

Naperville Pom & Cheer Concussion Policy

Medical professionals and researchers agree the best treatment for concussions is prevention. Coaches of NPC are informed of the allowed stunting and tumbling guidelines. These are enforced to reduce the opportunity for concussions.

To assist the parent/guardian in evaluating head injuries (concussions), NPC is providing all parents/guardians a link to the SCAT III concussion awareness questionnaire. The SCAT III is a written questionnaire that aides in determining the normal attitudes/symptoms of an individual. Each parent/guardian may complete the SCAT III with your child.

1. To begin click on the appropriate link
<http://bjsm.bmj.com/content/47/5/263.full.pdf> - Child 13 and under **OR**
2. Download the SCAT III questionnaire
3. Complete the SCAT III questionnaire with your child
4. Either bring the SCAT III questionnaire to each of your child's games or give the SCAT III questionnaire to your child's head Coach.

If a head injury (concussion) is suspected the SCAT III questionnaire can be given to the Medical Provider present (Athletic Trainer) at the games. They will initiate a new SCAT III questionnaire to compare the attitudes/symptoms with the original SCAT III. Once the SCAT III questionnaire is complete and the comparison indicates a head injury (concussion), both forms should be taken to the medical facility of your choice for evaluation, diagnoses and treatment. If the incident occurs at a practice and an athletic trainer is not on duty, participant should be taken to medical facility of your choice for treatment.