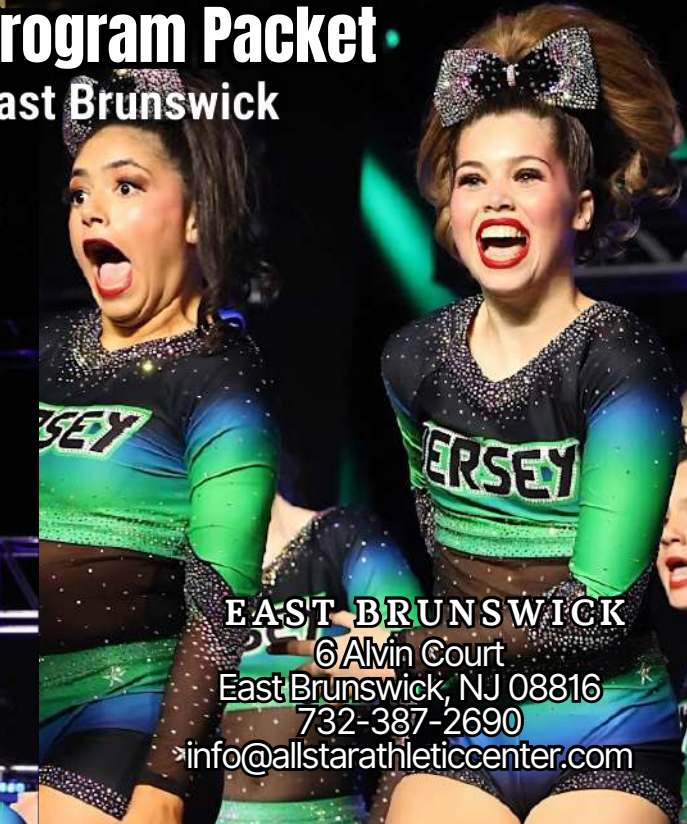




Star Jersey

2024-2025
Program Packet
East Brunswick



EAST BRUNSWICK
6 Alvin Court
East Brunswick, NJ 08816
732-387-2690
info@allstarathleticcenter.com

Evaluation Process

We want athletes who are looking to be a Jersey All Stars athlete, NOT chasing a particular team, level, or age bracket.

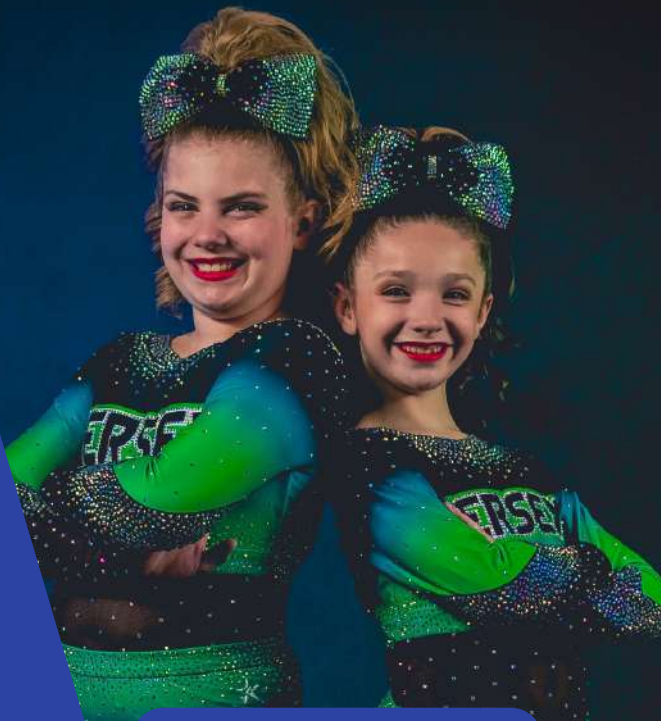
We select teams to be the most competitive in each level. Many factors go into placing teams. We build teams based on skills that have been MASTERED, not new skills that are currently being worked on.

Athletes SHOULD NOT be challenged during the season with skills that are level appropriate. Remember new skills may be thrown, but MUST be competition ready.

Many factors go into building a team, it is not all about tumbling. The USASF age grid and division requirements will be the basis of how teams are built this season.

TRUST THE PROCESS

The team WE build in May will be the CHAMPIONS in January!



Register for evaluations via the parent portal:
Only select ONE time slot based on your tumbling level!

[Click Here](#)

Evaluation Dates

May 13th, May 14th, May 15th
Level Practices May 16th, May 17th, May 21st

Can't make evaluations, want to set up a private evaluation, or simply just don't know where to start? Email us info@allstarathleticcenter.com

How to Prepare for Evaluations:

DAY 1: Evaluations will consist of mini routines during individual assessments. All videos will be available to learn via the website, YouTube, or by emailing the gym. Videos will be posted by April 30th.

