



Memphis Club Lions

2018-2019 Season Packet

Welcome to the world of cheerleading and congratulations on becoming a member of our Memphis Club Lions family. This packet has been created to introduce you to our program and provide you with key information and policies that if followed, will ensure a positive experience for you and your family.

Please take the time to read and understand ALL the information contained in this packet.

Below is a brief outline of the packet contents:

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At Memphis Club Lions we are all very competitive, and of course we want to win. However, if we were to limit ourselves by defining “Winning” as just a first place trophy, then we feel we are not doing what is best for the young athletes who come to train and compete with us. The goals of competitive sports reach far into the futures of the athletes we train. These young people are the next generation of leaders in their homes, communities, religious organizations, businesses, country, and the world. Our mission is to help prepare them for these roles in life that we must assume.

Your child will learn about mental toughness and team work. They will increase in confidence as they learn new skills. With your help, they will understand the meaning of dedication, commitment, and hard work. Finally, they will have opportunities to demonstrate leadership principles and much more.

Each and every family is important to us and our program. As our program grows, we strive hard so that no one will get lost in the crowd or feel like just another number.

Any questions may be addressed to:

Chris Crabtree – President/Owner
Lisa Pennington – Manager/Coach

We are looking forward to another outstanding season. Please help us by following the guidelines set forth in this packet. It is much easier for the coaches and athletes to do their job when they do not have to worry about outside issues. When you have read and understood everything in this packet, please fill out all appropriate forms and turn them into the front office today. Incomplete paperwork will not be accepted.

PARENT & ATHLETE CODE OF CONDUCT

- ★ Profanity, abusive language, or bullying will not be tolerated and may result in your removal from the program.
- ★ Athletes are expected to keep their bodies healthy and should abstain from alcohol, tobacco, and drugs. There will be no drinking of alcohol, smoking, or using drugs at any practice, competition, or program event.
- ★ Anyone caught stealing or defacing property will be immediately removed from the program.
- ★ All athletes, family members, and friends of athletes will show good sportsmanship at all times.
- ★ **NO GOSSIP** about any other teams (allstar or school). **NO GOSSIP** about a child on your team or another team. **NO GOSSIP** about coaches and staff. It is much better to address a problem than to listen to idle gossip.
- ★ Never post negative comments on social media (Facebook, Instagram, etc) about anything to do with our cheer program or any other cheer program, participants, coaches, or parents.



Good sportsmanship, polite manners, and a kind disposition are mandatory at all competitions and practices.

This program prides itself on setting a high standard of behavior. Please help us to continue in this endeavor.

POLICIES AND PROCEDURES

Attendance

We expect 100% dedication to your team. That means attendance is mandatory.

Excused Absences include:

- ★ A school function that results in a grade for that class.
- ★ A death in the family.
- ★ A contagious sickness, but you must first talk with your coach.

Unexcused Absences include, but are not exclusive to:

- ★ Jobs
- ★ Dances, birthday parties, concerts, banquets, family reunions, weddings, etc.
- ★ School projects and homework or tests.
- ★ Traffic or long distance driving. If you are driving two hours to tryouts, you will be driving two hours to practice at least twice a week, please take that into consideration. Traffic in our area is always a problem, so plan accordingly.

Withholding a child from a practice or a competition should never be used as a form of punishment. There are precious few hours that we have these teams together, every moment must be used. It is extremely important you get to practice on time and not miss. Excessive tardiness or absences will result in dismissal from your team. Also, you must attend practice if you are sick and not contagious; please inform your coach immediately, but your presence will be needed at every practice.

Out of town vacations taken between June 1st - August 1st must have vacations slips submitted by May 31st. You will be expected to be at practice unless otherwise on vacation. Beginning August 1st, practices are mandatory. No absences will be allowed two weeks leading up to any competition (no exceptions). We cannot stress how important your attendance is – there is choreography, stunting, and formations, etc. taught at every practice. If you miss that information, you hold the entire team back.

