



We Invite You to Join Us!

## ANNUAL MEETING & LUNCH

JAN. 26 AT 11:30 A.M.

(immediately following Worship)

A free-will offering will be received to raise money for Triniteen mission projects.

During lunch, we will hear annual reports from committees. We will also review the 2019 Financial Report and receive the 2020 Budget.

**HOPE TO SEE YOU THERE!**



a word from  
Pastor Mere

Resolutions may or may not be a yearly ritual in your house, but there is something to be said for using a new year as a time for reflection and an opportunity for change. I've made a few personal resolutions (worry less, play more), one of which is to take more time to sit in silence and listen for the heart of God. It's easy, even and especially for pastors, to get so caught up in "doing" church that we forget that God often asks us to simply "be." With small children and the constant lure of smart phones and emails, I know I struggle with having a few moments just to sit still. I suspect I am not alone!

As we begin a New Year together, let us ask for God's blessing and guidance. I am indebted to my colleague, the Rev. Amy Loving Austin, who shared with me this poignant prayer.

**God of past, present, and future, we face a new year.**

With spirits that sing, we celebrate all of the good times we enjoyed these past 12 months; guide us to always be thankful for the blessings we receive at your hand.

With hearts that weep, we remember the sad and difficult times we faced these past 12 months; weep with us, and then dry our tears; reassure us of your faithful presence.

Be with us in the hours, days, and weeks ahead.

Give us, by your Spirit, generous hearts that reach out to others.

Encourage us by your Spirit to be a people of hope.

Inspire us by your Spirit to share your love.

Direct us by your Spirit to reconcile with others.

Empower us by your Spirit to speak your truth.

Challenge us by your Spirit to try new things.

Help us by your Spirit to put our faith into action.

Grant us, by your Spirit, the wisdom we need to follow your will.

Hear us, God of Grace.

Attend our prayers, God of Hope.

Guide our steps, God of Love.

Remind us, Holy One, that you journey with us, every step of our way.

**Alleluia! Amen.**



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**GET UP-TO-DATE INFORMATION AT:**

[www.trinitypresbyterian.net](http://www.trinitypresbyterian.net)  
 On Trinity's website you can access archived issues of the weekly newsletter, The Trinity Candle, and this monthly newsletter, The Talking Trinity.  
[office@trinitypresbyterian.net](mailto:office@trinitypresbyterian.net)  
 Use this email address to contact the office secretary.  
[www.FACEBOOK.com/TrinityTopeka](https://www.FACEBOOK.com/TrinityTopeka)  
 Trinity's Facebook account has information about upcoming and past activities at Trinity and many great pictures as well.



**THANK YOU** to all who joined us on November 17th for "Be The Church Service Projects" MORE pictures from a one of the day's projects.



**RMHC**

Northeast Kansas

Keeping families close™



## MISSION COMMITTEE

Trinity serves on the 3rd  
Friday of the month  
at 9 AM. This month  
it is Jan. 17



Trinity works on the 4th  
Tuesday of the month  
at 1 PM. This month it  
is Jan 28th



Trinity serves on the 2nd  
Tuesday of the month  
at 4:45 PM. This month  
it is Jan. 14



**2020 SOUPER BOWL IS  
COMING!**

**Will the Chiefs be in the Super  
Bowl! As you anticipate the  
possibilities remember the  
Souper Bowl will coincide with  
the Super Bowl. Watch for**

**sales for soup and crackers to contribute for our Souper  
Bowl collection for Doorstep. We will plan on topping  
the 274 lb. total contributed in 2019!**



Thank you to the members of our Trinity church for cards, flowers, visits & prayers after my accident. Carl and I were in such shock. It raised our spirits so much. **Judy and Carl Rundell**

To Sticks & Strings, A special thank you for 2 prayer rugs. I used one every night at rehab. They are lovely and so appreciated. **Judy Rundell**

I am thankful for all the prayers of support since I broke my hip and moved to Eaglecrest Retirement Community in Salina, KS. Hope you all have a wonderful Holiday. **Martha Benignus**

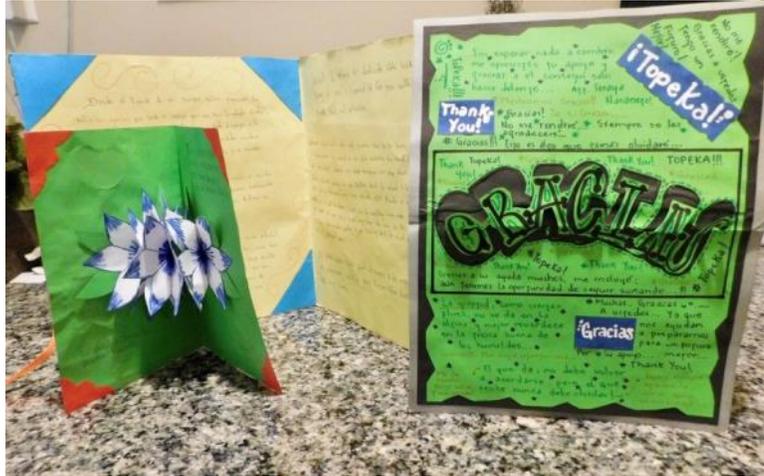
Thank you for the gift card. I really appreciate it! **Zac Chandler**

