



Summer 2018 Class Schedule (June 4-August 30)



Tumble Classes

(All Classes 1 Hour)

| | Monday | Tuesday | Wednesday | Thursday |
|--------------------------|----------------|----------------|------------------------|------------------------|
| Tiny Tumblers | 4:30pm | 5:00pm | 4:00pm | 4:30pm |
| Tumbling 1 | 4:30pm | 4:00pm, 6:00pm | 5:00pm, 6:00pm | 4:30pm, 6:30pm |
| Tumbling 2 | 4:30pm, 5:30pm | 4:00pm, 5:00pm | 4:00pm, 5:00pm, 6:00pm | 4:30pm, 5:30pm, 6:30pm |
| Flip 1 | 5:30pm, 6:30pm | 5:00pm, 6:00pm | 5:00pm, 6:00pm | 4:30pm, 5:30pm, 6:30pm |
| Flip 2 | 6:30pm | 7:00pm | 6:00pm | 5:30pm |
| Flip 3 | 7:30pm | 7:00pm | 7:00pm | |
| Flip 4 | 7:30pm | | 7:00pm | |
| Back Handspring Workshop | 6:30pm | 7:00pm | | |
| Back Tuck Workshop | | | | 6:30pm |

Tumble level progression is determined by class instructor. New students must come in to be evaluated before enrolling in tumble classes (except for Tiny Tumblers and Tumbling 1). Please call the office for an evaluation time. All make-up classes must be scheduled through the office in advance.

Tumbling Class Prerequisites - must have perfected listed skill before enrolling in class

Tiny Tumblers - Ages 3 & 4

Tumbling 1- None, Ages 5 & up

Tumbling 2- Forward/Backward Roll, Cartwheel, Handstand

Flip 1- Back Walkover, Round-off Rebound

Flip 2- Standing Back Handspring (BHS), Round-off BHS

Flip 3- Punch Front, Standing 2 Back Handsprings, Round-off BHS Back Tuck

Flip 4- Standing Back Tuck, Round-off BHS Layout

Back Handspring Workshop- Must be Flip 1 or beyond; Enhance and master skills for a back handspring

Back Tuck Workshop- Must be Flip 2 or beyond & have 2+BHS; Enhance and master skills for a back tuck

Tumble Class Prices

Registration Fee - \$30
(\$25 per family per year + \$5 per child for t-shirts)

Monthly Rate - \$65 for 1 class per week
Monthly Rate - \$100 for 2 classes per week

Semester Rate - \$180 for 1 class per week
Semester Rate - \$285 for 2 classes per week

Private Lessons - see back side



Summer 2018 Class Schedule (June 4-August 30)

Cheer Classes



(All Classes 1 Hour)

| | Monday | Tuesday | Wednesday | Thursday |
|-----------------------------|--------|---------|-----------|----------|
| Pre-K, K & 1st Cheer Combo | | | 4:00pm | |
| Elementary Cheer Combo | | | 6:00pm | |
| Jump Conditioning | | 5:00pm | | |
| Stretch & Flexibility Class | | | 4:00pm | |
| Stunt Class | | 11:30am | 5:00pm | |

Class Descriptions -

Cheer Combo Classes - Focus on cheers, dance, jumps and stunts. Choose class by grade in school.

Jump Conditioning Class - Focus on jumps and conditioning.

Stretch & Flexibility Class - Focus on overall flexibility.

Stunt Class - Focus on all aspects of stunting.

Private Lessons

(By Appointment Only)

Monthly 30 min Privates - \$30 Per Session
 Monthly 45 min Privates - \$45 Per Session
 Semi-Privates (2 ppl) 1/2 Hr. - \$25 Per Person

All privates must be paid for in advance.

Cheer Class Prices

Registration Fee - \$30
 (\$25 per family per year + \$5 per child for t-shirts)

Monthly Rate (60 min class) - \$65 for 1 class per week
 Monthly Rate - \$100 for 2 classes per week

Semester Rate (60 min class) - \$180 for 1 class per week
 Semester Rate - \$285 for 2 classes per week

The Cheer Connection

**6597 Corporation Parkway
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Telephone - (817)735-4474

Check out our website!!! www.TCCCheer.com