

Valentine's Day Blessing

*Love one another;
as I
have
loved
you,*

*John 13:34
(KJV)*



It's a rare February that doesn't contain the beginning of Lent (Ash Wednesday is March 6), which means we are in an extended season of Epiphany. Long after the Shepherds and Magi have left and return home, the Word continues to reveal himself in surprising ways: turning water into wine; teaching with authority; calling fishermen to leave their nets; teaching love and mercy to the downtrodden.

If you received a Star Word on Epiphany Sunday, how have you seen it manifest in your life? My word is "servanthood" (appropriate for a minister!) and I have been reflecting on what it means to serve and be served by others. Christians often have the "serving" part down, but being served invites humility and vulnerability, which, to be honest, are not

always in my wheelhouse. My son drew the word "awareness." As he nears 5 years of age, he is constantly aware of our mystifying and complex world. He asks why where the moon goes during the day, and stops to catch falling snowflakes on his tongue.

Maybe his star word is as much for me--a reminder to slow down and bask in the quiet wonder of Creation. Whatever your "word" (and I can get you a star word if you weren't in worship or would like one"), may it guide you towards self-discovery and spiritual renewal.

Let us pray:

God of Wonder, God of Might,
Your light leads us out of our places of comfort and into new lands of opportunity and well-being. Help us to live boldly, assured of your unending grace and love, that we may serve others as Christ has served us. We pray in the name of your son, Jesus Christ, the Light of the world. Amen.

Finance Matters

2018 DONATION TAX STATEMENTS were mailed in January. If you did not receive one or have questions, please contact Financial Secretary Carol Shannahan at 559-8551 or carolsbutterflies@sbcglobal.net. If you did not get a box of Pledge envelopes for 2019, but would like one, contact me and I will get you a box.

Thank you for your faithful financial support of Trinity's programs, building and ministries.

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Teacher Appreciation; Valentine Cookie Decorating;	
Youth Sunday; Trinity University; Lenten Devotionals;	
Bible Bites; Sunday School; New Décor; Camp Sunday;	
Triennium 2019; Significant Relational Groups	
February Calendar	

GET UP-TO-DATE INFORMATION AT:

www.trinitypresbyterian.net
On Trinity's website you can access archived issues of the weekly newsletter, The Trinity Candle, and this monthly newsletter, The Talking Trinity.

office@trinitypresbyterian.net
Use this email address to contact the office secretary.

www.FACEBOOK.com/TrinityTopeka
Trinity's Facebook account has information about upcoming and past activities at Trinity and many great pictures as well.

2018 / 2019 WORSHIP ATTENDANCE				
Month	Date	Sunday	Total	Events
DECEMBER	12-23	4TH	114	
	12-24		152	Christmas Eve
	12-30	5th	93	
JANUARY	1-6	1ST	125	
	1-13	2ND	92	
	1-20	3RD	93	
	1-27	4th	147	



- 01-Feb Jace Brake
- 02-Feb Wilma Weckerling
- 04-Feb Isaac Anabe
- 06-Feb Sheri Daugherty
- 08-Feb Shirley Linn
- 08-Feb Lauren DeGraff
- 10-Feb Kathy Welch
- 11-Feb Jess Danner
- 11-Feb Rose Fritz
- 11-Feb Mary Nestor
- 11-Feb Jaron Marcus
- 13-Feb Harv Kubie
- 13-Feb Jim Watt
- 15-Feb Haven Ashley
- 18-Feb Don Burns
- 18-Feb Mit Winter
- 20-Feb Marcia Groth
- 22-Feb Jenny Lee
- 27-Feb Kay Howard
- 27-Feb Carol Shannahan
- 28-Feb Lee Langfitt
- 28-Feb Logan Maxon

Happy Anniversary 14-Feb
 Judy & Carl Rundell
 Barbara & Alex Wales

Make sure that construction sites in your neighborhood or streets utilize silt fences, storm wattles, and other means of keeping sediment and other harmful runoff out of storm drains and our rivers.

GREEN CORNER

Deacons

If you are in need of prayer, visitation, or even a phone call, please let the Pastor, Parish Nurse, or Deacons know. Due to privacy laws, hospitals and care centers do not call churches and notify us on your behalf.

If you would like yourself, family member, or loved one added to our prayer list, please email the church office. It is also helpful if you let us know if they or you would like pastoral care.

Grace and Peace, Pastor Mere

Thank you!

I so appreciate the continued interest of congregation members in my seminary progress. Thank you for asking how it's going and for praying for me in my journey. I have completed 54 hours on the way to ordination. I have 21 hours to go. I continue to study with Central Baptist Theological Seminary in Shawnee, KS, as well as University of Dubuque Theological Seminary. My Trinity family is so important to me, and my experience here is invaluable to my future in church leadership. Thank you for your support!

Carmen Raines

JANUARY 2019
SANCTUARY FLOWER MINISTRY

Flowers were provided to the Glory of God on the:

- 6th** by the McAdoos in celebration of January weddings.
- 13th** by Mary Nestor in loving memory of Shirley Burnett.
- 27th** by David & Jurahee Shriver in celebration of their 50th wedding anniversary.



HIGHLIGHTS FROM THE JANUARY 16 SESSION MEETING

Pastor Meredith welcomed the new class of 2021 Session members – Mike Hampton, Randall Scott, Jane Williams, and Debra Ricks.

Pastor Meredith and Dennis Williams led Session training including: available staff and other resources, helpful hints for committee moderators, and a variety of financial topics.