Thank you to the Deacons for the Amazon gift card for finals! It was much appreciated! I am so grateful for Trinity's support. **Sarah Meenen**

**PEACEMAKING COMMITTEE**

**The Gifts from the People of Talpetates**

These cards, and many others, were created and given to us by students in Talpetates. Each July, when the Trinity delegation visits El Salvador, the villagers heap gifts of thanks upon us. I always feel kind of strange when they gift us because they give hand made gifts from their hearts, while we bring gifts from the "world of plentiful resources" here in Topeka. Our gifts, medicines, eye glasses, and money for the school and scholarships, are much appreciated in Talpetates! In quiet, private, moments, I often realize that I always give



from my abundance- God asks me to happily share this abundance with others. The people of Talpetates give lavishly out of their scarcity, sharing their homes and food with us- but most of all their friendship.

As we celebrate Epiphany this year, know that your gifts to Talpetates will continue to echo through that Salvadoran community well into the future. Thanks be to God, the bountiful sustainer of all good gifts, and thanks to you for continuing to "walk with our brothers and sisters in El Salvador."

Topeka's 27th Annual Community Celebration of the Birth and legacy of

**Dr. Martin Luther King, Jr.**



**Monday, January 20, 2020**

**6:30 PM Soup Supper**  
(donations welcome)

**7:30 PM Celebration Service**  
Followed by refreshment

**El Shaddi Ministries Church**

920 SE Sherman Avenue  
Topeka, KS · (785) 232-5754

**Guest Speaker: Shanae Holman**

Shanae is the lead organizer of the Topeka JUMP organization in Shawnee County, KS where she is fighting for more



safe and affordable housing for 9,000 families who are forced to spend more than they can afford for rent. JUMP and the Topeka Center for Peace and Justice have embarked on a mission to reduce violent crime in Topeka through a collaborative effort with law enforcement, the medical community and other major stakeholders.

## STEWARDSHIP COMMITTEE

### STEWARDSHIP UPDATE



By the close of the stewardship campaign, 2020 pledges totaling \$382,504 had been received from 98 families. This compared with pledges totaling \$390,100 received from 106 families for 2019. Four new pledges were received; 36 pledges were increased; and 7 pledges were decreased. Four pledges were discontinued due to moves, health issues or deaths.

As of mid-December, pledges for 2020 had not been received from 8 families who had pledged a total of \$9,984 for 2019.

Following is a breakdown of 2020 pledges by age group:

40 and under	.5%	51 to 60	12.9
41 to 50	2.1	61 and over	84.5
		100.0%	

## HIGHLIGHTS FROM THE DECEMBER 18 SESSION MEETING

➤ Session approved the following nominations and terms of office to submit to the congregation for election.

**ELDERS –**  
**3 YEAR TERM**  
 Kay Wildman  
 Dana Schoffelman  
 Christa Sloop  
 Becky Schooler

**DEACONS –**  
**3 YEAR TERM**  
 Toni Farrell-Higgins  
 David Ross  
 Fern Freeman  
**1 YEAR TERM**  
 Karen Dove

**ENDOWMENT COMMITTEE –**  
**3 YEAR TERM**  
 Lee Langfitt

**CONGREGATION**  
**NOMINATING COMMITTEE–**  
**2 YEAR TERM**  
 Cathy Armstrong  
 Pat Thomblison  
 Marvin Burris

## FINANCE MATTERS

[Giving Statements.](#)

The 2019 giving statements will be mailed in January 2020, so you will have them before you begin tax preparation. Thank you for keeping Trinity in your holiday planning.

Carol Shannahan, Financial Secretary -- 785-559-8551 -- [carolsbutterflies1@gmail.com](mailto:carolsbutterflies1@gmail.com)

## DEACONS

If you are in need of prayer, visitation, or even a phone call, please let the Pastor, Parish Nurse, or Deacons know. Due to privacy laws, hospitals and care centers do not call churches and notify us on your behalf.

If you would like yourself, family member, or loved one added to our prayer list, please email the church office. It is also helpful if you let us know if they or you would like pastoral care.

