



with Laura Cutina

*Your Journey
Starts Here!*

SEASON 25
2023-2024

Gymnastics Information



Season 25

Welcome to the ELEMENTS Family!

Thank you for choosing Las Vegas Elements!

We are excited to kick off our 25th season as a gym!

LVE was founded in 1999, and continues to prosper, grow, and be recognized as one of Las Vegas's premier cheerleading and tumbling programs! We have won countless National Titles and continue to receive invites to the most prestigious competitions year after year.

As an Elements Gymnast, not only will you train with Olympic Gold Medalist Laura Cutina while learning bars, beam, vault, and floor skills, but also hard work, dedication, and perseverance. Our athletes build life-long friendships and relationships, and they continue to use the values they learn throughout their adult lives.

We look forward to sharing our LoVE of gymnastics with you!

Gym Address: 6560 Spencer Street Suite A2 Las Vegas, NV 89119

Facebook: [Facebook.com/lasvegaselements](https://www.facebook.com/lasvegaselements)

Instagram: @LasVegasElements

Twitter: @LVElements

Phone: (702) 791-0055 - Email: admin@lasvegaselements.com



Last Season Honors

WE ARE PROUD TO HAVE BEEN THE HOSTS OF THE FIRST ANNUAL TRACEY HOUSE MEMORIAL GYMNASTICS COMPETITION CREATED IN ONOR OF ONE OF OUR LATE COACHES..

All athletes moved up a level this season

All athletes consistently scored higher at each event this year



Why LVE

PROPER ATHLETIC DEVELOPMENT !

Our athletes will be placed appropriately on a team according to their skills. Proper skill progression is crucial when participating in a sport like gymnastics. It takes extensive training and repeated practice to perfect each apparatus and individual skills. Athletes will be recognized and celebrated for their skill progression throughout the season.

WE ARE FAMILY!

We believe in nurturing relationships between our athletes to promote a positive experience on and off the mat. Our LVE athletes build lifelong friendships. Whether it is a sleepover, in house meet, or parties, our athletes create a bond for life through these extra team bonding events. Many of our athletes return to LVE after college to train, coach or choreograph right where they started.

COLLEGE & CAREER OPPORTUNITIES !

LVE has many athletes that have continued their cheer and gymnastics careers at colleges all over the country! We take pride in assisting our kids in pursuing a higher education while staying involved with their passion. You will find LVE Alumni at colleges such as Hawaii Pacific University, University of Oregon, University of Louisville, Boise State, UNLV, UNR and Arizona State University. Many have gone on to work summer camps, coach, choreograph and judge competitions.





EVALUATIONS

Athletes interested in competitive gymnastics can be evaluated and placed in the program at any time throughout the year. A private evaluation will be given to determine proper placement.

Once in the competitive gymnastics program, there will be two evaluation periods. The first will be during the month of April at the conclusion of the gymnastics competitive season. The second evaluation will be during the month of September. During each evaluation, the coaching staff will assess the athlete's abilities on each event and make an informed decision for the placement of the athlete within the Elements gymnastics program.

EVALUATIONS: THE ENTIRE MONTH OF APRIL 2023

AGES 4-7

Tues at 7

AGES 8-14

Wed. at 7

All athletes must wear a leotard to evaluations.

Hair must be in a ponytail. No jewelry.

Team placements will be determined by the gymnastics coaching staff at the conclusion of the evaluation.

EVALUATION DAY CHECK LIST

- _____ [Evaluation Info Form](#) (pg. 8)
- _____ [Apparel Fittings Form](#) (pg. 9)
- _____ [Financial Agreement w/ CC Information](#) (pg. 10 & 11)
 - A CREDIT CARD MUST BE ON FILE. A photocopy of the card on file is required.
- _____ [Program Policies Form](#) (pg. 14)
- _____ Copy of Athlete's Birth Certificate and ID (New Members Only)
- _____ [Registration Form/Liability Waiver](#) (New members only)
- _____ [Covid Form](#) (New members only)
- _____ Copy of Insurance Card and Parent/Guardian Driver's license
- _____ Evaluation Fee: \$40 New Member, \$20 Returner (Waived if you bring a friend to evaluations.)

*Please have all forms and copies with you upon arrival.

All paperwork and Evaluation fees are due on or before Evaluation day.

