 estimate**) Due upon placement of the order.

Worlds- This is usually the end-of-the season competition for our level 5 and 6 teams. If your team receives a bid to Worlds in Orlando, FL, you are required to attend. Cost varies based on rooming arrangements and if the bid is At-Large or Paid. **New this year: Housing may be booked by Adam and Jess and by signing up for a Worlds team you are agreeing to having your child stay where CIA decides.**

The Summit- This is Varsity's All-Levels Championship in Orlando, FL. Any Youth, Junior, or Senior team Levels 1 to Restricted 5 teams can obtain a bid. If your team receives an At-Large Summit Bid, you are not required to send your child, but please let us know immediately after receiving the bid that you will not be able to attend the Summit so that we can replace him or her for that competition. If the team receives a Paid bid, it is mandatory to attend. Cost for the Summit varies based on rooming arrangements and if the bid is At-Large or Paid.

Worlds/Summit Coaches Travel Fee- If your team receives a bid to The Cheerleading Worlds or The Summit there will be an additional **\$50** coaches fee if the team has received a Full Paid bid or **\$100** coaches fee if the team has receive an At Large Bid. This is to go towards the cost of sending at least 2 coaches to the competition. **This will be due one month prior to the event.**

Tumbling- Optional (unless a coach requires that you attend due to subpar skills) Cost is:

8 week session-**\$64** sign up for a session online!

Drop in Classes- will be offered at **\$10** a class (must still sign up online)

Shoes- We will be ordering Varsity Shoes for those who wish to purchase them through us. You do not have to purchase any particular type of shoe. As long as it is white, you can wear it.

CIA Practicewear (sports bras & spandex)- \$70

Extra T-shirts, Tank Tops, and Practicewear- Extra tanks, t-shirts, etc are all optional.

Floor Rental Fees- If the CIA staff decides that it would be beneficial for the team to practice at a travel competition, we will divide the cost of the floor rental with the entire team.

Summer Dates

Saturday June 10- Sunday June 11- Intense Weekend- 4 hours per day of basic training in the techniques and style of CIA! This will form a great basis for the coaches and athletes to work off of going into the season. This is mandatory and is not an extra cost. The hours at Intense Weekend will go towards the amount of hours for June tuition.

DATE TBA- Shea Crawford & Kenny Feeley Clinic- This will be broken up into 3 groups. This is mandatory and will be approximately **\$75** per kid.

July 28-29- Gym closed- coaches are at Varsity meeting in Worcester.

August (Date TBA)- Level 5 Clinic (mandatory for level 5 athletes)

More camps and clinics to come! Pick up a Flyer at tryouts!

Additional Program Info:

Practice

The practice season will begin Monday June 12, 2017. The practices for the teams are as follows:

-Gold teams- two 3 hour practices per week (June-April) + one extra 2-hour practice September-November

-Black teams- two 2 hour practices per week (June-April) + one extra hour September-November

-White teams- Total 3.5 hours of practice a week June-April.

-Tiny X- two 1 hour practices per week starting in August (Optional Tiny Tot classes available in June and July for \$12 a class or \$78 for the entire session- 1 class a week for June-July)

If holidays, competitions, etc. conflict with regular practice days, we may make adjustments. We will always try to make sure there are a total of 24 hours a month for Gold teams, 16 hours for black, and 14 hours for white. If there is not, there has been, or will be, excess hours another month. Competitions could count as 2 hours per day of practice time.

All team practices are mandatory! Children must have their hair up, ankles taped (if needed), and shoes on by the specified time. If a child needs to be excused from practice, it is his/her responsibility to inform the coaches at least **2 weeks prior** in order to give the coaches enough time to re-adjust the practice schedule if necessary. (Keep in mind that not all absences will be excused. It is solely up to the coaches to determine the necessity of the absence.) You will receive the practice schedule at least 2 months in advance and **during competition season the coaches reserve the right to schedule additional practices as they see fit for their team. ALL TEAM MEMBERS ARE REQUIRED TO ATTEND ALL PRACTICES, COMPETITIONS, ETC.** or risk being replaced for competition or being removed from the team. If you choose to vacation along with competition, you must stay **later** rather than go early. If you stay later, it cannot interfere with another competition or preparation for another competition and 2 weeks notice must be given. Do not book flights before knowing itinerary.

