



PRESBYTERIAN YOUTH TRIENNIUM 2019

DELEGATION LEADER'S GUIDE

Written By: Theresa Cho, Co-Pastor, St. John's PC, San Francisco, CA

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WELCOME

Welcome friends to the 2019 Presbyterian Youth Triennium!

In the name of Jesus the Christ who offers his heart and seeks us with compassion and love, thank you for what you have done already to prepare for this week and for all that you will do for the young people coming to experience PYT 2019! Thank you for hearing a call and responding, “Yes,” to journeying with young disciples this week.

As a Delegation Leader, you will be accompanying young people as they discover a deeper relationship with God. Accompaniment is a relationship in which a person assists and supports another in making a passage through a life experience or transition. This is the ministry you have been called to. I believe wholeheartedly in the entire PYT experience and I believe that this theme lends itself well to what happens after PYT ends. As a Delegation Leader, your role will be to guide young people in to considering how they will offer their “heart” once they leave Purdue and return home.

This manual has been designed for you. It will be helpful for you to read the entire guide before you arrive at Purdue for PYT. This guide is your primary tool for exploring the theme and how it impacts “real life” back home. As a Delegation Group Leader, I trust that part of your stewardship of that call will come in the form of preparedness.

Please know that as their Delegation Leader, young people will trust you for guidance and advice. I encourage you to use your best judgment and to ask for help when you need it. The Community Life Ministry Team is here to support you. If you need help with the use of this manual for your delegation group time, the Small Group Ministry Team is here to support you.

Blessings to you as you make preparations for PYT '19. May the God of Grace, Jesus who calls, and the Spirit who leads be with you. Thank you for being willing to share your heart and go where you have been called.

Blessings,
Theresa

HELP! I'M A DELEGATION GROUP LEADER!?

Here are some questions that you may be wondering. If there are questions not mentioned here, please reach out to the Community Life Ministry team and Small Group Ministry Team.

Didn't delegation time used to be right before lights out?

Yes, but for PYT '19, we considered again how to best be stewards of our time and our young people. We determined that one way to faithfully do this is to shift delegation time, to offer specific time and an intentional resource to guide delegations to enhance the events of PYT and to consider how the theme is relevant after the event ends.

How should I prepare to lead my delegation group before and during PYT?

Read the manual. Pray for your delegation. While at PYT, you are encouraged to look ahead and be prepared. After each completed session, please go ahead and look over the next session guide to see how the theme will be explored, etc. Depending on the size of your delegation, you may want to make copies, bring scissors, and provide paper.

When do we gather?

The schedule includes three one-hour blocks of time during which delegation groups will gather. These times are on Wednesday, Thursday, and Friday.

Where will we meet?

For delegations larger than 20 participants, a space will be assigned for you. Please be sure to check out your space before the event. For delegations fewer than 20 participants, you can choose! Find a grassy area, a shade tree, a dorm lobby. Find a space and clearly communicate its location to your delegation. Some locales, however, are not good delegation group meeting areas; including but not limited to: anywhere off campus, Starbucks, a restaurant, a dorm room, the hallway right outside small group locations.

My delegation is huge — how will that work?

If your delegation is large, divide them in to smaller groups of 10-20 during the first session; call upon the adults in your delegation to help you as a presence in those smaller groups. Explain for each session, your delegation will gather all together, and then you will experience each session within these smaller groups. This manual is designed for you to adjust the activity according to the size of your delegation.

One last helpful tip:

This time is meant to help you to really check in with your delegation, to help them process PYT while they are at PYT, and to help them plan to take the theme back home. The material in this guide compliments the small group lessons. If you wish, use this time to travel with your delegation to check out the Exhibit Hall or visit the Prayer Center. If you determine that one of these one-hour time blocks can be best used in that way, please take advantage of those spaces and of the conversation and relationship building that happens as you walk together and check stuff out.