AGES 3-5 AND BEGINNER ATHLETES: NO ROUTINE REQUIRED

Open Gyms:

Tuesdays 8pm-9:30pm
Thursdays 9pm-10:30pm
Sundays 6pm-9pm

Clinics:

Tumble Clinics: May 2nd, 3rd, 6th, & 9th
Stunt Clinic: May 7th & 8th

Sign up for any clinics and classes on the website.

EVALUATION FEES

\$55	Register before April 30th
\$75	Register on or after May 1st

USE PROMO CODE FOR DISCOUNT:
 EVAL2425



Level Practices May 16th, May 17th, May 21st

Level practices are additional practices to continue the evaluation process. Athletes will practice based on level to ensure all athletes get placed correctly. Individual times will be given for each level. Athletes will be moved to different level practices throughout the process.

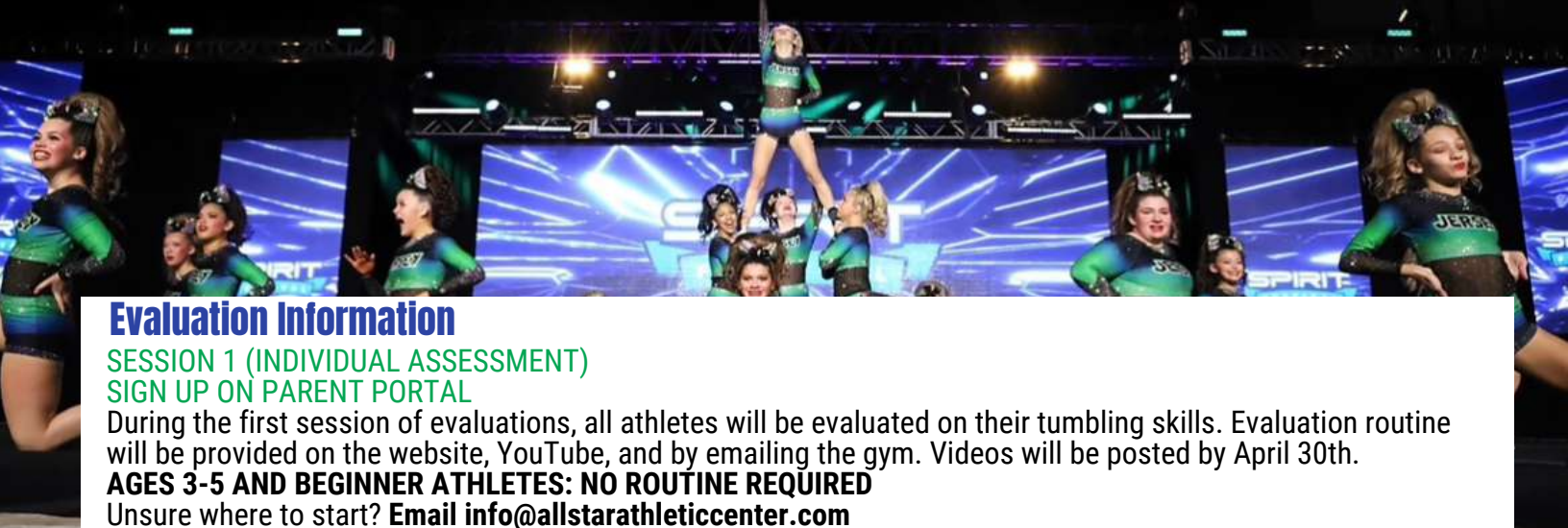
Team Announcements Thursday, May 23rd

Team announcements will be located at the gym. Athlete drop off and pick up times will be given at the conclusion of leveled practices.

Commitment Day Tuesday, May 28th

On this day there will be sizing of practice wear, the first payments are due, and one on one meetings with the athletes if needed.

Athletes must attend all evaluation days. Incomplete packets will not be accepted. Practice will begin the week of May 28th.



Evaluation Information

SESSION 1 (INDIVIDUAL ASSESSMENT)

SIGN UP ON PARENT PORTAL

During the first session of evaluations, all athletes will be evaluated on their tumbling skills. Evaluation routine will be provided on the website, YouTube, and by emailing the gym. Videos will be posted by April 30th.

AGES 3-5 AND BEGINNER ATHLETES: NO ROUTINE REQUIRED

Unsure where to start? Email info@allstarathleticcenter.com

SESSION 2 (LEVEL ASSESSMENT)

Athletes will receive a card after being evaluated in session 1 for a call back time for session 2 of evaluations. In this session athletes will again be evaluated on jumps & tumbling with additional stunting.

SESSION 3 (CALL BACK)

Athletes will receive a card for session 3 based off of evaluations during sessions 1 & 2. This session will be primarily focused on stunting and routines.

LEVEL PRACTICES

All athletes will practice for additional days with leveled practices in order to give each athlete a chance to prove themselves. It also gives the staff time to make sure all teams have been built correctly and athletes have been placed accordingly. We will be looking for how individuals cooperate with teammates and tumbling in larger groups.

