

## 2018-2019 Team Fall Schedules

Team	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Total Hours
<b>IGC</b>	4:30-8:30	x	4:30-8:30	x	4:30-8:30	11:30-3:30	x	16
<b>Copper</b>	x	x	x	4:30-7:30	x	9-12	x	6
<b>Acro</b>	x	5-8	5:30-8:30	5-8	x	9-12	x	12
<b>Acro Pre-team</b>	x	4:30-6:30	x	x	4:30-6:30	9-11	x	6
<b>Trampoline</b>	5:30-7:30	x	5:30-7:30	5-7:30	x	x	x	6.5
<b>Rhythmic</b>	4:30-6:00 (Ballet) 6-8:30	6-8:30	5-9	x	5-9	12:30-4:30	x	18.5
<b>Rhythmic Pre-team</b>	x	4:30-6:30	x	4:30-7	x	10-12:30	x	7