2019 Session Committee Chairs/Moderators are :

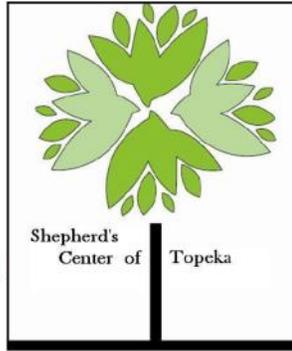
<p>Moderator: Reverend Meredith Kemp-Pappan</p> <p>Clerk: Stan McAdoo</p> <p>Financial Secretary: Carol Shannahan</p>		
Class of 2019	Class of 2020	Class of 2021
<p>Marvin Burris Stewardship Chair</p>	<p>Ann Fincham Worship Chair</p>	<p>Jane Williams Peacemaking Chair</p>
<p>David Shriver Property Chair</p>	<p>Jenny Lee Adult CE Chair</p>	<p>Mike Hampton Finance Chair</p>
<p>Jon Farrell-Higgins Personnel Chair</p>	<p>Carmen Raines Visioning Chair</p>	<p>Debra Ricks Children's CE Co-Chair</p>
<p>Janis Holiwell Evangelism Chair</p>	<p>Pat Thomblison Children's CE Co-Chair</p>	<p>Randall Scott Mission Chair</p>

Approval was given to the final amount of the 2019 church budget.

**Approval was given to the following dates for serving Holy Communion:
February 3, March 3, April 18 (Maundy Thursday), May 5, June 2, July 7,
August 4, September 1, October, 6, November 3, and December 1.**

Adventures in Learning!

Shepherd's Center of Topeka is a community ministry whose mission is to operate a volunteer seniors organization that enhances physical well-being, spiritual growth, & education for life.



Shepherd's Center of Topeka
4101 SW 15th Street
Topeka, Kansas 66604-4337
Phone: 785-249-3258

E-mail: shepherdstopeka@yahoo.com



Winter Adventures in Learning session at the Shepherd's Center of Topeka begins Feb 1, 2019 and runs for four consecutive Fridays, 9-11:30.

Each Friday enjoy two classes from the eight offered and refreshments. For more information: 785-249-3258 or www.shepherdscentertopeka.org.

Come see what others are talking about!

Debra Stufflebean, Director

FIRST TIME GUESTS ADVENTURES IN LEARNING

Try before you buy! Guests are invited to participate on a Friday morning of their choosing without paying for the session. Select classes and refreshments for ONE Friday and then below, select guest check-out. You can also provide the same information by calling the office.



"Adventures in Learning!" Winter Session
Classes for Friday, February 1, 2019

9:00-9:30 a.m.
News & Views
Current Events—Get Involved
Kevin McFarland stays abreast of the news and asks for YOUR views. Discussions cover everything from City Council issues to national politics, an exchange of ideas & viewpoints. Comments welcomed.

9:00-9:30 a.m.
Back by Popular Demand
Airplane History 1799-1924
Walter Hirth looks at the birth and maturation of flight. From George Cayley, "father of aviation" to the Wright Brothers. He'll also highlight several contributing Kansas pioneers.

9:00-9:50 a.m.
Religion
Prison Programs to reduce Recidivism
Sharon Fick tells about her experience volunteering at the Topeka Correctional Facility where all 82 women are incarcerated. She will share how the United Methodist Women have been involved in prison ministry and give information about programs being done "inside" that give women a better start once they are released.

9:00-9:50 a.m.
Community
February is "Bake for Family Fun" Month
Do you remember baking with your grandmother, and then teaching your kids? Christine Patten of the Home Baking Assoc. talks about how baking together improves family dynamics, creates traditions, and builds connections. Free recipes for attendees!

9:50-10:40 a.m.
Refreshments
Community Partner Showcase
Join Amanda Meyer, Marketing Director at Midland Care, for light refreshments and social time.

10:40-11:30 a.m.
People/Places
Philip Billard—Topeka's Burdman
Louis Philip Billard, after whom Topeka's municipal airport is named, was a man who rose through life—only to transition from a wild teenager to a wife lover and who gave his life for France, his family's homeland, and the U.S. Doug Wright tells stories of his adventures.

10:40-11:30 a.m.
Health
Urinary Incontinence and Pelvic Health
Avery Hill & Jessie McGovern, Incontinent Urologist, discuss the signs and symptoms, and how physical therapy can help you deal with these concerns.

10:40-11:30 a.m.
Arts
Found Documents from Life of Nell Johnson Doerr
Shelvia Tom Averill uses letters, diary entries, and newspapers to tell the story of Nell Doerr who came to KS territory in 1854 as an abolitionist on the Underground Railroad. What skills did her ancestors in the business of education possess in Kansas? Beyond music.

10:40-11:30 a.m.
Library Wisdom
Cutting the Cable Cord
Thinking of getting rid of cable or satellite TV? Sharrn Schwan explains alternatives to traditional cable, the benefits and the drawbacks of streaming TV and HDTV viewing.

"Adventures in Learning!" Winter Session
Classes for Friday, February 8, 2019

9:00-9:50 a.m.
News & Views
Current Events—Get Involved
Kevin McFarland welcomes Bob Wollen & Dick Sherman from AARP Tax Advisors to answer any questions the class may have about changes to tax laws.

