



2023-2024
Half Year Program Packet
Toms River

TOMS RIVER

1192 Wake Forest Drive
Toms River, NJ 08753
732-618-4000
jerseyallstars@aol.com

EAST BRUNSWICK

6 Alvin Court
East Brunswick, NJ 08816
732-387-2690
info@allstarathleticcenter.com

Evaluation Process

We want athletes who are looking to be a Jersey All Stars athlete, NOT chasing a particular team, level, or age bracket.

We select teams to be the most competitive in each level. Many factors go into placing teams. We build teams based on skills that have been MASTERED, not new skills that are currently being worked on.

Athletes SHOULD NOT be challenged during the season with skills that are level appropriate. Remember new skills may be thrown, but MUST be competition ready.

Many factors go into building a team, it is not all about tumbling. The USASF age grid and division requirements will be the basis of how teams are built this season.



[Click Here](#)

Register for evaluations via the parent portal by Nov. 20th:

What to expect at evaluations?

Athletes will be asked to jump and tumble for the coaches on the day of evaluations. Please make sure your athletes has appropriate cheer clothing on with no jewelry on and hair pulled back with a bow.

Athletes will only sign up for 1 evaluation day!

If you can't make any evaluation days, please contact the gym!

Team Announcements Friday, December 15th

Team announcements will be sent via email by the end of announcement day.

Commitment Day Monday, December 18th

On this day there will be sizing of practice wear, the first payment is due, and one on one meetings with the athletes if needed.

Practice Schedule

The practice schedule will be finalized once the teams have been formed. Teams will practice 3 hours per week. 2 hours of cheer and 1 hour of tumbling.
Monday & Thursday

Important Dates

Dates are subject to change at anytime. More events will be added.

GYM CLOSINGS

CHRISTMAS BREAK

December 23rd - January 1st
(Practices resume for all on January 2nd)

EASTER BREAK

March 29th - April 2nd

SAVE THE DATES

PICTURE DAY

February 25th

BANQUET

April - DATE TBD

DATES ALLOWED FOR FAMILY VACATION

Easter Break: The following dates ONLY
March 29th - April 7th

The gym will be open and team practices are still mandatory unless you are physically away!

The vacation approval form must be submitted by December 23rd

PRACTICE INFORMATION

ATTENDANCE POLICY

We realize many athletes are involved in a variety of activities; however, we cannot make exceptions for schedule conflicts. We expect to be a top priority with 100% commitment and attendance. If our policy is violated, the athlete may be removed from the program. All vacations must be arranged around our breaks and include plenty of travel time in case of delayed air travel or other unexpected travel incidents.

PRACTICE WEAR "LOOK POLICY"

All athletes must wear their hair up in a tight bun with a bow at all regularly scheduled practices.

SICK OR INJURED

Athletes who are sick must bring in a doctor's note in order for it to be an excused absence. Multiple missed practices, even if it is excused will jeopardize an athlete's position in the routine and/or spot on the team. If an injury occurs and that athlete is fully recovered, it is up to the gym owner/coach when the athlete may return to the routine and if they are able to return at all. They may not return to their same positions in the routine.

ADDED PRACTICES

Additional practices are MANDATORY and a schedule for the full season will be posted by July. It is your responsibility to make sure you add them to your calendar.

PROGRAM COSTS

Auto Pay for monthly tuition is MANDATORY

Monthly Tuition is auto-drafted on the 1st of every month July-April and will be done through a debit or credit card. If you have a credit on your account, the credit will be used instead of your card. There is an annual registration fee of \$100 paid once every 12 months.

Our tuition fees include weekly cheer practice and one tumble class per week. If your athletes crosses over they will NOT have to pay an additional monthly tuition fee, however they will be responsible for an additional music fee, choreography fee, uniform (if needed), and additional competition fee.

Flyers will pay an additional \$5 per week to attend stretch/fly class which is mandatory in order to be considered a flyer on any Jersey All Stars team. Enrollment will be done via parent portal.

Payment Options

All expenses can be paid through cash, credit or debit card, and checks made payable to Jersey All Stars. You can enroll in auto-pay for all fees, not just tuition if you choose. A 3.5% service charge will be added to call card payments

We have fundraisers available throughout the season for those who are in financial need.



