

FEB 2022 THE EAGLE'S NEST



Happy Birthday!

February 2nd
Chase Conner

February 6th
Parker Ebarb

February 7th
Aleen Asgerally

February 8th
Ava Alfano

February 11th
Anastasia
Grundler

February 13th
Lucas Flores
John McGaughey

February 15th
Coach Jared

February 18th
Jaymes Flores
Yuva Bala



Thanks to our sponsors:

**EUROPEAN
WAX
CENTER®**



EDITOR: COACH MARITZA

We will be hosting over 470 athletes at our annual T&T competition March 11-13, 2022 at Fieldhouse USA. All team families are required to volunteer two sessions to ensure we run a successful event! Although this is a Trampoline and Tumbling competition, the funds we raise from this event supports all 3 competitive programs - Men's & Women's Gymnastics as well as Trampoline and Tumbling. Any family who cannot meet their volunteer obligation must pay a fee of \$100.00/session.

Last year YOU helped us run a very well organized event. We understand that all 3 of our competitive programs are in the middle of their competitive season, so there are bound to be conflicts that make it difficult to fulfill your volunteer obligation. However, it does not excuse your family from the commitment - you are welcome to try and recruit a high school student who needs volunteer hours for school to meet your commitment.

VOLUNTEER OPPORTUNITIES -

AT THE EVENT: Volunteer sign up Genius will be sent out the second week of February after we receive the final schedule from our meet director.

Set up will be Friday morning from 7am-11am - this requires a lot of heavy lifting of equipment, as well as organizing the admissions and hospitality and cleaning the competition area.

The competition is set to run Friday afternoon; Saturday 7am - 8pm, and Sunday 7am - 2pm. Following the completion of the competition on Sunday, we will take down all equipment and reload the truck.

SPONSORSHIP OPPORTUNITIES - If you are interested, or know of a company interested in sponsoring our team, please let us know. The sponsor receives great exposure for their company at our events including the 2022 Meet as well as our Golf Tournament hosted in September and our Halloween Trunk or Treat. Any family who secures a sponsor, at the Silver level or higher, is exempt from volunteer commitments for one year.

BRONZE SPONSOR - \$750.00 - for one year

- ◇ Company listed on sponsor page of website and promoted in newsletter before main events (3x/year)
- ◇ 4 Player spots and Company Signage on 1 hole of the Golf Tournament
- ◇ Quarter page ad in the Dare to Soar Invitational Program

SILVER SPONSOR - 1000.00 - for one year

- ◇ Company listed on sponsor page of website and promoted in newsletter before main events (3x/year)
- ◇ Company banner hanging in the facility for one year (banner provided by sponsor)
- ◇ 4 Player spots and Company Signage on 1 hole of the Golf Tournament
- ◇ Half page ad in the Dare to Soar Invitational Program

GOLD SPONSOR - 1500.00 - for one year

- ◇ Link to Company on sponsor page of website and promoted in newsletter before main events (3x/year)
- ◇ Company banner hanging in the facility for one year (banner provided by sponsor)
- ◇ 4 Player spots and Company Signage on 1 hole of the Golf Tournament
- ◇ Half page ad in the Dare to Soar Invitational Program

PLATINUM SPONSOR - 2000.00 - for one year

- ◇ Link to Company on sponsor page of website and promoted in newsletter before main events (3x/year)
- ◇ Company logo printed in monthly newsletter and weekly email newsletter to over 1200 students
- ◇ Company banner hanging in the facility for one year (banner provided by sponsor)
- ◇ Company Signage on 2 holes of the Golf Tournament
- ◇ 8 Player spots in the Golf Tournament
- ◇ Full page ad in the Dare to Soar Invitational Program



Calendar of Events

FEBRUARY 1ST

Tuition & Meet Fees Due

FEBRUARY 4-6TH

BLACK JACK
INVITATIONAL

Las Vegas, NV
BTM 3-10

SCEGA
CALIFORNIA CLASSIC

Del Mar, CA
GTM 3-10

FEBRUARY 11-13TH

Valeri Liukin Invitational

The Star, Frisco, TX
BTM 3-10

FEBRUARY 18-20TH

METROPLEX CHALLENGE

Fort Worth, TX
GTM 6-10, TTM 3-Elite

HORTON CHALLENGE

Fort Worth, TX
BTM 3-10

FEBRUARY 25-27TH

TEXAS TOUGH

Hudson Oaks, TX
TTM 1-Elite

CHECK MONTHLY
CALENDARS FOR ANY
SCHEDULING CHANGES

ANNUAL TEAM AWARDS BANQUET

SAVE THE DATE

FRIDAY, JULY 29TH

Details coming soon!