Absences

Unexcused absences will not be tolerated and may result in your dismissal from the team. Two unexcused absences (4 or 6 hours depending on team) will place you on probation, while a 3rd (6 or 9 hours depending on team) is grounds for dismissal. If you miss the practice right before a competition you can expect to not be participating in that particular competition, unless you receive prior approval for your absence. Repercussion for missing a competition is at best 3 hours unexcused absence, and at worst dismissal from the program. This will be on a case by case basis. For all absences, you must have a valid excuse submitted to the coach in writing or email two weeks prior to your absence. If you are to miss a practice due to **serious** illness, you are required to **call** your coach to notify him/her that you will not be able to attend. Not calling will constitute an unexcused absence. If you are capable of coming to practice, and are not contagious, it is expected that you attend and watch the practice. If you are going to miss practice, you need to fill out an athlete-substitution form and get an athlete from another team to fill in for that practice. We have a facebook page solely dedicated to this and the coaches help to give recommendations as to who might be a good fit. Many kids and parents see substituting as free training and an opportunity to improve themselves, so you shouldn't have trouble finding replacements.

Competition:

We participate in local, regional, and national competitions throughout the year. Competition provides our program with the opportunity to showcase our talent and compete with other programs. We encourage family and friends of the participants of our program to attend these competitions to show support for all of our teams. Each member of each team must be present at all of the performances made by our program, unless given prior permission to miss a performance. We will be participating in the NY State Showcase on Nov 11. This gives us a chance to show off all of our teams in front of a large audience before kicking off the competition season. The competition season begins with the first competition for our regular season teams which will most likely be on Nov 19, 2017. **The subsequent competitions will be listed on the 17-18 competition schedule which will be available at tryouts.** Though we hope that the schedule is permanent, it may be altered before the end of the summer. You will receive a final competition schedule in September. We have chosen a number of regional competitions for convenience and affordability. National teams (Gold & Black) will attend 6 2-day competitions. Gold and Black teams have the potential to receive Summit Bids. If a National team obtains a Paid Bid, the Summit will be mandatory. The Summit will be optional if the team receives an At-Large Bid. **If there is an opportunity to add a competition to the schedule after the schedule has been finalized, it will go to a team vote. 75% positive responses will be required in order to go ahead with**

the additional competition. If there is a 75% approval rate, all participants will be required to attend and pay the additional fees.

Divisions:

Divisions are partially based on age. To avoid the problem of eligibility changing during competition season, a date has been selected to serve as a cut-off. This date is August 31st. This means that your eligibility for each team is marked by how old you are as of August 31st, 2016. For all International Divisions (5 and 6), the eligible age for the athletes will be determined by the “calendar year of the competition” for its age cutoff date. Example: An athlete that is 13 but turns 14, within the same calendar year (on or before Dec 31) of the event, is eligible to compete in that event on an International Open 5 (all girl or co-ed). The divisions are broken up like this:

These divisions can all be coed or all girl.

Tiny Exhibition- 4-6 years old (3 by eval)

Tiny Level 1 - 5-6 years old

Mini Level 1, 2 - 5-8 years old

Youth Level 1, 2, 3, 4, 5 - 6-11 years old

Junior Level 1, 2, 3, 4, R5, 5 - 8-14 years old

Senior Level 1, 2, 3, 4, 4.2, R5 - 11-18 years old

Senior Level 5- 12-18 years old

International Open 5 - 14 years and older

International Open 4 & 6 - 17 years and older

Special Needs- 7 & older

Levels:

According to the USASF guidelines, there are 6 levels for regular all star teams this season. The “level” refers to the type of tumbling, stunts, and pyramids that a team is able to safely perform. The levels are numbered 1 to 6 in increasing order of difficulty. The level of a team is determined by the coaching staff. There has been a rapid increase in the difficulty of each of the levels over the past couple of years. Now, a team that could have easily won a competition at level 4 may now be below average at that level today. The best teams are now much stronger at every level than they used to be.