*Grace and Peace, Pastor Mere*

In Loving Memory

**Chuck McClenny**  
**12-09-2019**

**Harv Kubie**  
**12-16-2019**



- 04-Jan Janis & Clyde Holiwell
- 05-Jan Susan & Marvin Burris
- 06-Jan Stan & Peggy McAdoo
- 07-Jan Martha & Duane Huizenga
- 25-Jan Jurahee & David Shriver
- 30-Jan Linda & Jeff Dolezal



- 03-Jan Jurahee Shriver
- 04-Jan Sheryl Daniels
- 04-Jan Meaghan Ricks
- 05-Jan Ian Anabe
- 05-Jan Debra Ricks
- 07-Jan Aaron Meenen
- 08-Jan Elaine Alexander
- 08-Jan Ruth Jenkins
- 08-Jan Ben Mulegwa
- 10-Jan Titan Osburn
- 11-Jan Joyce Adcock
- 13-Jan Marvin Burris
- 13-Jan Clare Higgins Thoman
- 19-Jan Beverly Thompson
- 19-Jan Kelly Voigt
- 20-Jan Jill Greer
- 20-Jan Reed Schoffelman
- 20-Jan Melissa Bylsma
- 21-Jan Carl Rundell
- 21-Jan David Ross
- 21-Jan Kem Sloop
- 22-Jan Muriel McClenny
- 26-Jan Manuella Mulegwa
- 27-Jan Jaxton Zabokrtsky
- 27-Jan Fern Freeman
- 30-Jan Ann Fincham

**WORSHIP COMMITTEE**

2019 WORSHIP ATTENDANCE				
Month	Date	Sunday	Total	Events
NOVEMBER	24	4th	128	Thanksgiving wk
DECEMBER	1	1st	95	Communion
	8	2nd	157	Christmas
	15	3rd	90	Music/Snowy Roads



Please join us after worship on January 5, Epiphany Sunday, for the un-decorating of Advent. A light lunch will be provided. Many hands make light work.



**SANCTUARY FLOWER MINISTRY**

Flowers were provided to the Glory of God in December on the:

- 1st by Martha Miller in loving celebration of her parents' 65th wedding anniversary.
- 8th by Bud Spencer in loving memory of Becky Spencer.
- 29th by Jim & Ruth Jenkins in loving memory of their dads and Jim's brother, Larry.



**Do Something GREEN - Hand-wash your dishes. An automatic dishwasher pollutes at the rate of 175 lbs. of CO2 per year. When you do use a dishwasher, air-dry rather than heat-dry.**