UNIFORM REMINDER

Competition attire (i.e. leotards, jackets, pants, etc.) should **ONLY BE WORN TO COMPETITIONS**. Like your routines, attire should look clean & sharp. Do not wear competitive jackets to school or weekly training sessions.

DARE TO SOAR

MARCH 11-13TH

Frisco, TX

ALL TEAM FAMILIES REQUIRED TO
VOLUNTEER. THIS IS 1 OF 2 OF OUR
MAJOR FUNDRAISERS FOR THE
TEAM.

PHOTOS NEEDED

During the competitive season, please remember to send any photos of great action shots from meets to eagleinfo@eaglegymnastics.com. As the season comes to a close we are always desperately searching for photos to use at the banquet. WE WILL NEED A PHOTO OF ALL OPTIONAL LEVEL ATHLETES.

Just a reminder...If your child wins a District, State, Regional or National title, we will need a picture of them (preferably on the event they won) for the banquet. If you can please send these to us before May 1st, it would be appreciated!

If anyone is interested in putting together our end-of-year video for the banquet, please email tina@eaglegymnastics.com.

ATHLETE OF THE MONTH

ZACH ROACH (BTM) has a great dedication to gymnastics. He has been working very hard in the gym and making huge improvements on his skills and routines for the season. Good Luck!

AVA ALFANO (GTM) has been working diligently to improve her skills along with her strength in and out of the gym. Every time she is in the gym she makes a goal for herself and completes it by the end of practice. Way to go Ava!

CAMERON WALTON (TTM) has been continuously showing improvements in the last month leading up to her first competition of the season. We wish her the best of luck in her upcoming competitive season!

SCARLETT RADAR (GIRLS INVITE) is a natural leader with a passion for gymnastics!



WOMEN'S TEAM REPORT



TEXAS PRIME ▪ The Girls Team kicked off their 2022 competition season this past weekend, January 14-16, at the Texas Prime Competition at the Irving Convention Center.

From Level 3 to Level 10, Eagle Gymnastics stayed busy. Ryan G. competed in her first meet at Level 10 and successfully participated in all four events.

Our Level 7's competed Saturday morning and brought home some medals. Elise M. tied for 2nd on Vault with a 9.3 as well as on Bars with a 9.35. Maycie N. finished out her meet with a 36.35 All Around score. Zaria V. competed in her first meet in almost two years and rocked it. Tying for 3rd on Vault with a 9.425 and placing 2nd on Floor with a 9.575! Saniyah J. took home the gold medal on Beam with a 9.350.

The Level 8 girls competed in the next session also collecting some medals. Amelia F. scored the 1st place position on Bars with a 9.325 as well as Beam with a 9.6! Overall finishing with a 36.5 All Around that placed her 2nd. Emilia A. tied for 2nd on Floor with a 9.325 and Taryn also tied for 2nd on Beam with a 9.05.

The last session of the night on Saturday brought out Level 4's and 5's. Many of these girls were competing a new level for the first time. Camryn, Vivian, and Abby all competed Level 4 for the first time. Abby L. rocked her meet placing 3rd on Bars with a 9.05, 2nd on Floor with a 9.5, and 1st on Beam with a 9.425, finishing All Around out with a 36.625 and placing 2nd in her division! Julia and Vada also had a successful session taking home gold and silver on Beam. Ella, Emma, Maliah, and Reghan all competed Level 5 for the first time this weekend as well. Ella scored a 9.15 on Beam tying for 1st in her division.

Sunday our Level 6's, Carsen H. and Alyssa V. competed. Alyssa earned a 9.125 on Vault and Carsen scored a 9.15 on Bars showing improvement already from the mock meet last month!

The last session brought in our Level 3's Ava, Kennedy, Loki, and Isabella. Ava A. earned an 8.8 on Beam placing her 3rd in her division!

Overall the weekend was successful and was an eye opener for the girls to put in some work for the rest of the season!

Girls Team Takes on Biles Invitational

The Girls Team traveled to Houston this past weekend (January 28-30) to compete in the Simone Biles Invitational.



The Level 8's kicked off the weekend on Friday with Amelia F. and Emilia A. Amelia scored a 9.45 on Bars placing her 2nd in her age division. Both girls qualified for state this weekend!