**All forms are
clickable links**



TEAM SELECTION

LEVELS

Placement will be based purely on ability, attitude, and the previous year's attendance records. Factors such as friends, previous year's placement, siblings, etc. will not be considered in the placement process. We will place every gymnast in a level where they will be positioned for success. Las Vegas Elements also reserves the right to move or dismiss any gymnast throughout the season. Below is a description of each team in our competitive gymnastics program.

Pre Team 1-3 - This is a non-traveling team that practices at the gym in preparation for competing in future years.

Xcel Competitive Team Bronze, Silver, & Gold - This is a team that competes in approximately 4-6 meets per year. This team also incurs additional travel costs.

Compulsory Competitive Team Levels 2-10 - This is a team that competes in approximately 4-6 meets per year. This team also incurs additional travel costs.

PLACEMENTS

You will be contacted by a gymnastics coach with the results of your athlete's evaluation. If you have questions or concerns about your athlete's placement, please contact the Gymnastics Team Director. Remember that we are trying to place athletes in levels where we feel they will be the most competitive, and where your athlete will benefit the most. The Las Vegas Elements staff thoroughly evaluates each gymnast to ensure the correct placement. Remember the Las Vegas Elements staff reserves the right to move or change your athlete's level and placement at any time.



PROGRAM PRICING

TUITION PRICING

Tier	Hours	AMOUNT DUE	DATE DUE
Pre team 1	1 Day/2 Hours	\$170	25th of the prior month
Pre Team 2	2 Days/2 Hours Each	\$285	25th of the prior month
Pre Team 3	3 Days/3 Hours Each	\$400	25th of the prior month
Xcel Bronze	3 Days/3 Hours Each	\$310	25th of the prior month
Xcel Silver	3 Days/3 Hours Each	\$310	25th of the prior month
Xcel Gold	4 Days/3 Hours Each	\$340	25th of the prior month
Comp Lvl 2 &3	3 Days/3 Hours Each	\$320	25th of the prior month
Comp Lvl 4	4 Days/4 Hours Each	\$360	25th of the prior month
Comp Lvl 5	4 Days/4 Hours Each	\$385	25th of the prior month
Comp Lvl 6&7	4 Days/4 Hours Each	\$410	25th of the prior month
Comp Lvl 8-10	4 Days/4 Hours Each	\$440	25th of the prior month

Auto Pay Discount: \$10 off per month

Sibling Discount: 15% off per month for each sibling after the first full-paying athlete for tuition.

ADDITIONAL PRICING

Uniforms

Pre Team: Approximately \$220

Xcel/Comp Team: Approximately \$500

Choreography/Competition Fees

Routines: \$100-\$200 each

Competition Fees: \$250 per competition.

5-8 Competitions depending on level.

Uniform and competition fees divided into payments from May 15th- August 15th



IMPORTANT DATES

Gym Closed

Summer Break..... July 1- 8, 2023
Labor DaySeptember 4, 2023
HalloweenOctober 31, 2023
Thanksgiving Break November 23-26, 2023
Winter BreakDecember 22, 2023 - January 2, 2024
Spring Break**March 14-16 2024**

**** Coaches may choose to hold practices on these days if it is close to an upcoming competition.**

PRACTICES

Practice Schedules

Practice days and times are determined at evaluations by tier.
Extra practices will be added from time to time. These will happen most often prior to an upcoming competition and they are MANDATORY.

Practice Attire

All female athletes must wear leotards. Shorts are optional.
All female athletes must have their hair pulled back from their face
Once practice wear arrives, this will be required for practice.

Parents/Spectators are not permitted in the gym

COMPETITIONS

The Competition Season runs from October 2023 through March 2024
Competitions are held on weekends (sometimes Fridays) and are either one or two days
There will be approximately 4-5 local and 2-3 out of state competitions

The Competition Schedule is subject to change at anytime

Attendance at registered competitions and gym events is mandatory.

Competition fees are non-refundable should an athlete be unable to participate for any reason.



EVALUATION INFO

Athlete Name: _____

Current Age _____ DOB _____ Age on 12/31/23 _____

Have you done Gymnastics before? __ Yes __ No If so, where? _____

TELL US YOUR GOALS

Personal Goals:

Team Goals:

What Level do you see yourself on this season:



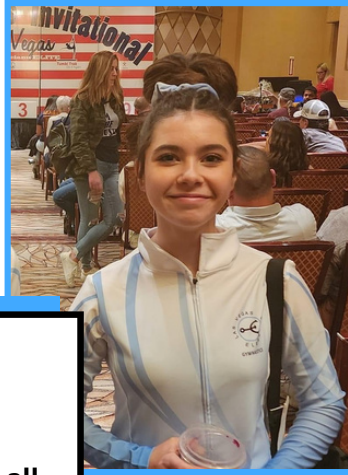
APPAREL FITTINGS

LVE Fitting Day:

June 16th 5-9pm

(Practice Leotards, Uniforms, and Warm ups)

A parent/guardian must attend with the athlete to sign off on all sizes/items ordered.



