



2018-2019
Tryout Packet

www.DoubleDownAthletics.com

407-365-8021

Double Down Athletics: Tryout

Step One: Tryouts

1. Both males and females are welcome to try out for our teams.
2. Tryouts will be conducted at Double Down Athletics where all the coaches will focus on each athlete's attitude, teamwork, coordination, jumps, tumbling, stunts, and attention to details.
3. During tryouts, we reserve the right to take any previous experience (positive and negative) with a cheerleader (or a parent) in previous years of participation, into consideration.
4. Parents, supporting your athlete is the role you take on when joining our program.

Team Selection and Placement:

1. We ask that you trust the coaching staff to know what combination of athletes and abilities will work best to build successful teams.
2. As with most competitive teams, the coaches are the ones who will make the final decision on the placement of each athlete.
3. We do NOT place athletes on certain teams based on tumbling alone, but squad majority is enforced. We also look at the potential stunts group that will be formed for each team. These decisions are to form the most successful and well-rounded teams.

Things you need to tryout:

1. Page 2 and 18-22 of this packet filled out and signed by one parent/guardian and the athlete.
2. A picture of your athlete that you do not need back.
3. A form of payment for the tryout fee: \$75.
 - a. If you are a current team member, every NEW person you bring to tryouts, you will get \$25 off your tryout fee.
4. Parents, please, once again, remember this is a binding contract that goes along with a very dedicated commitment. We don't say it this many times to scare, but simply to remind you what all-star cheerleading is. There's nothing harder than a team having to redo their routine halfway through the season because a child can't keep their grade up, or a parent as unaware of the financial and time commitment that came along with being a Double Down team member. Please make sure to read this packet in its entirety.

Athletes Name: _____

Parent Signature: _____ Date: _____

Payment Information

Double Down Athletics monthly fees will consist of your Gym Monthly Tuition and Hard Cost. Throughout the season there will be additional mandatory items that will need to be paid as well. Everyone will be required to have a credit card or ACH (Bank Draft) on file and be on automatic withdrawal. Double Down Athletics will charge everyone's card on the first of the month. Below is a breakdown of the season for each level.

Fundamental and Novice Levels

Month	Tuition	Hard Cost	Total	Mandatory Item	Price	Monthly Total
June	\$140	\$60	\$200	Shoes	\$90	\$290
July	\$140	\$60	\$200	Choreography	\$125	\$325
August	\$140	\$60	\$200	1st Uniform Payment	\$100	\$300
September	\$140	\$60	\$200	2 nd Uniform Payment	\$100	\$300
October	\$140	\$60	\$200	Bow and Make Up	\$65	\$265
November	\$140	\$60	\$200	USASF	\$50	\$250
December	\$140	\$60	\$200	NONE	---	---
January	\$140	\$60	\$200	2018 Registration	\$55	\$255
February	\$140	\$60	\$200	NONE	---	---
March	\$140	\$60	\$200	Banquet	TBD	TBD
April	\$140	\$60	\$200	NONE	---	---

Prep Levels

Month	Tuition	Hard Cost	Total	Mandatory Item	Price	Monthly Total
June	\$150	\$100	\$250	Shoes	\$90	\$340
July	\$150	\$100	\$250	Choreography	\$200	\$450
August	\$150	\$100	\$250	1 st Uniform Payment	\$215	\$465
September	\$150	\$100	\$250	2 nd Uniform Payment	\$215	\$465
October	\$150	\$100	\$250	Bow and Make Up	\$65	\$315
November	\$150	\$100	\$250	USASF	\$50	\$300
December	\$150	\$100	\$250	NONE	----	-----
January	\$150	\$100	\$250	2018 Registration	\$55	\$305
February	\$150	\$100	\$250	NONE	---	---
March	\$150	\$100	\$250	Banquet	TBD	TBD
April	\$150	\$100	\$250	NONE	---	---

Elite Levels

Month	Tuition	Hard Cost	Total	Mandatory Item	Price	Monthly Total
June	\$150	\$130	\$280	Shoes	\$90	\$370
July	\$150	\$130	\$280	Choreography	\$200	\$480
August	\$150	\$130	\$280	1 st Uniform Payment	\$215	\$495
September	\$150	\$130	\$280	2 nd Uniform Payment	\$215	\$495
October	\$150	\$130	\$280	Bow and Make Up	\$65	\$345
November	\$150	\$130	\$280	USASF	\$50	\$330
December	\$150	\$130	\$280	NONE	---	---
January	\$150	\$130	\$280	2018 Registration	\$55	\$335
February	\$150	\$130	\$280	NONE	---	---
March	\$150	\$130	\$280	Banquet	TBD	TBD
April	\$150	\$130	\$280	NONE	---	---

Important Tuition Notes

1. Sibling Discount

The first sibling (Higher Level) will pay the full tuition amount, the next sibling(s) will get 20% off their Gym Fees. (Not hard cost)

2. Crossover (Double Teamer) Fee:

Crossover athletes will pay their first teams tuition in full and pay the crossover competition fees for their second team.