Friday also brought our Level 6's. Carsen H. placed 4th on Bars with an 8.9 and finished 5th All Around in her age division. Emmeline P. placed 4th in her age group for All-Around with a 34.975. Paige M. tied for 4th on Beam with an 8.95 with our very own Alyssa V. Alyssa also placed 4th on Bars with a 9.05.

Saturday afternoon began with our Level 10 Ryan G. Beam was Ryan's last event of the session where she scored a 9.125 which placed her 6th as well as helped her qualify to state! Later on our Level 5's competed. Maliah Lewis tied for 4th on Vault with a 9.5 and Emma G. tied for 3rd on Beam with an 8.75. Reghan S. earned a 9.45 on bars placing her 2nd in her division and 4th in All Around with a 36.05. Ella B. tied for 4th on Beam with an 8.7.

Our last day was stacked with three sessions starting out with the Level 7's. Elise M. earned a 35.8 All-Around score placing her 2nd in her age division along with Maycie N. who pulled an 8.8 out on bars. Saniyah J. placed first in her vaulting debut with a 9.55. Lastly, Zaria V. rocked her meet placing in the top three across the board. Tying for 2nd on Vault with a 9.4, 3rd on Bars with a 9.1, 3rd on Beam with a 8.95, and tying for 2nd on Floor with a 9.35. She finished out with an All-Around score of 36.8 placing her 2nd in her age division!

The last two sessions were our 3's and 4's. Our Level 3's, Dani, Kennedy, Loki, and Isabella had a fabulous meet. Kennedy placed 1st on Vault with a 9.3! Our Level 4's, Camryn, Vivi, Abby, Vada, and Julia also worked hard this weekend. Abby placed 3rd on Bars with a 9.7! The Girls Team are off to California this weekend! We wish you safe travels and the best of luck ladies!

MEN'S TEAM REPORT

Friends of Achievers

On January 8-9, 2022, our boys team started the year off with a great competition at the FOA Invitational in Denton, Texas. Our Level 3 boys took 1st place with Cayson leading the way in the 8 & under age group earning three 1st Place finishes, a 2nd and 3rd Place finish on events and taking 2nd place all around. Jake was also in the 8U group who earned 3rd place on Rings, P Bars and AA, and Asher with a strong showing on Rings. Competing in the 9+ age group, Edwin earned 2nd on Floor helping the team finish 1st.

Our Level 4 boys had tough competition, finishing in 3rd place led by Carson D in the 10–11-year age group, who placed 1st on 4 events, 3rd on Vault and first place in the All Around. Teammate Yuva finished 2nd AA behind Carson, with a 1st place finish on Pommels, 2nd on Rings and P-Bars and 3rd on Vault. Also contributing to the team score were teammates Lucas (8-9 yrs) with strong showings on P-Bars and High Bar, and Travis (12+ yrs) who finished 7th on Pommels and 9th on High Bar.

Our Level 5 team finished 1st place out of 7 teams, beating the 2nd place team by over 7 points! Aeden, Camden, Mason, Mathew, John and Wyatt all had an amazing competition earning 12 1st place finishes, five 2nd place finishes and seven 3rd place finishes.

Zach and Parker, Level 7, finished in the Top 6 in their age groups and Zach earned 1st place on Rings and Vault. Our Level 8 Team all compete in the same age group (age 12+) and earned the 1st place award led by Simon, who placed 1st on every event aside from floor and Vault. Aiden placed 2nd on Pommels and High Bar and 5th AA and Peyton placed 2nd on Rings and 4th on Vault.

With only 2 athletes, our Level 9 boys could not qualify for the team competition but did great in their 13+ age group with Ryland placing 1st on Floor, 4th on Pommels and AA and Tyler placing 2nd on Floor and Rings, and earning 1st on P-Bars, High Bar and AA.

Our Level 10 boys used this meet to prepare for the rest of the tough season ahead and competed strong on all events earning 1st place for the team. In the 16-17 age group, Caleb and Kaeden had very consistent competition with Caleb earning 2nd on 5 events, and 1st on Floor and AA. Kaeden placed 3rd on 4 events, 1st on Pommels and High Bar and finished 2nd AA.

In the 18-19 age group, Francisco led the way taking 2nd place on 5 events and 1st AA. Teammates Chase, Max and Matt finished close behind him with Chase in 2nd place on Rings, H Bar and AA; Max 1st on Vault, High Bar and 3rd AA and Matthew 3rd on Pommels and 5th on Floor and AA. Jack's strong event is Pommels, and he had the high score again, with 12.1 taking 1st place in the competition. Congratulations boys, good luck at your next competition in Houston later this month.



