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www.islandtumblergymnastics.com

Gymnastics is a sport requiring strength, flexibility, and balance. Island Tumblers Gymnastics offers a mobile program where we teach the fundamentals of gymnastics by bringing the gym to you. Through the events of gymnastics (bars, beam, floor, and vault) we focus on body support, coordination, and confidence, which can be used in every and any sport your children decides to pursue.

We have a great team of coaches that come with experience to help our early learners gain:

- Beginner gymnastics skills
- Fine and Gross motor skills
- Muscle development and body support
- Agility
- Balance and Coordination
- Pride and confidence
- Body growth
- Flexibility and Strength

We bring mats to your school and set up a fun and exciting obstacle course, focusing on different objectives each week. We start with a warm-up stretch and end with stamps of accomplishments. We sometimes include songs and other games/activities such as parachute. The last week of our 4-week session, we like to include the parents and offer them a chance to come watch their little one participate and progress in this program as they receive certificates of completion

Our class is 4 weeks per session for only \$50

We also offer a Free Trial Class where all kids are able to participate and enjoy the fun!