3. Additional Classes

Classes: \$50 per month

Private Lessons: \$130 per month

Stretch class: \$30 per month

4. Uniform-Prep and Elite Teams

We will be getting new uniforms this year. Uniforms will be split up in two payments of \$200 in the months of August and September. The total cost for the uniforms is \$400

5. Uniform- Fundamental and Novice

We will be getting new uniforms this year. Uniforms will be split up in two payments of \$100 in the months of August and September. The total cost for the uniforms is \$200.

6. Competition bow and makeup

The competition bow, and makeup total cost will be \$65. The payment breakdown can be found on the payment sheet.

Program Commitment

1. Practice

Any practice that is missed impairs the progress of the entire team. We expect that all athletes attend all of their practice. We need each and every team member present in order to effectively practice. The tardiness/absence of one team member disrupts an entire practice for your athlete's team.

2. Absence Policy

Excused or UNEXCUSED ABSENCES: Proper notification to the coaches is required.	
Examples of Excused Absences	<ol style="list-style-type: none"> 1. Death in the family 2. Serious and contagious illness 3. Graded school activity that cannot be made up at any other time. 4. School sporting events that were approved by the coach
Examples of Unexcused Absences	<ol style="list-style-type: none"> 1. Being tardy to practice three times 2. Part-Time Jobs 3. School events that are not a grade 4. Concerts 5. Family Vacations 6. Non-Contagious Illness 7. Homework and non-graded school activities 8. Minor injuries

3. Summer Practices

- a. During the summer months, we understand that you may have holiday and summer vacation obligations. However, you will still be expected to make your FULL monthly payments.

4. August-April Practices

- a. Starting in August, after 4 unexcused absences, we reserve the right to enforce disciplinary action, which includes, but is not limited to, removing your athlete from the team.

Practices

1. Practice Schedule

- a. Final team practice won't be sent out until tryout results are posted.
- b. Fundamental and Novice Levels: Total of 3 hours of practice a week.
- c. Prep Levels: Total of 4 hours of practice a week
- d. Elite Levels: Total of 5 hours of practice a week.
- e. Some teams might practice on Sunday from 7:00-9:00pm.

2. Extra Practice

- a. Extra practice can be called at any time. The majority of extra practices will take place during competition season. An extra practice can be schedule due to illnesses of an athlete, injuries, a teammate that has quit or been replaced, or at the coaches' discretion. We try not to have many extra practices, BUT situations arise where we have no choice but to schedule them.
- b. If we schedule an extra practice, for any major incident, the Friday before the competition you are REQUIRED to attend. We understand some of you may plan to go up the night before but if we have no other choice, you will have to wait to leave until after said practice. Please understand that it is vital to have every member of a team at these practice, to ensure an efficient and effective practice. Plan your schedule accordingly.

3. Closed Practice

- a. All practices two weeks before a performance or competition are closed to all parents.

4. Guidelines for Practice

- a. Be on time to all practices.
- b. All athlete's must follow the dress code outlined on the next page.
- c. All athletes must have their cheer shoes on BEFORE practice begins. They must be worn throughout the entire practice.
- d. No eating or drinking on the gym floor.
- e. Do not bring valuables into the gym. We are not responsible for any items

5. Practice Breakdown

- a. Phase 1 (June-July)
 - i. During this time, we will thoroughly evaluate all athletes to make sure they were placed on the appropriate team for their skill level. Once our teams have been formed we will begin preparing for choreography.* Phase 1 forms the groundwork upon which the rest of the season will be built.
 - ii. The team will learn about one another, gain confidence in their abilities and adjust to working collectively. Every team member will experiment with different positions within several stunt groups as we work to figure out what will work best for not only every athlete, but for the betterment of the team. The best athlete is one that can perform any position that we ask of them. No one is guaranteed to fly, base or backspot.