There may be a cheerleader on a team that can tumble or stunt at a different level than others. We try to match up the levels of the athletes the best that we can. Please remember that stunting, pyramids, jumps, dance, motions, and age are huge factors as well. It is nearly impossible to have a full team of equally matched athletes. Some will be better in tumbling, some better in stunting, etc. Every cheerleader is on the team for a reason. Please trust the staff. **Please remember that just because you have the required tumbling for a level does not automatically place you on a team of that level. You may also need to be able to stunt at that level!** This season we will be working hard to push every athlete to improve his or her skills, even if it means working on skills that are above that team’s “level”.

At any time we may implement team-shifts. This could be due to an individual’s loss of, or increase in, skills. Or it could be based on the progress a team may or may not be making. For example, if the team cannot successfully execute the maximum amount of stunts possible for the amount of kids on the team, we may rearrange the teams (take one or two cheerleaders off and move them to a different team.) We reserve the right to do this as not maxing out our numbers in stunts could affect scoring. For example, if we take 20 kids on a small senior team and we are not able to successfully execute 5 stunts, it would be in our best interest to move our team number down to 18 or 19 so that we are only able to put up 4 stunts. The choice of who to team-shift will be up to the coaches and gym owners and will be based on the needs of the team.

Crossovers:

Cheerleaders may choose to cheer for more than one team within the season. Preference for crossovers will be given to experienced, well rounded cheerleaders. Teams that will utilize crossovers will be determined by the staff at Cheer Intensity All-Stars. Please indicate on your member profile if you have an interest in being a crossover. The only additional cost is the crossover fees for competition which will be charged about 2 weeks prior to each competition. Another additional cost would be the practicewear and uniform if it is different from your primary team. Please be aware that your commitment to your 2nd team should be just as important as your commitment to your 1st one. That means you must attend all practice and competitions for your crossover team! If this commitment causes an athlete to digress on their primary team, we reserve the right to decide that 2 teams is too much for that athlete and remove them from their crossover team.

Sportsmanship:

Sportsmanship and team unity are extremely important parts of our organization. We ask that our members be courteous and friendly to all teams and athletes. Do not speak negatively about any team, program, score, decision, or placement. This includes both verbally and on the internet; both inside and outside of cheerleading. We wish to promote a healthy learning environment and would like for our program to display the values we hold high. We strive to teach our athletes sportsmanship and respect. Anyone who behaves or speaks in an inappropriate manner in regards to these rules, immediately subjects him/herself to the possibility of dismissal from the program.

Fundraising/Parent Participation:

We understand that All-Star Cheerleading can be fairly expensive. Thus, we do not want to exclude anyone who might be interested in being a part of our program because of any financial shortcomings. The Booster Club was designed to receive parental input and to support our athletes in every way possible. One of the main foci of the Booster Club is fundraising to cover some of the costs of All-Star Cheerleading. The Booster Club plans to offer an abundance of fundraising opportunities year-round so that all children interested in our program are given the chance to participate. This year there was at least two fundraisers every month. If your child's team earns a Worlds or Summit Bid, Cheer Intensity MAY offer special team-specific fundraisers to help with the added cost of these additional competitions. There will be NO outside fundraising separate from the Booster Club or Cheer Intensity.