Athletes may be practicing with a level higher or lower than the team they make. Athletes may also practice with multiple levels.

USASF ELITE 2024-2025 AGE GRID

AGE	BIRTH YEAR
TINY	2017-2019
MINI	2015-2018
YOUTH	2012-2017
JUNIOR	2009-2016
SENIOR	6/1/05-2012

The year your athlete was born is what determines their "cheer age" for the season.

OPTIONAL INTERNATIONAL DIVISIONS

U-16
2008-2013

U-18
2006-2011

TINY NOVICE
2017-2021

Tumbling Requirements

In order to try out for a particular level, you must be able to confidently complete 2 of the standing skills & 2 of the running skills listed below with proper technique. (exception - level 1 & Tiny)

Level 1

STANDING

Handstand Forward Roll
BWO-BWO
BWO-BWO Switch Leg

RUNNING

Cartwheel BWO, BWO
FWO, Cartwheel, BWO
Cartwheel BWO, BWO Switch Leg

Level 2

STANDING

BHS
BWO BHS
BWO Switch Leg BHS

RUNNING

RO BHS Series
FWO RO BHS Series
RO BHS Rebound RO BHS

Level 3

STANDING

Triple BHS
Jump BHS BHS
BHS Stepout BHS BHS

RUNNING

RO BHS Tuck
FWO RO BHS Tuck
FWO Aerial
Punch Front Through to Tuck

Level 4

STANDING

Standing Tuck
Jump BHS Series Tuck
BWO Tuck

RUNNING

Front Aerial RO to Whip Tuck/Layout
PF Step Out RO BHS Layout
Ro to Whip/Tuck to Tuck/Whip/Layout
FHS PF step out RO to Tuck/Whip/Layout

Level 5

STANDING

BHS Whip to Tuck
Jump BHS Layout
BHS Whip to Layout

RUNNING

Front Full
PF Step Out RO to Full
RO Whip BHS Full
FHS PF Step Out to Full

Level 6

STANDING

Jump BHS Full
BHS to Full
Standing Full

RUNNING

RO to Double Full
FWO to Double Full
PF Step Out to Double Full
RO Whip Double Full

What program at Jersey All Stars is right for me?

Monthly Membership pricing

Families have the opportunity to choose what program works best for them! Each program consists of various levels of travel, expenses, and commitment. Jersey All Stars reserves the right to place athletes on the team in which they fit best.

All Star Elite

*\$175 per month for cheer
\$15 per leveled class*

Birth Years: 6/1/2005 - 2017

Levels: Levels 1-6

Practice: 2x per week (June-April) includes 4 hours of cheer and 1 hour of tumble. Athletes will have team tumbling during the week as well as leveled tumbling on Sundays. Additional practices will be added from September - December.

Competitions: Locals and 1-3 travel events (1 additional end of season event)

Season: June - May

Commitment Level: *****



Not ready to commit?
FUNdamentals: learn the basics with NO commitment
OR
sign up for our many classes!

Mini Full Travel

*\$175 per month for cheer
\$15 per leveled class*

Birth Years: 2015 - 2018

Levels: Levels 1.1 - Level 1

Practice: 2x per week (June-April) includes 4 hours of cheer and 1 hour of tumble. Athletes will have team tumbling during the week as well as leveled tumbling on Sundays. Additional practices will be added from September - December

Competitions: Locals and 1-3 travel events | no fly away events

Season: June - April

Commitment Level: ****



All Star Supreme

\$140 per month

Birth Years: 6/1/2005 - 2018

Levels: Levels 1.1, 2.1, 3.1, 2.2, 3.2

Practice: 2x per week includes 2 hours of cheer and 1 hour of tumble. Additional practices may be added.

Competitions: Locals and 1 travel event | no fly away events

Season: (Full Year) June - April, (Half Year) December - April

Commitment Level: ***

Tiny Teams

\$120-\$130 per month

Birth Years: Elite & Supreme 2017-2019 | Novice 2017-2021

Levels: Novice | 1.1 | Level 1

Practice: **(Tiny Elite)** 2x per week for 3 hours of cheer, 45 minutes of tumble **(Tiny Supreme)** 2x per week includes 3 hours of cheer, 45 minutes of tumble **(Tiny Novice)** 2x per week includes 1 hour 40 minutes of cheer, 45 minutes of tumble

Competitions: Locals and 1 travel event | no fly away events

Season: (Tiny Elite) June - April | (Tiny Supreme) August - April | (Tiny Novice) November - April

Commitment Level: Tiny Elite * | Tiny Supreme ** | Tiny Novice ***



PRACTICE INFORMATION

ATTENDANCE POLICY

We realize many athletes are involved in a variety of activities; however, we cannot make exceptions for schedule conflicts. We expect to be a top priority with 100% commitment and attendance. If our policy is violated, the athlete may be removed from the program. All vacations must be arranged around our breaks and include plenty of travel time in case of delayed air travel or other unexpected travel incidents.