9:00-9:50 a.m.
Back by Popular Demand
Maintenance Provided Communities
Maggie Warren, Warren Property Agent, has been invited back to talk about the ins and outs of maintenance free living. (There really is no such thing!) She'll discuss covenants, restrictions, easements, go over bylaws and the often unique master insurance coverage, to assist understanding requirements of this lifestyle.

9:00-9:50 a.m.
Religion
Ancient Sacrifices
Dr. Chris Jones discusses different cultures and religions, all incorporating sacrifices as part of their worship rituals. Many were considered barbaric and cruel; others self-sacrificing and ethical.

9:00-9:50 a.m.
Community
It's tough being a Kid:
Family Service & Guidance Center makes it easier. Thousands of NE KS kids live with anxiety, depression, ADHD, and other mental health issues. Learn about innovative programs and services that help kids live happy, healthier lives.

9:50-10:40 a.m.
Refreshments
Community Partner Showcase
Join Charles Williams and Anna Gemenus from McCrory Plaza Topeka for light refreshments and social time. Hear about activities and services available.

10:40-11:30 a.m.
People/Places
Two Century Surgeon
Dr. John Cushman McCaslock was the primary force behind Christ Hospital, later called St. Vincent's. Dr. McCaslock was a leading surgeon in the late 19th and early 20th century. He performed the first abdominal surgery, and founded the first medical school in Topeka. Dr. Jim Ransom gives tribute to his wife's grandfather.

10:40-11:30 a.m.
Health
Wellness Wheel
Being healthy and refraining from illness is important but our bodies are holistic, and we need to be sure we are well, emotionally and cognitively in addition to physically. Heidi Ross provides fun activities for self-assessment of over-all wellness.

10:40-11:30 a.m.
Arts
Why are the Greeks a Big Deal?
If you're thinking about Olympus, Jurassic Shriver says your missing the BIGGEST deal, the Greeks represent the beginning of western civilization as we know it. From wall painting to pottery to metal works to sculpture, the Greeks were prouo-artisans!

10:40-11:30 a.m.
Potpourri
Deciphering Medicare, Medicaid & Long-term Care
Michael Bolton would be the first to admit that the legalese of enrolling in Medicare, spending down to apply for Medicaid, inquiring for long-term care is exhausting for many seniors. He'll try to unravel the top areas of confusion.

"Adventures in Learning!" Winter Session
Classes for Friday, February 15, 2019

9:00-9:50 a.m.
News & Views
Current Events—Get Involved
Kevin McFarland stays abreast of the news and asks for YOUR views. Discussions cover everything from City Council issues to national politics, an exchange of ideas & viewpoints. Comments welcomed.

9:00-9:50 a.m.
Back by Popular Demand
Treatment for Lymphedema
Tracy McDorch reviews having great interactions instead in the process of manual lymphatic drainage, compression stocking, and therapeutic exercise. She provides advice for how to decrease the size of affected extremities to a more normal, healthy size.

9:00-9:50 a.m.
Religion
Dancing with God
Rev. Christine Patten has been dancing since she was 7 years old. She finds that liturgical dance connects people with God with one another, and transcends language. Come and enjoy this other dimension of praise and worship. Allow yourself to be open to this meaningful experience.

9:00-9:50 a.m.
Community
The History Guy
People are fascinated with history, especially their own. Tim Henrich, who The History Guy, began making online videos for the Topeka Capital-Journal in Oct. 2016 for "Throw-back Thursdays." After reporting for 30 years, he never runs out of things to share.

9:50-10:40 a.m.
Refreshments
Community Partner Showcase
Join Michael Bolton and Anna Gemenus for light refreshments and social time. Hear about activities happening at Lexington Park.

10:40-11:30 a.m.
People/Places
Joseph McCoy: Cattle + RR = Progress
Tom Lorton tells the story of cattle baron Joseph McCoy whose success started him on the frontier. "The real McCoy." He bought a town at the northern terminus of the Chisholm Trail, named it Abilene, and began shipping cattle on railroad hot cars to Chicago where he'd receive 10¢ their price per head.

10:40-11:30 a.m.
Health
Transformational Care at KU Med: St. Francis Campus
Several things have changed at St. Francis. The hospital is operated by Ardent, KU Med empowers the physicians, with both entities having equal voting rights. Hear from CEO Steve Anderson about this model of providing healthcare.

10:40-11:30 a.m.
Arts
Lasting Friendships told by Quilts
Made by hand, often collaboratively, using scraps of clothing, quilts readily memorialize. Sarah Kaszuba & Debra Landis researched the women who created an inherited treasure.

10:40-11:30 a.m.
Potpourri
My Life—June Windscheffel
Transitioning to the latter part of life isn't easy for June Windscheffel and she has a thing or two to say about the experience. June is a widely popular Topekan, known as a variety of circles, from music to history. She has received "Woman of the Year" distinction by Native Sons & Daughters, ADW & Zonta. Franch, business and networking. "June comes that 'Aging on!' for me."

"Adventures in Learning!" Winter Session
Classes for Friday, February 22, 2019

9:00-9:50 a.m.
News & Views
Current Events—Get Involved
Kevin McFarland stays abreast of the news and asks for YOUR views. Discussions cover everything from City Council issues to national politics, an exchange of ideas & viewpoints. Comments welcomed.

9:00-9:50 a.m.
Back by Popular Demand
Human Trafficking
Dr. Sharon Sullivan shares some startling statistics about the number of young girls AND boys who are involved in the sex trade of human trafficking. Prepare to be shock up when you learn how much of this goes on in Kansas, even in areas of Topeka.