Participant Registration Form

Participant: _____
Last Name First Name

Mailing Address: _____

City State Zip

Home Phone: _____ Date of Birth: _____
Parent/Guardian Name(s): _____
Occupation: Mother: _____ Father: _____
Business Phone: Mother: _____ Father: _____
Cell Phone: Mother: _____ Father: _____
Emergency Contact Name: _____ Phone: _____

A Yearly Registration/Insurance Fee of \$50.00 (non-refundable) is due upon registration.
I Acknowledge that _____ (participant's name)'s monthly dues are due at the 1st of every month. I understand that a \$10.00 **LATE FEE** will apply if payment is not received within 10 days. I also understand that I will be charged a \$15.00 NSF fee for any returned check.

Signature of Parent/ Legal Guardian or Participant Date

a
Participant's Medical Information:

1. Do you have any existing medical problems? _____ Yes _____ No
If Yes, please explain:

2. Do you have to use medication on a regular basis? _____ Yes _____ No
If Yes, please explain:

3. Do you have any known allergies? _____ Yes _____ No
If Yes, please explain:

Physician's Name: _____ Phone#: _____

Insurance Comp: _____ ID #: _____

Insurance Phone: _____ Hospital: _____

Emergency Medical Care Authorization:

In the event the Participant should become injured or ill while involved in an activity associated with Cheer Intensity, LLC, we hereby authorize Cheer Intensity, LLC, and its agents to arrange for whatever emergency care is deemed necessary and reasonable at the time, including transportation to a local Emergency Department. We also agree to be solely responsible for all expenses and costs related to such emergency treatment and agree to indemnify Cheer Intensity, LLC, for any expenses or costs it may incur in such treatment.

Signature of Parent or Legal Guardian Date

Cheer Intensity, LLC

Liability Release and Acknowledgement of Risk

In consideration of the services of Cheer Intensity, LLC, their agents, owners, officers, employees, and all other persons or entities acting in any capacity on their behalf, I hereby agree to release and discharge Cheer Intensity, LLC, on behalf of myself, my children, my parents, my heirs, assigns, personal representative and estate as follows:

1. I understand and acknowledge that the activity that I or my child are about to engage in poses known risks and unanticipated risks which could result in injury, paralysis, death, emotional distress, or damage to myself or my child, to property, or third parties. The following describe some, but not all of those risks:

Cheerleading, gymnastics, and stunting entail certain risk, which simply can not be eliminated without jeopardizing the essential qualities of the activity. Without a certain degree of risk, cheerleading/gymnastics students would not improve their skills, and the enjoyment of the sport would be diminished. Cheerleading/gymnastics expose its participants to usual risk of cuts, bruises, and other more serious injury risks. If your child is injured, you may require medical assistance at your own expense.

2. I expressly agree and promise to accept and assume all of the risks in this activity. My participation in this activity is purely voluntary, no one is forcing me or my child to participate, and we elect to participate in spite of the risks.

3. I hereby voluntarily release, forever discharge and agree to hold harmless and indemnify Cheer Intensity, LLC, from any and all liability, claims, demands, actions or right of action, which are related to, arise out of, or are in any way connected with me or my child's participation in this activity, including those allegedly attributable to the negligent acts or omission of Cheer Intensity, LLC.

4. I certify that I or my child has health, accident and liability insurance to cover any bodily injury or property damage that may be caused or suffered while participating in this event, or else I agree to bear the costs of such injury or damage to myself or my child. I further certify that I or my child have no medical condition which could interfere with me or my child's safety in this activity, or else I am willing to assume and bear the cost of all risks that may be created, directly or indirectly, by any such condition.

5. In the event of an emergency necessitating medical attention, I hereby consent and give permission to Cheer Intensity, LLC, its instructors and its agents to make such decisions and to perform such medical treatment upon said minor injuries which may in their sole discretion be necessary and proper under the circumstances.

6. In the event that any pictures or video are taken, I give Cheer Intensity, LLC, the right and permission to use any form for advertisements or promotional purposes.

