



*Our 22nd Year of All-
Star Cheerleading!*

Information Packet 2023-2024 Season



18475 Thompson Crt Tinley Park IL – 708.532.6506
AllstarAthleticsIL@gmail.com AllstarsCheer.net



2023-2024 SEASON FACT SHEET

OPEN EVALUATION DATES for ALL AGES AND SKILLS

Boys and Girls

\$40 TRYOUT FEE Includes T-Shirt REGISTER in April \$30

Register and Pay on Parent Portal at AllstarsCheer.net

PRE-TRYOUT CLINICS Level Up Tumbling and Stunt - Recommended	
Level Up Tumble Dates Coming Soon – By Level	Must register and pay at AllstarsCheer.net
EVALUATIONS – All Ages and Levels	
May 23, 24, 25, 27	Must register and pay at AllstarsCheer.net Choose your day and time

FULL SEASON TEAMS

- All-Star Elite Teams Levels 1-6. Birth Years 6/1/04-2016. Full year cost \$3,993 (monthly payment plan available \$363 June-April) plus uniform \$425-\$470. 2-3 out of town competitions 3-4 local competitions. Fundraising Available.
- All-Star Prep Teams (No Travel) Levels 1-3. Birth Years 6/1/04-2017 Full year Cost \$2,871 (monthly payment plan available \$261 June-April) plus uniform \$190-230. Fundraising Available.
- Additional Cost – Cheer shoes, travel (if applicable), US Finals, Summit and Worlds costs (if applicable).
- \$750 discount for second and third child in family on Elite team. Does not apply to Prep, Mini/Tiny and partial season teams.
- See our website for Level and Ages for teams. Age groups are based on year of birth AllstarsCheer.net

KEY DATES

- Practices Begin Week after tryouts June 5th must be paid and registered. No Sunday practices in June.
- Choreography dates TBD
- Stunt Camp – Mid to Late July
- Holiday Breaks – 7/3- 7/7 - 4th of July, Labor Day, Thanksgiving, 12/23-12/24, New Year Eve and Day. Additional practices may be added during break
- Gym Bonding Event October – Included in Fees

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ALLSTAR ATHLETICS EVALUATION INFORMATION

Team Placements

The evaluation atmosphere should feel relaxed and comfortable. Although we recognize a level of stress during this process, we will do our best to help each athlete reach their potential. Athletes will show skills they already have developed and demonstrate potential to learn new skills.

*Coming Together is a beginning,
Keeping together is progress,
Working together is success!*

Much of evaluations is based on current skills potential, so it is beneficial for an athlete to attempt the most difficult skills they can perform **SAFELY**. Athletes should know their own limitations and not attempt skills beyond their current level of experience. Safety is the number one concern during evaluations.

Tumbling is a major factor in placing members on a team, but competition score sheets are made up of several sections that we also consider, such as: jumps, performance ability, cheer skills, basing and stunt technique. It is important for each member to work on all of these areas for the evaluation. Cheerleader's skills will be categorized by their abilities and placed accordingly. The clean skills are performed result in higher scores.

The Allstar Athletics coaches are confident in the placement of our athletes. The best interest of our athletes and teams comes first at Allstar Athletics. If you have any concerns about the placement of **YOUR** athlete, you may communicate that to the Allstar Athletics coaches through the proper procedures found on the communication page, in this packet.

All Current Allstar Athletics member accounts must be paid to participate in evaluations for the 2022-2023 season. If you have specific questions about our program please raise them during registration, by visiting our facility, e-mail or give us a call.

CHEERLEADING TEAMS (Divisions as defined by USASF for 2023-2024 Desired Evaluation Skills and Level Definitions