ORDERING

All apparel orders will be based off the sizes determined at LVE Fittings.

Fittings will be for the following items:

- Competition Leo
- Practice Leo
- Warm-ups

Athletes will not be fitted for T-shirts but you will be asked to provide your desired size at the fitting. This size will be used for all athlete T-shirts ordered throughout the season.

All other items not requiring sizing will be listed on the order form on a fitting day to ensure proper ordering.

Returning Members: If you are reordering an item that was received in a previous season, a charge for that item will be billed to your account and must be paid in full prior to the order being placed.

Please note: All orders will be placed in after fittings and typically have an 8-12 week production time prior to shipment.

By signing below, you agree that a parent will attend the LVE Fittings with the athlete and sign off on all sizes and items ordered. LVE is not responsible if any piece ordered does not fit upon arrival, it is the responsibility of the parent to alter/reorder a new piece at their expense. If the size discrepancy is at the fault of our vendor (i.e. wrong size was sent), LVE will take the necessary steps to resolve the issue directly with the vendor.

Only one order will be placed for all items. Any order not placed with the original order or any item not paid for prior to LVE placing the order will not be ordered. Your account must be current in order to receive all items.

Signature _____ Date _____



FINANCIAL AGREEMENT

THIS FORM MUST BE FILLED OUT IN FULL

Name (as it appears on card): _____

Billing Address: _____

Card Type: VISA MASTERCARD

Card Number: _____

Expiration Date: _____ **3-4 digit code (back of card)** _____

SS# _____ **DL#** _____

I want to enroll in autopay, automatically charge my card on the 1st of every month
(\$10 discount applies monthly to successful autopay transactions)

YES NO

Signature: _____ Date _____

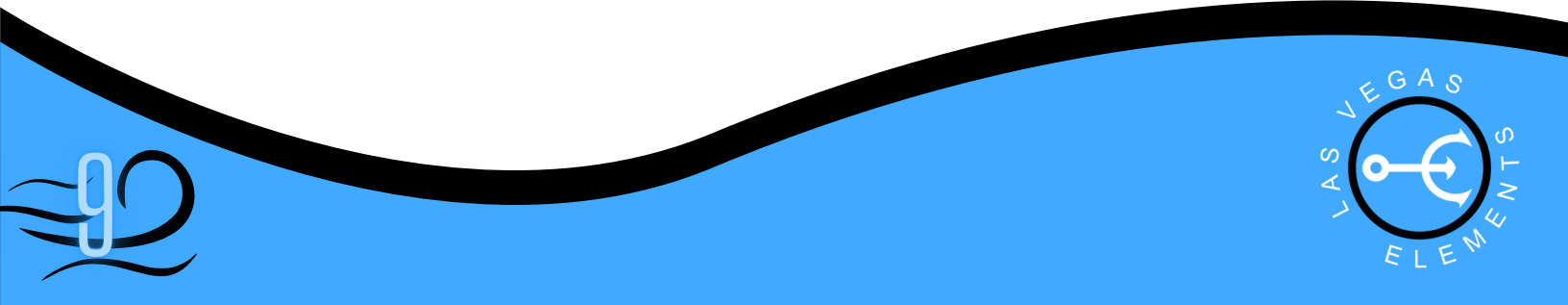
The above signature provides authorization for all transactions made to Las Vegas Elements Training Center, LLC. (Herein LVE)

understand that I am obligated to pay the monthly fee of \$_____ from _____ (date) through April 2024, each month in addition to the fee schedule for uniforms, competition fees, registration fees, and other non-tuition fees associated and outlined above. Any optional items or additional classes/clinics will be in addition to these fees and will be added to my monthly statement.

Payments are due on the 25th of the prior month. Payments may be made in person or online in the parent portal section of the LVE Gymnastics Website. Payments not received by 8pm on the 8th day of the month will be considered late. The option to pay by cash or check will be forfeited, and the above credit card will be charged all monthly fees in addition to the \$30.00 late fee. These charges will be automatically withdrawn no later than the 15th business day of the month. If a payment arrangement, other than the one outlined above, is necessary, a separate agreement must be signed and approved by management.