THEME OVERVIEW

The theme of the 2019 Presbyterian Youth Triennium gets right to the heart of the matter. Drawing from the words of the hymn, Come Thou Fount of Every Blessing, “Here’s My Heart” expresses our deepest desire to be part of something bigger and more beautiful than the tiny flicker of our own candles. It speaks of passion and identity. It speaks of purpose and action.

Interestingly enough it started with shenanigans! The story behind this beloved song by Robert Robinson begins with a group of teenagers showing up at an evangelistic meeting with the sole purpose of heckling the preacher. But a greater purpose and force was at work, and God’s calling haunted Robert until he was able to one day proclaim, “Here’s my heart.”

We invite young people and their adult leaders to come experience God’s love in a way so powerful and compelling that they, too, are moved to say, “Here’s my heart”. And together we will learn what it means to serve Christ with our intelligence, energy, imagination and love.

Wednesday – Session 1

“Jesus Sought Me”

Psalm 100 & Luke 19

1 hour

Thursday – Session 2

“Prone to Wander”

Luke 15:1-10

1 hour

Friday – Session 3

“Here’s My Heart”

Matthew 14:22-33

1 hour

“HOW TO” FOR THIS GUIDE

Each Session is organized in the following way:

Session Goals

Will highlight the objectives and what you will complete and explore for each session.

Preparation & Supply List

This guide assumes that participants will have pens and paper with them. Please encourage members of your delegation to come prepared. There may be some minimal preparation needed. Please look at each lesson in advance so you can prepare.

Leader Tips

Is the session at a glance. This section will offer brief insights into what you'll be accomplishing and discussing.

Session Guide

You will notice that each session is divided into four sections:

1. **COME TO THE FOUNT** (time spent gathering and forming community)
2. **TUNE IN** (scripture exploration)
3. **WANDER & PONDER** (activities in response to scripture)
4. **FOLLOW YOUR HEART** (closing activity)

Additionally, your job is to create a safe and welcoming space for your group. Please consider the following:

1. **Know Your Space** – Check it out and choose where you'll gather prior to the first delegation group gathering.
2. **Know Where You Meet** – It is important to know where your small group room is located, particularly if there is an emergency. You must know what building you are in and your room number.
3. **Hospitable Environment** – Creating a hospitable environment is key. Depending on where you choose to gather, there could be distractions (traffic, other groups, etc.). How can you best work around them? Choose to sit in one large circle or several smaller circles so that everyone can be seen and heard.
4. **Exits & Bathrooms** – Make sure that all of your exits are unobstructed, known by all group members, and that you have a plan of exit in the event of an emergency. Locate the closest bathrooms are and share that information with your group.
5. **Exhibit Hall & Prayer Center** – Remember, if one day you want to forego the guide in order to visit either of these places with your delegation, do it! But choose to have good conversation as you travel and check stuff out. That time can still be used to check in and build relationships.

SESSION 1

WEDNESDAY (1 hour)

B: 9:00 a -10:00 a

A: 11:00 a -12:00 p

| | **Jesus Sought Me** | |

Psalm 100 & Luke 19

Goals

1. To begin to get to know each other and build relationships.
2. To tie in Tuesday's subtheme of "Tune My Heart" with today's subtheme of "Jesus Sought Me."
3. To consider how we'll tune ourselves to hear and see the many ways God speaks to us.

Preparation & Supply List

- Cut or rip the song titles before the session begins.
- Familiarize yourself with the hymn "All People That on Earth Do Dwell." The tune is set to the same tune as the Doxology. Also, "Zacchaeus Was a Wee Little Man" will be used. This is a Sunday School song.

Leader Tips

Today's delegation group time focuses on praise and ways song is used to convey their hearts desire. Delegation time is designed to 1) create space for participants to build relationships through conversation and interaction; 2) prepare or reinforce the scripture explored in small group; and 3) reflect on ways to continue the conversation back home, once PYT '19 has ended. See the "Help! I'm a Delegation Group Leader!?" page for tips on leading a large delegation through each session. And don't forget! If this feels like a good day to check out the Exhibit Hall or the Prayer Center with your group, do it!