- iii. We will push every athlete on their tumbling and work to not only learn new skills, but perfect technique on skills they have already mastered. Conditioning is emphasized during this phase to avoid injuries and prepare the team for the “full-out” routines they will begin to run in phase two. The coaches will use this time to determine the strengths and weaknesses of the team and start to plan not only for choreography, but for competition season as well.
 - b. Phase 2 (August – November)
 - i. During this second phase we work with the teams as they continue to improve and finalize and perfect the routines they learned throughout choreography. Team bonding is very important during this time, the Team Mom will plan events outside of the gym, so they can continue to grow as a team. Tumbling and conditioning are still a major part of every practice as we begin running the routine by sections, working our way to full-out routines. Our goal is to keep everything the choreographer has given us, but small revisions will be made throughout this phase of the season.
 - c. Phase 3 (December – April)
 - i. This is where every athlete's hard work will pay off. We begin with our first competition. Some revisions may be required after each competition, in order to fulfill specific rules required by the organizers of a competition or because of a judge's recommendation given to us from the score sheets. Any and all changes to the routines will be made carefully and practiced repetitively. Teams will continue running routines full-out in order to stay conditioned throughout the competition season.
6. Dress Code for Practice
 - a. First practice of the week will be anything all black that is Double Down.
 - b. Second practice of the week: Practice outfit that will be provided
 - c. Maintain a well-groomed appearance and good hygiene at all times
 - d. Hair must be kept out of the face. Hair should be up high in a ponytail.
 - e. Nails must be kept at fingertips to avoid scratching other athletes while stunting
 - f. No jewelry is allowed
7. View Practice
 - a. It is extremely important that each athlete remain focused on the coach and training during each practice and not be distracted by the attendance of the family member. Coaches must be the sole authority during team practice because they are responsible for a team's safety. Safety is our primary concern and if even one team member becomes distracted, it could affect the team in a harmful manner. If a coach feels their squad is not paying attention or not following directions, the coach may request any visitors leave the viewing area.
 - b. Practices that are two weeks before a competition are closed.
 - c. Parents may watch practice from the party room but are not allowed on the floor.
8. Injured Athletes and Practices/Competitions
 - a. It is unfortunate, but we do have athletes that sustain injuries during the season. Most injuries are minor and if they are injured, no matter the severity, they are still required

to attend all practices. Why? Any injured athlete can observe the routines, see any changes made, listen to coaching instructions, help teach their parts, and cheer on their teammates. Their attendance and support is always needed even if they cannot physically participate. You will also be expected to continue to pay your athletes monthly tuition during the time of their injury as a new athlete steps in to take their place on the team

- b. NOTE: If an athlete is injured and cannot compete at a scheduled competition a refund will not be given because a replacement will have to be filled in to the injured athletes spot. Please understand the team was built around having everyone on the team. The team cannot do without. A replacement will go in for as long as the athlete is injured. If a jacket is won by the injured athletes team, the injured athlete may pay to receive a jacket as well. The replacement athlete will have priority to the jacket because they competed with the squad during the competition in which it was earned
 - c. An injured athlete will not simply go back in the routine after they are released from the doctor, this decision will be dependent on several factors including but not limited to:
 - i. The length of time until the next competition
 - ii. If they cannot physically participate during any practice the week of a competition
 - iii. The athlete's ability to go back into a routine at the level they left it
 - d. Please keep in mind that changes may have to be made to fix any position of an injured athlete, meaning, may take more than a week's time to put the athlete back into the routine. An athlete will not be put back in a routine the week of a competition. Terri and the coach will make this final decision.
9. Practice Days on the week/weekend during a holiday
- a. Some practices that take place on Sunday's or Monday's may fall on a holiday, If this is the case with your athletes practice, do not assume that they will not have practice. Please refer to the allstar calendar within the packet to see the full list of holiday closings for the gym. Practice attendance will be mandatory, unless an absence form has been filled out, or unless otherwise stated.

Communication

1. E-mail Communication

- a. Organization is a very important aspect of our program. The main source of communication between our program and our parents is your e-mail. When signing up, you will turn in a section of this packet that asks for your e-mail. Please make sure you provide us with the e-mail you check on a daily basis. We encourage our athletes to put an e-mail address on file as well, keeping them up-to-date as well. Timely and accurate communication between coaches and parents/cheerleaders is very important to us.

2. Private Facebook Page

- a. Once our teams are formed all athletes will be asked to join their teams private Facebook Page. This is where we post pertinent information throughout the season, to keep you as up to date as possible.

3. GroupMe

- a. Once our teams are formed all athletes will be asked to join their teams GroupMe. This will help with communicating while at events. The older teams will have GroupMe for athletes and coaches only.

4. Weekly Newsletter

- a. At the beginning of every week we will send out a weekly newsletter that has all of the information you'll need for the week ahead, whether it's a friendly reminder about an upcoming payment, the schedule for uniform and practice wear sizing, or simply a birthday shout out to the athletes celebrating that week, it will have all of the information you need to get your week started right!

Please have the following contact information:

Gym Number: 407-365-8021

Terri King Cell Number: 407-470-2619

Terri King Email: king.terri.2012@gmail.com

Program Rules/ Guideline

1. Dismissal from the team, practice, or competition
 - a. A coach may dismiss an athlete from the team, practice or a competition if an athlete or parent is obstructing a team's progress in any way. Threats implied to leave, quit, not attend a competition, or anything that might hurt the team will be cause for immediate dismissal with no refund given. Practices are mandatory the week of a competition. If an athlete misses a practice the week of a competition that athlete can be replaced for that competition with no refund given. Team commitment is critical and a missing athlete is disruptive to the team and will not be tolerated.