By signing below, I agree to abide by all of the following terms and conditions as well as all the information provided in the information packet: The parent/guardian signing this agreement is responsible to uphold this financial agreement if the participant is a minor.

We do not accept American Express or Discover for automatic withdrawals, however American Express and Discover may be used in signature transactions made at the gym, a 10% processing fee will apply. All returned checks will be assessed a \$25 processing fee.



FINANCIAL AGREEMENT

Continued

Monthly payments will follow the payment schedule unless additional classes are added by the client. Payment schedules include monthly tuition, member expenses, and competition fees. Monthly payments do not include: additionally ordered merchandise, specialty camps, additional classes, bid competitions, or competition travel expenses. Competition fees are collected in advance of the competition and are non-refundable should an athlete not compete for any reason.

No refunds will be given for any reason. Accounts may be credited for cancelled competitions, camps or other expenses and may be used as gym credit only. All credits applied to accounts may be used for monthly fees only. Unused credits will only remain on the account for 6 months, after the 6-month period has expired all remaining funds will be forfeited.

If you choose to withdraw from the program for any reason, you must notify LVE in writing at least 10 days prior to the next month's billing cycle. Failure to do so will result in the next month's fees to be charged and collected in addition to any applicable termination fees. Any/all balances left outstanding upon completion/withdrawal of services will be charged to the above card.

If at any time the above card is declined, or the account becomes delinquent, services and any tangible orders will be ceased until full payment is received. Athletes will be asked to sit out of practices/events on or after the 8th of each month. In addition, outstanding balances, incapable of being recovered, will be turned over to collections. A fee of or about 35% of the total balance due will be added to the initial amount sent to the collections agency. All other fees associated with collections such as filing fees, court fees and attorney fees will be the responsibility of the below signer. At the initiation of legal action, the below signer shall be responsible for an additional fee of or about 50% of the principle balance.

If a third party (not a party of this agreement) is responsible for payment of some or all of the fees associated with this agreement, an additional and separate financial agreement must be signed by such a party.

If the third party payee defaults on payments, the parent or guardian signing this primary agreement becomes completely financially responsible for the remaining term of the agreement.

I furthermore agree that any changes made in accounts and/or credit/debit card providers, card numbers, expiration dates etc. will be reported to Las Vegas Elements Training Center, LLC. in order to update such records and to avoid any delay in services. Failure to provide LVE with updated card information will result in a \$25 fee charged to your account for each occurrence.

Signature: _____ Date _____

Driver's License (or other state issued identification) and Credit/Debit Card of above Cardholder are to be copied and attached to this document.



PROGRAM POLICIES

GYM RULES

- No food, drinks, and candy should be brought into the gym or on to the practice floor. Water and Gatorade is permitted if it is closed and is left on the sidelines of the gym. Gum is strictly forbidden in the gym.
- Parents, siblings, relatives, etc. may not enter the gym area without the permission of the coach.
- All spectators should view classes and/or practice from the viewing area.
- Gossiping and other negative talk will not be tolerated in the lobby and viewing area. If such talk occurs that person will be asked to leave.
- Appointments need to be made with the appropriate staff member to address any concerns you may have. Negatively confronting a staff member in the lobby, or gym will not be tolerated.

BEHAVIOR/ATTITUDE

- Practice time will be used effectively, without unnecessary conversation or horseplay.
- Participation in any activity that can jeopardize the name and/or reputation of the athlete and/or the LVE program will result in termination from the program.
- Respect toward LVE staff members, teammates, and parents, is not an option it is an expectation.
- Parents and athletes are expected to set a positive example whether in or out of uniform. Negative comments and/or inappropriate behavior in person, on the telephone, through email or on any social media platforms will not be tolerated.
- Parents and athletes are not permitted to contact competition companies, or any other LVE merchants.
- Any illegal activities such as alcohol and drugs will not be permitted. Athletes suspected of being under the influence of any controlled substance or alcohol at a team event or otherwise will be immediately terminated from the program.
- Level placement will be accepted in a dignified manner with no criticism or comments.
- Excessive behavior problems will lead to a required parent/coach conference and could result in suspension or removal from the team.

