



Dr. Patrick K. Porter, Ph.D

Dr. Porter has been on the cutting edge of brain training technology for 25 years. With a personal mission to help people create positive change in their lives, Dr. Porter has devoted his professional career to developing successful methods that empower individuals to find, harness and utilize their innate ability to break through self-imposed limitations, conquer life-long challenges and achieve physical, mental and emotional balance.

Dr. Porter received his doctorate in Psychology from Louisiana Baptist University. He is a licensed trainer of Neuro-linguistic Programming (NLP) and is the head of mind-based studies at the International Quantum University of Integrative Medicine (IQUIM). He is also the author of six books including Thrive In Overdrive, How to Navigate Your Overloaded Lifestyle and the bestseller, Awaken the Genius, Mind Technology for the 21st Century, which was awarded "Best How-To Book of 1994" by the North American Book Dealers Exchange.

We are very excited to announce that Q Sciences is partnering with Dr. Patrick Porter, Ph.D., to bring his revolutionary Brainwave Entrainment Technology to Q Sciences with the Q MindFit with PorterVision.

Dr. Porter is internationally recognized as a pioneer and leading innovator in this exciting field of wellbeing enhancement through light and sound experiences. Over his many years of extensive research, Dr. Porter's clinically proven light and sound technology creates a perfect symmetry of sound frequencies and light synchronization for improving brain and body function. Q MindFit with PorterVision is a remarkable tool that fits in perfectly with Q Sciences' product philosophy and works synergistically with our products to Purify, Optimize and Protect both mind and body.

I personally use the Q MindFit program regularly. I find that it is an ideal antidote to the mental and physical pollution we are exposed to daily.

Dr. Porter brings a wealth of knowledge and innovation to our company and has accepted a position on our Scientific Advisory Board. We are honored to welcome him into the Q Sciences family.

—Dr Stephen Kimberley, Chief Science Officer at Q Sciences



Better Sleep with Q MindFit

"When I heard about Q MindFit I was excited to give it a try. I had studied Neuro-linguistic Programming, binaural beats, and my wife uses light technologies to promote healing and anti-aging as a master esthetician. I have struggled with poor sleep for at least two decades, with the problem increasingly getting worse. The first night I used my Q MindFit for insomnia, I had the most amazing sleep I had had in decades. I could not remember EVER sleeping so deeply. After that first night I was stunned with how great I felt. I have NEVER had such dramatic results on ANY product. Since I have been using Q MindFit, I am more rested, stay asleep longer, and sleep deeper."

—Jim Kindred