2. General Rules for Parents and Athletes
 - a. Good sportsmanship, polite manners, and a kind disposition are mandatory at all practice and competitions. Our program prides itself on setting a high standard of conduct. Help us maintain this standard through your actions throughout the season.
 - i. No gossip about
 1. Any other allstar program or school teams
 2. Any child or parent on your team or another team.
 3. Any coaches and staff. Address any problems with Terri King
 - ii. No profanity or abusive language
 - iii. You must arrive at all practice, competitions or any scheduled event on time.
 - iv. During practice your opinion does not count. All decisions are left to the discretion of the coaches.
 - v. Never post any negative comments on Facebook, Twitter, Websites, Blogs, or Group Chat.
 - vi. No one is allowed to post Double Down Athletics music, choreography, routines, stunts, etc. on any website.
 - vii. Practices may be changed or added at any time, in which case you must adjust your schedule accordingly.
 - viii. Every year we go through additions, losses and dismissal of team members. This decision is solely up to the coaches and will be based off of what is best for the squad.
 - ix. All cheerleaders and family members should show good sportsmanship at all times
 - x. Every team will be required to watch other Double Down teams at competitions. We would love to have everyone there for all teams, but at the very least, you are required to watch your assigned teams.
 - xi. Parents, relatives, friends and cheerleaders are NEVER allowed to speak with competition officials for any reason.
 - xii. There will be no arguing or questioning of the coaching staff 's decision, please let us do our job

xiii. Remember that the team is first, and the individual is second.

3. Parent Rules

- a. As parents, you all want the very best for your children and we understand that. As parents of our athletes, we ask for 100% support from you at all times. Please remember that children like to sometimes amplify situations, therefore, if any questions arise please feel free to contact us with an open mind. Please keep in mind that the parents and the coaches are the adults. If any concerns or questions come up. In competitive cheerleading, as in any other competitive sport, there are some parents who gossip or try to coach, without realizing the harm they can cause. Our main goal is to encourage our athletes to have fun while working hard. Please understand that in order to provide the safest and best training atmosphere for your child, we respectfully ask for your support in the following areas:
- i. The coaches reserve the right to close practice at any time for any reason
 - ii. It is the parent's responsibility to know what is going on with your child's squad at all times. It is mandatory to check the private Facebook page and/or your email every day. There is no excuse for being uninformed with the information has been provided.
 - iii. Please keep in mind the gym is not a babysitting service. We want our allstars to use the gym as much as possible to work on skills, but no child should be dropped off at the gym unsupervised to play.
 - iv. Withholding a child from practice or a competition should never be used as a form of punishment. Cheerleading is a team sport so doing this would affect the entire squad. Every athlete has to be responsible in getting their school work done when they are not at the gym. This is a must when you are involved in any team sport.
 - v. No one is allowed to yell onto the floor or try and make eye contact through the parent viewing or outside the glass windows during practices or tumbling classes. This is very distracting and will not be allowed.

4. Athlete Rules

- a. As a Double Down athlete, we expect you to uphold each of these rules because you are the face of the Double Down program. We want you to be proud to be a part of the most successful gym in our area. You are the reason we are as successful. Your time with our Double Down family will be the most rewarding with your hard work and teamwork. Please follow these rules with respect to ensure your success this season.
- i. It is mandatory to wear the appropriate practice wear to every practice
 - ii. Please do not leave any personal items at DDA. We are not responsible for any items lost or stolen.
 - iii. No profanity, disrespect or back talking will be tolerated. You will respect your coaches and your teammates. Everyone gets aggravated so before any of the three happen ask to take a break.
 - iv. Stay on top of any information emailed out. You may set up an e-mail to be active to stay informed.

- v. Cell phones and iPods are to be placed in the cell phone box at the beginning of practices. If this becomes a problem we will take these items and have your parents pick them up.
- vi. Balancing school work and allstar practice is necessary. Homework is not an excuse for missing practice.
- vii. We want you to enjoy your time as a Double Down athlete and any other activity you may take part in. Please remember you have made a commitment for the entire year. We will work with you as best as we can on your other activities outside of the Double Down. However, please communicate with us in advance for any major events.
- viii. We will continue to be the most positive and supportive gym around. Good sportsmanship is a must inside and outside of our program. Nothing else will be tolerated. Be respectful and supportive to all other gyms, at competitions and to any official
- ix. We are coaches for a reason. Remember team first, individual second. Put trust in your coaches because we know what is best for the "team."

TENTATIVE Competition Schedule

This Schedule is not the final schedule, only a tentative one. We will send out the final schedule to you in August. Please look carefully at the dates and locations. The below list is a list of possible events you might attend.

1. Fundamental, Novice, and Prep Teams- **1 Day Competitions

Competitions	Location	Date
All American	Orlando	12/15-16/2018
JamBash	Kissimmee	2/24/2019
All Star Challenge	Orlando	3/30-31/2019
Tournament of Champions	Tampa	4/13-14/2019

2. Elite Teams- ** 2 Day Competitions

Competitions	Location	Date
All American	Orlando	12/15-16/2018
MG Extravaganza	New Orleans	1/19-20/2019
South Florida Nationals	Ft. Lauderdale	2/16-17/2019
UCA Nationals	Orlando	3/9-10/2019
All Star Challenge	Orlando	3/30-31/2019
Tournament of Champions	Tampa	4/13-14/2019
COA	Orlando	4/19-20/2019

** This schedule is not final. This are the events we are looking at attending. We will have the final schedule at our parent meeting in August.