Session 1 Guide

COME TO THE FOUNT

Gather and get comfortable; make sure that everyone from your delegation is present and ask participants to say in one word how their experience at Triennium has been so far. If participants seem to have a negative feeling so far, be sure to check in with them individually.

Divide into groups of 3. Have them share their answers to the following questions:

- Are you scared of heights?
- What is the highest place you have ever been? (Grand Canyon, Space Needle, etc.)
- Have you ever been to a concert, movie, or play where you had difficulty seeing or getting a good view? What did you do?

TUNE IN

Remind the participants that yesterday's subtheme was "Tune My Heart." Tuning is a process of adjusting the pitch of the tones of many musical instruments until they form a desired sound. To tune ourselves into God and each other, begin by playing a game of "How Do you Doo?"

Divide the group in half. Have a volunteer from each group play rock-paper-scissors to determine which group goes first. Once that is determined, a volunteer will pick a song. (Suggested song titles are listed on page 9. You can cut or rip these up and have each volunteer choose randomly. You can also use your own song titles.) Using only the sounds "do-do-do," the volunteer must "sing" the song to their group. The group has 90 seconds on the timer to guess the right song title. Whoever from the group guesses correctly switches places with the volunteer and starts the process over. The goal is to name as many songs as possible within 90 seconds. Once 90 seconds ends, the next group does the same.

After both groups have gone, take a moment to ask for reactions:

- Was it easy or difficult to name the tune without the lyrics?
- What made it easy? What made it difficult?

WANDER & PONDER

Remaining in their groups, give one team the words of the hymn, "All People That on Earth Do Dwell" and the other team the lyrics to "Zacchaeus Was a Wee Little Man." Within each group, read or sing the song. Contemplating on the words, come up with motions to go with the song. Encourage them to think of simple motions. Give them about 15 minutes.

Afterwards gather the group back together and have each group teach the other group the motion. They can either sing or read the lyrics.

Explain to the group that tuning our hearts to God involves not just our words but our whole body and spirit. Zacchaeus used his whole body to climb a tree to see Jesus. Zacchaeus also shared with people in need. He believed not just with words, but with actions.

FOLLOW YOUR HEART

As you end with prayer, take a moment for participants to ponder what actions they may want to take to tune their hearts to God this week.

Somewhere Over the Rainbow	Chicken Dance
YMCA (Village People)	Amazing Grace
Yellow Submarine (Beatles)	Star Spangled Banner
Sweet Home Alabama (Lynyrd Skynyrd)	Come Thou Fount of Every Blessing
Hokey Pokey	The Farmer in the Dell
Sesame Street Theme Song	Bohemian Rhapsody (Queen)
I Love You, You Love Me (Barney Theme Song)	The Wheels on the Bus Go Round and Round
Girls Like You (Maroon 5)	Kumbaya
Shake It Off (Taylor Swift)	Twinkle Twinkle Little Star
Supercalifragilistic- expialidocious (Mary Poppins)	She'll Be Comin' Around the Mountain When She Comes
It's a Small World After All	Silent Night Holy Night
Do-Re-Mi (The Sound of Music)	I'll Be There for You (Theme from Friends)
Zacchaeus Was a Wee Little Man	Doxology
Macarena (Los Del Rio)	This Little Light of Mine

**All People That on Earth Do Dwell
(Psalm 100)**

All people that on earth do dwell,
sing to the Lord with cheerful voice;
him serve with mirth, his praise forth tell.
Come ye before him and rejoice.

O enter then his gates with praise;
approach with joy his courts unto;
praise, laud, and bless his name always,
for it is seemly so to do.

For why? The Lord our God is good;
his mercy is forever sure;
his truth at all times firmly stood,
and shall from age to age endure.