**GREEN CORNER**

# JANUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9 9:30 AM Sunday School 10:30 AM WORSHIP 4:00 PM THE HEAT (YOGA)(FH)	30 9:00 AM Mondays with Mere (Lazio's) 10:00 AM Line Dance Class (FH) 12:00 PM Bible Bites (Bible Study) (P) 12:00 PM THE HEAT Kickbox Fusion(FH) 1:00 PM Sticks 'n String (P) 5:30 PM The HEAT Strong by ZUMBA (FH) 6:15 PM The HEAT-Pilates Fusion (FH) 7:15 PM Square Dance Lessons (FH, K)	31 *CHURCH OFFICE CLOSED *NEW YEAR'S EVE NO Aerobics NO HEAT CLASSES	1 *CHURCH OFFICE CLOSED *NEW YEAR'S DAY NO HEAT CLASSES NO EVANGELISM Mtg NO Flute Choir Rehearsal	2 12:00 PM The HEAT-Pilates (FH) 5:00 PM Yoga (Rm 13/14) 5:30 PM The Heat Cardio Interval (FH) 6:00 PM PROPERTY Committee (Rm. 12) 6:10 PM Nursery Open 6:15 PM Handbell Choir Rehearsal Sanctuary 6:15 PM THE HEAT-ZUMBA FITNESS (FH) 7:30 PM Heritage Choir Rehearsal (Rm 11)	3 Sheryl Daniels Birthday 12:00 PM The HEAT Cardio Strength (FH) NO Page Turners until 1/10 4:00 PM Aerobics (Rm13/14)	4 9:00 AM Terminex 9:00 AM The HEAT-CARDIO REMIX (FH) 2:00 PM Friendship Squares Dance FH, K
5 9:30 AM Sunday School 10:30 AM WORSHIP 4:00 PM THE HEAT (YOGA)(FH)	6 9:00 AM Mondays with Mere (Lazio's) 10:00 AM Line Dance Class (FH) 12:00 PM Bible Bites (Bible Study) (P) 12:00 PM THE HEAT Kickbox Fusion(FH) 1:00 PM Sticks 'n String (P) 5:30 PM ADULT CE MTG (p) 5:30 PM The HEAT Strong by ZUMBA (FH) 6:15 PM The HEAT-Pilates Fusion (FH)	7 12:00 PM The HEAT Yoga (FH) 1:30 PM Staff Meeting (P) 4:00 PM Aerobics (Rm 13/14) 5:00 PM DEACONS Mtg (Rm 12) 5:30 PM THE HEAT-ZUMBA FITNESS (FH) 6:10 PM Nursery Open 6:15 PM THE HEAT-Cardio Interval (FH)	8 12:00 PM Lunch Bunch (P) 12:00 PM THE HEAT (Kickboxing) (FH) 1:30 PM Mary Ruth Circle (P) 4:30 PM VISIONING Mtg (Parlor) 6:00 PM FINANCE Mtg (12) 6:45 PM Esther Circle (P) lesson starts at 7 7:00 PM Flute Choir Rehearsal-Choir Rm 11	9 12:00 PM The HEAT-Pilates (FH) 5:00 PM Yoga (Rm 13/14) 5:30 PM MISSION CMTE-P 5:30 PM The Heat Cardio Interval (FH) 6:10 PM Nursery Open 6:15 PM Handbell Choir Rehearsal Sanctuary 6:15 PM THE HEAT-ZUMBA FITNESS (FH) 7:30 PM Heritage Choir Rehearsal (Rm 11)	10 12:00 PM The HEAT Cardio Strength (FH) 1:30 PM Page Turners Book Study (at Baking Traditions) 4:00 PM Aerobics (Rm13/14)	11 9:00 AM The HEAT-CARDIO REMIX (FH)
12 9:30 AM Sunday School 10:30 AM WORSHIP 11:30 AM WORSHIP CMTE MTG RM 12 11:45 AM PEACEMAKING Mtg-P 4:00 PM THE HEAT (YOGA)(FH)	13 9:00 AM Mondays with Mere (Lazio's) 10:00 AM Line Dance Class (FH) 12:00 PM Bible Bites (Bible Study) (P) 12:00 PM THE HEAT Kickbox Fusion(FH) 1:00 PM Sticks 'n String (P) 5:30 PM The HEAT Strong by ZUMBA (FH) 6:15 PM The HEAT-Pilates Fusion (FH)	14 8:00 AM Berkshire Hathaway FH 12:00 PM The HEAT Yoga (FH) 1:30 PM Staff Meeting (P) 4:00 PM Aerobics (Rm 13/14) 4:45 PM Serve at Rescue Mission 5:30 PM THE HEAT-ZUMBA FITNESS (FH) 6:10 PM Nursery Open 6:15 PM THE HEAT-Cardio Interval (FH)	15 MONTHLY NEWSLETTER ARTICLE DEADLINE 12:00 PM THE HEAT (Kickboxing) (FH) 7:00 PM Flute Choir Rehearsal-Choir Rm 11 7:00 PM SESSION (FH)	16 12:00 PM The HEAT-Pilates (FH) 5:00 PM Yoga (Rm 13/14) 5:30 PM The Heat Cardio Interval (FH) 6:10 PM Nursery Open 6:15 PM Handbell Choir Rehearsal Sanctuary 6:15 PM THE HEAT-ZUMBA FITNESS (FH) 7:30 PM Heritage Choir Rehearsal (Rm 11)	17 9:00 AM Serve at Let's Help 12:00 PM The HEAT Cardio Strength (FH) 1:30 PM Page Turners Book Study (at Baking Traditions) 4:00 PM Aerobics (Rm13/14) 6:00 PM Friendship Squares Dance (7-9:30p)	18 9:00 AM The HEAT-CARDIO REMIX (FH)
19 9:30 AM Sunday School 10:30 AM WORSHIP 4:00 PM THE HEAT (YOGA)(FH)	20 9:00 AM Mondays with Mere (Lazio's) 10:00 AM Line Dance Class (FH) 12:00 PM Bible Bites (Bible Study) (P) 12:00 PM THE HEAT Kickbox Fusion(FH) 1:00 PM Sticks 'n String (P) 5:30 PM ADULT CE MTG (P) 5:30 PM The HEAT Strong by ZUMBA (FH) 6:15 PM The HEAT-Pilates Fusion (FH)	21 12:00 PM The HEAT Yoga (FH) 1:30 PM Staff Meeting (P) 4:00 PM Aerobics (Rm 13/14) 5:30 PM THE HEAT-ZUMBA FITNESS (FH) 6:10 PM Nursery Open 6:15 PM THE HEAT-Cardio Interval (FH)	22 12:00 PM THE HEAT (Kickboxing) (FH) 7:00 PM Flute Choir Rehearsal-Choir Rm 11	23 12:00 PM The HEAT-Pilates (FH) 2:30 PM FOLDING TALKING TRINITY (P) 5:00 PM Yoga (Rm 13/14) 5:30 PM The Heat Cardio Interval (FH) 6:10 PM Nursery Open 6:15 PM Handbell Choir Rehearsal Sanctuary 6:15 PM THE HEAT-ZUMBA FITNESS (FH) 7:30 PM Heritage Choir Rehearsal (Rm 11)	24 12:00 PM The HEAT Cardio Strength (FH) 1:30 PM Page Turners Book Study (at Baking Traditions) 4:00 PM Aerobics (Rm13/14)	25 9:00 AM The HEAT-CARDIO REMIX (FH) 10:30 AM Annual Meeting Set-Up (FH)
26 9:30 AM Sunday School 10:30 AM WORSHIP 11:30 AM ANNUAL MEETING & All Church Lunch (FH, P) Provided by Triniteens 4:00 PM THE HEAT (YOGA)(FH)	27 9:00 AM Mondays with Mere (Lazio's) 10:00 AM Line Dance Class (FH) 12:00 PM Bible Bites (Bible Study) (P) 12:00 PM THE HEAT Kickbox Fusion(FH) 1:00 PM Sticks 'n String (P) 5:30 PM The HEAT Strong by ZUMBA (FH) 6:15 PM The HEAT-Pilates Fusion (FH) 7:00 PM PERSONNEL Mtg (Pastor's ofc)	28 12:00 PM The HEAT Yoga (FH) 1:00 PM Harvester's 1:30 PM Staff Meeting (P) 4:00 PM Aerobics (Rm 13/14) 5:30 PM THE HEAT-ZUMBA FITNESS (FH) 6:10 PM Nursery Open 6:15 PM THE HEAT-Cardio Interval (FH)	29 12:00 PM THE HEAT (Kickboxing) (FH) 7:00 PM Flute Choir Rehearsal-Choir Rm 11	30 12:00 PM The HEAT-Pilates (FH) 5:00 PM Yoga (Rm 13/14) 5:30 PM The Heat Cardio Interval (FH) 6:10 PM Nursery Open 6:15 PM Handbell Choir Rehearsal Sanctuary 6:15 PM THE HEAT-ZUMBA FITNESS (FH) 7:30 PM Heritage Choir Rehearsal (Rm 11)	31 12:00 PM The HEAT Cardio Strength (FH) 1:30 PM Page Turners Book Study (at Baking Traditions) 4:00 PM Aerobics (Rm13/14)	1 9:00 AM Terminex 9:00 AM The HEAT-CARDIO REMIX (FH)

