

2021 Class Schedule

Free Trial Class Reservations  
 Website: [www.islandtumblergymnastics.com](http://www.islandtumblergymnastics.com)

|                                     | Monday   | Tuesday  | Wednesday   | Thursday  | Friday  | Saturday  | Sunday (Make Up)   |
|-------------------------------------|--|--|---|---|---|---|--|
| <b>Toddler Classes</b>              | <b>Twinkling Stars</b><br>9:00-9:45am  | <b>Twinkling Stars</b><br>9:00-9:45am  | <b>Twinkling Stars</b><br>9:00-9:45am   | <b>Twinkling Stars</b><br>9:00-9:45am   | <b>Twinkling Stars</b><br>9:00-9:45am<br>10:00-10:45am                            | <b>Twinkling Stars</b><br>8:00-8:45am<br>9:00-9:45am  | <b>Twinkling Stars</b><br>9:00-9:45am<br>10:00-10:45am   |
| <b>Preschool Classes</b>            | <b>Rising Stars</b><br>10:00-10:45am<br>4:00-4:45pm<br>5:00-5:45pm<br>6:00-6:45pm                        | <b>Rising Stars</b><br>10:00-10:45am<br>3:00-3:45pm<br>4:00-4:45pm<br>5:00-5:45pm<br>6:00-6:45pm | <b>Rising Stars</b><br>10:00-10:45am<br>2:00-2:45pm<br>3:00-3:45pm<br>4:00-4:45pm<br>5:00-5:45pm<br>6:00-6:45pm | <b>Rising Stars</b><br>3:00-3:45pm<br>4:00-4:45pm<br>5:00-5:45pm<br>6:00-6:45pm                         | <b>Rising Stars</b><br>11:00-11:45am<br>3:00-3:45pm<br>4:00-4:45pm<br>5:00-5:45pm | <b>Rising Stars</b><br>10:00-10:45am<br>11:00-11:45am<br>12:00-12:45pm<br>1:00-1:45pm<br>2:00-2:45pm        | <b>Rising Stars</b><br>11:00-11:45am<br>12:00-12:45pm<br>1:00-1:45pm<br>2:00-2:45pm<br>3:00-3:45pm |
| <b>Girls Recreational Classes</b>   | <b>Girls Shining Stars</b><br>9:15-10:15am<br>11:15-12:15pm<br>4:15-5:15pm<br>5:15-6:15pm<br>6:15-7:15pm | <b>Girls Shining Stars</b><br>3:15-4:15pm<br>4:15-5:15pm<br>5:15-6:15pm<br>6:15-7:15pm           | <b>Girls Shining Stars</b><br>10:15-11:15am<br>3:15-4:15pm<br>4:15-5:15pm<br>5:15-6:15pm<br>6:15-7:15pm         | <b>Girls Shining Stars</b><br>11:15-12:15pm<br>3:15-4:15pm<br>4:15-5:15pm<br>5:15-6:15pm<br>6:15-7:15pm | <b>Girls Shining Stars</b><br>3:15-4:15pm<br>4:15-5:15pm<br>5:15-6:15pm           | <b>Girls Shining Stars</b><br>9:15-10:15am<br>10:15-11:15am<br>11:15-12:15pm<br>12:15-1:15pm<br>1:15-2:15pm | <b>Girls Shining Stars</b><br>9:00-10:00am<br>10:00-11:00am<br>12:00-1:00pm<br>1:00-2:00pm         |
|                                     | <b>Girls Soaring Stars</b><br>4:00-5:15pm<br>5:15-6:30pm   |  | <b>Girls Soaring Stars</b><br>4:00-5:15pm<br>5:15-6:30pm  | <b>Girls Soaring Stars</b><br>3:30-4:45pm   | <b>Girls Soaring Stars</b><br>6:15-7:30pm   | <b>Girls Soaring Stars</b><br>11:00-12:15pm<br>2:00-3:15pm  | <b>Girls Soaring Stars</b><br>10:00-11:30am<br>11:30am-1:00pm<br>3:00-4:30pm                       |
|                                     |  | <b>Girls Extreme Stars</b><br>5:00-6:30pm  |   | <b>Girls Extreme Stars</b><br>5:00-6:30pm   |   | <b>Girls Extreme Stars</b><br>2:00-3:30pm<br>3:30-5:00pm  | <b>Girls Extreme Stars</b><br>10:00-11:30am<br>11:30am-1:00pm<br>3:00-4:30pm                       |
| <b>Boys Recreational Classes</b>    | <b>Boys Shining Stars</b><br>10:15-11:15am<br>3:30-4:30pm  | <b>Boys Shining Stars</b><br>4:00-5:00pm   | <b>Boys Shining Stars</b><br>4:00-5:00pm  | <b>Boys Shining Stars</b><br>4:00-5:00pm  | <b>Boys Shining Stars</b><br>4:00-5:00pm  |   | <b>Boys Shining Stars</b><br>11:00am-12:00pm<br>2:00-3:00pm  |
|                                     |  | <b>Boys Extreme Stars</b><br>6:30-8:00pm   | <b>Boys Extreme Stars</b><br>5:00-6:30pm  |   |   |   | <b>Boys Extreme Stars</b><br>11:00am-12:00pm<br>2:00-3:00pm  |
| <b>Tumbling &amp; Cheer Classes</b> | <b>Tumbling</b><br>6:30-7:30pm   |  | <b>Tumbling</b><br>6:30-7:30pm  | <b>Get Your Cheer On</b><br>5:30-6:30pm<br>6:30-7:30pm  | <b>Tumbling</b><br>5:00-6:00pm<br>6:00-7:00pm                                     | <b>Tumbling</b><br>1:00-2:00pm<br>3:00-4:00pm<br>4:00-5:00pm  | <b>Tumbling</b><br>1:00-2:00pm<br>2:00-3:00pm<br>3:00-4:00pm                                       |