Zacchaeus Was a Wee Little Man

Zacchaeus was a wee little man,
and a wee little man was he.
He climbed up in a sycamore tree,
for the Lord he wanted to see.

And as the Savior passed that way,
He looked up in the tree,
And he said, "Zacchaeus, you come down;
For I'm going to your house today,
for I'm going to your house today."

Zacchaeus was a wee little man,
and a happy man was he.
For he had seen the Lord that day,
and a happy man was he
and a very happy man was he.

SESSION 2

THURSDAY (1 hour)

B: 9:00 a - 10:00 a

A: 11:00 a -12:00 p

| | **Prone to Wander** | |

Luke 15:1-10

Goals

1. To consider moments of celebration.
2. To engage our curiosity through silent reflection and conversation.
3. To share with others positive words of joy and encouragement.

Supply List

- Participants will need Bibles – and using a Bible App is a great tool
- Pen/pencils
- Copies of the two parables - enough for each small group to have a copy. Half of the groups will have the Parable of the Lost Sheep and the other half will have the Parable of the Lost Coin.
- Photo Collage app, smart phone camera

Leader Tips

Today's delegation group time focuses on moments of celebration and how to share that with the world. Delegation time is designed to 1) create space for participants to build relationships through conversation and interaction; 2) prepare or reinforce the scripture explored in small group; and 3) reflect on ways to continue the conversation back home, once PYT '19 has ended. See the "Help! I'm a Delegation Group Leader!?" page for tips on leading a large delegation through each session. And don't forget! If this feels like a good day to check out the Exhibit Hall or the Prayer Center with your group, do it!

Session 2 Guide

COME TO THE FOUNT

Gather and get comfortable; make sure that everyone from your delegation is present and ask participants to say in one word how their experience at Triennium has been so far. If participants seem to have a negative feeling so far, be sure to check in with them individually.

Divide into groups of 3-5. Have them share their answers to the following questions:

- When was the last celebration you attended? Birthday party? Wedding? Concert?
- How do you feel or react when you are celebrating something or being celebrated? Proud? Happy? Accomplished?

- If you could plan your own celebration, what would you do? a party? a trip? a meal? nothing?

TUNE IN

Have the participants remain in their small groups. Assign half of the groups Luke 15:3-7, the Parable of the Lost Sheep and the other half, Luke 15:8-10, the Parable of the Lost Coin.

In their groups, they will be building a silent conversation. Writing and silence are tools to slow down thinking and allow for silent reflection, unfiltered. By using writing and silence, participants can focus on other viewpoints. Inform the groups that this activity will be completed in silence. All communication is done in writing. They will have time to speak later. Have each group read the text in silence. After they have read, they are to comment on the scripture and ask questions of each other in writing on one piece of paper.

The written conversation must start on the scripture but can stray wherever they take it. If someone in the group writes a question, another member of the group should address the question by writing on the paper. Students can draw lines connecting a comment to a particular question. Make sure students know that more than one of them can write on the paper at the same time. Give them about 10 minutes to do this activity.

Still working in silence, ask each group to hand their paper to another group, preferably a group who has a different scripture. For example, if one group read the Parable of the Lost Sheep, they should switch with a group who read the Parable of the Lost Coin.

In silence, read the scripture and take some time to write comments and add further questions. They can feel free to write on the back of the paper if more space is needed. Give another 10 minutes for them to add their comments.

Gather back as a large group and debrief the process. You may begin by asking “What did you learn from doing this activity?” This is the time to delve deeper into the content and use ideas on the papers to draw out students' thoughts.

WANDER & PONDER

For this activity, the group will have time to play “Top 9 Bingo.” “Top 9 Bingo” will be an activity introduced at every recreation event. Instructions for this game will be explained during the recreation events.

