

ROCKSTAR CHEER PITTSBURGH TUMBLING

POLICIES AND PROCEDURES

❖ **TUITION**

Tuition is due the first day of every month. The cost for all tumbling classes is \$59. You will be committed to two months of class at a time. You may take a second class per week for additional \$25 per month. **A \$25 late fee will be assessed on the second of each month if tuition is not paid.** Our season runs from June to May. You will be guaranteed a spot during this time. If you decide to drop your class, **written NOTICE must be provided 30 days notice or you will be billed for the next month.** All gym dues are billed monthly through Quick Books, you pay via email with your checking account. We do not take credit cards. No refunds will be issued.

You must sign up on ICLASSPRO our managing system. The link is on our website.

❖ **REGISTRATION FEE**

Registration fee is \$40 per athlete for the season of June to May. This fee is paid at the beginning of every season and is non refundable and covers insurance for your athlete to attend classes in the gym.

❖ **Recreational Tumbling Classes**

All students will be placed in a class based on skill level.

- ❖ Tumbling Class Instruction is for 45 minutes, 1 hour, or 1 and ½ hour. The beginning of each class will begin with a warm-up, basic skill, drills and skill practice based on level of classing and conditioning. We will emphasize the value of proper positions to reach tumbling goals.
- ❖ Tiny Tumbling and Tumble Brides instruction is for 45 minutes. The beginning of each class will begin with a warm-up, and will work basic tumbling technique, locomotor, body awareness, and coordination. We will teach these classes with fun themes and activities.

❖ **GENERAL PROCEDURES**

All classes will enter and exit from the rear of the building. Please use extreme caution when entering and exiting the gym. We want everyone to be safe.

- ❖ Parents are not permitted to wait in the gym. We have limited space and for safety of all athletes we do not encourage gathering in the athlete waiting area. Should you be waiting for a class to finish please refrain from gestures and verbal cues while athletes are finishing class. This is distracting for both coaches and athletes.

❖ **SAFETY**

Athletes are not permitted on equipment unless supervised by a coach.
No food, drink, or chewing gum is permitted on the gym floor.
Please remove all jewelry prior to the start of class.
Hair should be pulled up for athletes safety.

❖ **DRESS**

GIRLS- sports bra, tank top, t-shirt, spandex or comfortable shorts. Tennis shoes are optional.
BOYS -t-shirt and shorts, tennis are optional

❖ **MAKE-UP CLASSES**

You are permitted to make-up one class per month. You must make up a class within the same month the class was missed. Make up must be scheduled with Dana Thomas -
dana@rockstarcheerpittsburgh.com.

❖ **GYM CLOSING**

If there is inclement weather please look on social media pages Facebook, Instagram, Twitter, and your email from IClassPro for gym closing of all afternoon and evening classes. Morning classes will follow Seneca Valley school district. For example if Seneca Valley has a two hour delay or is closed there will be no morning classes.

Aimee Saffle-Nicewarner
Owner

I have read and understand the policies and procedures for tumbling classes at Rockstar Cheer Pittsburgh.

Parent Name Printed

Date

Parent Signature