# CHRISTIAN EDUCATION CLASSIFIEDS

## Trinity Weather Closing Policy

If USD 501 closes, ALL weekday events at Trinity will be cancelled including HEAT exercise classes, Little Explorers' Learning Center and Trinity Office. During winter inclement weather on Sundays, check local TV stations' church closure listings to see if Trinity is closed.

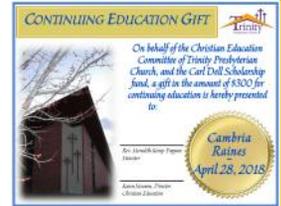


# CHRISTIAN EDUCATION - TRINITEENS

## ENDOWMENT COMMITTEE SCHOLARSHIP PROGRAM

Subject to available funding, each year the Trinity Presbyterian Endowment Committee awards postsecondary education scholarships to graduating high school seniors.

To be eligible, high school seniors planning to attend a post-secondary institution must: 1) complete an application, AND 1) be a member of Trinity Presbyterian Church, or 2) demonstrate that they have been active in Trinity youth activities. If you have questions, contact Karen Meenen or Pastor Mere.



be the church-nov 17 Triniteens raking at a members home



**CHRISTIAN EDUCATION - TRINITEENS**

more...be the church-nov 17 Triniteens raking at a members home



CHRISTIAN EDUCATION - TRINITEENS

Triniteens filming a commercial for advent 11/19



Triniteens in worship 11/24



TRINITEENS practicing for the Christmas Program



# DECEMBER 8, 2019 TRINITEEN CHRISTMAS PROGRAM



DECEMBER 8, 2019 TRINITEEN CHRISTMAS PROGRAM



## CHRISTIAN EDUCATION - TRINITEENS

CHILI FEED on 12/8 HOSTED BY THE TRINITEENS



### DOOR Scholarships Needed

What a great Christmas gift to help send a youth to the 2020 Denver Mission Trip - DOOR! We have several families who could use financial assistance. If you would be interested in making a donation, please contact Karen Meenen or Pastor Mere.

JOIN US FOR LUNCH ON  
JAN. 26 AT 11:30 A.M.  
(immediately following  
Worship)

The Triniteens will be serving  
the meal during the  
Annual Meeting.

A free-will offering will be  
received to raise money for  
Triniteen mission projects.

