

**PROVISIONAL
TEAM SCOTLAND
SEASON 2019-2020
TRY-OUT INFORMATION PACK**



TEAM SCOTLAND CHEER AND PERFORMANCE CHEER

OVERVIEW

This document includes some basic information regarding the Team Scotland experience. This is provisional and will be updated as and when the information is confirmed to us. However we hope the information included helps you to decide if you can commit to being part of the national team.

Team Scotland is a unified National Team made up of athletes from all over Scotland that wish to represent their country on a National stage at both ICU World Championships and/or ECU European Championships. SportCheer Scotland as the governing body for cheerleading in Scotland has developed a National Team committee of volunteers from various programs to help select coaches and plan try-outs to ensure cheerleaders get the opportunity to be a part of the team.

The Team Scotland season runs from August to June with try-outs taking place over the summer. Practice begins in September and runs straight through until ICU World Championships in April. After a short break, practice may resume for the ECU European Championships in late June if we have enough candidates to take part. The season will also generally include two showcases to give the athletes a chance to perform together, one at an ACDC competition and the other at the Team Scotland Annual Ball. The ball is a fundraiser but also a chance for those who can't attend competitions to see the routines all athletes are required at both these events.

Training for Team Scotland will take place every second weekend and last about 3 hours per discipline. Athletes are expected to attend every practice as the 7/8 months of training will pass very quickly with only 2 practices per month. It is also essential that athletes are part of and remain part of a cheerleading/dance program out with Team Scotland. This will ensure athletes are maintaining fitness on working on technique and/or skills. If athletes are successful in making the team, more information on this will be provided in the athlete code of conduct.

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ASSOCIATED COSTS

Trying out for Team Scotland and being part of the team is a really exciting and rewarding experience for any athlete but unfortunately this does not come without costs. Please see below details of costs.

Practice Cost	£12 per practice.
Training Kit Cost	Athletes attend 3 training sessions whilst in Orlando as well as an opening ceremony and 3 days of competition. Previous teams have raised funds via football cards to cover the cost of one training kit. As prices often change with exchange rates we cannot give an exact cost but approx. £15 per t-shirt £30 per crop and £20 per pair of shorts. Exact prices will be confirmed at the start of the season. Fundraising is encouraged to help with costs.
Orlando Trip Cost	Approximately £1200 per person for accommodation & competition fees depending upon duration of the trip and number of people sharing a room . Flights are generally £350 - £650 per flight. This may vary with exchange rates. Spectators will be approx £1000 per person.
Europe Trip Cost	Approximately £350 per person accommodation & competition fees and £350 depending on location – Spain offer cheaper flights than Russia, the 2019 location. This may vary with exchange rates.
Additional Costs	On occasion we may run additional classes or camps with cheerleading professionals that incur a charge. Where possible we will fundraise to cover these but may ask for a fee to cover costs. All other items of kit/merchandise such as suitcases are optional but will incur charges.

To help reduce costs for athletes and their families travelling with Team Scotland, there will be a fundraising committee that will be responsible for arranging fundraising opportunities such as bag packing, bonus ball raffles and race nights. Athletes can also undertake their own fundraising either through their own teams or as individuals i.e. sponsored walks etc. Any monies raised will be used to cover the overall cost of athletes travelling as well as music, costumes etc. Fundraising is hardwork and only athletes that participate will benefit. If you cannot commit to fundraising please be aware you will be liable for all costs. Also please note some fundraisers that include performances will not be optional.

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TRY-OUTS

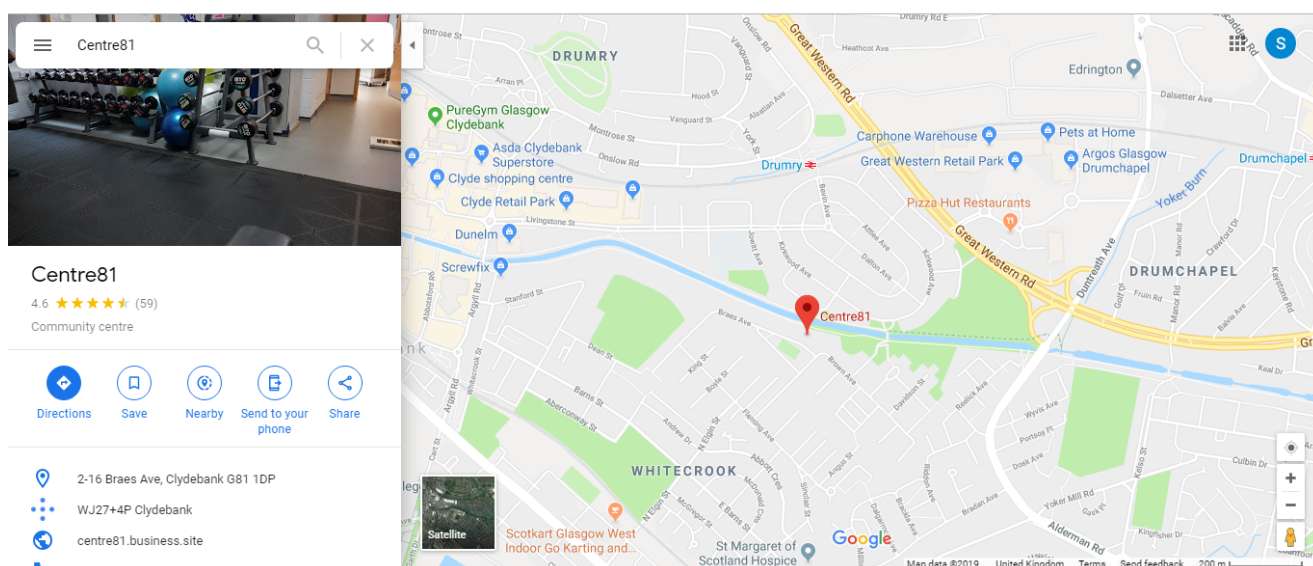
To try out for Team Scotland 2020 athletes must be aged 12 or over, at any point of 2020, to compete in Junior divisions or 14 or over, at any point of 2020, to compete in Senior divisions. There is no upper age limit.