9:00-9:50 a.m.
Religion
Experiencing the Creator Underwater
Scuba diver Kara Edlin feels close to God when experiencing the peace and glory of His underwater world. Kara, who is pastor of Christview UMC, has been diving for 10 years and will share photos from her travels, showing the beauty found at 10-120' underwater.

9:00-9:50 a.m.
Community
SCT's 2019 Charity: Midland FACE
Dr. David Wilson's passionate about Midland's program of all inclusive care for the elderly (FACE) who are at risk of requiring nursing home placement. Thanks to FACE's on-site care, caregivers can have care for require and re-organizing, one of the reasons that FACE was chosen to benefit from SCT's annual charity giving.

9:50-10:40 a.m.
Refreshments
Community Partner Showcase
Join Lisa Long and Mandy Walker for refreshments and social time. Hear about services provided at Oakley Plaza in Topeka & Rossville.

10:40-11:30 a.m.
People/Places
Sharing Friendship with Women in Turkey
Dr. Susan Holm resided 3 years in Turkey and offers a comparison of American women with Turkish, many who are not beaten down and subservient, but are frank, outspoken and play major roles in their community and government.

10:40-11:30 a.m.
Health
Are Health Supplements doing more Harm than Good?
Sometimes people take over the counter supplements from vitamins to weight loss pills, without realizing they could react with the medications they take. Dr. Sara Warren-Kurta, a pharmacist, knows!

10:40-11:30 a.m.
Arts
Custer Brothers & The American West
George Armstrong Custer, his wife Libbie, and brother Tom, moved to Kansas when the 7th Cavalry was formed at Ft. Riley in 1866. Author Roy Reed has written and is a professional speaker about the Custer Brothers, their domestic life, military life and adventures in the American West.

9:00-9:50 a.m.
Library Wisdom
Book Topics: Play Ball!
Miranda Erickson encourages readers to read the same two books three times a year. The spring theme is Play Ball! Mirinda provides *Deal of Baseball* by Joe Posada and *Shoeshoe Joe* by WP Kinsella.

Worship

WHAT AN OPPORTUNITY!

Each Sunday morning the church is filled with a wonderful variety of people. You see them each Sunday and wonder who are they? What is their story? Here is your opportunity to meet them in an easy informal way.

We are looking for ushers. There are no qualifications and the job is easy to learn. Please contact Kari Hachiya at karih9903@gmail.com or Ann Fincham (785) 806 1134. Thank you.

Evangelism

The Evangelism Committee is now responsible for ordering, stocking and maintaining kitchen supplies used for Trinity events like funeral receptions and other special church sponsored events.

If you have a specific kitchen item supply need, or have questions, please contact [Marilyn Leinacker](mailto:MarilynLeinacker@att.net) at mleinacker@att.net or [Janis Holiwell](mailto:JanisHoliwell@aol.com) at jholiwell@aol.com.

Mission



FEBRUARY IS A BUSY MONTH FOR DOORSTEP!



On Souper Bowl Sunday, Feb. 3rd, Trinity will find out who has the BIGGEST SUPERBOWL TEAM FAN BASE! Will it be the:



OR THE



The WINNING TEAM will have the greatest amount of soup and crackers on the Souper Bowl Table set up in the lobby. This *friendly* competition will go a long way to help stock Doorstep's food pantry. Their goal for 2019 is 4 tons / 8,000 lbs! Last year 5,382 lbs. were donated. Trinity contributed 273 lbs. toward that total. **WAY TO BE, TPC!**

Thanks to all who helped the Doorstep's Christmas Store! 260 households with 822 individuals received gifts and food!

Donations of food and clothing are delivered by Trinity volunteers to Doorstep. Those items are regularly gathered from the boxes located in Trinity's lobby marked DOORSTEP. You are welcome to contribute at any time.

16th Annual

Operation Soup Line

To Benefit Doorstep, Inc.

February 27, 2019

Kansas Expocentre's Ag Hall

Open 11:00am – 2:00pm

Carry Out Available

Adults \$10.00 ~ Children 12 & under \$5.00

Chili, Chicken Tortilla or Portuguese Green Soup, Dessert & Drink

- Local Celebrity Servers
- Local Entertainment
- Theme Basket Auction

Delivery Available on Orders of 10+ - Call 357-5341

(Pre-Orders Only Order by February 25th)

A Grant Beneficiary of the City of Topeka, Shawnee County & United Way of Greater Topeka

Trinity serves on the 2nd Tuesday of the month at 4:45PM. This month it is Feb 12th.



Trinity works on the 4th Tuesday of the month at 1PM. This month it is 26th.



Trinity serves on the 3rd Friday of the month at 9AM. This month it is 15th.



Topeka JUMP

Trinity has been part of **Topeka JUMP (Justice Unity and Ministry Program)** for six years. JUMP continues to grow and is now a coalition of 22 congregations.

JUMP works on various justice issues. One such issue is mental health. With JUMP's encouragement, the Shawnee County Commission restored \$300,000 in budget cuts to mental health services. Since 2018, we now have a dedicated staff person in the county jail connecting inmates with mental health services at Valeo before being released.

