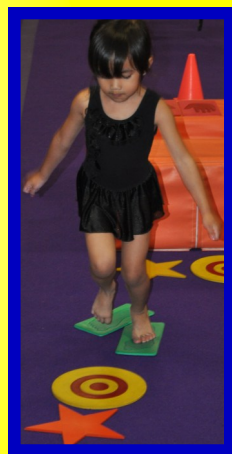


# Shining Stars

A 60 minute class (5 years of age)



Our 5 year old class is designed to be a transition class from our StarBurst gym in to our Rising Star gym. In this 60 minute class we challenge your child to do skills amongst our "big kids". It is the last level of our Preschool age gymnastics gearing towards being graduated in to our grade school program. We are developing their auditory processing with the recognition of phonemes for language acquisition, language patterns and recognizing abstract symbols for reading & math. During this class they work on their ability of motor planning. This is the process of learning a sequence of unfamiliar skills executed in a particular order. It is one of the highest, most complex sensory integrative functions in a child because it requires so much focus & concentration from prefrontal cortex to back 2/3 of frontal lobes. And it requires very complex sensory integrating from the brain stem to both cerebral hemispheres.

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