Punctuality

You are considered tardy to practice if you are not on the practice floor ready to practice when your practice BEGINS. This means appropriate practice wear on, shoes on and tied, hair up, snacks and drinks taken care of, and ready to go. You must also arrive to all competitions and any scheduled event on time. Punctuality is a MUST.

Physical Health, Injuries, and Conditioning

Cheerleading and dance are highly competitive and dangerous sports. The stunts and tumbling could lead to injuries. These include but are not limited to bruises, pulled or strained muscles, torn or strained ligaments, broken bones, dislocations, etc. We take every precaution to limit these injuries. Unfortunately, we can not prevent them all. In the event that your child is injured, we will take every necessary step to ensure your child's well being.

Cheerleading is a very strenuous sport. Therefore, all of the athletes in our program are expected to be in top physical condition. This includes flexibility, strength, and endurance. If needed, you may be required to take an additional tumbling class or a stretch/stunt class. All extra classes will be billed to your account.

All team members are expected to take care of their bodies. This means absolutely NO DRUGS, NO ALCOHOL, NO TOBACCO. It also means that each athlete should strive to follow a nutritious meal plan combined with a quality multivitamin supplement appropriate for their age.

Dress Code

Female athletes must wear a cami or sports bra under all shirts. Male athletes must wear compression shorts under their shorts. Parents, please help us enforce this rule!

If your child is a flyer or is taking a stretch or stunt class, they should always wear bloomers or tight fitting shorts under a regular pair of shorts.

NO JEWELRY!!! Wearing jewelry of any kind could result in an injury to your child or to another child. Fingernails need to be kept short, and please no fake fingernails.

It is your responsibility to wear the assigned practice wear to every practice according to the schedule provided. This promotes team unity.

Competitions

We will attend between 3 and 4 competitions for the season. You will be notified of the dates and locations. Competition season begins October and will run through February. Competition dates will be posted on the website as soon as we have them confirmed. You will be responsible for hotel fees and your travel. There will also be participant fees for each competition as well as a fee for coach's travel.

Competitions are chosen by the coaching staff. The coaches travel fee and competition fees will be calculated together.

Parents, relatives, friends and cheerleaders are *never* allowed to speak with competition officials for any reason.

Fundraising

There are two types of fundraising activities. Below is a description of each:

Sponsorships (Optional): 70% of the money received will go directly into your account, 30% will go back to Memphis Pride Allstars. There are 3 choices:

1. **Red (\$1,200):** (\$200 for the banner) which includes a banner in the gym, their logo on our website, and their logo on the sponsorship shirt. After taking out the \$200 to cover the cost of the banner, \$700 will go to your child's account (1,000*70%) If your sponsor would like to provide their own banner, the cost is \$1000.
2. **Black (\$500):** Logo on website
3. **White (\$100):** Company name on website

Other Fundraisers (Optional): 100% of the following fundraisers below will go directly into your account. In the event that you leave the program or are asked to leave, any money that was fundraised **WILL NOT** be taken out of your account. Beside each event is the person who is over that fundraiser and their email address. Please email them directly if you would like to be added to their distribution list.

- Memphis Redbirds: Rebecca Raburn, raburnr@yahoo.com
- FedEx Forum: Amber Norton, amberton78@gmail.com
- Liberty Bowl Fundraiser: Jamie McCune, jandsmccune@comcast.net (You make \$10/hour.)

Community Events

Memphis Club Lions feels it is important that our athletes are involved in the community. For this reason, we will be participating in community events. Participation is encouraged. We will post those events on the website as soon as they become available to us.

Refunds

No money will be refunded to cheerleaders that voluntarily quit the program or are asked to leave due to behavior problems or too many absences. This applies to all monies paid including competition fees. Other refund requests will be decided by Chris Crabtree.

