

Pennsylvania Elite Cheerleading, Inc.
2018-2019
Level and Age Grid

	Level 1	Level 2	Level 3	Level 4	Restricted 5	Junior 5	XS World's
Ages	Tiny 5-6 Mini 5-8 Youth 5-11 Junior 5-14 Senior 11-18	Mini 5-8 Youth 5-11 Junior 5-14 Senior 11-18	Youth 5-11 Junior 5-14 Senior 11-18	Youth 8-11 Junior 8-14 Senior 11-18	Youth 9-11 Junior 9-14 Senior 11-18	9-14	13-18
Team Sizes	5-30	5-30	5-30	5-30	5-38	5-38	5-16
Stunting Requirements (Including but not limited to)	Level approp. Below prep level stunts/transitions Prep One leg prep level stunts will hand support	Level approp. Prep level stunts/transitions Straight ride tosses Extensions	Level approp. Prep level stunts/transitions Extended single leg stunts Spin cradles/tosses	Level approp. Prep level stunts/transitions High to low tic tocs Extended single leg stunts with spin down Extension double downs Double spin tosses	Level approp extended stunts and transitions Extended single leg double downs Kick double tosses	Level approp extended stunts and transitions Extended single leg double downs Hitch Kick double tosses Double up single leg	Level approp extended stunts and transitions Extended single leg double downs Hitch Kick double tosses Double up single leg
Tumbling Requirements	Roll, cartwheel, Round-off, Walkovers	Handspring, Walkover HS Running HS series	Series HS Jump HS Running tuck	Series to tuck Standing Tuck Running Layouts	Series to Layout Jump Tuck Running fulls	Series to fulls/doubles Jump tuck Standing Full Running fulls/doubles	Series to fulls/doubles Jump tuck Standing Full Running fulls/doubles
Team Focus	Strong difficulty and technique in all aspects of scoresheet Zero deduction Routines	Strong difficulty and technique in all aspects of scoresheet Zero deduction Routines	Strong difficulty and technique in all aspects of scoresheet Zero deduction Routines	Strong difficulty and technique in all aspects of scoresheet Zero deduction Routines	Strong difficulty and technique in all aspects of scoresheet Zero deduction Routines	Strong difficulty and technique in all aspects of scoresheet Zero deduction Routines	Strong difficulty and technique in all aspects of scoresheet Zero deduction Routines

	Prep Divisions: Routines max at 2 minutes and no tosses are allowed.				
	Tiny Novice	Prep 1.1	Prep 2.1	Prep 3.1	Prep 3.2
Age	3-6 (1:30 minute routine time max)	Tiny 5-6 Mini 5-8 Youth 5-11 Junior 5-14 Senior 10-17	Mini 5-8 Youth 5-11 Junior 5-14 Senior 10-17	Youth 5-11 Junior 5-14 Senior 10-17	Youth 5-11 Junior 5-14 Senior 10-17
Team Size	5-30	5-30	5-30	5-30	5-30
Stunting Requirement	No stunts permitted	Level 1 stunting: Level approp. Below prep level stunts/transitions Prep One leg prep level stunts will hand support	Level 2 stunting: Level approp. Prep level stunts/transitions Extensions	Level 3 stunting: Level approp. Prep level stunts/transitions Extended single leg stunts Spin cradles	Level 3 stunting: Level approp. Prep level stunts/transitions Extended single leg stunts Spin cradles
Tumbling Requirement	Forward roll Cartwheel	Level 1 tumbling: Roll, cartwheel, Round-off, Walkovers	Level 1 tumbling: Roll, cartwheel, Round-off, Walkovers	Level 1 tumbling: Roll, cartwheel, Round-off, Walkovers	Level 2 Tumbling: Handspring, Walkover HS Running HS series

Overall team placement notes:

- During the evaluation process, we take into consideration age, fundamentals, tumbling and stunting requirements, and scoresheet rubrics/needs in order to best create well-rounded teams.
- Team division and levels will be decided based on evaluations and may change from season to season.
- Sometimes, based on team need, an athlete may be placed on a higher or lower level tumbling team. This doesn't mean he/she will not be pushed to continue improving his/her tumbling skills at his/her level. It does mean that he/she will be utilized more in the stunting and overall choreography of the assigned team, which is essential in order to grow well-rounded athletes!