Location:  
 94-475 Uke'e St – Waipio – HI – 96797

Information:  
 Call: 808-678-2999  
 Email: [info@islandtumblergymnastics.com](mailto:info@islandtumblergymnastics.com)

Office Hours:  
 M-F 9:00-12:00pm/3:30-8:00pm  
 Saturday: 8:30-5:00pm



## Class Descriptions

### **Twinkling Stars (1-3 ½ year olds)**

The Twinkling Stars program is designed to give your toddler a safe and creative environment to explore a new world of body awareness. Caregivers play a vital role in providing their child the security to explore this new world. For this reason, parent and child work together through obstacle courses, movement activities, and free play.

### **Rising Stars (3-5 ½ year olds)**

The Rising Stars program uses gymnastics fundamentals in an obstacle course setting to provide children with the opportunity to advance fine and gross motor skills, in a positive and age appropriate environment.

### **Shining Stars (5 ½ -17 year olds)**

The Shining Stars program focuses on the fundamental building blocks of all around gymnastics. In this program children will learn beginner gymnastics skills while increasing their knowledge of gymnastics terminology, body awareness, and overall fitness. In this program girls and boys are separated into different groups to train on women's and men's gymnastics equipment.

### **Soaring Stars (Intermediate 6-17 year olds)**

The Soaring Stars is by invitation only. It is designed to give students, who have mastered the beginner level, an opportunity to learn intermediate gymnastics skills while encouraging self-motivation and self-esteem through a positive and rewarding environment.

### **Extreme Stars (Advanced 6-17 year olds)**

Extreme Stars is by invitation only. It is designed to give gymnasts, who have mastered the beginner and intermediate programs, an opportunity to work on higher-level skills in a noncompetitive environment.

### **Tumbling Stars (5-17 year olds)**

Tumbling Stars is designed for those individuals who want to focus on tumbling only. Students will utilize trampoline, foam floor, and other training aids to perfect their tumbling skills.

### **Get Your Cheer On Program (5-17 year olds)**

The Get Your Cheer On program is designed to improve cheerleaders jumps, stunts, motions and sequences.

## How to Enroll

All registrations are taken online in our parent portal. Please visit our website at [islandtumblergymnastics.com](http://islandtumblergymnastics.com) to create an account and schedule a free trial class for the program you are interested in. Please note that some classes may be full. In the event that a class is full you may place a request on the parent portal to go on the wait list.

## Membership

Membership is not required for participation in fun night or birthday parties. Membership is required for enrollment in classes, open gym and private lessons. To become a member simply create an account with us online and submit payment for the annual registration fee.

## Rates

### **Annual Registration Fee**

There is an annual registration fee of \$50 per individual or \$85 per family (siblings) due upon registration.

### **Sibling Discount**

There is a 10% monthly tuition discount offered to families with 2 or more siblings in our program. The 10% is taken off the total monthly tuition due. Please note eligible siblings are defined as two or more brothers or sisters who are concurrently enrolled as active students at Island Tumblers Gymnastics.

### **Monthly Tuition**

Island Tumblers Gymnastics operates on a four-week session. Tuition is due by the Saturday prior to the start of the next four-week session. Payment information for auto-pay is required for all accounts. Auto-pay is charged on the Sunday prior to the start of the next four-week session.

|           | 1X a week<br>monthly<br>tuition | 2X a week<br>monthly<br>tuition | 3X a week<br>monthly<br>tuition |
|-----------|---------------------------------|---------------------------------|---------------------------------|
| Twinkling | \$65                            | \$120.25                        | \$175.50                        |
| Rising    | \$70                            | \$129.50                        | \$189                           |
| Shining   | \$75                            | \$138.75                        | \$202.50                        |
| Soaring   | \$80                            | \$148                           | \$216                           |
| Extreme   | \$85                            | \$157.25                        | \$229.50                        |
| Tumbling  | \$75                            | \$138.75                        | \$202.50                        |
| Cheer On  | \$75                            |                                 |                                 |