Tuition Break Down

\$140 Billed Monthly

Sibling Discount

Monthly tuition will be discounted for siblings. Second child 50% off and third child is FREE (monthly tuition only).

Invoices & Payments

If your payment is declined, you will receive an email/and or phone call. If your account remains past due by 10th of the month, you will receive a \$20 late fee and your athlete will be asked to sit out of practices, classes, and private lessons.

USASF Fee

The USASF is The United States All-Star Federation, which is the governing body for cheer. Each athlete is required to have their own membership profile. A fee of \$49 must be paid directly to the USASF and is required to participate in the season's competitions.

FEE CHART

All the fees listed below in the fee chart are one time fees. The only monthly fee will be gym tuition.

****Team Fees**** This fee is new this season. It will go towards gifts for the athletes at a special event. Parents will not be asked for additional money.

Add additional 3.5% service fee if paying online or by card.



Fees	Total
Registration & Insurance	\$100
Practice Clothes	\$100
Choreography	\$200
Music	\$110
Uniform	\$350
Warm Up	\$245 Optional
Competition Fee	\$335

ADDITIONAL FEES (APPROXIMATE)

Other fees not included in the chart may include;

MANDATORY: Competition bow(\$36-\$40), USASF Fee (\$49), spectator fees and any travel costs,.

OPTIONAL: Additional camps and clinics which may include stunting, jumping, and tumbling, Backpacks and/or other Jersey All Stars gear, tumble classes, open gyms, banquet etc.

PAYMENT SCHEDULE

Jersey All Stars reserves the right to update or change the payment schedule at any time.

The payment schedule below is for one athlete. This is only a guide and a glance for the 2023-2024 season. Competition fees, music, and choreography will be broken down into three payments of \$215 as Installment 1, 2 & 3.

DUE DATE	MANDATORY FEES	ADDITIONAL FEES IF APPLICABLE
1st Practice December	(\$375) Registration/Insurance, Practice Clothes, Uniform Deposit 50%, December Tuition (\$50)	Sneakers (not mandatory)
January 1st	January Tuition	Warm up (not mandatory)
January 15th	(\$215) Installment 1	
February 1st	(\$215) Installment 2, February Tuition, Competition Bow	
March 1st	(\$215) Installment 3 , March Tuition	
April 1st	April Tuition	

Half-Year Competition Schedule

16
MARCH

SPIRIT FESTIVAL
PROVIDENCE, RI

24
MARCH

SPIRIT BRANDS
LINCROFT, NJ

21
APRIL

SPIRIT BRANDS
TOMS RIVER, NJ

Registration

New families must register immediately online. This will ensure your family profile and registration are up to date for team placements. Current Jersey All Stars families will use their existing profile. **All families will have to accept new policies for the NEW 2023-2024 Season and update any credit/debit card information on file. All MUST have a working card on file in order to participate in any practices and receive team placements.**

Creating a family profile and registering through the parent portal

All Star Cheer families are required to have a credit card on file for the 2023-2024 season.

- 1.) Go to jerseyallstarcheerleading.com
- 2.) Click on the Parent Portal where you can complete the registration process.
- 3.) If you are new member - click create an account and follow the on-screen directions.
- 4.) After you have signed-in or created your family profile, you will be able to register for evaluations and view your account through the parent portal

Jersey All Stars Communication

No parents should be texting or calling a coach directly unless to discuss your athlete running late to practice etc. All communication should be done directly to the gym via email. We operate during normal business hours. There should not be texting or communicating after 9:00pm or when the gym is closed on the weekends or any other holidays.

Email

Email will be the main communication between the gym and each parent. If a meeting or phone call is needed we will schedule one via email.

Remind

All parents & athletes will have to join a separate group in the remind app for important information and reminders. We will be using this to blast out text messages. There will be no communication via the remind app other than blasts from the gym.

Jersey All Stars Contact

☎ (732) 618-4000 ✉ jerseyallstars@aol.com

Staff/Athlete Communication

We highly encourage our athletes to communicate their issues/concerns to the coaches/gym owner before holding a parent meeting. We want each athlete to feel comfortable enough to speak freely to staff members to solve minor issues within a team. WE ARE A FAMILY! Any serious issues will be addressed immediately with a parent/guardian.

WHO DO I DIRECT MY QUESTIONS TO?