3. Choreography
 - a. Elite and Prep
 - i. We are excited to have Coach Ashely Roscoe do our choreography again this season! Choreography is mandatory and will be held July 30th- Aug 3rd. Once we have our teams set we will assign teams to certain days.
 - ii. There will be a choreography fee of \$200 (Could Change based on the number of teams) for Elite and Prep teams this season that will be due in July. This will help cover the cost of our routines.
 - b. Novice
 - i. There will be a choreography fee of \$100 for the Novice Teams this season that will be due in July. This will help cover the cost of the routine.
 - ii. Choreography is mandatory and will be held July 30th- Aug 3rd. Once we have our teams set we will assign teams to certain days.
4. Competition Schedules
 - a. Competition schedules are usually released by the competition company a few days before the event. The first one released is not the one always used, as teams send in requests for time changes. Once we have been notified that the final schedule is released, an itinerary for the weekend will be emailed. If the schedule changes after we have sent out the itinerary we will resend it with the corrected times. If we are already out of town and we see any major changes to the time, we will send the updated information out on the Facebook pages and GroupMe. Please remember that we have no control over when the schedule is posted. When the company posts the schedule, we get the itinerary out to you as quickly as possible.
5. Supporting One Another
 - a. Most competitions will have our teams competing at different times throughout the day and even sometimes in different arenas. When a Double Down team is competing, the other DD teams are required to cheer and support each other. Depending on the time a team is scheduled to meet, enter warm-ups, or compete, not all teams will be able to watch. Specified teams will be laid out in your itinerary that is e-mailed out the week of the competition. In the event that a team cannot watch another team because of their schedule, the parents may be required to support in their absence. It may seem inconvenient to parents anxious to return home after a long day, however this is common courtesy and an important part of our commitment to teamwork and team support. Our teams compete more successfully when each squad knows that they have a great support system in place and cheering just for them. All athletes are also required to attend their own awards ceremony.

6. Competition Dress Code

- a. All hair and makeup must be complete before you enter the arena. Everyone will wear the makeup provided including the lipstick. All jewelry and colored nail polish must be removed before you enter the arena. Athletes may not enter the arena in anything other than their competition shoes.

Athlete	Required Items
Female Athletes	Full Uniform, team shirt on over uniform top, White “no show” socks, hair done, competition bow, cheer shoes, make up. Warm-Up (Optional)
Male Athletes	Full Uniform, Team shirt on over uniform top, white “no show” socks, and cheer shoes. Warm-Up (Optional)

- b. After Competing/ Awards

- i. Athletes must be in full competition uniform unless told differently by Terri King.

7. USASF Athlete Membership

- a. All cheer athletes will be required to be members of the U.S. All Star Federation. It's \$50 and creates USASF Official Event Rosters for teams that include a listing of team members, their Athlete ID numbers, birth-dates and confirmed ages. Programs submit USASF Official Event Rosters to event producers at event check-in, instantly confirming athletes' ages. It saves time at event check-in by eliminating the need for coaches to carry birth certificates to events. It is consistent with standard practices of youth sports organizations and is secure. You will fill out this membership form in the fall.

8. The D2 Summit

- a. If your team gets a bid to The D2 Summit you be expected to pay the competition fee (unless you get a paid bid) and any other expenses that go along with it. You will also be expected to pay tuition for the month of May (\$100) to go towards your practice time leading up to the competition in May.

Miscellaneous

1. Fundraising
 - a. The Double Down Athletics teams do fundraising throughout the year. We will do one mandatory car wash fundraiser for both the gym and allstar accounts together, over the summer. There will be another fundraiser at the beginning of the school year to help with your account. In the new year we will do one last optional fundraiser that will go towards your allstar account.
2. Holiday Closing
 - a. Please make sure you follow our calendar for all holiday closings. Please keep in mind that we do not follow the school systems closings exactly. Practices will still be considered required, even if your athletes school is closed for a holiday.
3. Logo Usage
 - a. The Double Down Athletics logos may not be reproduced. The Staff at DDA are the only ones permitted to design t-shirts, magnets, etc. If there is something you would like to use the logo for you must get permission from Terri King.
4. Picture Release
 - a. By signing the allstar contract, you are giving your permission to the DDA staff to photograph your child and publish said photo on the following DDA publications.
 - 1) Website
 - 2) Facebook Page
 - 3) Twitter
 - 4) Instagram
 - 5) Any other publication put together by the DDA staff
5. Social Media Account
 - a. Be sure to follow us on our public facebook page www.facebook.com/DoubleDownAthletics. You can find us on Twitter @DD_Athletics and Instagram @doubledown_oviedo.
 - b. All teams will also have their own private Facebook page to help with communication during the season.