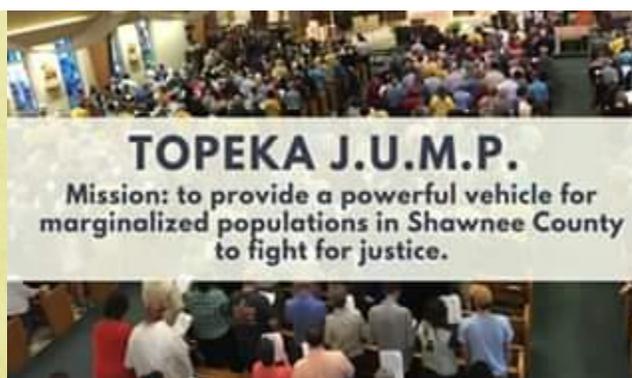
Currently, JUMP is working on the issues of Affordable Housing, Public Transportation, Predatory Lending and Violence in our community. Below is a brief up-date on each of these campaigns.

Affordable Housing: There are 7,000 families in Topeka that pay more than 30% of their income on rent and utilities every month (City of Topeka Consolidated Action Plan, 2015). JUMP's goal is for the City of Topeka to establish an affordable housing trust fund with dedicated revenue. This will incentivize more construction and rehabilitation of affordable housing. JUMP has convinced Mayor Michelle De La Isla to champion the plan and work to get enough votes on the City Council to establish the fund.

Transportation: On Dec. 12, with approximately 20 JUMP members in attendance, JEDO (Joint Economic Development Organization) voted to continue funding SOTO (transportation to South Topeka Industrial area) along with financial support from three major companies. In addition, JEDO also agreed to fund the creation of NETO. NETO is a ride to work program to North and East Topeka businesses such as Reser's and Goodyear. Because of these two programs more people in our community will now have access to living wage jobs.

Predatory Lending: In a financial emergency, at-risk consumers are limited to using pay day loan institutions which can charge up to 391% interest in the state of Kansas. JUMP is working to build a coalition to legally lower the amount of interest and fees that can be imposed on consumers and to identify and/or develop alternatives for at-risk consumers who need small loans.

Violence in Shawnee County: Violence in our community is a new campaign issue and a committee has recently been formed to research this topic. Marty Peterson is Trinity's representative on this committee and as research progresses up-dates will be provided.



Christian Education Classifieds

Presbyterians trace their history to the 16th century and the Protestant Reformation. Our heritage, and much of what we believe, began with the French lawyer John Calvin (1509-1564), whose writings crystallized much of the Reformed thinking that came before him.

Calvin did much of his writing from Geneva, Switzerland. From there, the Reformed movement spread to other parts of Europe and the British Isles.

Many of the early Presbyterians in America came from England, Scotland and Ireland. The first American Presbytery was organized at Philadelphia in 1706. The first General Assembly was held in the same city in 1789. The first Assembly was convened by the Rev. John Witherspoon, the only minister to sign the Declaration of Independence.



Trinity Weather Closing Policy
If USD 501 closes, ALL weekday events at Trinity will be cancelled including HEAT exercise classes, Little Explorers' Learning Center and Trinity Office. During winter inclement weather on Sundays, check local TV stations' church closure listings to see if Trinity is closed.

TEACHER APPRECIATION SUNDAY - FEBRUARY 24
All teachers for the 2018-2019 school year will be recognized on Sunday, February 24 during worship. A card basket will be available. Please help us thank those who work through the year to inspire, enlighten, challenge and nurture us in our faith.



Valentine Cookies & Icing Needed -- It's right around the corner, Cupid, and that means it's time once again for the elementary age Sunday school classes Valentine's Day Cookie Decorating Party on Sunday, February 10 at 9:30 am during Sunday School. All the cookies that our kids decorate will be donated to a local non-profit agency. So here's how you can help. We Need: un-decorated sugar cookies (and lots of them, too-many is still not enough. Can you ever really have too many cookies?) Also needed: cans of assorted frostings and powdered sugar. You can begin dropping these items off at the church anytime. This event is always a big hit with the kids and adults alike. Come join the fun as we turn loose the unmatched power of our kid's imaginations and watch them create their cookie masterpieces. So, on behalf of all the cookie recipients, we thank you for supporting this event. Won't you be my Valentine?



TRINITY NURSERY
We invite and encourage families to bring all children in to worship. After the Young People's Message in worship, Infants through entering Kindergarteners may be taken to the nursery/preschool.

Sunday March 3 2019
outh SUNDAY
Trinity Presbyterian Church

Christian Education - Adult

U TRINITY UNIVERSITY...connecting educationally to your Trinity family

WINTER/SPRING 2019

JOIN US EACH WEEK

MONDAYS

Mondays with Mere- 9:30-10:30 a.m.

(Classic Bean Fairlawn)

Pastor Mere will lead stimulating adult Bible lessons based on current events using *The Wired Word*.

Bible Bites Bible Study- Noon-1:00 (church parlor)

Lead by Cheryl Lindstrom

TUESDAYS

FEBRUARY 5- APRIL 16

Mindfulness and Meditation- 6:00-7:00 p.m. (sanctuary)

In our every day high energy and stressful lives, Ryan Kemp-Pappan will lead our group in a time of thoughtful and intentional awareness.

THURSDAYS

R & R with the Word- 11:00-12:00 noon (church parlor)

Jane Williams will lead the group in **READING** and **REFLECTING** on the scripture to be used in the following Sunday's worship.

FRIDAYS

Page Turners- 12:00 noon- 1:00 p.m. (church parlor)

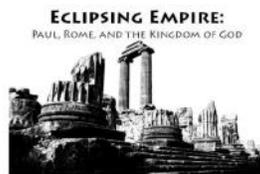
Laura Sidlinger and Carol Shannahan will facilitate the book *Mended: Pieces of a Life Made Whole*. We will discuss our brokenness and God's love to restore us.

Sundays: 9:15 & 11:30 coffee and fellowship in the parlor (before Sunday school and after worship)

9:30 SUNDAY SCHOOL

Nursery/Preschool	Main level just inside doors
Children K-6	Lower level Creation Station
Junior High	Lower level, Room 13
Senior High	Lower level Room 14

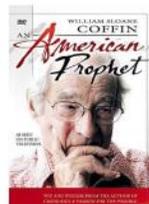
ADULT CONTEMPORARY STUDIES- Lower level, Room 9



ECLIPSING EMPIRE: PAUL, ROME, AND THE KINGDOM OF GOD

Eclipsing Empire: Paul, Rome and the Kingdom of God

Lead by Anton Ahrens and Jenny Lee
January 6- March 24



American Prophet by William Sloane Coffin

Lead by David Ross
March 31- April 7



Religions of the World

We will be using different resources and speakers from our community.
April 28- May 19



Trinity's 2019 Book of Lenten Devotionals

Please join Trinity's family and friends in writing a Lenten devotional for our 2019 Lenten Devotional Book. Our 2019 Lenten devotionals will focus on **DOUBT**. We stand in a long line of great people, like John the Baptist, who have experienced **DOUBT**. We can be confident that our **DOUBT** does not offend God. **DOUBT** is not displeasing to God, but is, instead, part of God's design for our lives. **DOUBT** is not a sign of weakness, but a sign of our humanity. *Please share how doubt has played a role in your faith journey.*

Please send your devotionals to jenny222lee@gmail.com. OR put into Jenny Lee's box in the church office.

Christian Education Continued



ADULT BIBLE STUDY BIBLE BITES On Mondays at noon, the adult Bible Study, known as "Bible Bites" meets in the parlor. From January until Easter, April 21, we will be reading and discussing the gospels and references in the Old Testament, as well as other books that relate to the ministry of Jesus. We are a casual group. We enjoy learning about the Bible and how it can guide us in knowing more about God's love for us. Syllabus for this group will be available by February 4th. Beginning April 22, we will be discussing "Persons, Places & Plants-Oh My!" Please bring your favorite version of the Bible. (Bibles are also available on site.) Coffee and Pie will be served on February 18th. Please call Cheryl, if you have any questions regarding the study group. **We look forward to seeing you there!**

SUNDAY SCHOOL - Adult



1-6-19 Kickoff of Eclipsing Empire
Adult Sunday School Class



David Ross leading one of Trinity's
Adult Sunday School classes

SUNDAY SCHOOL - Children's

Opening for Sunday School Classes
K - 6th Grade Class



Christian Education Continued

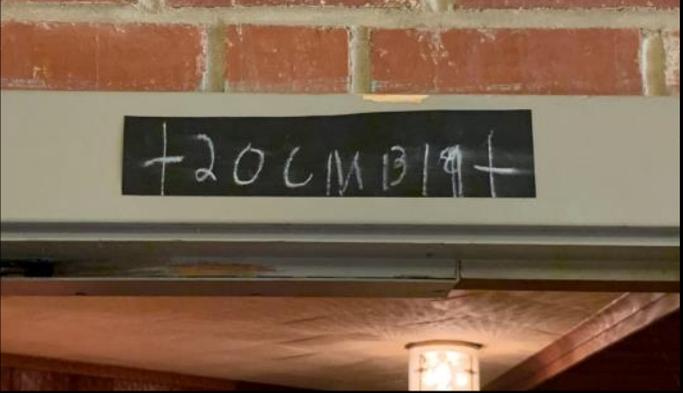
Nursery/PreSchool
Sunday School



Kindergarten - 3rd Grade
Sunday School



4th - 6th Grade Sunday School



Christian Education Continued

SUNDAY SCHOOL - Children's continued

Confirmation Class



Senior High



SUNDAY SCHOOL SPACES - New Decor

Check out the new art work in Creation Station (by the elementary age classrooms)



and as you enter the stairs.

Thanks David and Jurahee Shriver.



The Triniteens paint a canvas about their faith journey when they enter youth group & it is hung on the youth room wall. When they graduate high school it is presented to them.



TRINTEENS - Christian Education continued



Triniteens'

Camp



Sunday

TRINITEEN - Christian Education



**It's TIME to register for Triennium
July 16-20, 2019**

The Presbyterian Youth Triennium is a five-day event for high school age youth (entering freshmen through graduated seniors). The Triennium is focused on equipping young people to be transformational Christian leaders and seeks to join the home churches of the attendees to help call young people into deeper discipleship in Jesus Christ. The Youth Triennium is a high energy, Biblically infused and focused, youth friendly conference. The Youth Triennium occurs every three years. The event is held at Purdue University and typically has more than 5,000 participants. We will travel to Kansas City on July 15, spend the night at a Presbyterian Church and take a chartered bus to this event. We are accepting registration

Triennium Scholarships Needed

What a great Christmas gift to help send a youth to Triennium! We have several families who could use financial assistance. If you would be interested in making a donation, please contact Karen Meenen or Pastor Mere.

**ENDOWMENT COMMITTEE
SCHOLARSHIP PROGRAM**

Subject to available funding, each year the Trinity Presbyterian Endowment Committee awards postsecondary education scholarships to graduating high school seniors. To be eligible, high school seniors planning to attend a post-secondary institution must:

- complete an application, and
- be a member of Trinity Presbyterian Church, or
- demonstrate that they have been active in Trinity youth activities.