Amanda Bomenblit

Jersey All Stars Owner (abomenblit@gmail.com)

Questions about individual athletes, teams, and other All Star related issues.

Valerie Bomenblit

Accounts Manager/Office Manager (jerseyallstars@aol.com)

Questions about invoicing, payments, and fundraising.

Team Parent

Questions about team bondings and other gym reminders. You will receive their contact information after team placements. Any major question or concerns should go to the gym directly, NOT a team parent.

Practice

If your athlete is sick or injured please email the gym directly at jerseyallstars@aol.com

The gym should be the first notified. Not any team parents, parent or athlete. If your child is running late please let us know via email or phone.

Competitions

All parents & athletes will have to join the remind app for important competition updates at the event. Any issues should be addressed after the event has concluded.





FAQS



Can I miss a competition?

Your athlete is required to attend ALL competitions in the season. They may not miss any event regardless if your child is sick or injured.

Can I tumble or take lessons at other gyms?

Athletes are not permitted to take tumble classes, privates or take clinics at any other cheerleading gym.

Can my athlete participate in School Cheer?

Athletes are allowed to cheer for their school's football/basket ball team and we are willing to discuss scheduling conflicts on SOME occasions. However, if we cannot come to an agreement, the athlete is always expected to attend their Jersey All Stars practice. We ask that parents be up front and honest with their school team sport reminding them that the commitment of Jersey All Stars is the number 1 priority.

How does traveling for competitions work?

Any overnight but drivable competitions (3-7 hours) will be required to arrive Friday night. Practices will resume on Monday so all athletes are expected to be home by Monday night. Any travel competitions that require a flight will have Thursday night as an expected arrival and a Monday departure. Practices will resume on Tuesday and all athletes are expected to attend. Remember, travel events are for cheer not vacations.

Travel Events "Stay To Play" - Explanation

Some of our travel events are "stay to play" which means we are required to book rooms within a block the competition has provided. Please do not book a room for any event until we send the information to you. This also includes booking airfare etc.

I accepted the online policies, do I still have to fill these pages out?

Yes, we need both online and paper policies signed and accepted before your athlete is placed on a team.

PROGRAM RULES



General Rules

- 24 hour rule! Please wait 24 hours before emailing or speaking to a staff member.
- Team group chats are not permitted. This includes athlete group chats and parent group chats.
- Anyone threatening to quit or pull their child from a team may be dismissed from the program and are responsible for any other fees up to date.
- Accounts must be up to date in order to take private lessons of any kind.
- **No athlete may take tumble classes, private lessons, or stunt clinics with any other cheer program.**
- No Gossip about any Jersey team will be tolerated. No negativity should be posted on Social Media. We are a family!
- If an athlete quits or is removed from the program and you have a credit to your account you **MUST** use it in the Pro shop or classes. No private lessons will be allowed.
- Any parent or athlete in the lobby must behave properly. No gossip or negative behavior will be tolerated. If there are any issues or concerns please contact the gym directly.

Practice

- Team practices are closed to parents.
- Withholding your athlete from a practice should never be a form of punishment.
- Only athletes and coaches are permitted inside the gym.
- No cell phones are to be used during practice times.
- No gum is allowed in the gym.
- All routines, choreography, stunt positions, tumble positions and teams are subject to change at any point. There is no "SPOT". These topics are not up for discussion.

Competitions

- Withholding your child from competitions should never be a form of punishment as this is a **TEAM** sport.
- Parents, athletes, relatives, and friends are never allowed to speak or email competition officials or any other companies associated with All Star Cheer.
- Any athlete who doesn't show up to a competition, misses their performance, or does not stay for their "sister" teams and awards ceremony may be removed from the program.
- Earrings and jewelry of any kind are not permitted at competition and can not be covered up by band-aids. (This is also a USASF policy). Tattoos must also be covered up at any event.
- Nails should be at athletic length. On competition days only a french manicure is allowed.
- At each competition, there will be one parent who will be designated to film the routine. This will be shared with Jersey All Stars parents. Remember, you are there to cheer on your children not hold up a cell phone!
- All athletes are required to support their "sister" team during each performance in their team block. This is for both locations.