Other Key Policies

- ★ No one is allowed to post Memphis Club Lions music, choreography, routines, stunts, etc. on any websites until after the season is over or permission is given from the coaching staff. This includes, but is not limited to Face Book, You Tube, etc.
- ★ At one time or another, your opinion of the routine, athlete positioning, etc. may differ from the coach's. We have an open door policy for any and all concerns. We will listen to your concerns, however, all squad and routine decisions are left to the discretion of the coaches.
- ★ Please feel free to talk to your coach about anything; just remember to do it at the appropriate times. For example, approaching a coach in the middle of a practice would NOT be an appropriate time.
- ★ Only cheerleaders and coaches are allowed in the gym and on the equipment. We cannot be responsible for siblings/friends. For the safety of your child, please keep them in the Viewing Area.
- ★ It is the parent's responsibility to know what is going on with your squad. Check your emails and the website regularly.
- ★ No one is allowed to produce or use Memphis Club Lions Logo on apparel without written consent by owners. This includes team names or any content created by Memphis Club Lions.
- ★ We are not responsible for any lost or stolen items. Please store all items (including cell phones) in your backpack and either hang it up or store it in a cubby hole.

Tuition and Fees

Tuition Fees

Tuition is \$145 a month June – March (\$50 only in July for Unlimited Tumbling, no practice)

Payment Method of Tuition and Fees

Tuition and fees for the upcoming month will be posted by the 20th of the preceding month and payments are due on the 1st of each month. These charges can be paid by check, cash, money order, etc. To avoid a \$25.00 late fee, we strongly recommend that the monthly tuition be automatically drafted through an Electronic Funds Transfer (EFT) from a bank account. Any unpaid balance after the 5th of the month will be collected by billing the credit card on file. Every participant must have a credit card authorization on file with the gym for this purpose. Please be aware that billing a credit card will also include a 3% transaction fee for all cards except American Express which is \$7.95 no matter the amount. Monthly charges are broken down on the “Schedule of Items to be Billed to Account” below.

Schedule of Items Billed To Account

MONTH	DESCRIPTION	AMOUNT	MONTHLY TOTAL	DUE
May	Registration	200.00	300.00	5/16/18
	Practice Clothes	100.00		
Jun	Unlimited Tumbling	50.00	200.00	6/4/18
	Skills Camp	150.00		
Jul	Unlimited Tumbling	50.00	50.00	7/1/18
Aug	Tuition	145.00	145.00	8/1/18
Sep	Tuition	145.00	210.00	9/1/18
	Competition/Coach Travel Fees (MSR, Southaven)	65.00		
Oct	Tuition	145.00	195.00	10/1/18
	Competition/Coach Travel Fees (Showcase)	50.00		
Nov	Tuition	145.00	145.00	11/1/18
Dec	Tuition	145.00	145.00	12/1/18
Jan	Tuition	145.00	240.00	1/1/19
	Competition/Coach Travel Fees (AC, Memphis)	95.00		
Feb	Tuition	145.00	263.00	2/1/19
	Competition/Coach Travel Fees (One Up, Nashville)	118.00		
Mar	Tuition	145.00	145.00	3/1/19

Items Purchased Online*

The items listed below are to be purchased online through the pro-shop as needed and WILL NOT be billed on your account. Prices are estimated:

Cheer Uniform \$200 (estimated)
 Warm-up \$ 60 (estimated)
 Shoes \$50 - \$75
 Bow \$25 - \$30
 Backpack \$40 - \$100 (prices vary)