2018-2019 Important Dates

Date	Events
May 1 st	Parent Meeting @7:30pm
May 21 st -24 th	Tryout By Age
May 28 th -31 st	Tryout By Skill
June 1 st -15 th	Group Practice
June 4 th -5 th	Possible Stunt Clinic
June 11 th -12 th	Possible Stunt Clinic
June 16 th	Final Team Placement
June 17 th	First Final Team Placement Practice
July 2 nd -6 th	No Practice- July 4 th Week
July 30 th - Aug 3 rd	Choreography Week
Aug 7 th	Parent Meeting
September 3 rd	No Practice - Labor Day
November 18 th	Showcase
November 19 th -23 rd	No Practice- Thanksgiving
December 15-14 th	All American-Orlando
December 22 nd – Jan 1 st	No Practice-Winter Break
January 2 nd	First practice back
January 19-20 th	MG Extravaganza Nationals- New Orleans
January 21 st	No Practice
February 16 th -17 th	South Florida-Ft. Lauderdale
February 24 th	JamBash-Kissimmee
March 9 th -10 th	UCA Nationals-Orlando
March 18 th -22 nd	Spring Break-No Practice
March 30 th -31 st	All Star Challenge-Orlando
April 13 th -14 th	Tournament of Champions- Tampa
April 19 th -20 th	COA-Orlando

* Please note all date are TENTATIVE and are subject to change!

Double Down Referral *2018-2019 Athletes Only*

We are excited to introduce our athlete referral program. When you help spread the word about Double Down Athletics, you will be rewarded for it. For every new athlete that you refer and comes to tryouts, you will receive a \$25 off your tryout fee. So, spread the word and start saving!

Rules for the Referrer:

You must have cheered for the 2018-2019 All Star season

- The referral form must be completely filled out, signed, and turned in the day of tryouts.
- The new member cannot be referred by more than one person.
- The new member cannot be the sibling of an existing member.
- The new member may not have been affiliated with the gym within the last season.

(Please fill out and detach the form below)

Team Member Referral Program

Rules for the Referrer:

You must have cheered for the 2018-2019 All Star season

- The referral form must be completely filled out, signed, and turned the day of tryouts.
- The new member cannot be referred by more than one person.
- The new member cannot be the sibling of an existing member.
- The new member may not have been affiliated with the team within the last season.

New Member Being Referred (Print Name): _____

Current Athletes (Referrers) Name: _____

Date: _____

Payment Information

TURN IN THIS PAGE AND ALL THE PAGES THAT FOLLOW

1. Payment Options:

- a. Please review the following options available for the 2018-2019 season. Please initial besides the option of our choice and sign at the bottom of the page.

_____ Payment Option #1 (Credit Card Automatic Withdraw)

This option will allow the gym to automatically withdraw your tuition on the 1st of every month.

_____ Payment Option #2 (ACH-Draft Bank Account)

This option will allow us draft your monthly tuition from your bank account on the 1st of

of the month. You will need to turn in a blank VOIDED check in with your paper work.

* All checks that are turned in will be shredded after they are added to the system.

Payment Agreement

- I (We) understand the commitment that we are making as a family to Double Down Athletics coaches and other allstar members. We intend to participate for the entire year from June 2017 to April 2018. I understand that I am responsible for all payments from June 2017 to April 2018.
- For payment option #1 I (We) understand that each athlete parent is required to provide a credit/debit card number to remain on file.
- For payment option #2 I (We) understand that each athlete parent is required to provide a bank information will remind on file.
- I (We) understand that payments are due by the 1st of the month. If payments aren't made by the 1st of the month a \$25 late charge will be applied.
- I (We) understand that if I am dismissed or withdraw from the program, for any reason, I will not receive a refund on ANY fees paid (including optional fees and uniform), I will not receive any items that have been ordered for my athlete, and will be charged the remainder of the season
- I (We) understand that all payments are due in a timely manner. A late fee of \$25 will be charged/owed if any fees are late.

Signature: _____ Date: _____

2. Option #1 Credit Card

If you choose option #1, Double Down Athletics REQUIRES a credit card to remain on file for each athlete in the allstar program. Please list your credit card information below:

Credit Card Information

Name (As it appears on your card): _____
Credit Card Number: _____ / _____ / _____ / _____
Billing Address: _____ Zip Code: _____
Type of Card: _____ Security Code (3 digit number): _____
Expiration Date: _____ / _____ / _____

I understand and authorize Double Down Athletics to charge my credit card as listed in the "Payment Agreement" only or unless I specify otherwise. This means that I can request Double Down Athletics to use my credit card for charges other than my monthly. I also understand that my card will be charged the monthly tuition through the end of the season if we resign from the team. I can expect Double Down Athletics to maintain my credit card information in confidentiality. I understand that it will be shredded after the information is in the computer.