Level	All-Star Skills by Level
Level 1	Beginner level with minimal or no cheerleading experience. No tumbling or stunting experience required.
Level 2	Some cheerleading experience preferred. Tumbling - Standing back handspring and/or round off back handspring required. Round off back handspring series, and toe touch back handspring would be a plus. Flyers – cradle from two leg stunt, body position. Prep level one-leg stunts. Straight ride basket.
Level 3	Competitive cheer, dance or gymnastics training preferred. Tumbling - Round off back tuck, round off back handspring back tuck and toe touch back handspring. Standing series, and punch front. Flyers – straight cradle, twist from two leg stunt, body position, one skill basket.
Level 4	Competitive cheer or gymnastics training required. Tumbling – Standing tuck, Round off back handspring series with a layout highly preferred. Specialty passes including layout step outs, x-outs, whips and punch fronts would be a plus. Flyers – twist from one legged extended stunt, two skill basket, hyper extended body positions, double down.
Level 5-6	Competitive cheer or gymnastics training required. Tumbling - Standing series ending in full. Multiple jump sequence ending in a standing back tuck, round-off flip flop full. Specialty skills: whips, front step outs, multiple twisting skill passes, and double fulls. Flyers – double down from one legged stunt, hyper extended body position, tic toc, full ups, kick double basket.

Evaluation Results

Results of your team placement posted on our website www.AllstarsCheer.net and social media.

Please note, based on skill progression an athlete may be requested to move to another team during the season. This move applies to moving up or down a level or to crossover. In the case of improved skills, to the

appropriate level, an athlete may be requested to move up to a higher level team. If an athlete is not progressing or skills have been diminished, they will be moved to a level appropriate team.

Financial Obligations

Practice Hours Included in Fees

All-Star Elite Teams	2-3 days/week	2 hours/day	Plus 1 hour Tumbling Per Week
Prep Teams	2 days/week	1.5 hours/day	

(\$750 Elite team tuition fee discount for each add'l family member (Excludes Prep teams)

Total Costs – See Available Payment Schedule

- Travel to competitions, will require transportation, hotel and meals – not included in costs listed.
- There is an additional \$605 crossover fee for competitions for those participating on a second team.
- Tumbling classes are highly recommended. Some team members may be required to participate in a tumbling class based on coach's discretion, in addition to tumbling included in practice.
- Fees do not include **Worlds, Summit, Regional Summit or US Finals**. Additional cost will apply for Bid Teams including Registration, Gym Fee, Clothing and travel. Athletes cannot opt out of post-season competitions.

	Elite Teams	Prep Teams
Tuition to Allstar Athletics	\$1,900	\$1,700
Registration	60	60
Fees Paid to Others		
Competition Fees	1400	596
Other, including: Clothes, Bow, Choreography Camp and Music	633	515
TOTAL Team Cost	3,993	2,871
*Premium Fee if no CC or ACH on File	165	150
Plus Uniform	425-470	190-230
Plus USASF Membership	49	49
Plus Cheer Shoes	TBD	TBD

*** IF a CREDIT CARD OR CHECKING IS NOT ON FILE for Autopay a \$15 MONTHLY ADMINISTRATION FEE WILL BE ADDITIONAL CHARGE**

Payment Plan available with credit card or ACH on file (not including Worlds US Finals and Summit)

	Reg	Pmt 2	Pmt 3	Pmt 4	Pmt 5	Pmt 6	Pmt 7	Pmt 8	Pmt 9	Pmt 10	Pmt 11
All-Star Elite Teams - Travel	363	363	363	363	363	363	363	363	363	363	363
Optional Crossover fee	55	55	55	55	55	55	55	55	55	55	55
Uniform		375			Bal.						
Prep Teams	261	261	261	261	261	261	261	261	261	261	261
Uniform		120			Bal.						

Installment Payment Information

- Monthly installments for your annual fee are due on the fifteenth day of the month. If you are unable to practice due to illness or injury, monthly installment is still due as fees are based on an annual basis. Monthly installments include tuition for practices and other fees including competition, choreography, music, clothes and bow.
- You must be current in the above monthly installments to participate in choreography camp, competitions, or receive your uniform. There are no refunds or credits of any kind.
- **Methods of monthly Installment Payment – IF a CREDIT CARD OR CHECKING IS NOT ON FILE A \$15 MONTHLY ADMINISTRATION FEE WILL BE ADDITIONAL CHARGE.**
 - **Option A** - Automatic **credit or debit card** charge on the 15th of the month. Card information to be entered on **Parent Portal**. If your credit card payment is returned a \$30 fee will be charged in addition to any bank fees.