**Some of the amounts listed above may vary for male cheerleaders*

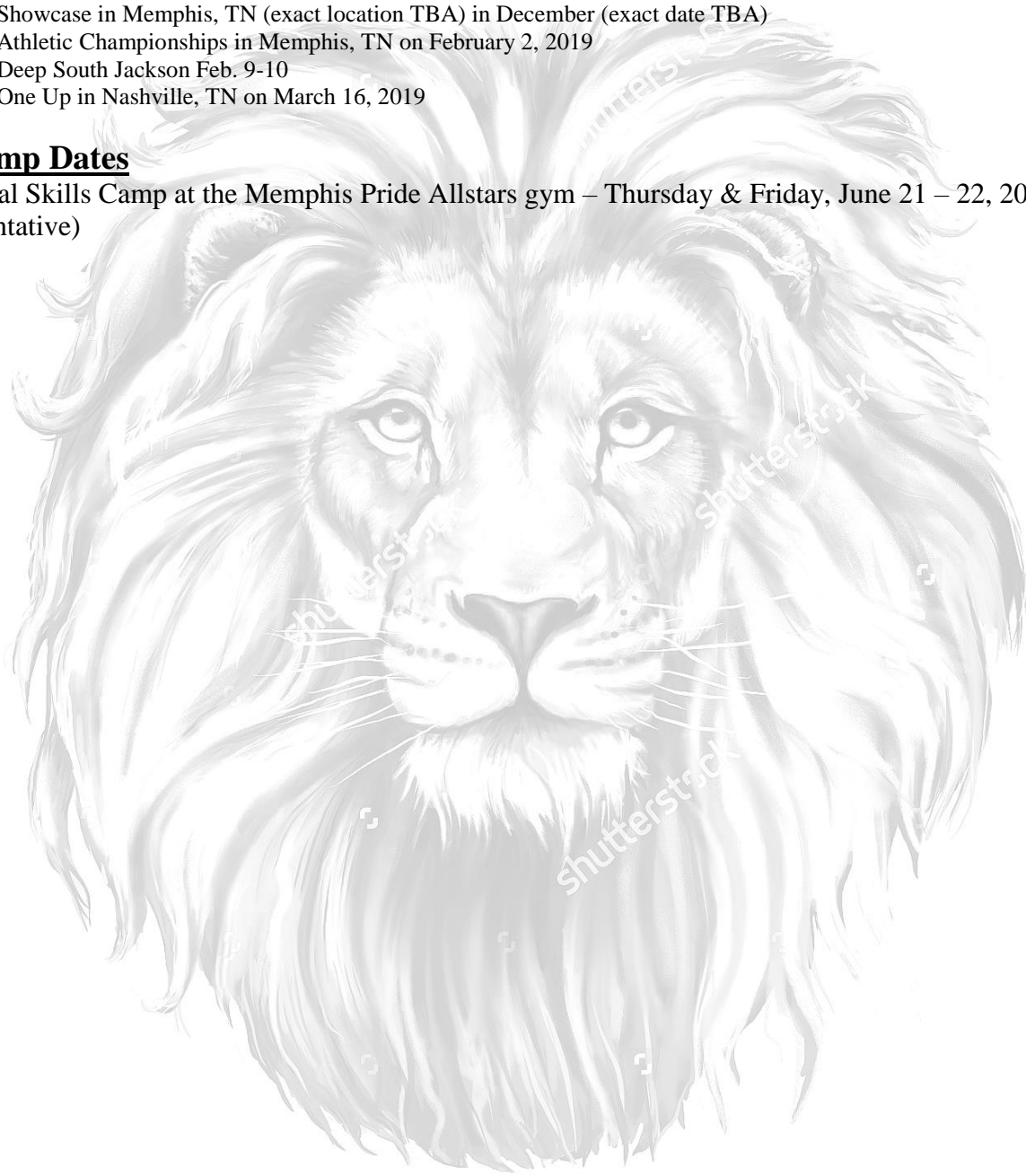
Tentative Competition Locations & Dates:

These are subject to change by the discretion of the coaching staff. If for some reason a competition is cancelled, your account will be credited back the amount of the competition fee plus coach's travel charged. If another competition is added you will be responsible for that competition fee and coaches travel.