By signing this document, I acknowledge that if anyone is hurt or property is damaged during my participation in this activity, I may be found by a court of law to have waived my right to maintain a lawsuit against Cheer Intensity, LLC, its owners and instructors on the basis of my claim from which I have released them herein. I have had sufficient opportunity to read this entire document. I have read completely and understand it, and agree to be bound by its terms.

Signature of Participant (If 18 or older) or Parent: _____

Printed Name of Participant _____

Address: _____

Phone: _____ **Date:** _____

E-mail Address: _____



Cheer Intensity All-Stars, LLC
Member Information

Name _____

Age (as of 8/31/17) _____ Grade (2017-2018) _____ Date of Birth _____

Gender _____ T-shirt size _____ Sweatshirt size _____

Home Phone _____ Child's Cell Phone _____

Participant E-mail Address _____

Address _____

City

State

Zip

Parent/
Guardians _____

Parent E-mail _____ Parent Cell _____

Cheerleading
Background _____

Tumbling
Skills/Experience _____

Stunt Skills/Experience _____

What commitment level(s) are you comfortable with? GOLD BLACK WHITE

Are you interested in attending The Summit in Orlando, FL May 4-6th? _____

Are you interested in being a crossover? (Being on more than 1 team) _____

Are there any days or times you are not available? Please write any and all conflicts! Possible practice times to consider-MON-FRI 4:30-10pm, Sat 9am-5pm, Sunday 10am-9pm

Will you be involved in Pop Warner or High School cheerleading this year? If so, what months?

How did you find out about our program? _____

Are there any vacations you are already planning that you know the dates of? If so please write them here and fill out an absentee form! Please hand in absence form at registration!

Do you suffer from any medical, psychological, or developmental condition that we should know about in order to coach you best? (Ex. Diabetes, Arthritis, ADD, Depression, Dyslexia, Learning Disability, etc.) _____



CHEER INTENSITY ALL-STARS, LLC

2017-2018 Automatic Credit Card Billing Authorization Form

(Required- Card will be charged on the 1st of each month. If you prefer to pay cash or check, please pay prior to the 1st)

Please complete the Credit Card Information section below and sign the form. All requested information is required. Your credit card will automatically be billed for the amount indicated on the date indicated. Your charges will appear on your monthly credit card statement. Any athlete/parent who wishes to change must notify Cheer Intensity, LLC IN WRITING NO LESS THAN 10 DAYS PRIOR TO THE 1ST OF THE MONTH. It is the responsibility of the parent/account holder to provide current card/account information. If the card is declined, please remit payment to Cheer Intensity in another form before the 10th of the month. If payment is received after the 10th, you will be charged a \$10 late fee.

CUSTOMER INFORMATION

Athlete Name: _____

Parent (Account Holder) Name: _____

Parent (Account Holder) Billing Address: _____

City: _____ State: _____ Zip Code: _____

Parent (Account Holder) Email Address: _____

PAYMENT INFORMATION

I authorize Cheer Intensity, LLC to automatically bill the card listed on the 1st of every month for Monthly Tuition and fees if not prepaid.

I am a duly authorized credit card user on the account identified below, and authorize all of the above with my signature below.

CREDIT CARD INFORMATION

Cheer Intensity, LLC accepts Visa, MasterCard, and Discover.

Card Type: _____ Account Number: _____

Expiration Date: _____ 3-digit code _____

Signature: _____ Date: _____

2017-2018 Cheer Intensity Rules and Regulations Contract

I hereby understand that every time "Cheer Intensity" is mentioned throughout this contract it is meant to encompass all of Cheer Intensity, LLC, its officers, its facility, and its employees.