PRACTICE WEAR "LOOK POLICY"

All athletes must wear their hair up in a tight bun with a bow at all regularly scheduled practices. Mandatory practice attire starts September.

SICK OR INJURED

Athletes who are sick must bring in a doctor's note in order for it to be an excused absence. Multiple missed practices, even if it is excused will jeopardize an athlete's position in the routine and/or spot on the team. If an injury occurs and that athlete is fully recovered, it is up to the gym owner/coach when the athlete may return to the routine and if they are able to return at all. They may not return to their same positions in the routine.

ADDED PRACTICES

Additional practices are MANDATORY and a schedule for the full season will be posted by July. It is your responsibility to make sure you add them to your calendar.

SUMMER

MAY-SEPTEMBER

All practices are mandatory however, athletes will be excused for vacation as long as the vacation form is submitted by June 15th.

FALL

OCTOBER-DECEMBER

All practices and extra practices are MANDATORY. No missed practices, including vacations.

EXCEPTION:

NJ Teacher's Convention November 2nd-10th

The vacation approval form must be submitted by 9/1.

WINTER/SPRING

JANUARY-MAY

All practices and extra practices are MANDATORY. No missed practices, including vacations.

REMINDER NO SPRING BREAK THIS SEASON DUE TO END OF SEASON EVENTS. THE GYM WILL ONLY BE CLOSED
Friday, April 18th - Sunday, April 20th



PROGRAM COSTS

Auto Pay for monthly tuition is MANDATORY

Monthly tuition is auto-drafted on the 1st of every month July-April and will be done through a debit or credit card. If you have a credit on your account, the credit will be used instead of your card. There is an annual registration fee of \$100 paid once every 12 months.

Our tuition fees include weekly cheer practice and one tumble class per week. If your athlete crosses over they will NOT have to pay an additional monthly tuition fee, however they will be responsible for an additional music fee, choreography fee, uniform (if needed), and competition fee.

Flyers:

Flyers will pay an additional amount per week to attend stretch/fly class which is mandatory in order to be considered a flyer on any Jersey All Stars team. Enrollment will be done via front desk/e-mail.



Tuition Break Down

All Star Elite: \$175

All Star Supreme: \$140

Mini Travel: \$175

Tiny Novice: \$125

Tiny Supreme: \$140

Tiny Elite: \$140

Sibling Discount

Monthly tuition will be discounted for siblings. Second child \$30 off and third child is FREE (monthly tuition only). There are no monthly tuition discounts for athletes on a Tiny or Supreme team(s).

Invoices & Payments

If your payment is declined, you will receive an email/and or phone call. If your account remains past due by 10th of the month, you will receive a \$20 late fee and your athlete will be asked to sit out of practices, classes, and private lessons.

USASF Fee

The USASF is The United States All-Star Federation, which is the governing body for cheer. Each athlete is required to have their own membership profile. A fee of \$49 must be paid directly to the USASF and is required to participate in the season's competitions.

Crossover (OPTIONAL) Only ELITE athletes may be considered Crossovers

A crossover is if your athlete is participating on two teams. If your athlete would like to be a cross over there will be no additional monthly cost however, there will be additional competition and choreography fees ONLY. If your child wants to be a crossover they will be considered, but there is no guarantee.

Choreography Fee: \$100 (one-time fee due in the summer)

Additional Competition Fee: \$675 approximately (split up into multiple payments throughout the season)

Quit Fee

During competition season it is crucial to have full team practices. If an athlete decides to quit at any point, it requires extensive last-minute changes to the routine which has a great impact on not only the team, but also our staff, athletes individually and parents. We expect your full commitment for the entire season and therefore will be implementing a \$400 quit fee if your athlete quits, or the staff is forced to remove him/her from the program after September 1, 2024.

The quit fee will be \$400 and the card on file will be charged **immediately**. If your card is removed or invalid, you are responsible to pay within 7 days of quitting.

Payment Options

All expenses can be paid through cash, credit or debit card, and checks made payable to All Star Athletic Center. You can enroll in auto-pay for all fees, not just tuition if you choose. A 3.5% service charge will be added to all card payments

We have fundraisers available throughout the season for those who are in financial need.

FEE CHART

All the fees listed below in the fee chart are one time fees. The only monthly fee will be gym tuition. For the upcoming 2024-2025 season there will not be a new program uniform, supreme uniform, tiny uniform, and worlds uniform. There will also not be a new warm-up.

Team Fees: This fee is new this season. It will go towards gifts for the athletes at a special event. Parents will not be asked for additional money.

Add additional 3.5% service fee if paying online or by card.