Give your group time to wander around campus to take pictures using the prompts in each bingo square. Once they have completed the bingo board, have them upload the pictures on a Picture Collage App using a frame similar to the one pictured on the next page. Then upload it to any social media platform such as Instagram, Twitter, Facebook, using #PYT19Wander.

a lost coin	modern day version of a shepherd (pastor, teacher, helper)	a directional sign
a person's tattoo	hug a tree	splashing water
praying by the fount	a selfie with at least 6 people	someone singing or playing an instrument

FOLLOW YOUR HEART

As you end with prayer, take a moment for participants to ponder what in their life they celebrate and say a word of gratitude.

The Parable of the Lost Sheep

So he told them this parable: “Which one of you, having a hundred sheep and losing one of them, does not leave the ninety-nine in the wilderness and go after the one that is lost until he finds it? When he has found it, he lays it on his shoulders and rejoices. And when he comes home, he calls together his friends and neighbors, saying to them, ‘Rejoice with me, for I have found my sheep that was lost.’ Just so, I tell you, there will be more joy in heaven over one sinner who repents than over ninety-nine righteous persons who need no repentance.

The Parable of the Lost Coin

“Or what woman having ten silver coins, if she loses one of them, does not light a lamp, sweep the house, and search carefully until she finds it? When she has found it, she calls together her friends and neighbors, saying, ‘Rejoice with me, for I have found the coin that I had lost.’ Just so, I tell you, there is joy in the presence of the angels of God over one sinner who repents.”

SESSION 3

FRIDAY (1 hour)

B: 10:00 a - 11:30 a

A: 2:00 p - 3:30 p

| | **Here's My Heart** | |

Matthew 14:22-33

Goals

1. To recap the theme and scripture from the week.
2. To brainstorm ways to offer our hearts back home.
3. To receive suggestions on how to respond to God's heart.

Supply List

- Paper & pen for the activity
- Cut or rip the offering suggestions before the session begins.

Leader Tips

Today's delegation group time focuses on ways to offer their heart to others and our community. Delegation time is designed to 1) create space for participants to build relationships through conversation and interaction; 2) prepare or reinforce the scripture explored in small group; and 3) reflect on ways to continue the conversation back home, once PYT '19 has ended. See the "Help! I'm a Delegation Group Leader!?" page for tips on leading a large delegation through each session. And don't forget! If this feels like a good day to check out the Exhibit Hall or the Prayer Center with your group, do it!

Session 3 Guide

COME TO THE FOUNT

Gather and get comfortable; make sure that everyone from your delegation is present and ask participants to say in one word how their experience at Triennium has been risky or caused them uncertainty or pushed their comfort zone. If participants seem to have a negative feeling so far, be sure to check in with them individually.

Divide into groups of 3-5. Have them share their answers to the following questions:

- What is the riskiest thing you've ever done? Or what is something you did that was out of your comfort zone, whether small or big?
- What is something you want to try and do one day, but don't have the courage to try now?
- What do you do when you are nervous or anxious? Do you have a routine? Tricks? Mantras?

TUNE IN

Gather the group back together. During the week, the theme of “Here’s My Heart” has been explored through scripture, song, play, prayer, and hands-on participation. To recap the themes, symbols, and stories, let’ first play a game.

Ask for 5 volunteers. Have them stand in front of the group and in a line, facing in the same direction as if you are standing in line at the grocery checkout line. Show the last person in line the phrase they will have to act out to the person in front of them, using no words. You can also show it to the whole group as well, making sure the people in line do not see the phrase. That person will then re-enact and mimic those motions to the next person. Repeat this process until the end. The very last person will then have to guess what the phrase is.

Do this a couple more times, asking for different volunteers from the larger group to form a new line.

Suggested phrases are:

Peter walks on water

Come Thou Fount

The Lost Sheep

Flaming Tongues

Jesus sought me

Tune My Heart

Zacchaeus

Woman and the Lost Coin

WANDER & PONDER

Gather in groups of 3-4. It could be the same groups as before. Tell them that they will be making an acrostic poem. An acrostic poem is a type of poetry where the first letters in a vertical line spell out a particular word or phrase. Each letter spells out the word or phrase.

