

FIVE STAR CHEER TRAINING

FORMALLY OUR HALF YEAR PROGRAM.
ATHLETES BORN IN 2011-2012-2013-2014-2015-2016-2017

Winter/ Spring Session

January - April

Practices start week of January 15th

(Full tuition paid in January at Sign-ups)

PRACTICES: Mondays 5:30-6:30

SHOWCASE: Saturday, April 13th

TUITION PER SESSION: \$300 (taxes not included)

Due at sign-ups

What is Cheer Training?

Our new cheer training program is geared towards athletes who are interested in learning or strengthening the basic fundamentals of competitive cheerleading. This involves tumbling, stunting, jumping, motions & dance. They will learn a routine that will be showcased for friends and family at the gym in April. This is non-competitive cheerleading program that preps athlete who may want to join school, recreational, or competitive cheer in the future.

What Do They Need For Practices?

- ★ Athletic wear of any kind and cheer shoes
- ★ A water bottle they recognize. We have them bring drinks into the gym so they will not need to go out into the lobby area during practices unless they need to use the restroom.

FYI: We have competitive cheerleading, competitive gymnastics, and recreation gymnastics & tumbling classes running nightly. The lobby and gym area will be filled as the kids are back to school and our services can only be offered 5:00-9:00pm.

ADDITIONAL EXPENSES

Any White Cheer/ Athletic Shoe: Approximately \$35

[Link to Sample Basic White Athletic Shoe on Amazon](#)

Cheer Shoes also available in our Spirit Shop. Sizes start at Y8

Black Showcase Bow:

Large Ponytail Bow: \$22

Uniform:

Uniform Top or Tank: \$45

Black Flowy Skort: \$30

Items will be available in the office.

How to Register:

Registration is officially open! Click the link below and follow the instructions to get signed-up!

<https://www.gomotionapp.com/team/fsky/page/system/classreg-shopping>

1. Click "Add to Cart" under Cheer Training WINTER/ SPRING.
2. Click "Checkout Now."
3. Create new account or sign-in if you have an existing account.
4. Sign wavier & pay for the session.