Fees	All Star Elite	Mini Full Travel	Supreme	Tiny Program
Registration & Insurance	\$100	\$100	\$100	\$100
Practice Clothes	\$200	\$200	\$100	\$100
Camp Fee	\$130	\$130	\$130	N/A
Choreography	\$375	\$375	\$150	\$150
Dance Choreography	\$35	\$35	N/A	N/A
Music	\$110	\$110	\$110	\$110
Uniform	\$575-\$585	\$575	\$350	\$350
Sneakers	\$98-\$120	\$98-\$120	\$98-\$120	\$98-\$120
Hair Piece	\$175-\$226	\$175-\$226	NA	NA
Warm Up	\$245	\$245	\$245 Optional	\$245 Optional
Team Fee	\$50	\$50	\$50	\$50
Competition Fee Approximate	\$1,400	\$1,100	\$600-\$800	\$800

ADDITIONAL FEES (APPROXIMATE)

All members will be required to purchase REBEL sneakers through the gym which has been included in the chart above. Other fees not included in the chart may include;

MANDATORY: Competition bow(\$36-\$40), USASF Fee (\$49), sponsor t-shirt (\$25), spectator fees, end of season event fees, coaches fees based on competitions, Stunt Camp (\$99) and travel costs.

OPTIONAL: Additional camps and clinics which may include stunting, jumping, and tumbling, backpacks and/or other Jersey All Stars gear, tumble classes, open gyms, banquet etc.

PAYMENT SCHEDULE

Jersey All Stars reserves the right to update or change the payment schedule at any time. All crossovers have additional competition (approx.) and choreography fees (\$100). Not listed are end of season fees and a coaches' fees.

The payment schedule below is for one ELITE athlete. Supreme, Novice, and families with multiple athletes in the program will have different pricing. This is only a guide and a glance for the 2024-2025 season.

DUE DATE	MANDATORY FEES- ELITE	ADDITIONAL FEES IF APPLICABLE
May 28th (Commitment Day)	Registration/Insurance (\$100) Practice Clothes (\$200), May Tuition (\$50)	
June 15th	Camp (\$130), Choreography 50% (\$175)	
July 1st	Sneakers (\$98-\$120), July Tuition	
July 15th	Competition Fee 1st Installment, Uniform Deposit 75% (If needed)	
August 1st	Music Fee (\$110), Choreography Balance (\$175), August Tuition	Choreography Cross Over Fee (\$100)
August 15th	Competition Fee 2nd Installment, Uniform Balance (If needed)	Crossover Competition Fee
September 1st	September Tuition	Hairpiece (\$175-\$226) Dance Choreo Fee (\$35)
September 15th	Team Fee (\$50), Competition Fee 3rd Installment	Warm Up (\$245), Crossover Competition Fee
October 1st	October Tuition, Competition Fee 4th Installment	Crossover Competition Fee
November 1st	Sponsor T-Shirt (\$25), Competition Bow (\$34-\$40), November Tuition	
November 15th	Competition Fee 5th Installment	Crossover Competition Fee
December 1st	December Tuition	
December 15th	Competition Fee 6th Installment	Crossover Competition Fee
January 1st	January Tuition	
January 15th	Competition Fee 7th Installment	
February 1st	February Tuition, Stunt Camp (\$99)	Crossover Stunt Camp (\$25)
March 1st	March Tuition	
April 1st	April Tuition	

Important Dates

Dates are subject to change at anytime. More events will be added.



CHOREOGRAPHY

All Choreography is MANDATORY STUNT & TUMBLE CAMP

July 21st-July 27th

(Teams will practice 2-3 days this week. Camp will be during the day. Camp dates released by July 1st.)

ROUTINE CHOREOGRAPHY CAMP

August 19th - August 29th

(Teams will have routine choreography during the day for 2-3 days. They will still have their regularly scheduled night practices unless instructed otherwise.)

DANCE CHOREOGRAPHY

October 19th - October 20th



SAVE THE DATES

PARENT BAR CRAWL

August 17th

JERSEY BBQ

September TBD

SHOWCASE

December 7th or 8th

PICTURE DAY

February 2nd

STUNT CLINIC (MANDATORY)

March 8th & 9th

BANQUET

May - DATE TBD

GYM CLOSINGS

MEMORIAL DAY WEEKEND

May 24th - May 27th

SUMMER BREAK

June 30th - July 7th

LABOR DAY WEEKEND

August 30th - September 2nd

HALLOWEEN

October 31st

FALL BREAK

November 28th - November 30th
(Teams MAY practice Sunday
December 1st)

WINTER BREAK

December 23rd - January 1st
(Practices resume for all on
January 2nd)

SPRING BREAK

April 18th - April 20th



DATES ALLOWED FOR FAMILY
VACATION

NJ Teacher's Convention

November 2nd-10th

The gym will be open and team practices are still mandatory unless you are physically away!

The vacation approval form for convention week must be submitted by September 1st.