COMMUNICATION

- Text and email are the main source of communication between the gym & LVE families. It is the responsibility of the parent to check both of these platforms regularly for communication. Information is also available at the front desk in paper form.
- All athletes are expected to communicate concerns to their team coach. LVE will address such problems with the athlete. If a problem cannot be solved, then a parent will be contacted.
- All parents are expected to communicate any concerns directly to the team coach via email or scheduled conference.
- All LVE updates and monthly invoices will be sent by email to the address provided on the LVE registration form.
- Financial questions should be sent to admin@lasvegaselements.com. If necessary, a conference with a manager may be scheduled.



PROGRAM POLICIES

INJURY AND MEDICATION

- Any/all medical conditions and/or medications must be reported to the team coach and the LVE office.
- Athletes who require the use of an inhaler must have it available at all practices and competitions.
- All injuries must be reported to a coach or staff member immediately.
- Injuries that prevent an athlete from participating in practice do not excuse them from attending practice, unless the injury prevents attendance through doctor's orders.
- Upon returning from an injury/illness, athletes are required to provide a signed doctor's release stating they are cleared for participation in practice.

TRAVEL PROCEDURES

- Parents are required to make travel arrangements and hotel accommodations for their athlete(s) when competing outside of the Las Vegas Area.
- All athletes MUST be chaperoned by a parent/guardian throughout the length of the out-of-town trip.
- If a parent cannot attend an out-of-town trip with their child, they are expected to find a proper chaperone for their child to travel with.
- No athlete under the age of 18 may travel without a chaperone.

BOOSTER CLUB EVENTS AND FUNDRAISERS

- The LVE booster club is in charge of fundraisers. LVE is not responsible for any fundraising events or money made.
- Payments in accordance to the outlined LVE payment plan must be paid on time regardless of fundraiser participation.
- Please refer to the booster club informational package for more details.

GENERAL

- LVE coaches will place athletes in the level that is best for the athlete.
- It is solely up to the LVE coaches to decide if an athlete will compete at an event and at what level.
- The LVE coaching staff retains the right to remove or replace a member at any time throughout the year.
- It is expected that at least 1 parent or guardian register as a member of the LVE TeamApp.
- The front desk must be informed of any address, credit card, or e-mail changes. All changes except for credit card changes may be e-mailed to admin@lasvegaselements.com
- Failure to follow the above rules or behaving in a manner that jeopardizes the name Las Vegas Elements can lead to removal from the program.



PROGRAM POLICIES

USAG REGISTRATION

- It is the responsibility of the parent to maintain and keep current their athlete's USAG profile.
- New Members: Must create a new account at usage.org. Your athlete's information and birth certificate must be uploaded to the profile.
- Renewals begin June 1st each year. The LVE deadline to renew is August 1st of each season. If you fail to renew by the deadline, LVE will assess a fee of \$25 per athlete, billed to your account.

LVE LOGO/LIKENESS USAGE

- Use of the LVE logo(s) or likeness is not permitted without the express consent of LVE.
- This includes, but is not limited to, the words Las Vegas Elements, LV Elements, Elements, LVE, team names, or any other simulation, abbreviation, or adaptation.
- Apparel of any kind using any of the above referenced logos or likeness is not permitted.

As an LVE parent, I understand the responsibility and commitment that my son/daughter is undertaking. I have read this agreement and understand its contents. I have also gone over the rules and expectations with my athlete. I agree to abide by the LVE rules and regulations and ensure that my son/daughter does as well. I agree to support the LVE program and offer encouragement to my athlete's fulfillment of all their responsibilities. I agree to allow my child to participate in all LVE activities and will be cooperative carrying them out. I understand that this program is a commitment on the part of the parent as well as the athlete. I agree to help my child fulfill this commitment.

Furthermore, I will not use this program as a form of punishment for my child as I realize that it also punishes the team. I also realize that when I am at a function with the team I to represent LVE and therefore must always act with class and responsibility. I realize that all program decisions concerning athlete team placement, choice of competitions, uniforms, team level etc. are completely up to the LVE Staff and parent interference or bad mouthing will not be tolerated and may result in the removal of the parent and/or athlete from the program.

I understand that all athletes or athletes whose parent(s) are consistently negative, found gossiping or have caused numerous problems may be removed from a team regardless of the athlete's talent level or attitude. LVE parents and athletes are expected to be part of the solution and not the problem by making an effort to stop others from gossiping.

LVE reserves the right to use discretion in enforcing the provisions of this agreement.

Printed Name _____ Relation _____

Signed _____ Date _____

**Welcome to the
Las Vegas Elements Family!**