General

1. Athletes who participate in any physical activity within the facility must sign a liability release form.
2. In order to participate a second time, the athlete must register and pay the registration fee (\$50 for team members and non-team members).
3. Siblings, family members, and friends are not allowed in the practice area unless they are prospective team members or otherwise authorized to enter the practice area.
4. Any person that disrupts a practice will be asked to leave the gym immediately.
5. No food, drinks, or gum are permitted in the practice area.
6. All trash must be disposed in the appropriate trash receptacles.
7. Cell phones must be programmed to silent mode and left in the locker room.
8. Cheer Intensity is not responsible for any items lost or stolen.
9. The Cheer Intensity website, Social Media Platforms and all personal E-mail should be checked daily for any and all updates. There is no excuse for being uninformed about any posted information.
10. All choreography should be highly protected and should not be shown to or discussed with others. NO VIDEOS of routines or choreography should be uploaded to sites such as YOUTUBE or Facebook until given permission.
11. All athletes are allowed to practice on equipment only while a coach is present.

Teams

Cheer Intensity retains the right to:

1. Place its athletes on the team(s) it feels will best suit them and the program.
2. Team shift, replace, add, suspend, or even dismiss an athlete either temporarily or indefinitely from a team or from the entire program based on this criteria:
 - a. Attendance
 - b. Conduct
 - c. Skills
 - d. Finances
 - e. Parent conflicts
3. Decide if an athlete may crossover to another team
4. Decide the roles or positions an athlete will play on his or her team (base, flyer, back spot, tumbler, dancer, etc.)
5. Request that an athlete or team practice longer or more frequently than regularly scheduled if deemed necessary.
6. Request that an athlete signs up for a tumbling class until a certain skill set is acquired. If the athlete or parent neglects to comply with this request, the athlete may be team-shifted.

Attendance/Injuries

All athletes must:

1. Fill out an absentee form 2 weeks prior to any expected tardiness or absence.
2. Fill out a athlete substitution form prior to absence and gain approval from the coach that the fill-in is acceptable. (Black and Gold team requirement only)
3. Notify Cheer Intensity by phone immediately upon knowledge of unexpected tardiness or absence.
4. Notify Cheer Intensity immediately when an injury occurs so that changes to the routine can be made prior to the team's practice.
5. Unexcused absences are determined by the coach or gym owner. The athlete is placed on probation after incurring 2 unexcused absences and may be dismissed after incurring 3.
6. Athletes on Gold teams must be in attendance at the 2 practices immediately preceding all competitions. For Black Teams they must be in attendance 1 practice prior for 1-day competitions and 2 practices prior for 2 day competitions. For white teams, they must be in attendance for the practice prior to any competitions. The only exception is if they are contagious or have something for school that is for a grade. In that case, please give coaches notice as soon as the calendar is sent out so that we may rework practice times to accommodate full team. They can only miss a competition if cleared by the gym owner at the START of the season.

Dress Code

All athletes must:

1. Maintain a well-groomed appearance and good personal hygiene at all times.
2. Hair must be kept out of the face.
3. Nails must be kept shorter than fingertips if participating in any physical activity at Cheer Intensity. Acrylics are not allowed. ANC is allowed as long as the length is not longer than fingertip. During competitions, nails may only be natural, clear, or french manicure.

4. No jewelry (except for approved medical ID tags) is allowed to be worn during practice time.
5. Arrive at competition in uniform or warm-up (no skirts over warm-up pants and mid sections must be covered).
6. No jewelry should be worn while in uniform.
7. No chewing gum while in uniform.
8. No undressing into or out of your uniform in public. Please use a restroom.
9. After competing you may wear a Cheer Intensity t-shirt or the warm-up but must put your uniform back on prior to the awards ceremony.
10. At no time while wearing your uniform may your skirt or top be unbuttoned or unzipped.