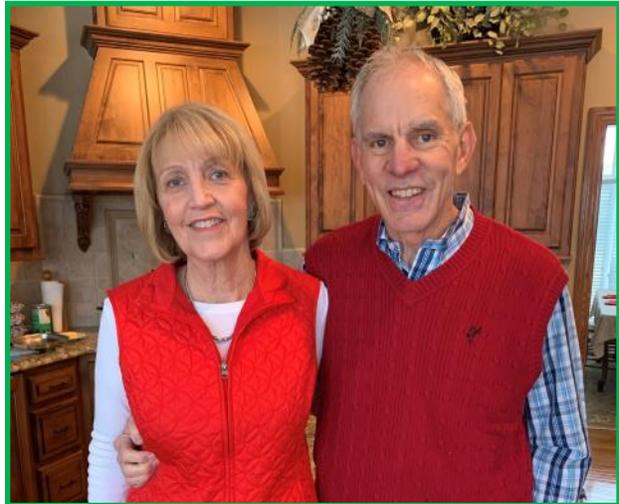
CHRISTIAN EDUCATION - TRINITEENS

PROGRESSIVE LUNCH

HOSTED BY  
MIT & SUSAN WINTER



HOSTED BY  
DAVID & RHONDA ROSS



**CHRISTIAN EDUCATION - TRINITEENS**

**PROGRESSIVE LUNCH -DESSERT & GIFT EXCHANGE**

HOSTED BY  
GREG & JENNY LEE



## CHRISTIAN EDUCATION - TRINITEENS

**DENVER**  
(ONCE WAS BLIND, NOW I CAN SEE)

**DOOR**  
See the face of God in the City

PRESBYTERY OF NORTHERN KANSAS YOUTH

# 2020 DENVER MISSION TRIP

TOGETHER WE WILL SERVE, LEARN, & GROW

SUN., JULY 12 - FRI., JULY 17, 2020

*"You were called to freedom, brothers & sisters; only don't let this freedom be an opportunity to indulge your selfish impulses, but serve one another through love." - Galatians 5:13 (CEB)*

Service & education opportunities appropriate for youth in middle & high school  
Youth will be able to apply what they have learned in Denver to their own communities

**Initial Registration and \$50 Deposit\* Due January 15, 2020**

Register at [bit.ly/Denver2020](http://bit.ly/Denver2020)

\*Total cost is \$475 per youth. Stay tuned for details about PNKS scholarships in early 2020.

### TIME TO REGISTER FOR DOOR (Denver Mission Trip) JULY 12-17, 2020

Register online at [www.bit.ly/Denver2020](http://www.bit.ly/Denver2020)

Pay \$50 deposit, cash or check  
(made payable to  
Presbytery of Northern  
Kansas)

Turn in payment to the church  
office.

We are mailing  
payments  
to Presbytery as they  
are received and need  
them all **by Jan.15.**

Questions?  
Contact Karen Meenen.

## CHRISTIAN EDUCATION - CHILDREN: SUNDAY SCHOOL SNIPPETS

### 4<sup>th</sup> through 6<sup>th</sup> Sunday School Class (Teachers: Craig Stafford, Janis Holiwell, Jamie Merklein, Nancy Carpenter)

Four teachers have rotated for the 4<sup>th</sup>-6<sup>th</sup> grade group, and class sizes have generally ranged from two to four kids. First task, was getting to know each other. We try to do that, figure what has been going on since last we gathered.

Our early curriculum focused on Moses. We looked at his birth to Hebrew slaves but raised in the courts of Pharaoh. Moses is the one that God called to tell Pharaoh to "let my people go." We followed the exodus of the Hebrews and their sojourn in the Sinai Desert. Along the way we learned the Ten Commandments.

Moses does not enter The Promised Land. The new leader, Joshua, takes the new Israelite nation across the Jordan River. We also studied King David, a man after God's heart. There were other people and stories we studied, including Jonah. Jonah was called by God, but didn't want to go! In Jonah's story, we learn some of the unexpected things that can happen when God's plans unfold.

Our students often take turns reading the Bible lessons. They are really pros at this. In the Christmas Pageant they had prominent roles delivering dialog and bringing characters to life. The stories point to each other, and it is interesting to consider how Moses and Joshua and David help set the stage for the arrival of Jesus, Emanuel, God with us.

**Craig Stafford, Teacher**

### Senior & College Sunday School Class (Teachers: Toni Farrell-Higgins, Debra Ricks, Marilyn Leinacker, Connie Hubbell)

Did you know that Trinity has a combined Sr. High and College Student Sunday School Class? The class meets from 9:30 a.m. to 10:15 a.m. in the Triniteen's Room downstairs every Sunday (unless they're working on an awesome play or at a retreat).

You can tell the group is dedicated to their discussion by the fact that they all faithfully deposit their phones in a box when they walk into the Sunday School room...without being asked!