. Cardholders Signature: _____ Date: _____

3: Option #2 ACH- Draft Bank Account

<input type="checkbox"/> Checking <input type="checkbox"/> Saving Name on Account: _____ Bank Account: _____ Account Number: _____ Bank Routing #: _____ Bank City/State: _____	Billing Address: _____ City: _____ State: _____ Zip Code: _____ Phone Number: _____ E-mail: _____
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Please attach a voided check to the top of this page

I understand and authorize Double Down Athletics to debit my bank account as listed in the "Payment Agreement" only. I can expect Double Down Athletics to maintain my bank account information in confidentiality. I understand that it will be shredded after the information is the computer.

Signature: _____ Date: _____

Code of Conduct

Athlete's Code of Conduct

It is expected that all athletes follow rules and instructions from all DDA staff. I understand the team is first and I am second. I agree to maintain a positive and competitive attitude, to stay focused and to work toward the development of the team. I will demonstrate high standards of conduct as a representative of the Double Down Athletics. I will refrain from negative acts, comments or gossip about or toward fellow teammates as well as other squads, both on and off the cheer floor. I understand that the coaches can move me down in levels if I lose skills or no longer keep up with what is required of me. Coaches may dismiss me at any time for disrespect, lack of effort and anything that hampers my team's development. I am to arrive on time to all practices and competitions. I understand I will have to come early or stay late at competitions to fully support other teams within the DDA program. I understand and agree by initialing below, that acting outside of this code will result in disciplinary action at the coach's discretion, and it could result in my dismissal from the team.

_____ Athletes Initials

Parent's Code of Conduct:

As a parent, I understand that the team must always be regarded first before any individual. I understand that coaches reserve the right to place athletes on a team that gives them the best chance of success. I agree to show sportsmanlike conduct at all times during competitions for our teams as well as our competitors. I agree to respect and show compassion towards all adults and children involved with the program. I agree to discuss any, and all problems or concerns related to the program, coaches, cheerleaders or other parent directly with the DDA staff and not to publicly air any grievances or gossip, should they arise. Disruptive behavior could result in my dismissal from the practice facility or my child from the team. I understand that under no circumstance will I confront any administrative personnel of cheer companies (judges, staff, directors, etc.) at any time. I will remain OFF the gym floor while coaches are practicing with teams or classes. I understand that threatening to quit, pull my child from the program, or use the cheerleading program as a form of punishment may be grounds for immediate dismissal. Our teams support one another. I understand I will have to come early or stay late at competitions to fully support other teams within the DDA program. I will guarantee the on-time arrive of my athlete to all practices and competitions. I understand the coaches reserve the right to move my child up or down in levels on teams. If my child loses skills or no longer keeps up with the skill level for the team they are on, they can and will be moved down a level. Coaches may dismiss my cheerleader at any time for disrespect, lack of effort and/or anything that hampers team development. I understand that all coach's decisions are final! Most importantly I understand that my position in the gym is to provide a positive outlook for all children.

_____ Parents Initials

Policies, Expectations and Commitment

Policies and Expectations:

By my signature, I have read and fully understand all codes, rules and expectations in this 2018-2019 tryout packet. I understand that I am entering into this Allstar Program of my own free will. I understand what is expected of me as a parent and as an allstar cheerleader. I will conduct myself in a sportsmanlike manner and uphold the standards that are expected of me as a Double Down Athletics athlete. I understand that the Double Down Athletics season is a 11 month commitment. I have read and understand the financial obligation for the 2018-2019 season. I will honor my commitment. I understand that if I am dismissed or withdraw from the program, for any reason, I will not receive a refund on any fees paid (including optional fees and uniform) and will be charged the remained of the season and I will not receive any items that have been purchased for my athlete but not yet received.

_____ Parent _____ Athlete

Double Down Athletics
All Star Tryout Registration/Release From
(Please Read and Complete)

Athletes Name: _____ Age as of August 31, 2018: _____
 Date of Birth: _____ Grade (2018-2019): _____ School: _____
 Mother's Name: _____ Father's Name: _____
 Athletes Home Address: _____
 City: _____ State: _____ Zip: _____
 Athlete's Home Phone: _____ Athletes Cell Phone: _____
 Mothers Work Phone: _____ Mothers Cell Phone: _____
 Fathers Work Phone: _____ Fathers Cell Phone: _____
 Athlete Lives With (please circle): Mother Father Both Parent's e-mail:

 Athlete's e-mail: _____
Please list the e-mail address that you check every day.

Emergency Contact Information:

Name/Relationship: _____ Cell Phone: _____

List any special medical conditions that we should be aware of:

Clothes Sizing						
T-Shirt	Tank Top	Running Shorts	Spandex Shorts	Leggings	Sports Bra	Sweatshirt

I fully understand that DDA staff are not physicians or medical practitioners of any kind. With that in mind, I hereby authorize DDA coaches/staff to render first aid to my child in the event of any injury or illness, and if deemed necessary to call an ambulance which I agree to pay for. I give my permission to Double Down Athletics to photograph, videotape, and/or audiotape my cheerleader during any activity which may be considered for use in print or broadcast media as deemed appropriate for the promotion of Double Down Athletics.

