

**2017-2018**

**CHEERTIME**  
*Athletics*

**COMPETITION**

**PACKET**

# DATES AND LOCATIONS

## *Raider Extravaganza*

Warren G Harding High School - November 18, 2017

## *Polarbear Cheersgiving Extravaganza*

Massillon Jackson High School - November 19, 2017

## *Holiday Cheer Extravaganza*

Sebring High School - December 9, 2017

## *Viking Cheer Extravaganza*

North Canton Hoover High School - December 10, 2017

## *Warrior Extravaganza*

West Branch High School - January 14, 2018

## *New Year's Extravaganza*

Newton Falls High School - January 21, 2018

## *Northeast Ohio Cheer Championships*

Warren G Harding High School - February 18, 2018

# RULES AND GUIDELINES

## Registration

**NEW THIS YEAR** - Our registration is now online! We **prefer** that you use the online registration, but our registration form is still available and attached below if you are not sure how to complete the registration online.

To register please follow this link!

[https://docs.google.com/forms/d/e/1FAIpQLSfhNd11ZeTQjDRkFyXUWUttbui5U2aR2Sq0wMRilninchNJWQ/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSfhNd11ZeTQjDRkFyXUWUttbui5U2aR2Sq0wMRilninchNJWQ/viewform?usp=sf_link)

## Division Guidelines

CheerTime Athletics follows NFHS rules for all school teams. Please see this website [www.nfhs.org](http://www.nfhs.org) for more details.

## Payment Guidelines

All registration forms must be postmarked by the deadline dates. This means they must be within the deadline dates to receive the correct pricing for the competition. **PAYMENT MUST BE MAILED WITH THE DEADLINE DATES. NO EXCEPTIONS!** The forms of payment that we accept are Credit Cards, Money Orders, Purchase Orders, Certified Checks and Business Checks. Business checks will be accepted 30 days prior to the event. No Exceptions after 30 days prior to the event!

## Pricing

All 2016-2017 competition pricing is as follows: 3 competitions for \$25 per athlete if registration is postmarked by November 1st. If registration is postmarked after November 1st - \$10 per athlete per competition.  
NEW - Once you have paid for 3 competitions, attend all others for FREE  
No team will be put on our competition schedule until their full payment is made.  
Spectator Pricing: \$5 per person at the door and children 3 and under for free!

## Scoresheets

All scoresheets can be found on our website at [www.cheertimeathletics.com](http://www.cheertimeathletics.com) under the forms tab.  
All questions about scoresheets should be addressed to [cheertimeathletics@gmail.com](mailto:cheertimeathletics@gmail.com).

## Transfers

In the event that your team is unable to attend a competition that has already been paid for: your team will have the option to transfer 50% of the funds to another CheerTime Athletics Event. This can only be done 2 weeks prior to the event.

All transfers must be in writing and received and approved.

## Weather Policy

CheerTime Athletics plans months in advance for these events. The events will go on regardless of the weather conditions. Please make travel arrangements accordingly. **WE DON'T GIVE REFUNDS TO TEAMS WHO CAN'T MAKE IT DUE TO WEATHER! IF WE CANCEL AN EVENT DUE TO WEATHER IT WILL BE RESCHEDULED!**

## Music Rules

This year USA Cheer has implemented new music rules. These rules must be followed by ALL participating teams. Under no circumstance will a team be able to perform/compete if they are not following the rules, unless you have signed off that you have a

license for the music. Proof of sign off must be provided. Information on the new rule system can be found at <http://usacheer.net/presssafety/music>.

## General Safety Rules

- All teams must be supervised by a registered coach during all warm-up times.
- Jewelry of any kind including but not limited to: ear, nose, tongue, belly button and facial rings are prohibited. (Exception: Medical ID bracelets/tags, and uniform rhinestones)
- Drops including but not limited to knee, seat, thigh, front, back, and split drops from a jump, stunt, or tumbling skills are prohibited unless majority of the weight is first borne on the hands/feet to break the impact of the drop.
  - Only REGISTERED coaches or Participants are permitted in the warm-up room.
    - All participants must have a signed waiver to participate.

## Routine Safety Rules

### Tumbling-All Divisions

- Tumbling skills that exceed one flipping rotation and/or one twisting rotation are prohibited. (No double backs or double fulls)
- Participants may not tumble over, under, or through partner stunts or pyramids or over or under individuals.
- Spotted or assisted flips are prohibited. This includes toe and leg pitch flips.

### Tosses-All Divisions

- Basket tosses or any type of multi-based toss must be performed from the ground level and must be dismounted to a cradle position by the original two bases, plus a spotter at the head and shoulders.
- Back Tuck Basket tosses are prohibited.
- All basket tosses may not exceed four bases.
- All tosses may not exceed two twisting rotations.
- Braced flips are PERMITTED. The flyer must remain in full contact with one individual at prep-level or below during the braced flip.

### Stunts/Pyramids-All Divisions

- All stunts and/or pyramids are limited to two persons high. Any partner must receive primary support from a base(s) that is in direct, weight-bearing contact with the performing surface.
- A continuous spotter is required for extended stunts. The spotter may hold at the ankle of the top person and/or wrist of the base(s). If the spotter is supporting under the sole of the foot in any way, they are considered to be a base and would require an additional spotter.
- In pyramid transitions where the top person is released from their primary bases and assisted in an up and down transition the following rules apply:
  - At least 3 bases must be under top person throughout transition.
  - Person(s) bracing the top person in the transition must have a spotter in place during the transition movement.
  - The top person must be in contact with the bracers during the up and down transition.
  - The top person must be in continuous motion and cannot be supported so that they pause at the top of the transition.
  - A minimum of three catchers are required when the top person falls away from the bases to a horizontal flat-body position.
  - Transitional stunts may involve changing bases as long as top person maintains contact with at least one original base/spotter. (Exception: Leap Frog)

### Dismounts/Cradles-All Divisions

- Twists greater than two rotations in stunts, tosses or dismounts are prohibited.
- Dismounts that involve skills (i.e. twists, toe touches) must dismount to a cradle position. Dismounts that involve skills to the performance surface must involve hand-to-hand contact with the bases.
- Suspended forward flipping dismounts are allowed if the flyer maintains hand-to-hand contact with two original bases.
- Free Flipping dismounts are not permitted.
- Dismounts with props (i.e. signs, megaphones, poms) are prohibited. (Exception: Pencil down)

# JUMP AND TUMBLE OFF RULES AND GUIDELINES

## Jump-Off

Divisions:

Youth-Broken into 3 age groups: 8 & Under, 9-10, and 11-12

Junior High- 7th and 8th Grade

High School - 9th, 10th, 11th and 12th Grade

\* any 11 or 12-year-old that competes with a Junior High team must compete in the Junior High Jump Off \*

Each Participant in the Jump-off will perform a toe touch and a combination jump of their choice.

The combination jump can consist of 2 or more jumps.

First, second, and third place will be awarded in each division.

The winners of the jump off will be decided by the judges and the winners will be announced at the award ceremony.

## Tumble-Off

Divisions:

Youth-Broken into 3 age groups: 8 & Under, 9-10, and 11-12

Junior High- 7th and 8th Grade

High School - 9th, 10th, 11th and 12th Grade

\* any 11 or 12-year-old that competes with a Junior High team must compete in the Junior High Tumble Off \*

Youth divisions will also be split into Beginner (Less than a backhandspring) and Advanced (backhandspring or more) Beginner and

Advanced may be combined if there are less than 3 competitors in the division.

Each Participant in the Tumble-off will perform two tumbling passes of their choice.

The passes may be different but they may also perform the same pass twice.

If performing a back to back pass, the pass must be connected in order for the WHOLE pass to count. If the passes are not connected we will not count the whole passes as one pass.

First, second, and third place will be awarded in each division.

The winners of the tumble-off will be decided by the judges and the winners will be announced at the award ceremony.

## *Grand Champions*

We will announce our Grand Champions at all awards ceremonies. We will award Grand Champions to our high scoring High School, Junior High, and Recreational teams. Due to scoring being slightly altered for our mounting teams, we will be taking 25% of all scores to determine our Grand Champions!

## *Code of Conduct*

CheerTime Athletics ask that the following code of conduct be adhered to during the competition in order to ensure the most positive experience for all participants involved:

- Any questions or concerns that affect a team's performance must be expressed by the coach/director to the appropriate CTA staff.
- There will be no contact with the judges from any participant, coach/director, or spectator during the competition
  - The judges' rulings are final.
- Any unruly behavior by coaches/directors, participants or spectators will result in removal from the event.

We expect that all teams, coaches, and spectators will represent themselves and their communities in a positive way. Please note that CTA personnel have no bearing in any rulings or results. CTA wants to ensure a successful experience for everyone involved.

**Parents are not to approach judges or staff to complain. Parent's not following these rules may disqualify the team or individual from the competition.**

# COMPETITION DIVISIONS

All participants must be an official member of the team and school that they are representing and has to be in the grade for the appropriate division.

CheerTime Athletics has the right to combine or open divisions as necessary in order to maintain a competitive atmosphere.

Divisions will not be split unless there are enough teams to fulfill each split division.

## JUNIOR HIGH / JUNIOR VARSITY DIVISIONS

- Junior High Divisions WILL be allowed 9th grade participants if (1) they attend a school that is under the administrative supervision of the same school board as the junior high school that they are representing AND (2) a minority of the team are 9th graders.
- Junior High teams with a majority of 9th grade participants must compete as a Junior Varsity team.

Division	Grade	Squad Members	Notes
Small Junior High	9 <sup>th</sup> grade and below	5 - 16 Members	
Large Junior High	9 <sup>th</sup> grade and below	17 - 25 Members	
Junior High Mount	9 <sup>th</sup> grade and below	5 - 25 Members	
Small Junior Varsity	9 <sup>th</sup> grade – 12 <sup>th</sup> grade	5 - 16 Members	Official JV team or a JH team with a majority of 9th grade team members.
Large Junior Varsity	9 <sup>th</sup> grade – 12 <sup>th</sup> grade	17 - 25 Members	Official JV team or a JH team with a majority of 9th grade team members.
Junior Varsity Mount	9 <sup>th</sup> grade - 12 <sup>th</sup> grade	5 - 25 Members	

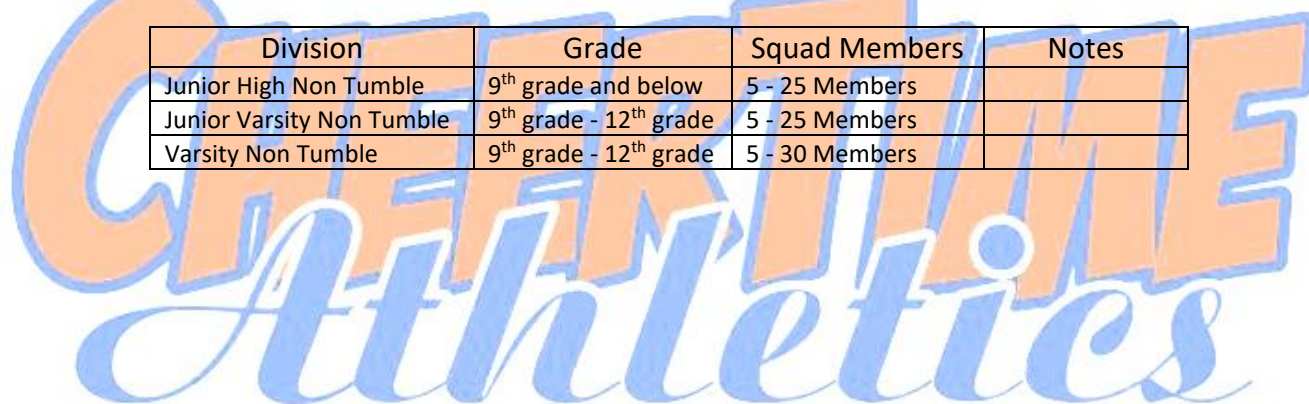
## VARSITY DIVISIONS

Division	Grade	Squad Members	Notes
Small Varsity	12 <sup>th</sup> grade and below	5 - 12 Members	
Medium Varsity	12 <sup>th</sup> grade and below	13 - 16 Members	
Large Varsity	12 <sup>th</sup> grade and below	17 - 20 Members	
Super Varsity	12 <sup>th</sup> grade and below	21 - 30 Members	
Varsity Mount	12 <sup>th</sup> grade and below	5 - 30 Members	

## NON TUMBLING DIVISIONS

- The Non Tumbling Divisions will prohibit all tumbling with feet over head rotation.

Division	Grade	Squad Members	Notes
Junior High Non Tumble	9 <sup>th</sup> grade and below	5 - 25 Members	
Junior Varsity Non Tumble	9 <sup>th</sup> grade - 12 <sup>th</sup> grade	5 - 25 Members	
Varsity Non Tumble	9 <sup>th</sup> grade - 12 <sup>th</sup> grade	5 - 30 Members	



## RECREATIONAL DIVISIONS

- The Recreational Divisions exist for teams with the main purpose of cheering for and supporting a recreational team (i.e. youth football, pee wee sports, community sports teams, etc.)
- All recreational divisions should follow our general routine requirements.
- The age of the competitor as of Aug. 31, 2016 will be the age used for the competition purposes throughout the 2016-2017 season for all Rec Divisions

Division	Age	Squad Members	Notes
Pee Wee Rec	5 - 8 years of age	5 - 36 Members	100#
Youth Rec	10 years and younger	5 - 36 Members	125#
Junior Rec	12 years and younger	5 - 36 Members	150#

## INDIVIDUAL DIVISIONS

Division	Age
Senior Individual	9 <sup>th</sup> - 12 <sup>th</sup> Grade
Junior Individual	7 <sup>th</sup> - 8 <sup>th</sup> Grade
Youth Individual	9 - 12 years
Mini Individual	8 years and younger

## HIP HOP DIVISIONS

Division	Age
High School	9 <sup>th</sup> - 12 <sup>th</sup> Grade

## EXHIBITION

- Teams in this division will receive a Participation Trophy for their performance.
- All exhibition teams must follow division rules.
- Scores received from exhibition can qualify to be put into the series championships.
- Exhibitions are available in all divisions (Please specify specific division on registration sheet to receive correct scoresheets)



# ROUTINE REQUIREMENTS

## GENERAL ROUTINE REQUIREMENTS

- Total routine time cannot exceed 2 minutes and 30 seconds.
- Routine must consist of at least one cheer.
- A musical segment of at least 45 seconds.
- Timing begins with the first organized movement and/or first word of cheer or beat of dance.
- Organized entrances that involve cheers or run ons with jumps, tumbling or stunts are not permitted. Cheerleaders should enter the performance area in a timely fashion.
- Routines should be choreographed so that the routine flows from one segment to the next.
- Gymnastics and jumps are permitted and encouraged.
- Teams can have no less than 5 participants.
- Mascots are welcome to perform with their teams, however, they will be counted when determining the number of participants.
- There are to be no props used in the routine with the exception of signs, pom poms, flags and megaphones.
- All routines should be appropriate for family viewing. Any vulgar or suggestive movements, words, or music will result in a score deduction. No tear-away uniforms or removal of clothing is allowed.

## SCHOOL MOUNT ROUTINES

- Timing will end with holding of the final movement, pyramid or stunt.
- Partner stunts and pyramids are permitted.
- Teams must follow the National Federation Safety Rules. Call 1-800-776-3462 to obtain a current copy.

## NON-MOUNT DIVISIONS

- Timing will end with holding of the final movement.
- Partner stunts and pyramids are NOT permitted.
- Teams must follow the National Federation Safety Rules. Call 1-800-776-3462 to obtain a current copy.

## NON-TUMBLE ROUTINES

- Timing will end with holding of the final movement.
- Partner stunts and pyramids are NOT permitted.
- Gymnastics/Tumbling are NOT permitted.
- Teams must follow the National Federation Safety Rules. Call 1-800-776-3462 to obtain a current copy.

## ALL STAR

- Timing will end with holding of the final movement, pyramid or stunt.
- Partner stunts and pyramids are permitted by level guidelines.
- Gymnastics and jumps are permitted and encouraged by level guidelines.
- Teams must follow the U.S.A.S.F. All Star Rules.

## INDIVIDUALS

- Participants will be placed in the appropriate age group based on their High School and Junior High. If division is large it will be split by grade and CheerTime Athletics discretion. Recreational Individuals will be split by age.
- Overall performance may not exceed 1 minute and 30 seconds. Timing will begin with the first sound of music or word. Judging is based on showmanship, motion/dance execution, spirit, ability in the area of jumps and tumbling as well as overall impression.

## DANCE ROUTINES

- Timing will begin with the first organized movement, word or beat of music.
- Soft-soled dance shoes may be worn while competing. Bare feet are acceptable. Socks only is prohibited.
- Dance teams may wear approved jewelry as part of their costume. Approved jewelry includes post earrings and hair accessories. Hoop earrings, tongue, belly, nose rings etc. are prohibited. Medical necklaces or bracelets may be worn, but should be removed from the neck area and secured to the body with tape.



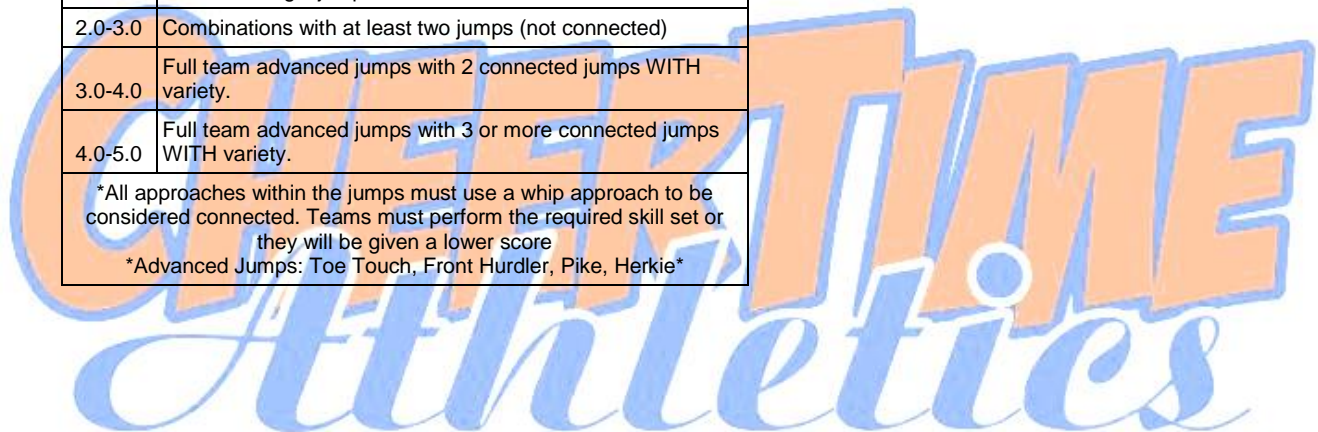
# SCORING RUBRIC

Running Tumbling Difficulty	
0.0-1.0	Front/back walkovers, cartwheels, round-offs, rolls, etc.
1.0-2.0	Round-off back handspring series, Round-off back handsprings, etc.
2.0-3.0	Round-off back handspring back tuck, Round-off back tucks, etc.
3.0-4.0	Round-off back handspring layouts, Round-off layouts, whips, x-outs, etc.
4.0-5.0	Round-off back handspring fulls, Round-off fulls, combinations to fulls.
<p>*Skills must be performed by the majority of the team in order to be in range. If skills are performed by the minority of the team, the score will be dropped to the next range.</p>	

Standing Tumbling Difficulty	
0.0-1.0	Forward roll, backward roll
1.0-2.0	Front/backwalkovers, cartwheels, round-offs
2.0-3.0	Single back handsprings, back walkover backsprings, series back handspring
3.0-4.0	Back handsprings to tucks, standing tucks
4.0-5.0	Back handsprings to layouts, fulls, etc.
<p>*Skills must be performed by the majority of the team in order to be in range. If skills are performed by the minority of the team, the score will be dropped to the next range.</p>	

Jump Difficulty	
1.0-2.0	Full team single jump
2.0-3.0	Combinations with at least two jumps (not connected)
3.0-4.0	Full team advanced jumps with 2 connected jumps WITH variety.
4.0-5.0	Full team advanced jumps with 3 or more connected jumps WITH variety.
<p>*All approaches within the jumps must use a whip approach to be considered connected. Teams must perform the required skill set or they will be given a lower score *Advanced Jumps: Toe Touch, Front Hurdler, Pike, Herkie*</p>	

Majority Quantity Table	
# of Athletes	Majority
5-7	3
8-9	4
10-11	5
12-14	6
15-16	7
17-19	8
20-22	10
23-25	11
26-27	13
28-30	14
31-36	15



# DEDUCTIONS

This year we will be having a deduction system. All deduction types are listed below.

## ROUTINE INFRACTIONS

### ATHLETE FALL - 0.25

Examples:

- Hand(s) down in tumbling or jumps
- Knee(s) down in tumbling or jumps
- Drops to the floor during individual skills (tumbling, jumps, etc.)

### BUILDING FALL - 0.75

Examples:

- Uncontrolled cradling, dismounting or lowering a building skill (not timing issues)
- Base or spotter falling to the floor during a building skill

### MAJOR BUILDING FALL - 1.25

Example:

- Falls from an individual stunt, pyramid, or toss to the floor (top person lands on floor or multiple bases/spotters land on floor)

### MAXIMUM - 1.75

When multiple deductions should be assessed during an individual stunt or toss (by a single group) or during a pyramid collapse, then the sum of those deductions will not be greater than 1.75. \*\*\*Bobbles, balance checks and controlled timing errors will be reflected in technique scores.

## RULE VIOLATIONS

### TIME LIMIT VIOLATIONS

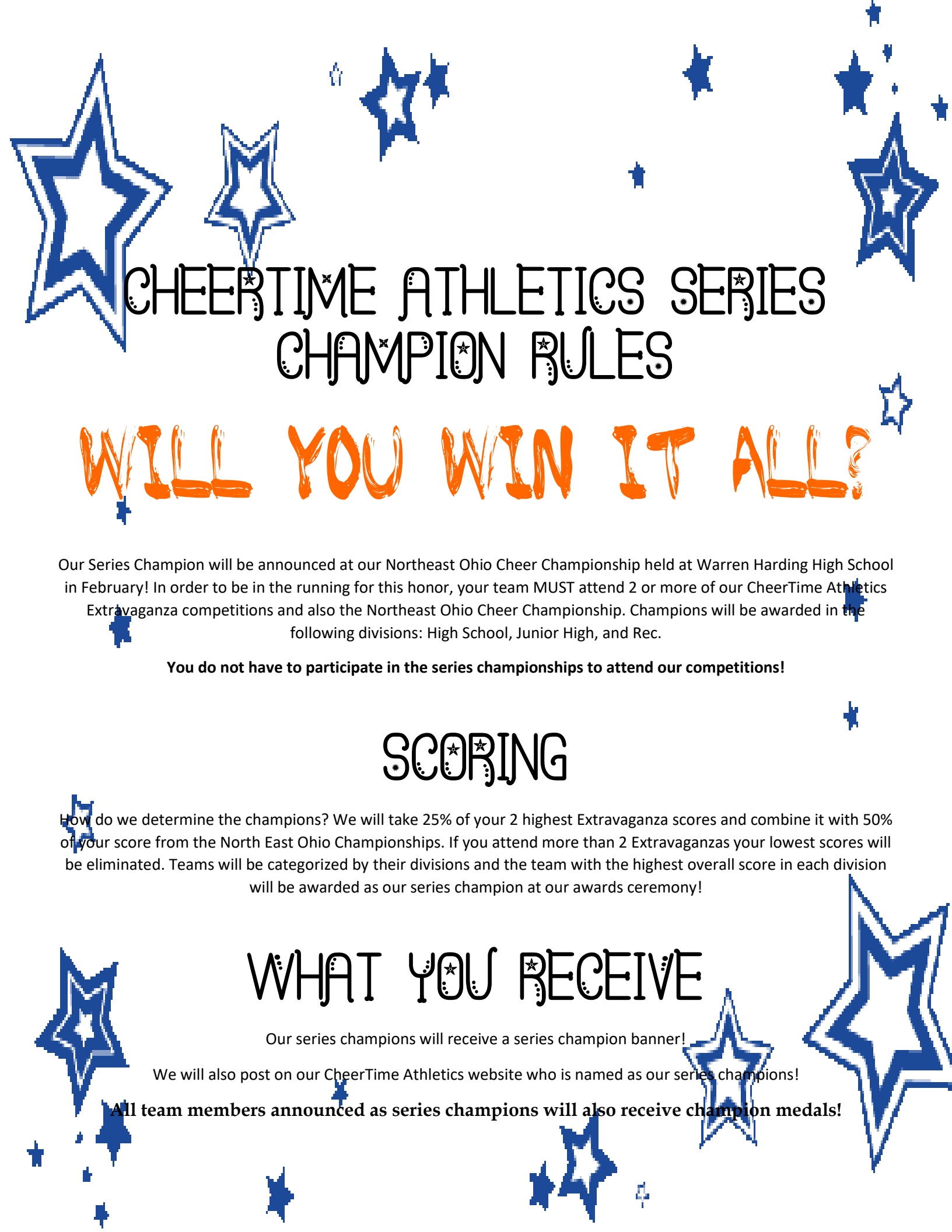
Teams that exceed 2:30 will be given a 5 second grace period, all material after that grace period will not be considered in scores.

### SAFETY VIOLATIONS

- 0.50 - Tumbling, General Safety, and all other violations will be issued a 0.50 deduction.
- 1.0 - Building skills performed out of level will be issued a 1.0 deduction.

### UNSPORTSMANLIKE CONDUCT DEDUCTION - 2 .0

When a coach is in discussion with an official, other coaches, athletes and parents/spectators they must maintain proper professional conduct. Failing to do so may result in 2.0 deduction, removal of coach or disqualification.



# CHEERTIME ATHLETICS SERIES CHAMPION RULES

## WILL YOU WIN IT ALL?

Our Series Champion will be announced at our Northeast Ohio Cheer Championship held at Warren Harding High School in February! In order to be in the running for this honor, your team **MUST** attend 2 or more of our CheerTime Athletics Extravaganza competitions and also the Northeast Ohio Cheer Championship. Champions will be awarded in the following divisions: High School, Junior High, and Rec.

**You do not have to participate in the series championships to attend our competitions!**

## SCORING

How do we determine the champions? We will take 25% of your 2 highest Extravaganza scores and combine it with 50% of your score from the North East Ohio Championships. If you attend more than 2 Extravaganzas your lowest scores will be eliminated. Teams will be categorized by their divisions and the team with the highest overall score in each division will be awarded as our series champion at our awards ceremony!

## WHAT YOU RECEIVE

Our series champions will receive a series champion banner!

We will also post on our CheerTime Athletics website who is named as our series champions!

**All team members announced as series champions will also receive champion medals!**



Competition Registration Form  
 Please mail to: 2223 Niles Cortland  
 Rd. Warren, Ohio 44484

Team Name : \_\_\_\_\_ Coaches Name: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Number of Participants: \_\_\_\_\_

Divison: (CHECK ONE)

Junior High / Junior Varsity Divisions	
<input type="checkbox"/>	Small Junior High (5-16 Members)
<input type="checkbox"/>	Large Junior High (17-25 Members)
<input type="checkbox"/>	Junior High Mount (5-25 Members)
<input type="checkbox"/>	Small Junior Varsity (5-16 Members)
<input type="checkbox"/>	Large Junior Varsity (17-25 Members)
<input type="checkbox"/>	Junior Varsity Mount (5-25 Members)

Varsity Divisions	
<input type="checkbox"/>	Small Varsity (5-12 Members)
<input type="checkbox"/>	Medium Varsity (13-16 Members)
<input type="checkbox"/>	Large Varsity (17-20 Members)
<input type="checkbox"/>	Super Varsity (21-30 Members)
<input type="checkbox"/>	Varsity Mount (5-30 Members)

Non Tumbling Divisions	
<input type="checkbox"/>	Junior High Non Tumble (5-25 Members)
<input type="checkbox"/>	Junior Varsity Non Tumble (5-25 Members)
<input type="checkbox"/>	Varsity Non Tumble (5-30 Members)

Recreational Divisions	
<input type="checkbox"/>	Pee Wee Rec (5-8 Years of Age or 100#)
<input type="checkbox"/>	Youth Rec (10 Years and Younger or 125#)
<input type="checkbox"/>	Junior Rec (12 years and Younger or 150#)

Specialty Divisions	
<input type="checkbox"/>	Senior Individual
<input type="checkbox"/>	Junior Individual
<input type="checkbox"/>	Youth Individual
<input type="checkbox"/>	Mini Individual
<input type="checkbox"/>	High School Hip Hop

Exhibition Only	
<input type="checkbox"/>	Divison Type _____

Events Attending: (CHECK ALL THAT APPLY)	
<input type="checkbox"/>	Raider Extravaganza - Warren Harding High School
<input type="checkbox"/>	Polar Bear Cheersgiving Extravaganza - Massillon Jackson High School
<input type="checkbox"/>	Holiday Cheer Extravaganza - Sebring High School
<input type="checkbox"/>	Viking Cheer Extravaganza - North Canton Hoover High School
<input type="checkbox"/>	New Years Extravaganza - Newton Falls High School
<input type="checkbox"/>	Warrior Extravaganza - West Branch High School
<input type="checkbox"/>	Northeast Ohio Cheer Championships - Warren Harding High School

YOU MUST FILL OUT ONE FORM PER SQUAD ATTENDING

## CheerTime Athletics Competition Waiver Form

Please fill out this form completely. All coaches must bring one signed form per participant at the time that your team checks into the event.

Teams will not be permitted to participate without a signed waiver for each participant registered! We will keep this form on file!

Only one waiver filled out per cheerleader per season (unless participant's insurance information changes.)

### Participant Information:

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Participant's Name	Competition/Location
Home Address	School/Organization Name
City State Zip	Participants Birth date/Age
Parent's Name	Emergency Phone Number

### Medical Information:

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Insurance Company Name	Address
Medical Insurance Policy Number	Family Physician
List any current medication currently taking	Family Physician Phone Number

List any medications allergic to

Medical History (check below all that apply)

Allergies    Convulsions    Diabetes    Contacts    High Blood Pressure    Migraine Headaches  
 Heart Trouble    Asthma    Mental Disorders    Fainting Spells    Epilepsy    Abnormal menstruation cycle  
 Reoccurring sore throat    Ear infection    Medical Condition under treatment  
 Pre-existing injury being treated   Other \_\_\_\_\_

Medical Treatment, Authorization, and Liability Release I, the undersigned parent or guardian, do hereby grant permission for the above named participant to attend a CheerTime Athletics competition event. I also authorize any necessary treatment by a qualified physician for the above participant, which they may sustain at the competition. In case of emergency, during the event, I would like them taken to the hospital for medical treatment and hold CheerTime Athletics and its representatives harmless in their execution of this authority. I, further release CheerTime Athletics and its representatives from any claims for injury or illness that may be sustained as a result of their participation in this event. I acknowledge and understand that in participating in this event, there is a possibility that they may sustain illness/injury that may sustain during the event, including and without limitation to injuries resulting from negligence. I understand and will be responsible for any medical bills that may be incurred on behalf of the above participant for physical illness/injury that sustain during the competition. CheerTime Athletics reserves the right to send any participant to a hospital for diagnosis and treatment, the parent/guardian assuming full responsibility. I give CheerTime Athletics permission to film, photograph, or videotape my son/daughter or me (advisor, coach, director, or parent) for any reproductions connected with CheerTime Athletics; in particular, reproduction for use in any form of advertisement for CheerTime Athletics promotional purposes. CheerTime Athletics may use such reproductions in any manner without further compensation to me or my son/daughter. I have read the above statement and agree to full to its content.

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Parent/Guardian Signature

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Participant's Signature (If over the age of 18)