- Mid-South Regionals in Southaven, MS on October 27, 2018
- Showcase in Memphis, TN (exact location TBA) in December (exact date TBA)
- Athletic Championships in Memphis, TN on February 2, 2019
- Deep South Jackson Feb. 9-10
- One Up in Nashville, TN on March 16, 2019

Camp Dates

Local Skills Camp at the Memphis Pride Allstars gym – Thursday & Friday, June 21 – 22, 2018
(Tentative)



Statement of Commitment

Code of Conduct/Policies & Procedures Commitment

I have read and fully understand all codes of conduct, rules, policies, procedures and expectations in this packet. I understand that I am entering into this club program of my own free will. I understand what is expected of me as a parent and a club athlete. I will conduct myself in a sportsmanlike manner and uphold the standards that are expected of me as a Memphis Club Lions athlete and parent.

Parent Signature: _____ Date _____

Athlete Signature: _____ Date _____

Memphis Club Lions Uniform Policy

I understand that the competition uniform is purchased by me, the parent, and that I own the uniform. The uniform will not fit every child perfectly and may require some alterations which are my responsibility and are done at my cost. I understand that if the uniform is not maintained properly and in good condition to be used for competition, I may be required to purchase another uniform.

Parent Signature: _____ Date _____

Memphis Pride Allstars
7740 Trinity Rd #126 Cordova, TN 38018
901-754-4452

Electronic Funds Transfer (EFT) Authorization Form

Schedule your tuition to be automatically deducted from your checking or savings account. It's convenient and ensures your payment is always on time (even if you're out of town), eliminating late charges. Just complete and sign this form to get started!

Here's How Recurring Payments Work:

You authorize regularly scheduled charges to your checking or savings account. You will be charged the amount indicated on your account for tuition. A receipt for each payment will be emailed to you and the charge will appear on your bank statement. You agree that no prior-notification will be provided unless the date or amount changes, in which case you will receive notice from us at least 10 days prior to the payment being collected.

Please complete the information:

I _____ (full name) authorize Memphis Pride Allstars to charge my bank account

indicated below on the 1st or 15th (circle one) of each month for payment of my account.

Draft Start Date: _____ Draft End Date: _____

Billing Address _____ Phone# _____

City, State, Zip _____ Email _____

Checking/Savings Account

<input type="checkbox"/> Checking	<input type="checkbox"/> Savings
Name on Acct _____	
Bank Name _____	
Account Number _____	
Bank Routing # _____	

Athlete name: _____
_____ New Authorization
_____ Revised Authorization
_____ Cancellation Request

SIGNATURE _____ DATE _____

I understand that this authorization will remain in effect until I cancel it in writing, and I agree to notify **Memphis Pride Allstars** in writing of any changes in my account information or termination of this authorization at least 15 days prior to the next billing date. If the above noted periodic payment dates fall on a weekend or holiday, I understand that the payment may be executed on the next business day. I understand that because this is an electronic transaction, these funds may be withdrawn from my account as soon as the above noted periodic transaction dates. In the case of an ACH Transaction being rejected for Non Sufficient Funds (NSF) I understand that **Memphis Pride Allstars** may at its discretion attempt to process the charge again within 30 days, and agree to an additional **\$25.00** charge for each attempt returned NSF which will be initiated as a separate transaction from the authorized recurring payment. I acknowledge that the origination of ACH transactions to my account must comply with the provisions of U.S. law. I agree not to dispute this recurring billing with my bank so long as the transactions correspond to the terms indicated in this authorization form.

Memphis Pride Allstars
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901-754-4452

Debit/Credit Card Authorization Form

Schedule your tuition to be automatically deducted from your checking or savings account. It's convenient and ensures your payment is always on time (even if you're out of town), eliminating late charges. Just complete and sign this form to get started!

Here's How Recurring Payments Work:

You authorize regularly scheduled charges to your checking or savings account. You will be charged the amount indicated on your account for tuition. A receipt for each payment will be emailed to you and the charge will appear on your bank statement. You agree that no prior-notification will be provided unless the date or amount changes, in which case you will receive notice from us at least 10 days prior to the payment being collected.