Clothing & Apparel

- All Jersey All Stars logos and names are protected by copyright/trademark laws. **DO NOT** duplicate our logo, colors with team names, or any other Jersey All Stars type clothing. Anyone that attempts to sell or give away items with Jersey All Stars logos or likeness will be in violation of our policy.
- Parents are not permitted to make their own Jersey All Stars apparel.
- Uniforms may not be altered.

The Look Policy

- At Jersey All Stars we take pride in looking classy and professional from practice to competition. All athletes must always look professional.
- **Practice "Look"** : Hair will be worn in a high tight bun with a bow at all times. No jewelry may be worn. If an athlete has a new ear piercing it must be covered with Band-Aids. Nails **MUST** be short. Sneakers must be worn at all times.
- **Competition "Look"**: Athletes must be fully dressed in uniform with hair and makeup done 2 hours prior to performance time. Cheer sneakers must be worn at all times (you may wear shoe covers to protect the sneakers). At no time should the uniform be unclipped, unbuttoned, or cell phones tucked into shorts, if your child changes to watch other Jersey teams he/she must be in Jersey clothes.

PROGRAM COMMITMENT AND FINANCIAL AGREEMENT

Everyone is required to submit credit card or debit card information for the mandatory autopay for monthly tuition which will be charged on the 1st of every month. There will be no activation fee of any kind. Please fill out the following information at the bottom of this page. You may change your card at any time on iClassPro.

_____ I have fully read the entirety of this packet and I fully understand my commitment to Jersey All Stars. I
initial here understand that my commitment is for the 2023-2024 season. I am fully aware that I am giving my credit
card/debit card information and that information will be used in Auto-pay and any additional fees that may be
due. I understand that this card on file is MANDATORY.

_____ I understand that any other fees in addition to tuition that are past due will be charged to the card on file along
initial here with a 3% processing fee 10 days after the date it is due.

_____ I understand that if I pull my athlete or I am asked to leave the program that no refunds or credit will be given. I
initial here am also responsible for all charges up to the day the athlete quits or is asked to leave the program.

YES _____ NO _____ I would like to enroll in autopay for all fees in addition to tuition. If yes, my card will
automatically be charged for all expenses on their due date with a 3.5% service charge.

Cheerleader(s) Name: _____

E-mail of Card Holder: _____ Name on the card: _____

Credit Card Number: _____

Expiration Date: _____ CVC: _____ Type card _____

BILLING ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

Card Holder's Signature: _____ Date: _____

I, _____ have read and understand the entire packet. I understand that rules are important to run a
successful All Star cheerleading program and I will follow them. I also give my child, _____
permission to participate in Jersey All Stars 2023-2024 season and may practice, tumble, jump, stunt and use all equipment at the cheer gym. I
understand and acknowledge that the activities that my child engages in while on the premises pose known and unknown risks which could result
in injury, paralysis, and death. I give my consent that if an accident should occur, my child may be taken to a medical facility and treated if necessary.
I will not hold any Jersey All Star member or anyone helping or working with the team liable for the injury. I agree to cooperate with the Jersey All
Star Staff and follow instructions, guidelines, policies, and procedures in accordance with the program. I understand that failure to obey any of these
rules or guidelines may result in dismissal and discharge from the program in its entirety without reimbursement of fees. I hereby grant Jersey All
Stars the right to photograph and/or make recordings of the participant named above in order to advertise the program through social media and
advertisements such as the website, Twitter, Facebook, etc.

Parent Signature: _____ Date: _____

Owner Signature: _____ Date: _____

Evaluation Form



Athlete Name: _____ Athlete Number: _____

Birth Year: _____ M/F: _____

Gym cheered with 2022-2023: _____

Team & Level in competed 2022-2023: _____

What is the highest level of stunts you have competed? (mark only one)

Level 1 ___ Level 2 ___ Level 3 ___ Level 4 ___ Level 5 ___ Level 6 ___ NonTumble Worlds Team ___

What stunt position did you compete last season?

Backspot ___ Main Base ___ Side Base ___ Flyer ___ Did Not Stunt ___ Did Not Cheer ___

What is the highest level of tumbling you have competed?

Did Not Tumble ___ Level 1 ___ Level 2 ___ Level 3 ___ Level 4 ___ Level 5 ___ Level 6 ___

Goals for the season 2023-2024

1.) _____

2.) _____

3.) _____

Any other information you would like us to know: