



2020-2021

Welcome to the Twister All-Star program. We are excited you have chosen to become part of our family. Our mission at Twisters is to enrich the lives of children through the sport of competitive cheerleading. Our goal is to teach our athletes the value of commitment, hard work, integrity, respect, leadership, and self-confidence along with a love for the sport.

Please make sure you read through all of the information carefully. You will need to turn in the Tryout Authorization form (attached). In this packet/handbook you will find helpful information such as; Team Placements, Competition Information, and Season costs.

We are in a very unique situation coming into this new season. Many things such as the tryout dates, tryout process, payment dates, and schedules may need to be adjusted.

Elite Program Information

Tryout Fee

\$50

Payment can be made by check to Twisters or by Credit Card

Updated Tryout Dates and Process

In order to keep in line with the current social distancing recommendations we have made some adjustments to our tryout process. We will be offering two ways for athletes to tryout; video and in person.

In Person Evaluation: On our website you will find a link to sign up for an evaluation spot. Athletes need to only sign up for one spot. We are doing this to reduce the number of athletes that will be in the gym at one time.

Video Evaluation: To be evaluated by video please upload a video to YouTube, make sure it is unlisted and email the link to info@twisterallstars.net. Make sure your athletes name is in the subject. Video should show jumps, standing tumbling, and running tumbling. Videos must be submitted by 5/19.

Tryout form as well as payment must also be made prior to video submission.

Those that cannot make it to tryouts will need to tryout by appointment.
You can schedule appointments by calling the gym at 678-321-6903 or email us at info@twisterallstars.net

Twisters Prep Program

Please see our last page for information on our Prep program.

Team Placements

Twisters will place teams to be the most competitive in each level based on the Varsity/USASF competition scoring rubric. Placements are based on the athlete's physical abilities such as jumps, tumbling, basing, and flying. We also take into consideration the mental ability of the athlete (motivation, work ethic, determination, and ATTITUDE) as well as the previous experience of the athlete. We will not select teams based on how long you have cheered at a certain level or what level your friends will be on. Coaches will place individuals where we feel they will be most successful.

The success of your team will depend on each individual/ parent commitment and dedication to the team. This program is not about the individual. We will not tolerate "individual" attitudes. We feel that the member on the back row is just as important as the member on the front. The first tumbling pass is just as needed as the last. Flyers can't fly without bases. Flyers are no more important than back spots. It takes a TEAM. The team will always come first in making selections and decisions.

Coaches reserve the right to move a child to a different team during the season. A child may be dismissed or placed in an alternate position if the skills are not where he or she can be used on a team in the gym. A child may be moved to a different team during the season depending on what is needed by that team (ie. base, fly, tumbler), or if their skills are not where they should be during the progression of the season.

Tumbling

Athletes will be evaluated on their level of tumbling to include consistency, form, and technique. Teams will be filled with the required numbers for tumbling which will include standing, running, and specialty tumbling passes.

Stunts

Teams will also be built on stunt capability, experience, and to fulfill the stunting requirements for the scoring rubric. Flyers will be chosen based on flexibility and team dynamic. However some individuals may or may not have all required tumbling skills for that level, but have exhibited exceptional stunting abilities. These team members will be placed at the coach's discretion.

Age Divisions

Please understand the teams can fluctuate between these ages per the USASF (United States All Star Federation). We strive to keep kids as age appropriate as possible. However there may be some circumstances where we would need to pull up a team member that would be at the lower end of the age range. The general rule of thumb for age divisions is:

Tiny --- Ages 5-6

Mini --- Ages 5-8

Youth --- Ages 5-11, at level 4 the minimum age for a youth team member is 8

Junior --- Ages 5-14, at level 4 the minimum age for a junior team member is 8

Senior --- Ages 11-18

Worlds Senior Divisions --- Ages 13-18

Team placements will be emailed along with practice information. We want to make sure we take the time needed to ensure the proper placement of each individual. We do our best to place everyone who is interested in being on a Twister team. If we are unable to place your child we will let you know through a phone call.

Competition Information

We will have our competition schedule out in July. We do take into consideration the travel as well as the financial aspect of attending these competitions. Twisters may add or delete competitions as we see necessary. We typically do about 5 to 7 competitions per season. In the past two to three of these events have typically been out of town. We will be taking a closer look at travel events this season, possibly eliminating some if not all in order to help keep travel costs down on our families. It is required that all team members attend every competition.

Cheerleading Worlds and Summit Competitions

These will be in addition to the regular competition schedule and treated as a 'post season' reward. Teams will only attend if they receive a bid. Extra cost will be involved to attend these competitions. Should a team receive a bid to either of these events we will reassess the stunting and tumbling skills needed to put the most competitive team on the floor. At this time athletes will be given the opportunity to be a part of the post season team if character, attitude, and skill are upheld throughout the duration of the regular season.

Season Costs

All costs for a competitive season are taken into account and then divided across the 11 months. Costs for the season includes:

1. All tuition for 11 months
2. Competition Hair Bow
3. Choreography Clinics, Stunt Clinics, and Music
4. Competition Entry Fees
5. Practice wear
6. End of season banquet (for athlete only)
7. Coaches fees for competitions

Additional Costs

These are costs that are not included in the budget and will be additional.

- USASF Athlete Registration

All athletes must be entered into the United States Allstar Federation. Cost for new or renewal athletes will be as follows:

If you go online and register or renew your athlete the cost is set by the USASF and is \$30 per season/year.

If you wish for us to do this for you or in the event you do not get it done on time and we do it then the cost is \$50

- Shoes

All athletes are required to have cheer shoes. We will carry the Nfinity product and you can purchase shoes through us or you can purchase a cheer shoe of your choice on your own. Cheer shoes must be all white.

- Uniform

We will be using the uniforms from the 2019-2020 season. We will do a used uniform sale in hopes of getting as many into a used uniform. Used uniforms will run about \$200. Should you need to purchase a new uniform this season the cost is \$400.

- Warm-up

We are looking into a new warm-up for the 2020-2021 season. We will be looking at different options to keep the cost as low as possible. In the past the cost of a new warm-up has run about \$150.

- Annual Twister Registration

Each team member is responsible for his or her annual registration fee. The annual registration fee is \$50. If you are new to the program this is due with your first payment. All others will be notified when your annual registration is due.

Payment Schedule

All payments are due at the first of each month. Any questions or concerns about payments can be directed to Stephanie.

Month	Payment	Item
May 2020/ March 2021	\$305	Tuition & Expenses
June 2020	\$305	Tuition & Expenses
July 2020	\$305	Tuition & Expenses
August 2020	\$305 & \$400	Tuition, Expenses, & Uniform
September 2020	\$305 & \$150	Tuition, Expenses, & Warm-up
October 2020	\$305	Tuition & Expenses
November 2020	\$305	Tuition & Expenses
December 2020	\$305	Tuition & Expenses
January 2021	\$305	Tuition & Expenses
February 2021	\$305	Tuition & Expenses
March 2021	\$305	Tuition & Expenses
*April 2021	Cost Unknown at this time	Summit or Worlds

*Cost for Summit and Worlds will be additional should the teams receive a bid to these competitions

Twisters Prep

Twisters will once again be offering full year Prep Teams. These teams will be for those ages 14 and under who are looking to try the competitive environment without the expense. No experience is needed to try out for our prep programs. It is our goal to teach these teams the fundamentals of cheer. The level that each team or teams will compete will be determined on the skill ability of the majority of the team.