Registration

New families must register immediately online. This will ensure your family profile and registration are up to date for team placements. Current Jersey All Stars families will use their existing profile. **All families will have to accept new policies for the NEW 2024-2025 Season and update any credit/debit card information on file. All MUST have a working card on file in order to participate in any practices and receive team placements.**

Creating a family profile and registering through the parent portal

All Star Cheer families are required to have a credit card on file for the 2024-2025 season.

- 1.) Go to www.allstarathleticcenter.com
- 2.) Click on the Parent Portal where you can complete the registration process.
- 3.) If you are new member - click create an account and follow the on-screen directions.
- 4.) After you have signed-in or created your family profile, you will be able to register for evaluations and view your account through the parent portal

Jersey All Stars Communication

No parents should be texting or calling a coach directly unless to discuss your athlete running late to practice, etc. All communication should be done directly to the gym via email. We operate during normal business hours. There should not be texting or communicating after 9:00pm or when the gym is closed on the weekends or any other holidays.

Email

Email will be the main communication between the gym and each parent. If a meeting or phone call is needed we will schedule one via email.

Remind

All parents & athletes will have to join a separate group in the remind app for important information and reminders. We will be using this to blast out text messages.

Jersey All Stars Contact

 (732) 387-2690  info@allstarathleticcenter.com

Staff/Athlete Communication

We highly encourage our athletes to communicate their issues/concerns to the coaches/gym owner before holding a parent meeting. We want each athlete to feel comfortable enough to speak freely to staff members to solve minor issues within a team. WE ARE A FAMILY! Any serious issues will be addressed immediately with a parent/guardian.

WHO DO I DIRECT MY QUESTIONS TO?

Jodi Gerhartz

Jersey All Stars East Brunswick Owner

Questions about invoicing, payments, individual athletes, and other All Star related issues.

Chelsea Devine

Cheer Director

Questions about teams, competitions, schedules, and USASF registration.

Team Parent

Questions about team bondings and other gym reminders. You will receive their contact information after team placements. Any major question or concerns should go to the gym directly, NOT a team parent.

PCA (jerseypca@gmail.com)

Questions about fundraising contact the PCA.

Practice

If your athlete is sick or injured please email the gym directly at info@allstarathleticcenter.com. The gym should be the first notified, not any team parents, parent or athlete. If your child is running late please let us know via email, remind, or phone.

Competitions

All parents & athletes will have to join the remind app for important competition updates at the event. Any issues should be addressed after the event has concluded.





FAQS



What is the commitment for the team?

All Star cheer is a year-round commitment from the individual athlete and the entire family. Athletes are required to attend every practice, choreography/stunt clinics, competitions, and team bonding events. All other extra curricular activities such as school and REC sports etc. are not considered excused missed practices. Athletes who are continuously late to practice due to other sports may be removed from stunts, tumbling, routine sections, or from the team.

Can my athlete participate in school cheer?

Athletes are allowed to cheer for their school's football/basketball team and we are willing to discuss scheduling conflicts on SOME occasions. However, if we cannot come to an agreement, the athlete is always expected to attend their Jersey All Stars practice. We ask that parents be up front and honest with their school team sport reminding them that the commitment of Jersey All Stars is the number one priority. Weekend practices added in the fall are MANDATORY, therefore Jersey All Stars practices MUST be a priority over a high school football game. The ONLY missed practices allowed for school cheer is homecoming, if the athlete is participating on the Varsity cheer team. If athletes are not willing to put Jersey All Stars above high school cheer, they must decide between the two.

Are added practices mandatory?

Yes, all added practices are mandatory. Additional practices for the entire season will be provided for parents in July. This allows plenty of time to schedule events around the extra practice schedule.

When is choreography?

Choreography camps will be scheduled and take place in July, August, and October. Dates are listed in this packet and will be finalized after teams have been placed. All camps are MANDATORY. An athlete position who is missing from any camp choreography may be affected at that time. It is crucial for the choreographer to see each athlete during the creation of the routine. These routines are created around the athletes.

What is the process of creating a routine?

Our teams, as well as routines, are created with the scoring rubric on the forefront. Teams are made at tryouts with the goal of the routine being able to max out all possible points. Some people are placed on teams for tumbling skills, while others are placed on teams for stunting skills. Remember this is a TEAM sport. Everyone that makes the team, as a whole, is what will allow that routine to flourish and max out. Choreography is done with competition ready skills being placed in routines and is constantly changing throughout the season. This goes for any and all skills, including tumbling, stunting, jumps, and dance. If your athlete's tumbling is not ready to be competed in September, that does not mean it will not be ready to compete in February.

Why did my child's spot get changed in the routine?

There are no "spots" in a routine. Routines are constantly changing and evolving throughout the season to master the scoresheet. Changes are made to improve transitions, technique, and overall flow and dramatics of the routine. Often times the judges feedback gives coaches more perspective of what they are looking for and will therefore result in routine changes.

What is new about tumbling this season?