In consideration for (athlete's name) _____'s participation in the activities provided by DDA, including but not limited to all aspects of cheerleading, tumbling, air track, and dance training and/or competition, I am fully aware that any activity involving motion, height, or athletic activity creates the possibility of serious injury. I hereby release DDA from any liability to the above named athlete, of the person claiming through him/her, arising from injury to the person or property of the above named athlete occurring on the premises of DDA, including any event sponsored or sanctioned by DDA, and or travel to and from such activities. This release includes but is not limited to any claims of negligence, dangerous condition, latent defect, premises liability, code violation, negligent security, failure to warn, vicarious liability, negligent hiring, negligent supervision, negligent maintenance, or improper/dangerous equipment; it is intended to be as broad as permissible under Florida Law. I am fully aware of the nature of the activities provided and the possibility of injuries arising from such activities. I further agree to hold harmless, indemnify and defend DDA from any loss, liability, damage, or cost incurred by them due to the above named athlete on the premises or during any event sponsored or sanctioned by DDA. This release is intended to be binding upon the athlete his/her heirs, assignees, and successor in interest, and anyone claiming by or through him/her. In addition, I have read and understood the registration form and agree to all terms as stated above. I also attest that all information given is factual. I certify that the athlete is in good health and may participate in activities at DDA. In case of an emergency requiring medical treatment, the undersigned hereby authorizes DDA, to take the above named athlete to a qualified medical or hospital facility for care and treatment. By signing below, I verify that I have read, understand and comply to agree with all policies of Double Down Athletics.

Signature of Parent/Legal Guardian: _____ Date: _____

Double Down Athletics 2018-2019 Tryout Form

Tryout Number

Attach Your
Picture Here

FOR OFFICE USE ONLY: All forms above must be completed and turned in to tryout (Double Check All Forms)

- Payment Options & Commitment
- Credit Card Authorization Or ACH
- Code of conduct/ Policies, Expectations, and Commitment
- Registration & Release Form

Name: _____ Age as of August 31, 2018: _____

Birthday: _____ Grade: _____

Schools: _____

1. Which stunt position, if any, do you have most experience with? NONE FLYER BASE BACKSPOT
2. Check your most advance stunting level:
 - a. _____ Level 1 (no experience or level 1 stunts: prep)
 - b. _____ Level 2 (Preps, extensions, straight cradles and baskets, single leg prep)
 - c. _____ Level 3 (Extended one leg, full twisting cradles from two legs, single skill baskets)
 - d. _____ Level 4 (Adv single leg extended stunts, double twisting two leg dismounts, kick full)
 - e. _____ Level 5 (Double twisting single leg dismounts, switch kick full baskets, full-up single leg)
3. Are you cheering on a **competitive** high school cheer team?
 - a. Yes
 - b. No
4. Are you willing to crossover on two teams?
*You will be responsible for the crossover competition fees only for your second team.
 - a. Yes
 - b. No
5. Check All tumbling skill you throw on the floor WITHOUT a spot!

Level 1	Level 2	Level 3	Level 4	Level 5
<input type="checkbox"/> None	<input type="checkbox"/> BHS	<input type="checkbox"/> Standing	<input type="checkbox"/> Standing Tuck	<input type="checkbox"/> Jumps to Tuck
<input type="checkbox"/> Forward Roll	<input type="checkbox"/> RO BHS	<input type="checkbox"/> multiple BHS	<input type="checkbox"/> RO BHS Tuck	<input type="checkbox"/> Standing BHS
<input type="checkbox"/> Backward Roll	<input type="checkbox"/> BWO BHS	<input type="checkbox"/> RO Tuck	<input type="checkbox"/> Jumps to BHS	<input type="checkbox"/> Layout
<input type="checkbox"/> Cartwheel	<input type="checkbox"/> BHS SO RO	<input type="checkbox"/> RO BHS Tuck	<input type="checkbox"/> Tuck	<input type="checkbox"/> RO BHS Full
<input type="checkbox"/> Round-Off	<input type="checkbox"/> BHS	<input type="checkbox"/> FWO RO BHS	<input type="checkbox"/> RO BHS Whip	<input type="checkbox"/> Elite Pass to
<input type="checkbox"/> Back Walkover	<input type="checkbox"/> FWO RO BHS	<input type="checkbox"/> Tuck	<input type="checkbox"/> BHS Layout	<input type="checkbox"/> Full
<input type="checkbox"/> Front Walkover	<input type="checkbox"/> RO BHS	<input type="checkbox"/> Jumps to BHS	<input type="checkbox"/> Punch Front	
<input type="checkbox"/> RO BWO	<input type="checkbox"/> Multiples	<input type="checkbox"/> BWO Multiples	<input type="checkbox"/> Through	
<input type="checkbox"/> FWO RO	<input type="checkbox"/> Jumps Pause	<input type="checkbox"/> Punch Front	<input type="checkbox"/> Standing BHS	
<input type="checkbox"/> FWO RO BWO	<input type="checkbox"/> BHS		<input type="checkbox"/> Tuck/Layout	