MEN'S TEAM REPORT

Houston National Invitational

On January 21st Eagle boys traveled to Galveston Island to the HNI competition. This is one of the largest meets in the nation with boys from all over the US. Starting off the competition was our Level 7 Zach earning Bronze on RG, PB, and AA, also a 9th on VT out of nearly 50 boys.

Next up was our Level 8's with Simon grabbing Gold on PH, SR, and HB, with a 4th on FX, and tied 5th on PB and a silver in the AA. Simon also was awarded a back pack for having the second highest AA in his level. Aiden had a strong meet as well getting silver on PH and 6th on SR and PB.

On day 2 of competition our Level 9 brothers Ryland and Tyler competed in a field of over 50 gymnasts. Tyler tied for 8th on HB and 16th in the AA. Brother Ryland got 17th on FX and SR. Kaeden, Level 10, got 17th on RG, PB, and AA out of a field of nearly 50 athletes. Caleb also competed in a field of over 50 gymnasts.

In a field of well over 40 Chase earned 8th on FX and 9th on SR. Max respectfully got 15th on HB and 16th on VT. John grabbed 13th on PH and 14th on SR.

In the 19yr old division Cisco had a stellar meet getting 4th PH, 5th FX, and 8th HB. I was very proud of all these Eagle boys. Still, lots to be learned and crafted, but many improvements were made. The season is off and running. GO EAGLE!!!!

Rockwall Invitational

Starting on January 22nd the Eagle compulsory boys went to the Rockwall Invitationals. Levels 3, 4, and 5 dominated the meet by placing 1st place team in all levels.

In the level 3 eight and under group, Clark took 1st place all around with three gold medals on Rings, Parallel Bars, and High bar. One silver medal on Floor, and one bronze medal on mushroom. Cayson took 2nd place all around with three gold medals on Floor, Mushroom, and Parallel Bars, and two bronze medals on Rings and High Bar. Jake took 3rd place all around and got two silver medals on Rings and High Bar. Asher made tremendous strides in his gymnastics and placed 7th in the all-around. Edwin competed in the 9 and older group and placed 5th in the all-around, 2nd on vault, and 3rd on floor.

In the level 4 group Yuva took 1st place all-around with 2 gold medals on Rings and Parallel Bars, 3 silver medal on Mushroom, Vault, and High Bar, and a Bronze on Floor. Carson took 2nd place all-around with 2 gold medals on Floor and Mushroom. Got silver on Rings, and 3 bronze medals on Vault, Parallel bars, and High bar. Lucas took 3rd place all-around with 2 silvers on Floor and Parallel Bars and 2 Bronze medals on Mushroom and Vault. Travis took 13th all-around and Bronze on vault.

In the Level 5 group, Matthew took 1st place all-around with 3 gold medals on mushroom, vault, and high bar. Got silver on rings and took bronze on Parallel Bars. Wyatt took 2nd place all-around with 3 gold medals on Rings, Vault, and High Bar and bronze on Floor. Camden took 3rd place all-around with a silver medal on parallel bars, and 2 bronze medals on mushroom and Rings. John-Michael took 4th place all-around with 2 gold medals on floor and Parallel bars, and a silver medal on mushroom. Mason did incredibly well and placed 7th place all-around.



TUMBLE & TRAMPOLINE TEAM REPORT

Dallas Cup

The Eagle Gymnastics Academy Tumbling and Trampoline team attended their first competition after a very successful 2021 season. On January 22-24, the team attended Dallas Cup and had a very good showing for their first competition of the season. In total, the team walked away with twelve 1st place finishes, sixteen 2nd place finishes, thirteen 3rd place finishes, and 27 other top 10 finishes! The coaches and team members were very happy with how well they performed and even more excited to be back out on the competition floor.

Coming up next for the team is the Metroplex Challenge in Ft. Worth, Texas on February 18th through February 20th. The following week on the 26th and 27th, our pre-team and developmental team will participate in their first competition alongside the rest of the team at Texas Tough in Arlington.

Good job everyone and best of luck to everyone leading up to Metroplex Challenge!

Upcoming Meets: Metroplex Challenge (February 18th-20th), Texas Tough (February 25th- 27th)



THANK YOU TO OUR SPONSORS

European Wax Center • ChiroSport Specialists of Dallas
CK Painting • Surrogate Solutions
Puccio Construction • Fannin Tree Farm