The USASF offers the following Prep levels:

Level 1.1 --- Level 1 stunts with Level 1 tumbling

Level 2.1 --- Level 2 stunts with Level 1 tumbling

Level 2.2 --- Level 2 stunts with Level 2 tumbling

Level 3.2 --- Level 3 stunts with Level 2 tumbling

This team will practice 3 to 4 hours per week and do local competitions only. If you are interested in being a part of this team evaluations will be held as scheduled below. You will also need to fill out the Tryout Authorization form, that link can be found on our website home page under Twister Tryouts. If you have any additional questions please contact the gym at 678-321-6903 or by email at info@twisterallstars.net

Tryout Fee

\$50

This includes 2 clinic days as well as a tryout t-shirt

Tryout Dates

Ages 11 and Under

Monday May 18th 5:00 to 7:00 & Tuesday May 19th 5:00 to 7:00

Ages 12 and Up

Monday May 18th 7:00 to 9:00 & Tuesday May 19th 7:00 to 9:00

Prep Team Competition Schedule

This team will do 4 to 5 local competitions only. We will have that schedule out in July. All competitions are mandatory for each athlete to attend.

Season Cost

The Prep Team budget will include the following:

Tuition for 11 months (May 2020 through March 2021)

Competition Entry Fees

Competition Hair Bow

Practice clothes

Routine Music & Routine Choreography

End of Season Banquet for athlete

Total Season Cost \$2640.00 (uniform and warm-up will be extra)

Payments of \$240 per month will be made from May through March. The first payment will be May of 2020 and March of 2021. We collect first and last month's payment up front.

Month	Payment	Item
May 2020/ March 2021	\$230	Tuition & Expenses
June 2020	\$230	Tuition & Expenses
July 2020	\$230	Tuition & Expenses
August 2020	\$230 & \$250	Tuition, Expenses, & Uniform
September 2020	\$230 & \$150	Tuition, Expenses, & Warm-up
October 2020	\$230	Tuition & Expenses
November 2020	\$230	Tuition & Expenses
December 2020	\$230	Tuition & Expenses
January 2021	\$230	Tuition & Expenses
February 2021	\$230	Tuition & Expenses
March 2021	\$230	No Payment

Additional Costs For Prep Teams

These are costs that are not included in the budget and will be additional.

- USASF Membership

All athletes must be entered into the United States Allstar Federation. Cost for new or renewal athletes will be as follows:

If you go online and register or renew your athlete the cost is set by the USASF and is \$30 per season/year.

If you wish for us to do this for you or in the event you do not get it done on time and we do it then the cost is \$50.

- Uniform

We will be using the same uniform as last season. You will have an opportunity to purchase a used uniform at a discounted cost. Should you need to order a new uniform for our prep program this year the cost will be \$250.

- Warm-up

We will be getting a new warm-up this season. Cost for the new warm-up will be \$150.

- Shoes

We carry the Nfinity shoe product. You are able to purchase shoes through us or you can purchase any white cheer shoe on your own.

- Annual Twister Registration

Each team member is responsible for his or her annual registration fee. The annual registration fee is \$50. If you are new to the program this is due with your first payment. All others will be notified when your annual registration is due.

Tryout Authorization Form 2020-2021

Athlete Information

Name: _____

Date of Birth: _____ Athlete Age: _____

Shirt Size: YS YM YL AS AM AL AXL

Program you are being evaluated for: Prep Elite

Parent Information

Parent / Guardian: _____

Contact Number: _____

Contact Email: _____

Waiver of Liability

I, the undersigned, understand and acknowledge that participation in cheerleading and related activities can be hazardous and realize that no one shall enter into activities unless the participant is medically able. I/We assume all risk with this activity including but not related to: falls, contact with other participants or equipment, effects of weather, equipment failure, physical illness, or serious injury (including death). I/We fully understand that it is my responsibility to ascertain if this specific activity contains other elements of risk that can prove harmful to the participant.

Having read this waiver and in consideration of acceptance of entry into the program, I and anyone entitled to act on my behalf waive and release Cheer Academy of North Georgia, it's co-sponsors, their representatives and successors from all claims and liabilities of any kind arising out of my child's participation in this activity.

Signature: _____ Date: _____
(Parent/Legal Guardian)