Sending a child to camp makes a great Christmas gift! Please consider helping to send a Trinity youth/child to summer camp at Heartland. We have several families who could use some financial assistance in order to send their child to camp. If you would be interested in making a donation to the camp fund, please contact Karen Meenen or Pastor Mere.

CHILDREN - Christian Education

Camp Sunday at Trinity Heartland Retreat Center



Christian Education - Significant Relational Groups

Square Dance Lessons

Join us on Thursdays from 7:15 - 8:30 pm in Fellowship Hall. Come by yourself or bring a friend. All are welcome. Questions contact Karen.

Line Dance Lessons

Starting February 4, line dance lessons are coming to Trinity. Join us each Monday from 10 - 11 am for line dance lessons in Fellowship Hall.

Exercise Classes

We offer **13 free** exercise classes led by certified instructors each week. In addition, we offer 3 free classes each week led by Trinity members.

Certified Instructor Classes

(Child care available Tuesday & Thursday from 6:15 - 7p)

Sunday	Yoga	4 pm
Monday	Kickbox Fusion	noon
	Strong by Zumba	5:30 pm
	Pilates Fusion	6:15 pm
Tuesday	Yoga	noon
	Zumba	5:30 pm
	Cardio Interval	6:15 pm
Wednesday	Kickboxing	noon
Thursday	Pilates	noon
	Cardio Interval	5:30 pm
	Zumba	6:15 pm
Friday	Cardio Strength	noon
Saturday	Cardio Remix	9 am

Classes led by Trinity Members

--*Yoga for the Young at Heart* – For anyone who wants to limber up together, a basic yoga class meets every Thursday at 5:00 pm in rooms 13 & 14.

--*Low Impact Aerobics* – Need a little movement in your life? Our easy aerobics class meets every Tuesday and Friday at 4:00 pm in rooms 13 & 14.

Men's Group

The men of Trinity meet on Monday evenings during football and basketball seasons to cheer on their favorite teams together. Join us at 7:30 pm on Monday evenings in February.

Lunch Bunch

Join the Lunch Bunch fellowship potluck gathering every 2nd Wednesday of the month for good food, fellowship and fun! Just bring a dish to share and plan on enjoying lunch and good conversation. Next lunch: February 13. No RSVP's are needed. All are welcome.

Presbyterian Women

A circle is a geometric form that is a single line with no beginning and no end... but a Circle in the life of Trinity is a group of women united together to learn, share and grow together in the name of Jesus Christ who meet monthly for about 1 and 1/2 hours. We have two active circles currently at Trinity that meet the first Wednesday of the month from September through May. Join us on Wednesday, February 6 for Esther Circle at 7 pm in the parlor or Mary Ruth Circle at 1:30 pm in the parlor.

Mary Ruth Circle 2019 Calendar

February 6 <u>Hostess:</u> Elaine Alexander <u>Study Leader:</u> Lou Nell Gustavson	April 3 <u>Hostess:</u> Susan Bozeman <u>Study Leader:</u> Kay Wildman
March 6 <u>Hostess:</u> Ruth Jenkins <u>Study Leader:</u> Susan Bozeman	May 1 <u>Hostess:</u> Pauly Ricks <u>Study Leader:</u> Iris Neuenswander

Sticks 'N String

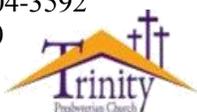
Haven't knitted or crocheted in a while? Dust off those needles and hooks and come join this fun group. They'll have you in stitches in no time. Want to learn to knit? They'll help you get your beginner project started. They meet every Monday from 1-2:30 pm at the church.

Some of the members of Sticks 'n Strings displaying items they donate.





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 www.TrinityPresbyterian.net