Please complete the information:

I _____ (full name) authorize Memphis Pride Allstars to charge my debit/credit card indicated below on the _____ of each month (if twice/month and _____) for payment of my account.
Draft Start Date: _____ Draft End Date: _____
Billing Address _____ Phone# _____
City, State, Zip _____ Email _____

Debit/Credit Card

<input type="checkbox"/> Visa	<input type="checkbox"/> MasterCard
<input type="checkbox"/> Amex	<input type="checkbox"/> Discover
Cardholder Name _____	
Card Number _____	
Exp. Date _____	CVC: _____

Athlete name: _____
_____ New Authorization
_____ Revised Authorization
_____ Cancellation Request

SIGNATURE _____ DATE _____

I understand that this authorization will remain in effect until I cancel it in writing, and I agree to notify **Memphis Pride Allstars** in writing of any changes in my account information or termination of this authorization at least 15 days prior to the next billing date. If the above noted periodic payment dates fall on a weekend or holiday, I understand that the payment may be executed on the next business day. I understand that because this is an electronic transaction, these funds may be withdrawn from my account as soon as the above noted periodic transaction dates. In the case of an ACH Transaction being rejected for Non Sufficient Funds (NSF) I understand that **Memphis Pride Allstars** may at its discretion attempt to process the charge again within 30 days, and agree to an additional **\$25.00** charge for each attempt returned NSF which will be initiated as a separate transaction from the authorized recurring payment. I acknowledge that the origination of ACH transactions to my account must comply with the provisions of U.S. law. I agree not to dispute this recurring billing with my bank so long as the transactions correspond to the terms indicated in this authorization form.

Financial Commitment & Billing Authorization

(Please initial each space below)

_____ I have read this entire packet and fully understand my financial commitment to Memphis Pride Allstars as outlined in this document and understand that my commitment is for the 2017-2018 Allstar competitive season.

_____ Memphis Pride Allstars may, at its option, declare all unpaid monies immediately due and payable. If the unpaid debt is given to an attorney for collection or enforcement, or if suit is brought for collection or enforcement, or if it is collected or enforced through probate, bankruptcy, or other judicial proceeding, then I shall pay Memphis Pride Allstars all costs of collection and enforcement, including reasonable attorney's fees and court costs in addition to other amounts due.

_____ I understand that I am giving my credit card/debit card information and that information will be used if I do not meet payment deadlines to Memphis Pride Allstars.

_____ I understand that I will forfeit any monies paid into my account or received from fundraising if I choose to leave a team or am asked to leave the program.

_____ I understand that I am entering into this program of my own free will and have read all pages of this Packet.

Parent Printed Name: _____

Parent Signature: _____ Date: _____

Name as it appears on the card: _____

Billing Address: _____

Type of Card: Debit__ or Credit__ (MC__ VISA__ AMEX__ Other _____)

Card Number: _____

Expiration Date: _____ CVC code on back of card: _____

Card Holder's Signature: _____ Date: _____

Participant's Name: _____

Card Holder Cell Phone Number: _____

Card Holder Email Address: _____

EVERYONE is required to submit credit card/debit card information and authorize payment for past due charges.

It is your responsibility to inform the office of any changes to this card.

Monthly fees are billed to your account on the 20th of the preceding month. Payment is expected on or before the 1st and will be considered late after the 5th of the month. This credit card/debit card will be charged for any outstanding balance on the 6th of the month.

Memphis Club Lions

Vacation Request & Approval Form

This form must be filled out and turned into the gym. This form must be signed by the owner or a coach in the gym. If it is not signed, then the vacation form will not be valid.

We would like to receive this form as soon as possible but no later than 2 weeks before your scheduled vacation.

NAME: _____

Team: _____

DATE OF VACATION _____

Signature of Parent _____

Signature of Owner/Coach _____