- **Option B** – Monthly installments may be **paid by ACH** (automatic checking or savings debit on 15th of the month). Should your ACH be returned NSF or invalid, a \$30 bank service fee will be charged.
- **Option C** - Pay Full amount in June and save 5%
- Allstar Athletics bases fees on an annual basis, therefore there are **NO REFUNDS of any kind or PARTIAL MONTHLY CREDITS** of cheerleading or tumbling fees if you choose not to continue (unable) to participate or are removed from a team. Your monthly payments are installments for your annual commitment, not payments for monthly or ala carte services. Athletes that are injured are must still pay monthly fees. **If you leave a team during the season, remaining balance on your annual fee is payable immediately.**

Uniforms

Uniforms for this season will be same as last season. New members will be required to purchase a uniform. All uniform costs and additional items purchased are non-refundable. Parents are required to attend the uniform fitting. **UNIFORM PAYMENT is due at fitting.** Allstar Athletics will not be responsible for uniforms that do not fit upon arrival. Allstar Athletics will not assume responsibility to purchase or re-sell used uniforms. Please note if an athlete's account is not in good standing, the uniform will become the property of Allstar Athletics and will need to be returned at the conclusion of a competition.

Attendance Policy

Once selected for an Allstar Athletics team, it is **your obligation to attend ALL practices. When one member is absent, it can keep a whole team from achieving their goals for that practice. If an athlete misses more than one unexcused practice, they may be moved to an alternate role and or replaced on the team.**

PLEASE KNOW PRACTICE TIME IS FOR TEAM RELATED ACTIVITIES SUCH AS PERFECTING THE ROUTINE, LEARNING THE PYRAMID, STUNTING, CHOREOGRAPHY, AND ROUTINE RELATED TUMBLING. LIMITED TIME IS SPENT WITH INDIVIDUAL TEAM MEMBERS. ALLSTAR ATHLETICS RECOMMENDS PARTICIPATION IN ADITIONAL TUMBLING CLASSES, OR TUMBLING PRIVATES TO ENHANCE INDIVIDUAL SKILLS AND PROGRESSION.

You are obligated to be at EVERY practice, including extra practices. Contagious illnesses must be called in at least 2 hours prior to practice. Vacation absences must be notified to the office, in writing one month in advance. Family parties/events and conflicting sports or activities are not considered an acceptable reason for missing practice.

Please note that **full attendance** is important and excessive tardiness will not be tolerated. An athlete may be removed from a team or program for violating the attendance policy. Thank you for your support with practice attendance. During competition season, Allstar Athletics reserves the right to schedule extra practices, which are mandatory, if necessary. There is no additional cost.

Competitions

Our teams participate in both 1 day local and 2 day national competitions. Prep teams compete one day only at Nationals competitions. There are multiple costs incurred when attending competitions, which include; competition registration fees, food, travel and other expenses. Team members must be current with their installment payments, to participate in competitions. Prep teams compete local only.

As an Allstar Athletics team member you are obligated to attend ALL competitions both locally and out of town. There are no exceptions, attendance is mandatory. It is the team member's responsibility to adhere to the competition schedule.

If one or more team members are unable to attend a competition, the competition may be forfeited **based on coach's decision**. There are no competition fee refunds. Please do not schedule vacations or family functions 2 weeks prior to any national competitions as **attendance at extra practice is mandatory**. You will be given a schedule of all competitions as soon as possible and with plenty of time to make future plans. Please make referring to the competition schedule a priority when scheduling other functions.

Additional competitions may be WORLDS and THE SUMMIT held in Orlando FL, Regional Summit and US Finals which require bids to be earned. Earning BIDS is one of our GOALS for our ELITE TEAMS. Additional Fees including travel, clothing, gym fee, and registration fees will apply.

ALLSTAR ATHLETICS COMMUNICATIONS

We understand that it is not always easy to contact your team coach before, during or after practice. In order to maintain an open line of communication, we will give you many avenues to contact us with your concerns and suggestions and we will strive to continuously improve communication channels. Please speak to us directly or e-mail to **allstarathleticsil@gmail.com**. This gives you an opportunity to voice your opinion, positively, express concerns for your athlete, give us new information that we may need to know, etc. You may indicate if you would like for someone to call you back or if you would like to make an appointment. We will try to get back to you in a timely manner.

Our office staff can assist you with general Allstar Athletics information. **They are not always informed of specifics for each team.** It is your responsibility to keep up with any specific team information. Team coaches can assist with team related questions. Billing questions can be directed to allstarathleticsil@gmail.com

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