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RETURN SERVICE REQUESTED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 12:00p HEAT Cardio Strength (FH) 2:00p Page Turners Book Study (Classic Bean) 4:00p Aerobics Rm13/14
3 9:15a Nursery Open 9:30a Sunday School - All classes 10:30a WORSHIP-COMMUNION 4:00p HEAT YOGA (FH)	4 9:30a Mondays with Mere (Classic Bean) 10:00a Line Dance Class (FH) 12:00p Bible Bites Bible Study (P) 12:00p HEAT Kickbox Fusion(FH) 1:00p Sticks 'n String (P) 5:00p ADULT CE MTG (Rm 12) 5:00p MISSION CMTE (P) 5:30p HEAT Strong by ZUMBA FH 6:15p HEAT-PilatesFusion FH	5 10:00a Staff Meeting (P) 12:00p HEAT Yoga (FH) 4:00p Aerobics (Rm 13/14) 5:30p HEAT-ZUMBA FITNESS (FH) 5:45p DEACONS Mtg (Rm 12) 5:45p WORSHIP (Rm 12) 6:00p Mindfulness & Meditation for all ages (S) 6:10p Nursery Open 6:15p HEAT-Cardio Interval (FH) 7:00p PEACEMAKING Mtg (P)	6 12:00p HEAT (Kickboxing) (FH) 1:30p Mary Ruth Circle (P) 5:00p EVANGELISM Mtg (Parlor) 6:45p Esther Circle (P) lesson starts 7p	7 11:00a R & R with the Word 12:00p HEAT-Pilates(FH) 5:00p Yoga (Rm 13/14) 5:30p Heat Cardio Interval (FH) 6:00p PROPERTY Cmte (Rm. 12) 6:10p Nursery Open 6:15p HEAT-ZUMBA FITNESS (FH) 6:30p Hand Bell Choir Reh(S) 7:15p Squares Dance Lessons FH 7:30p Choir Rehearsal (Rm 11)	8 NO Page Turners Book Study 12:00p HEAT Cardio Strength (FH) 4:00p Aerobics Rm13/14	9 9:00a HEAT-CARDIO REMIX (FH)
10 9:15a Nursery Open 9:30a Sunday School - All classes 10:30a WORSHIP 4:00p HEAT YOGA (FH)	11 9:30a Mondays with Mere (Classic Bean) 10:00a Line Dance Class (FH) 12:00p Bible Bites Bible Study(P) 12:00p HEAT Kickbox Fusion(FH) 1:00p Sticks 'n String (P) 5:30p HEAT Strong by ZUMBA FH 6:15p HEAT-Pilates Fusion (FH)	12 10:00a Staff Meeting (P) 12:00p HEAT Yoga (FH) 4:00p Aerobics (Rm 13/14) 4:45p Serve at Rescue Mission 5:30p HEAT-ZUMBA FITNESS (FH) 6:00p Mindfulness & Meditation for all ages (S) 6:10p Nursery Open 6:15p HEAT-Cardio Interval (FH)	13 12:00p Lunch Bunch (P) 12:00p HEAT (Kickboxing) (FH) 4:30p VISIONING Mtg (P) 6:00p FINANCE Mtg (12)	14 Valentine's Day 11:00a R & R with the Word 12:00p HEAT-Pilates(FH) 5:00p Yoga (Rm 13/14) 5:30p Heat Cardio Interval (FH) 6:10p Nursery Open 6:15p HEAT-ZUMBA FITNESS (FH) 6:30p Hand Bell Choir Reh (S) 7:15p Squares Dance Lessons FH 7:30p Choir Rehearsal (Rm 11)	15 MONTHLY NEWSLETTER ARTICLE DEADLINE 9:00a Serve at Let's Help 12:00p HEAT Cardio Stgth FH 12:30p Chapter CS PEO (P, K) 2:00p Page Turners Book Study (Lee home) 4:00p Aerobics Rm13/14 7- 9:30p Friendship Squares Dance (FH, K)	16 9:00a HEAT-CARDIO REMIX (FH)
17 9:15a Nursery Open 9:30a Sunday School - All classes 10:30a WORSHIP 4:00p HEAT YOGA (FH)	18 Presidents' Day 9:30a Mondays with Mere (Classic Bean) 10:00a Line Dance Class (FH) 12:00p Bible Bites Bible Study (P) 12:00p HEAT Kickbox Fusion(FH) 1:00p Sticks 'n String (P) 5:30p HEAT Strong by ZUMBA FH 6:15p HEAT-PilatesFusion FH	19 10:00a Staff Meeting (P) 12:00p HEAT Yoga (FH) 4:00p Aerobics (Rm 13/14) 5:30p HEAT-ZUMBA FITNESS (FH) 6:00p Mindfulness & Meditation for all ages (S) 6:10p Nursery Open 6:15p HEAT-Cardio Interval (FH)	20 12:00p HEAT (Kickboxing) (FH) 7:00p SESSION (FH)	21 11:00a R & R with the Word 12:00p HEAT-Pilates(FH) 5:00p Yoga (Rm 13/14) 5:30p Heat Cardio Interval (FH) 6:10p Nursery Open 6:15p HEAT-ZUMBA FITNESS (FH) 6:30p Hand Bell Choir Reh (S) 7:15p Squares Dance Lessons FH 7:30p Choir Rehearsal (Rm 11)	22 NO Page Turners Book Study 12:00p HEAT Cardio Strength (FH) 4:00p Aerobics (Rm13/14)	23 9:00a HEAT-CARDIO REMIX (FH)
24 9:15a Nursery Open 9:30a Sunday School - All classes 10:30a WORSHIP-Teacher Appreciation 4:00p HEAT YOGA (FH)	25 9:30a Mondays with Mere (Classic Bean) 10:00a Line Dance Class (FH) 12:00p Bible Bites Bible (P) 12:00p HEAT Kickbox Fusion(FH) 1:00p Sticks 'n String (P) 2:30p FOLD TALKING TRINITY (P) 5:30p HEAT Strong by ZUMBA FH 6:15p HEAT-PilatesFusion (FH) 7:00p PERSONNEL Mtg (Pstrs ofc)	26 10:00a Staff Meeting (P) 12:00p HEAT Yoga (FH) 1:00p Harvester's 4:00p Aerobics (Rm 13/14) 5:30p HEAT ZUMBAFITNESS (FH) 6:00p Mindfulness & Meditation for all ages (S) 6:10p Nursery Open 6:15p HEAT-Cardio Interval (FH)	27 12:00p HEAT (Kickboxing) (FH)	28 11:00a R & R with the Word 12:00p HEAT-Pilates(FH) 5:00p Yoga (Rm 13/14) 5:30p Heat Cardio Interval (FH) 6:10p Nursery Open 6:15p HEAT-ZUMBA FITNESS (FH) 6:30p Hand Bell Choir Reh (S) 7:15p Squares Dance Lessons FH 7:30p Choir Rehearsal (Rm 11)	1 12:00p HEAT Cardio Strength (FH) 2:00p Page Turners Book Study (Classic Bean) 4:00p Aerobics Rm13/14	2 9:00a Terminex 9:00a HEAT-CARDIO REMIX (FH)