Try-outs will take place on the dates and times below:

Cheer	Junior and Senior	Sunday 11th August	10 am – 2 pm
Hip hop	Junior and Senior	Sunday 11th August	3 pm- 6 pm
Pom	Junior and Senior	Sunday 18th August	10am - 1pm
Jazz	Senior only	Sunday 18th August	2pm - 5pm

Try-outs will take place at [Centre 81, 2-16 Braes Ave, Clydebank, G81 1DN.](#)

If for any reason you cannot make try-outs we may be able to offer an alternate date for a try-out if we still require athletes. Please complete the application and email us to let us know you would like to request an alternative audition date. This cannot be guaranteed however we will try our best to accommodate requests.



To register for Try-outs 2020, please complete an [online registration form](#) and follow the on screen instructions. This information will be supplied to Team Scotland Management to ensure that we accommodate adequate time slots for each audition and prepare a register of applications. Once you have completed the online form, please ensure that you print out a copy of the [official application form](#) below and bring a completed copy to your audition. We will also require a head shot and photographic identification and a completed [wavier](#). Note: additional copies of the application form will not be available at auditions, therefore please ensure that you bring a completed copy with you. Team Scotland Management kindly request that you bring along a head shot that has not been filtered etc as they will need to refer back to the images during the selection process. When all applications have been collated, we will be in touch to provide further information.

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TRAVEL INFORMATION

ICU World Championships April 2020

Team Scotland generally fly out to Orlando the weekend before ICU World Championships, dates of the event are still to be confirmed but will be either the weekend 17th April or 24th April. Due to the number of athletes we do not expect everyone to be on the same flight, therefore flights should be booked by individual athletes/families. The team will stay in Orlando until the weekend following ICU Championships (approximately 8 days in total) depending on available flights, however you are, of course, welcome to extend your trip as long as you like. Flight prices to Orlando vary from around £350-£650 each year. From the date Team Scotland management and coaches arrive in Orlando, all athletes and spectators travelling as part of Team Scotland will be required to stay with the team at the same hotel. This will allow coaches to coordinate training practices and ensure every athlete is accounted for during the trip.

To help simplify the coordination of a large number of people, Team Scotland have developed a World's Package which include the ICU competition package as well as accommodation prior to the competition and all other costs associated with competing and travelling. The team's package for athletes and spectators during their stay is approximately £1200 per head competitors and of course less expensive for spectators which is still TBC. however this may change with the exchange rate and prices TBC. If you wish to arrive before the team and/or have an extended trip after the team has returned to Scotland, accommodation and flights will be your responsibility however additional night room charges are detailed in the package information. If you are travelling prior to the teams arrival you must be at our last practice the weekend before.

Team Scotland World's Package includes:

- Competition Entry/Spectator Fees
- 8 Nights' Accommodation
- 4 day Disney Hopper Pass
- 4 day Sports Pass
- Competition Transport
- Airport and Hotel Transfers
- Training and Training Transport in Orlando
- Costume/prop Hire
- Team Music

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ECU European Championships June 2020

ECU offer different countries the opportunity to host the ECU European Championships each year, therefore at this stage we cannot confirm the details of the trip for 2020. In previous years the competition has been held in Finland and Russia but as soon as we have more information, we will communicate this. ECU Championships generally take place in the last weekend of June.

OTHER CONSIDERATIONS

SQA Examinations

For athletes in secondary school, ICU Worlds may conflict with exam timetables and as such athletes and parents/guardians should take this into consideration. The SQA publish their exam timetable well in advance so we would recommend that athletes and their families can make informed decisions.

It is possible, with school consent for athletes to under-take examinations in Orlando but this will often mean athletes sitting exams at the same time as those in Scotland. This in turn would potentially result in athletes sitting exams at 4am EST which is 9am GMT. It should also be considered that exams may be scheduled for competition times and as such, athletes attending would be expected to agree another time to undertake their exam as it is crucial they are able to perform with their team.

The cost of a venue and an invigilator will be split between the athletes requiring them. All arrangements with the school and SQA will be the parents responsibility not SportCheer Scotlands. Although we will arrange an invigilator and venue and arrange for the exam paperwork to arrive securely in Orlando as we understand the athletes are not allowed to transport the paperwork themselves.

Chaperones

All under 16 years athletes require a chaperone. This can be any adult that parents/guardians feel are responsible for their child as long as they are over 21 and not part of the team. Coaches and athletes do not have the capacity to chaperone due to their own schedules of training and performances.

Parents can travel with the team themselves or they can arrange for another cheer parent to chaperone if they are willing too. Sportcheer Scotland can provide chaperones for athletes without parents however there will be a £400 surcharge to help cover the costs of the chaperone.