This year we will be having both TEAM and LEVEL tumbling sessions for the athletes. During the week, the teams will work on their tumbling together at practice. This will help with timing and execution for competitions. On Sundays we will be implementing level-based tumbling to help athletes improve their tumbling skills based on their current tumbling abilities. Sunday tumbling from June through August will be mandatory for athletes 2 Sundays a month. Then, in September, athletes will be required to attend at least three Sundays a month.

FAQS



Can I miss a competition?

Your athlete is required to attend ALL competitions in the season. They may not miss any event regardless if your child is sick or injured.

What happens if my child is injured?

Any athlete who is injured may be replaced for any or all competitions, including end of season events. This is a case-by-case basis and the decision will be made by Jodi & Chelsea. The team must come first. The parent(s) of the injured athlete are still responsible for all fees while they're injured, including competition fees. Once the athlete is fully cleared it is up to the staff members where they return in the routine. As listed above, please remember there are no "spots". All athletes are moved around throughout the season.

Can I tumble or take lessons at other gyms?

Athletes are not permitted to take tumble classes, privates, or clinics at any other cheerleading gym.

What if my child does not want to continue the season or quits?

Becoming a member of Jersey All Stars takes a huge commitment from each and every one of our athletes, parents, and coaches. To help ensure this level of dedication, we have implemented a fee charged to any athlete who quits his/her team after September 1st. The amount of this fee is \$400 and will be immediately applied to one's account if they are to quit for any reason. If your autopay declines these fees, you will need to refer back to the policies you have signed when setting up your account. You will not be refunded any prior fees paid to Jersey All Stars and will be responsible for all mandatory fees up to that date.

Who accepts end of season bid events?

All eligible teams will accept bids to The Regional Summit. All eligible **ELITE** teams will be accepting bids to The Summit, The Youth Summit, and The Cheerleading Worlds being held in Florida. The end of the season event will be provided when the competition schedule comes out. There will be additional fees for these events such as travel fees, entrance fees, team shirts, coaches' fees, etc.

How does traveling for competitions work?

For overnight, but drivable competitions (3-7 hours), athletes will be required to arrive Friday night. Practices will resume on Monday so all athletes are expected to be home by Monday night. Any travel competitions that require a flight will have Thursday night as an expected arrival and a Monday departure. Practices will resume on Tuesday and all athletes are expected to attend. Remember, travel events are for cheer not vacations.

Travel Events "Stay To Play" - Explanation

Some of our travel events are "stay to play" which means we are required to book rooms within a block the competition has provided. Please do not book a room for any event until we send the information to you. This also includes booking airfare, etc.

I accepted the online policies, do I still have to fill these pages out?

Yes, we need both online and paper policies signed and accepted before your athlete is placed on a team.

PROGRAM RULES



General Rules

- 24 hour rule! Please wait 24 hours before emailing or speaking to a staff member.
- Team group chats are not permitted. This includes athlete group chats and parent group chats.
- Anyone threatening to quit or pull their child from a team may be dismissed from the program and are responsible for any other fees up to date. If it is after September 1st, 2024 a \$400 quit fee will be charged.
- Accounts must be up to date in order to take private lessons of any kind.
- **No athlete may take tumble classes, private lessons, or stunt clinics with any other cheer program.**
- No gossip about any Jersey team will be tolerated. No negativity should be posted on social media. We are a family!
- If an athlete quits or is removed from the program and you have a credit to your account you **MUST** use it in the pro-shop or for classes. No private lessons will be allowed.
- Any parent or athlete in the lobby must behave properly. No gossip or negative behavior will be tolerated. If there are any issues or concerns please contact the gym directly.
- Athletes are not permitted inside the gym unless they have a practice, class, or private lesson within 10 minutes of the current time

Practice

- Team practices are closed to parents.
- Withholding your athlete from a practice should never be a form of punishment.
- Only athletes and coaches are permitted inside the gym.
- No cell phones are to be used during practice times.
- No gum is allowed in the gym.
- All routines, choreography, stunt positions, tumble positions and teams are subject to change at any point. There is no "SPOT". These topics are not up for discussion.

Competitions

- Withholding your child from competitions should never be a form of punishment as this is a TEAM sport.
- Parents, athletes, relatives, and friends are never allowed to speak or email competition officials or any other companies associated with All Star Cheer.
- Any athlete who doesn't show up to a competition, misses their performance, or does not stay for their "sister" teams and awards ceremony may be removed from the program.
- Earrings and jewelry of any kind are not permitted at competition and can not be covered up by band-aids. (This is also a USASF policy). Tattoos must also be covered up at any event.
- Nails should be at athletic length. On competition days only a french manicure is allowed.
- At each competition, there will be one parent who will be designated to film the routine. This will be shared with Jersey All Stars parents. Remember, you are there to cheer on your children not hold up a cell phone!
- All athletes are required to support their "sister" team during each performance in their team block. This is for both locations.

