

# Hair/Makeup Instructions for Performance

HAIR: It is easiest to manage hair that is damp and has gel worked through it before trying to secure back into a bun. Never try to put dry hair up in a bun – especially with children with fine hair. Whether trying to secure bangs back or putting up to a pony tail or braids, always work with dampened hair that has a sticky gel worked through before combing back.

Hair in a Low Bun with Center Part :

On very damp hair thoroughly apply a thick gel to slick the hair and make it workable. After applying gel and with hair still damp, **part hair in the center**, brush/smooth and secure with hair elastic into a ponytail at the back nape of the neck. Then, depending upon the length of the hair, twist in a circle around the elastic and secure all loose ends with bobby pins until there are no loose or unsecured areas of the bun. You may need more bobby pins for areas above ears or at the nape of the neck. **Apply the headpiece on the left side of the bun.**

THE SECRET: A hairnet is key to a perfect bun but not mandatory unless in company. Work on very damp hair that is wet with gel. Then, let the hair dry after it has been put into the bun. Hairspray may be necessary even if enough gel has been applied.

Hair Tutorial Videos

[https://youtu.be/zmk05n\\_Qe50](https://youtu.be/zmk05n_Qe50)

<https://www.youtube.com/watch?v=YozRh5mHt4I>

MAKEUP: Makeup may be applied at your discretion for children under age 10. However, under the bright lights, facial features wash out and makeup helps the audience to see the dancer's faces more clearly. Good stage makeup will look very exaggerated, dramatic and bold.

We suggest:

- 1) BASE: (foundation) is not necessary for most very young children, however, if you use it yourself and are comfortable applying a light cover, you may. Just be careful when putting a costume on, as it is easy to soil it with foundation, etc. Use foundation only if you are comfortable with it. FOR ALL TEENS/ADULTS : Please apply a light toned foundation as a base for your makeup. Use hypo-allergenic if necessary. Base is necessary for mature students to even out the skin tone on the face. Apply only on full face down to the neck area. Let dry thoroughly before proceeding.
- 2) EYE SHADOW: Apply a brown accent line at the crease of eye, however be careful for dark shades on lids or up to area under brow are inappropriate. A light highlight shadow from eyelid to eyebrow is desirable.
- 3) EYELINER: Please use a dark brown/black pencil liner above lashes on upper lid. If the child is too young to handle this application, you may omit it. For all children age 11-older, please be certain to have eyes lined.
- 4) EYEBROW PENCIL: Please use a medium brown pencil for eyebrows only if the hair color is very light and looking directly at the face of the dancer the eyebrow is not clearly defined. If eyebrows are dark enough naturally, no pencil is necessary.
- 5) MASCARA: Please apply thick layer of heavy black mascara to upper and lower lids, however, this may not be tolerated by very young students and you may get by with just liner. TEEN/ADULT STUDENTS should apply false eyelashes for maximum effect on stage. Simply buy thick black lashes with adhesive, trim to fit and follow instructions. It is best to practice before the day of the show.
- 6) BLUSH: Apply rose or coral blush to hollow of cheek only - NOT over the cheekbone itself: Have dancer suck in cheeks and apply blush to area of the cheek that concaves. Enough blush should be applied to bring color to shadowed soft part of the cheek leaving the area over the cheekbone light and not colored at all.
- 7) LIPSTICK: Bright red lipstick is the only real color that is appropriate on stage.

Makeup Tutorial Videos

Stage Makeup Tutorial for Pre-School [CLICK HERE](#)

Stage Makeup Tutorial for Lighter Skin Tones [CLICK HERE](#)

Stage Makeup Tutorial for Darker Skin Tones [CLICK HERE](#)