Sportsmanship/Conduct

All Athletes and parents must always:

1. Set a positive example for others to follow.
2. Be respectful and courteous to everyone.
3. Schedule an appointment with a coach or owner in order to discuss any problems that may arise. Please wait 24 hours from an incident to address the owner or coach about an issue that occurred at competition or practice.
4. Refrain from gossiping about other team members, other programs, or Cheer Intensity staff.
5. Refrain from celebrating the misfortune of another person, team, or program.
6. Public displays of affection in the gym, in any Cheer Intensity clothing, or at any Cheer Intensity event or competition are absolutely prohibited and will be a cause for dismissal from the team.
7. Refrain from posting any inappropriate language or pictures on social media. If asked to take something down, you must do so or risk removal from the program.
8. Parents are representing the program at all Cheer Intensity events. Excessive use of alcohol is prohibited. Please also refrain from posting pictures on Facebook of drinking/partying at a Cheer Intensity event.

Health

All Athletes must:

1. Provide Cheer Intensity with current health insurance and emergency contact information
2. Inform Cheer Intensity of all existing medical conditions that may limit or prevent their ability to participate in any Cheer Intensity activities.
3. Notify Cheer Intensity of any injuries sustained as a result of participation in any sanctioned Cheer Intensity activities.
4. Provide valid written documentation from a doctor explaining the reason and the duration for which they may be limited or unable to participate in any Cheer Intensity activities.
5. If a doctor's note is remitted to Cheer Intensity, we will not allow the participant to participate in any capacity until a clearance is given by the doctor or written consent is obtained from the parent.
6. Provide Cheer Intensity with a list of any medications that they are currently taking.
7. Refrain from the illegal use of drugs, alcohol, tobacco or any other substances.

Travel/Competitions

All athletes and their families must:

1. Arrive to competition by the designated check-in time and will check-in with the coaches/staff/gym owners accordingly.
2. Follow the designated schedule of meeting times for competition.
3. For Worlds, athletes will be required to stay where the gym owners decide. This could potentially be as a team.
4. If there is an opportunity to add a competition to the schedule after the schedule has been finalized, it will go to a team vote. 75% positive responses will be required in order to go ahead with the additional competition. If there is a 75% approval rate, all participants will be required to attend and pay the additional fees.

Financial Obligations

All athletes and parents understand that:

1. They assume full responsibility for all costs incurred as a member of Cheer Intensity including but not limited to: gym registration, monthly tuition, uniforms, and competition and travel expenses even following dismissal or voluntary departure from the program.
2. Monthly payments are due no later than the 10th of every month from June 2017 to April 2018. Any payment given after the 10th will incur a \$10 late fee.
3. Tuition pays for training. It does not pay for the right to perform.
4. Any payment attempts resulting in a NSF, declined credit card, expired credit card, returned check and electronic debits etc. may incur a \$15 service charge. It is your responsibility to inform Cheer Intensity if your information changes.
5. An athlete must be in good financial standing in regards to his or her account in order to participate in practices, competitions, and special events.

6. Cheer Intensity reserves the right to remove an athlete from his or her team at any time for failure to keep up with financial obligations.
7. All tuition/fees must be current before an athlete may collect any clothing or other retail items.
8. If an athlete chooses to leave or is asked to leave Cheer Intensity, all funds are completely non-refundable. The athlete will also not be permitted to participate in any Cheer Intensity classes or activities until the following May when we are in our off-season.

I have read the "2017-2018 Cheer Intensity Rules and Regulations Contract" in its entirety and understand its contents. I understand the responsibility my child and I are undertaking by becoming a member of Cheer Intensity. I agree to support my child and encourage him or her to fulfill his or her commitment. I also understand that by signing this contract I am bound to not use my child's participation in this program as a form of punishment as I realize that it also punishes the team and the entire program. I recognize my responsibility as a parent of a Cheer Intensity member and understand that when representing Cheer Intensity I must conduct myself with class and responsibility. I understand that any athlete or parent who fails to follow these guidelines or who jeopardizes the reputation of the Cheer Intensity program will be subject to removal with no refund. In addition, I agree to give Cheer Intensity permission to seek medical attention to ensure the safety of my child.

Athlete's name printed	Athlete's signature	Date
Parent's name printed	Parent's signature	Date