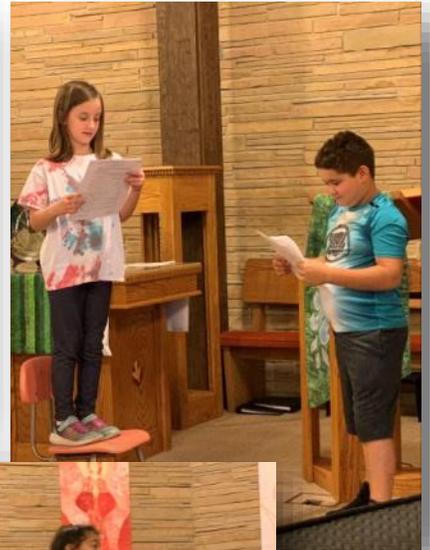
The topics that the class has tackled this past semester are some doozies. Most adults wouldn't know quite what to say, I don't believe! The questions discussed range from "Who wrote the Bible, God or Humans? and Is the New Testament more important than the Old Testament? to Can it be proven that God exists? And Is God male?

Taking the time to discuss these kinds of hard questions has helped all of us (including this teacher) clarify some of the sticky questions that the Bible presents. Please join us as we continue to delve into the tough questions brought up by our curriculum, Bible verses and each other.

**Toni Farrell-Higgins, Teacher**

**CHRISTIAN EDUCATION - CHILDREN**

CHILDREN'S CHRISTMAS PROGRAM PRACTICE



**CHRISTIAN EDUCATION - CHILDREN**

CHILDREN'S CHRISTMAS PROGRAM 12/8



CHRISTIAN EDUCATION - CHILDREN

HEARTLAND DAY CAMP AT TRINITY PRESBYTERIAN CHURCH

Ages: Entering 1st - 7th Grade Dates: July 27 - 31 Time: 8:30 a.m. to 5:00 p.m. Price: \$60 per Camper Space limited to the first 42 paid camper registrations. Register at heartlandcamps.org/trinity-topeka

Items Campers need to bring each day:

- closed toe shoes, sack lunch - no refrigeration available, water bottle, sunscreen, bug spray, swimsuit, towel, water shoes - for water activities, Bible (optional)



4746 SW 21st Street 272-2620



Sending a child to camp makes a great Christmas gift! Please consider helping to send a Trinity youth/child to summer camp at Heartland. We have several

families who could use financial assistance in order to send their child to camp. If you would be interested in making a donation to the camp fund, please contact Karen Meenen or Pastor Mere.



Heartland Camps

It's TIME to register to go to Heartland Camps. Camp offerings and dates for summer are available at www.heartlandcamps.org for youth that have completed 2nd grade through completed 12th grade. Camps fill quickly; early registration is recommended. Register online and pay \$100 deposit. Presbytery will pay \$100. Trinity will pay \$100 per camper for 1 camp during the 2020 summer (excluding family and grand camps). If online registration is not an option for you, please pick up a paper registration form from the church office and mail with your deposit to: Heartland Camps 16965 NW Highway 45 Parkville, MO 64152

CHRISTIAN EDUCATION - ADULT



Patrick Eldringhoff from Valeo - Speaker for the Adult Sunday School Classes on Nov. 24th

Below: Clients who joined Patrick in support of the Valeo programs discussed in class.



**CHRISTIAN EDUCATION - ADULT CE**

**ADULT STUDIES**

9:30-10:15  
Basement, Rm. 9  
Jan. 5- Feb. 16

"From Genesis, Through Jerusalem, to Topeka in 6 Months"

with Rev. Alden Hickman

**BIBLE STUDY**

9:30-10:15  
Fellowship Hall  
Jan. 5...

**SUNDAY, FEB. 23, 9:00**  
**FELLOWSHIP HALL**  
**SPEAKERS**  
John and Gwen Haspel  
PCUSA missionaries

The Haspels have spent almost their entire lives dedicated to serving God and the people of Ethiopia.

9:30-10:15  
Basement, Rm. 9  
March 1- April 5

**MONDAYS**

**Mondays with Mere**— 9:00-10:00 a.m. (Lazio's Coffee Bar, 2121 SW Belle) . Pastor Mere will lead stimulating discussions based on current events using *The Wired Word*.

**Line Dancing**— 10:00-11:00 (church fellowship hall)

**Bible Bites Bible Study**— Noon-1:00 (church parlor)  
Lead by Cheryl Lindstrom

**FRIDAYS**

**Page Turners**— 1:30-3:00 (Baking Traditions, 4036 Huntoon)

**CHRISTIAN EDUCATION - SIGNIFICANT RELATIONAL GROUPS**

**CHECK OUT THESE OPPORTUNITIES FOR FUN!**

**Line Dancing** - Join us each Monday from 10 - 11 am in Fellowship Hall.

**New Square Dance Lessons Starting in February** - Join us on Mondays and Thursday from 7:15 - 9:30 pm beginning February 10th in Fellowship Hall. Come by yourself or bring a friend. All are welcome. Questions contact Karen.



**Sticks 'n String** - Haven't knitted or crocheted in a while? Dust off those needles and hooks and come join this fun group. They'll have you in stitches in no time. Want to learn to knit? They'll help you get your beginner project started. They meet every Monday from 1-2:30 pm at the church.

**Men's Group** - The men of Trinity meet on Monday evenings during football and basketball seasons to cheer on their favorite teams together. Join us at 7:30 pm on Monday evenings in January.

**Lunch Bunch** - Join the Lunch Bunch fellowship potluck gathering every 2<sup>nd</sup> Wednesday of the month for good food, fellowship and fun! Just bring a dish to share and plan on enjoying lunch and good conversation. Next lunch: Jan 8. No RSVP's are needed.

## CHRISTIAN EDUCATION - SIGNIFICANT RELATIONAL GROUPS

**Circles** - A circle is a geometric form that is a single line with no beginning and no end... but a Circle in the life of Trinity is a group of women united together to learn, share and grow together in the name of Jesus Christ who meet monthly for about 1 and 1/2 hours. We happen to have two active circles currently at Trinity, both of which meet the first Wednesday of the month except January which will meet the second Wednesday. Join us on Wednesday, Jan. 8. **Mary Ruth Circle** meets at 1:30 pm in the parlor and **Esther Circle** meets at 7 pm in room 14.

### Exercise Classes

We offer 13 free exercise classes led by certified instructors each week. In addition we offer 3 free classes each week led by Trinity members.

### Ladies Night Out

Thursday, January 16, 6 - 7:30 pm, Tea Cupping at The Verge (West Ridge Mall)

#### Classes with Certified Instructors

Sunday - Yoga 4 pm

Monday - Kickbox Fusion noon

Strong by Zumba 5:30 pm

Pilates Fusion 6:15 pm

Tuesday- Yoga - noon

Zumba 5:30 pm

Cardio Interval 6:15 pm

Wednesday- Kickboxing noon

Thursday- Pilates - noon

Cardio Interval 5:30 pm

Zumba 6:15 pm

Friday- Cardio Strength noon

Saturday- Cardio Remix 9 am

**Child care available Tuesday and Thursday**  
from 6:15 - 7 pm

#### Classes led by Trinity Members

Yoga for the Young at Heart - For anyone who wants to limber up together, this basic yoga class meets every Thursday at 5:00 pm in rooms 13 & 14.

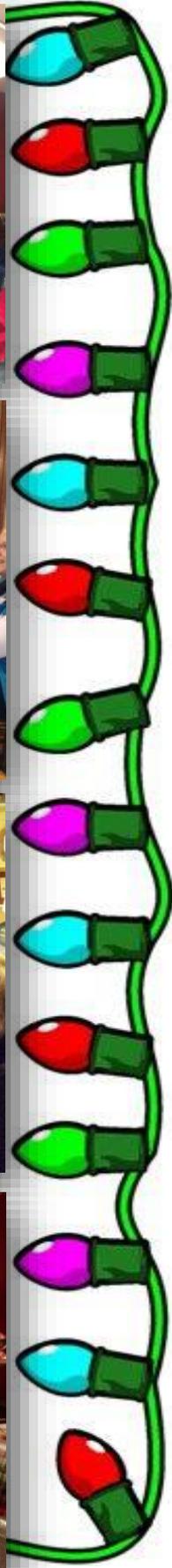
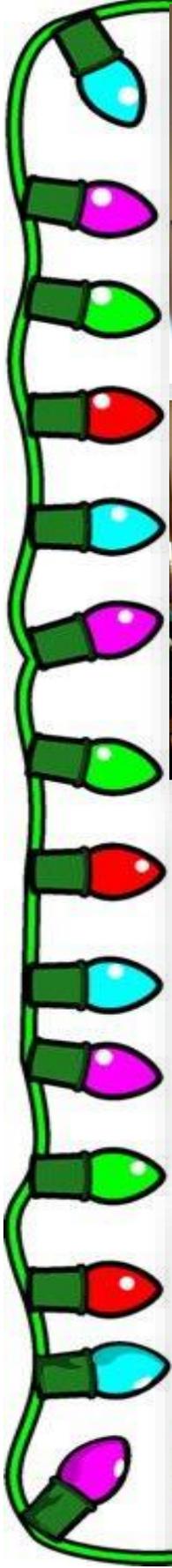
Low Impact Aerobics - Need a little movement in your life? Our easy aerobics class meets every Tuesday and Friday at 4:00 pm in rooms 13 & 14.

### Free Buffet Lunch & Tour

McCrite Plaza, Wednesday, February 19, 11:30a - 1p (meet at Trinity at 11:10a if you want to car pool), limited to the first 12 reservations, RSVP to Karen

**CHRISTIAN EDUCATION - SIGNIFICANT RELATIONAL GROUPS**

**LADIES' NIGHT OUT AT JENNY LEE'S - DECEMBER 2**





Trinity Presbyterian Church  
4746 SW 21st Street  
Topeka, Kansas 66604-3592  
Phone: 785 272-2620



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Wishing  
you PEACE  
LOVE and  
LAUGHTER  
in the NEW YEAR