In their groups, they will be making an acrostic poem for “Here’s My Heart.” First, have them write “Here’s My Heart” vertically on the piece of paper. It is good if the letters are written large.

H
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**H
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T**

On another piece of paper, have them brainstorm a list of words or phrases that describe Jesus. They may want to look at past stories and scripture used this week.

On the other side of paper, have them brainstorm a list of words or phrases that describe where they come from. They may want to list places or attractions that their city or state is known for; symbols; or adjectives that describe the place.

Lastly, brainstorm ideas they could offer to share their heart to the place they come from. Maybe there is a specific issue that their city is facing; a neighborhood that could use help; or a simple act of kindness.

Have them go back to the "Here's My Heart" paper. For the letters that spell out "Here's," have them use the words and phrases they brainstormed for Jesus to help them write their acrostic poem about Jesus.

For the letters that spell out "My," have them use the words and phrases they brainstormed to describe their city or state to help them write an acrostic poem for where they come from.

For the letters that spell out "Heart," have them use the words and phrases they brainstormed for ways they can serve their community to help them write an acrostic poem for how they will offer their heart.

For example,

He who calls me out to the water
Eternal love
Rescuing me when I cry for help
Endlessly believing in me
Sending me out

My heart left in San Francisco
Yellow sunsets and blue sky

Here's my heart
Extending a helping hand
Around people who need food and home
Radical inclusion
To accept all

Have each group share what they wrote to the larger group.

FOLLOW YOUR HEART

For closing time, have each participant choose a slip of paper. Each paper has a suggestion of how they can offer their heart back home in their community. Sometimes offering our heart begins with a small step - just as Peter took a small step onto the water. Have them carry the piece of paper with them as a reminder to find opportunities to act on their suggestion.

Heart Offerings

Think of someone you know who is alone and find a way to show love for that person.

Do something really nice for someone else when they're not looking.

Forgive someone. Forgive yourself.

Find a non-profit in the community and figure out what kinds of donations they need. Maybe even call them and ask. New socks? Toothbrushes? Groceries? Get a box together and take it over there. Maybe invite some friends to join you!

Ask yourself, "How much do I need?" Coats, shoes, toys, books... Lighten your load and give it away! Or sell it and give the money away!

Go to a school in your neighborhood and clean up trash on the playground.

Write an encouraging note to someone you know who is doing a good job — a teacher, a leader, a servant...

Go for a walk and this time, bring a plastic bag with you. Fill it with trash and make the world beautiful.

This week write three hand-written letters to people. Express your love and care. Let them know you're praying for them, and if you're comfortable with it, include your prayer in your letter.

Do a chore for your family. Help out around the house or yard.

Find someone with whom you disagree about something important. Have a conversation with that person, and during that conversation, ask at least 10 questions that serve no purpose other than to help you better understand his or her views better. Seek to understand, even if the effort is not reciprocated.

Email, text, or contact someone who you haven't talked to in a while who made a difference in your life.

Heart Offerings

Pay for someone's drink or give a little extra in tip at the restaurant you dine at.

Hold the door for someone.

Let the person behind you in line you go first.

Cheer someone on.

Hold the elevator.

Help someone struggling to reach something on the top shelf.

Send letters to those in our military.

Smile at everyone you see.

Pick up something someone dropped by you.

Text someone good morning or good night.

Be empathetic – Really try to put yourself in the other person's shoes

Say "Thank you" a lot. Everyone works hard. Thanks are especially important to the postal worker, the government employee, the bus driver, the grocery store cashiers.

Avoid gossip – No need to spread any negativity

Participate – The people who organize events always worry that no one will take part. Your teacher, small group leader, pastor needs you.

Let someone else have their way without putting up a fight about it