Clothing & Apparel

- All Jersey All Stars logos and names are protected by copyright/trademark laws. **DO NOT** duplicate our logo, colors with team names, or any other Jersey All Stars type clothing. Anyone that attempts to sell or give away items with Jersey All Stars logos or likeness will be in violation of our policy.
- Parents are not permitted to make their own Jersey All Stars apparel.
- Uniforms may not be altered.

The Look Policy

- At Jersey All Stars we take pride in looking classy and professional from practice to competition. All athletes must always look professional.
- **Practice "Look"** : Hair will be worn in a high tight bun with a bow at all times. No jewelry may be worn. If an athlete has a new ear piercing it must be covered with Band-Aids. Nails **MUST** be short. Sneakers must be worn at all times.
- **Competition "Look"**: Athletes must be fully dressed in uniform with hair and makeup done 2 hours prior to performance time. Cheer sneakers must be worn at all times (you may wear shoe covers to protect the sneakers). At no time should the uniform be unclipped, unbuttoned, or cell phones tucked into shorts, if your child changes to watch other Jersey teams he/she must be in Jersey clothes.

PROGRAM COMMITMENT AND FINANCIAL AGREEMENT

Everyone is required to submit credit card or debit card information for the mandatory autopay for monthly tuition which will be charged on the 1st of every month. There will be no activation fee of any kind. Please fill out the following information at the bottom of this page. You may change your card at any time on iClassPro.

_____ I have fully read the entirety of this packet and I fully understand my commitment to Jersey All Stars. I
initial here understand that my commitment is for the 2024-2025 season. I am fully aware that I am giving my credit
card/debit card information and that information will be used in Auto-pay and any additional fees that may be
due. I understand that this card on file is MANDATORY.

_____ I understand that any other fees in addition to tuition that are past due will be charged to the card on file along
initial here with a 3.5% processing fee 10 days after the date it is due.

_____ I understand that if I pull my athlete or I am asked to leave the program that no refunds or credit will be given. I
initial here am also responsible for all charges up to the day the athlete quits or is asked to leave the program. If he/she
quits after September 1st, 2024 I will be charged the \$400 fee with the card on file. If the card is invalid or
removed, I will have up to 7 days to pay it.

YES _____ NO _____ I would like to enroll in autopay for all fees in addition to tuition. If yes, my card will
automatically be charged for all expenses on their due date with a 3.5% service charge.

Cheerleader(s) Name: _____

E-mail of Card Holder: _____ Name on the card: _____

Credit Card Number: _____

Expiration Date: _____ CVC: _____ Type card _____

BILLING ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

Card Holder's Signature: _____ Date: _____

I, _____ have read and understand the entire packet. I understand that rules are important to run a
successful All Star cheerleading program and I will follow them. I also give my child, _____
permission to participate in Jersey All Stars 2024-2025 season and may practice, tumble, jump, stunt and use all equipment at the cheer gym. I
understand and acknowledge that the activities that my child engages in while on the premises pose known and unknown risks which could result
in injury, paralysis, and death. I give my consent that if an accident should occur, my child may be taken to a medical facility and treated if necessary.
I will not hold any Jersey All Star member or anyone helping or working with the team liable for the injury. I agree to cooperate with the Jersey All
Star Staff and follow instructions, guidelines, policies, and procedures in accordance with the program. I understand that failure to obey any of these
rules or guidelines may result in dismissal and discharge from the program in its entirety without reimbursement of fees. I hereby grant Jersey All
Stars the right to photograph and/or make recordings of the participant named above in order to advertise the program through social media and
advertisements such as the website, Twitter, Facebook, etc.

Parent Signature: _____ Date: _____

Owner Signature: _____ Date: _____

Evaluation Form



Athlete Name: _____ Athlete Number: _____

Birth Year: _____ M/F: _____

Gym cheered with 2023-2024: _____

Team & Level competed on 2023-2024: _____

Program Preference:

Tiny Program _____ All Star Supreme _____ Mini Full Travel _____ All Star Elite _____

What is the highest level of stunts you have competed? (mark only one)

Level 1 ___ Level 2 ___ Level 3 ___ Level 4 ___ Level 5 ___ Level 6 ___ NonTumble Worlds Team ___

What stunt position did you compete last season?

Backspot ___ Main Base ___ Side Base ___ Flyer ___ Did Not Stunt ___ Did Not Cheer ___

What is the highest level of tumbling you have competed?

Did Not Tumble ___ Level 1 ___ Level 2 ___ Level 3 ___ Level 4 ___ Level 5 ___ Level 6 ___

Team/Division/Level goals for the season 2024-2025

1.) _____

2.) _____

3.) _____

Would you like to be considered as a cross-over? Yes _____ No _____

Checking YES does not mean you will be necessarily placed on two teams. You may be asked to be on an additional team over the summer based upon the NEEDS of a team. Crossover athletes may also be removed from their additional team if new athletes join.

Level Routine Performing: _____

Any other information you would like us to know: